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LacrosseTalk

The Official Publication of Canada's National Sport



New Home
in Langley

NLL BACK IN BC!



photo by: Dan Brodie

By: Teddy Jenner & LacrosseTalk Staff

December 14, 2004 was the day the NLL announced that the Vancouver Ravens would not be playing in the 2005 NLL season. It was a sad day for many who followed the Ravens after three seasons of entertaining professional lacrosse in BC.

Stars like Gill, Stroup, Reisig and Maetche were the toast of BC Lacrosse fans and were the face of our team. It has been nearly a decade since the cheers echoed in GM Place and professional lacrosse was part of the Vancouver sports scene – now we have something new to cheer about!

There was a blog written on the Vancouver Province website a while back that was titled, “If you build it, maybe they won’t come” and it was a general commentary on how the Washington Stealth had build a great product and yet, they still weren’t drawing very strong attendance numbers.

Through those up-and-down four years of existence in the Pacific Northwest, there was constant criticism that the National Lacrosse League failed to do the right thing -- instead of landing the Stealth in the state of Washington; they should have brought them an hour and a half north to the lacrosse hot bed of British Columbia.

Well, now these same critics finally got their wish. League commissioner George Daniel has always said that a return to BC was one of the league’s top priorities and he’s made good on that promise, “British Columbia is one of the great hotbeds of lacrosse and now, thanks to Stealth owners Bill & Denise Watkins, the NLL is back in BC to stay.”

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To stay could be a point of contention as nobody would have thought the Vancouver Ravens would have left town when the team was ‘averaging’ 10,000 fans a game and making the play-offs on a consistent basis, but they did. So, what will make this foray into professional lacrosse different?

One of the biggest issues the now defunct Ravens faced was hefty rent prices at the downtown Vancouver arena, and with the Stealth now playing out of the Langley Events Centre (LEC), the hope is a lower overhead and new location will help create a much longer stay.

“The goal is to create an environment that is both exciting and affordable,” explained LEC Director of Business Development, Jared Harman. Jared noted that pricing was based on the costing used for the three previous NLL games hosted at the LEC. As well, the LEC must remain competitive with other professional sports and entertainment options in Vancouver.

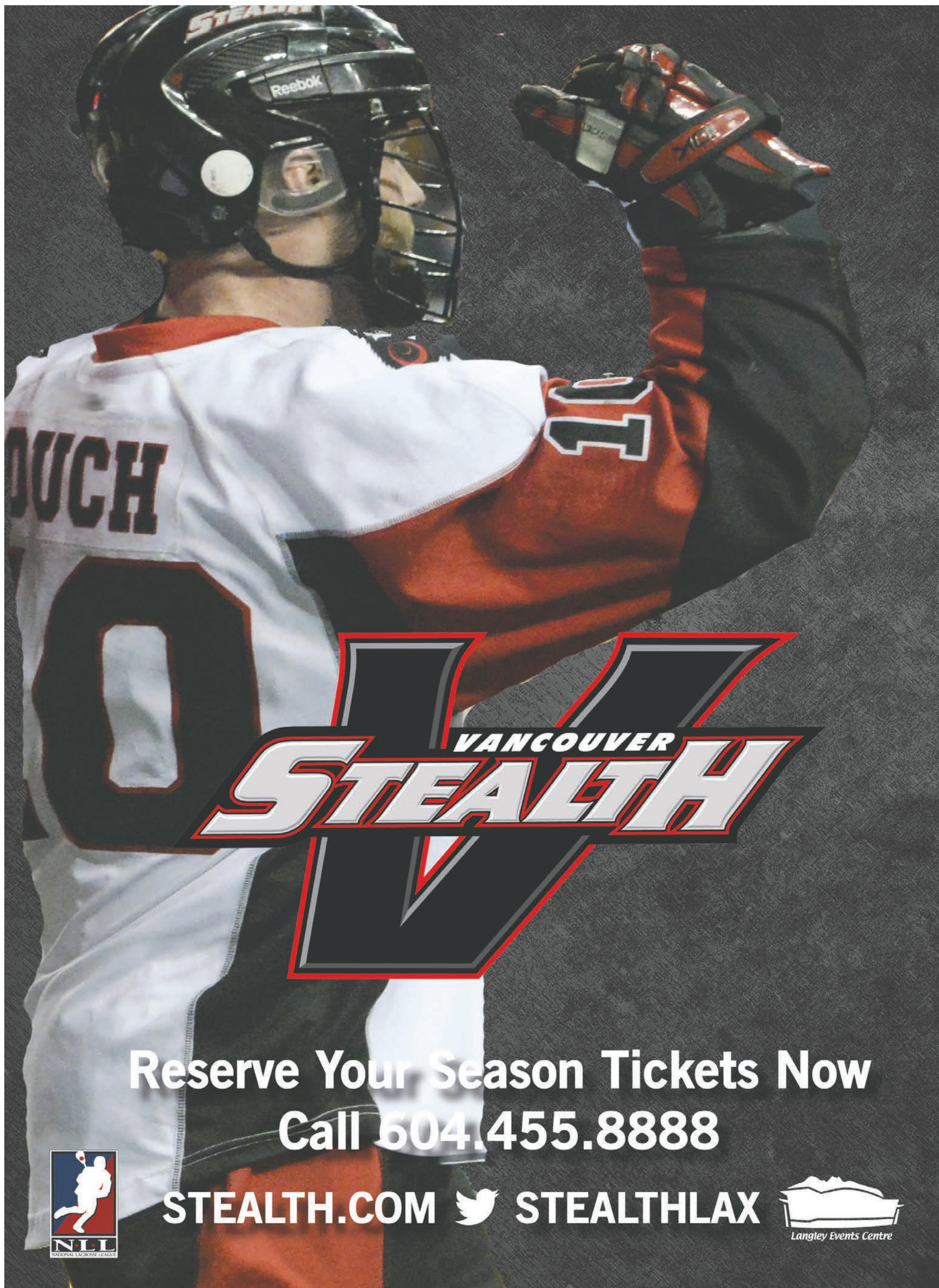
Lucky for the Stealth, they are moving to an educated lacrosse market, so growing pains won’t be their challenge, nor will it be on-floor product. For the past four seasons, and continuing on for the 2014 season, the Stealth have one of the best rosters in the game, and with many of those players calling BC home, an instant connection can be made with the hometown fans.

“It’s an honor to be the team that is bringing the NLL back to British Columbia, and something we take great pride in,” explained Doug Locker, Stealth President and General Manager. “We are very respectful of the work that has been done by many groups and individuals to make this possible, and take our responsibility to represent BC very seriously. It’s very gratifying to have so much support from the lacrosse community and we are looking forward to our home opener on January 11th.”

However, it’s those hometown fans that are being called upon to make sure the Stealth remain here in BC. It’s no secret that BC Lacrosse fans are passionate and love their local teams, so here’s hoping that everyone comes out and supports this professional lacrosse endeavour! Many have suggested that the only reason the Stealth survived so long in Everett was due to the BC Lacrosse fans that made the 90 minute trek south.

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British Columbia Lacrosse Association

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Canadian Lacrosse Hall of Fame Announces 2013 Inductees

By: LacrosseTalk Staff

New Westminster, BC – Eleven new members and one team have been named for induction into the Canadian Lacrosse Hall of Fame.

The new inductees include: Builders Ron Crosato (Tsawwassen, BC) and Ron Winterbottom, Sr. (St. Catharines, ON); Box Lacrosse Players Dallas Eliuk (Portland, OR), Dwight Maetche (Coquitlam, BC), Bill Gerrie (Burlington, ON) and Randy Mearns (East Amherst, NY); Veteran Players Larry Henry (Tsawwassen, BC), Bill Armour (Bailieboro, ON) and John “Joey” Todd (Cobourg, ON); Field Players Doug Deschner (Kelowna, BC) and Keith “Mac” McLennan (Winnipeg, MB) and the 1958-59 & 1962 New Westminster Salmonbellies in the Team Category.

The new inductees will bring the number of those honoured in lacrosse’s national shrine to 487 --144 Builders, 214 Box Players, 84 Field Players and 45 Veterans (those who played prior to 1975). There are 17 teams inducted in the Canadian Lacrosse Hall of Fame Team Category.

The formal induction banquet and ceremonies will be held November 9, 2013 at the Firefighter’s Club in Burnaby, British Columbia. For additional information please visit the Canadian Lacrosse Hall of Fame website at canadianlacrossehalloffame.org or contact Tony Glavin, Canadian Lacrosse Hall of Fame Chair, at Cell: (604) 833-7717 or E-mail at glavin@ggclaw.com.

Builders Category – Ron Crosato (Tsawwassen, BC) – Ron began as an Intermediate and Junior lacrosse referee in 1976. Over the next 30 plus years, Crosato officiated in eleven Mann Cup and eight Minto Cup series; as one of two referees selected for the lacrosse demonstration at the 1978 Commonwealth Games; and officiated in the final game at the Nations ’80 World Box Lacrosse championships. Crosato’s refereeing was not restricted to the Western Lacrosse Association. He spent 15 to 20 nights a month every season officiating Senior, Junior and Intermediate Box Lacrosse games in addition to Under 17, Under 19, and Senior Men’s Field Lacrosse. In 1995, Ron packed away his whistle to watch his son Brent compete with the powerful Burnaby Lakers Junior club from 1995 to 1999. He took over the chores of team manager and equipment manager. Near the end of his career, Crosato was hired by the professional National Lacrosse League (2001-10) as an on-floor official. This five-time Jimmy Gunn Award winner, as top Senior Lacrosse Referee, also served as Referee in Chief, Referee Allocator, Clinician and Senior Referee Evaluator. No other WLA referee has handled as many games – 408 league, 146 playoff and 26 Mann Cup contests for an incredible 580 games at the Senior ‘A’ level. Crosato is also a member of the Burnaby Sports and St. Thomas More Collegiate Sports Halls of Fame (2007).

Ron Winterbottom, Sr. (St. Catharines, ON) – This true lacrosse builder has volunteered for 60-plus years in the St. Catharines region. Ron Winterbottom assisted in the development of lacrosse at all levels in Port Dalhousie and St. Catharines in the mid-1950’s. He wore many hats growing lacrosse as a player, coach, official, manager and administrator. Winterbottom coached youth lacrosse in Port Dalhousie from 1950-1965 and at the same time officiated in St. Catharines up to 1969. He was a catalyst in the rebuild of the St. Catharines Lions Lacrosse Bowl, and a member of the steering committee that planned, fund raised and built the Burgoyne Arena. Ron was also active in other community sports including hockey, softball, soccer, boxing and rowing. This Honourary Member of the St. Catharines Old Boys Lacrosse Association, has served for the Old Boys in various positions since 1963 – he’s still active today raising funds and managing social events. In 1999, Winterbottom was inducted into the Ontario Lacrosse Hall of Fame and Museum as a builder and represented the Old Boys at the induction of the 1938 St. Catharines Athletics Mann Cup Champion team that was inducted in the Canadian Lacrosse Hall of Fame in 2005.

Box Player Category – Dallas Eliuk (Portland, OR) – Dallas Eliuk played his youth lacrosse in Vancouver before joining the Burnaby Cablevision Junior A program in the early 1980’s.

Known for his acrobatics and quick reflexes in goal, Dallas’ ability to anticipate shooters’ next move was second to none. This two-time Junior A First Team All-Star was also voted as BC Junior A top goaltender (1983) and top graduating player (1985). Eliuk was part of the Western Lacrosse Association expansion in 1986 with the Richmond Outlaws, and played in 20 WLA seasons with the Outlaws, Burnaby Lakers and Coquitlam Adanacs. This seven-time WLA All-Star was voted top goaltender on three occasions – in 385 league and playoff games, Eliuk faced 15,110 shots, allowed 3,056 goals for a WLA career save average of 80.2%. He netted a single goal and 162 assists and won his only Mann Cup in 2001 with the Adanacs. Dallas also toiled in 18 pro seasons for Philadelphia and Portland, winning four Championship titles in seven attempts and captured Champions Cup MVP honours in 1998 and 2001. Eliuk faced an additional 9,350 shots in 237 pro games for a 76.26% lifetime save percentage. Dallas was named to the NLL Hall of Fame in 2009 and his number 35 jersey was retired by the Philadelphia Wings in 2012.

Dwight Maetche (Coquitlam, BC) – Dwight Maetche started his lacrosse journey as a youth in Edmonton. Recruited to play goal for the BC Junior A League Burnaby Cablevision, Maetche made an instant impact and was named a two-time All-Star in 1980 and 1981. Drafted by the storied Vancouver Burrards, Dwight quickly took the reigns as their top goaltender. Maetche played in 24 WLA seasons from 1982 to 2007 with Vancouver, North Shore/Okanagan, Victoria, ending his career back with the Burrards. This seven-time All-Star was the league top goaltender on five occasions and League MVP in 1988. In 378 league and playoff games, he faced 15,238 shots, allowed 3215 goals for a WLA career save average of 78.9%. He was active in the transition game netting a single goal and 318 points. In his 20th season, Maetche won his first Mann Cup with Victoria and followed it up with a second with the Shamrocks in 2005. Dwight also had six stops in pro lacrosse in Philadelphia, Charlotte, New York, Vancouver, Portland and Edmonton winning one title in 1990 with the Philadelphia Wings.

Bill Gerrie (Burlington, ON) – Bill Gerrie is one of the most successful goaltenders of recent history from Ontario. In 1976-77, he began his Junior career with the Junior C Orangeville Lacrosse Club only to move up to Junior A for a single season with Brampton in 1978. Gerrie played his first year of Major Lacrosse with the Excelsiors in 1979 and played 8 seasons between Brampton and Fergus. A decision to play Senior B for the Orangeville Dufferin Northmen surely prepared him for future successes. In a move back to Brampton, Gerrie won two Mann Cup titles in 1992 and 1993 with the Excelsiors. Bill kept his winning ways in a Six Nations Chiefs jersey, winning three more titles in a row from 1994-96 -- a handful of Mann Cup rings in as many years. In 21 Senior, Pro and Major seasons, Gerrie played in 366 regular season and playoff games scoring once and adding 200 assists for 201 points. In the early 90’s, Gerrie also played pro for the Buffalo Bandits where he won two championship titles in 1992 and 1993.

Randy Mearns (East Amherst, NY) – Randy Mearns may not have been the stereotypical burly lacrosse player, but what he seemingly lacked in size was made up with heart and incredible skill. He was a St. Catharines Junior A Athletics player for six seasons from 1985-1990. In 151 league and playoff games, Randy netted 191 goals, 348 assists for 539 points. Known as a crafty playmaker, Mearns was a top ten league scoring leader in three seasons and lead his Athletics team to a 1990 Minto Cup and Minto MVP honours in his final year of Junior. Mearns played nine seasons of Major Senior Lacrosse with Brampton, Six Nations, Niagara Falls and Buffalo winning five Mann Cup titles in a row from 1992-1996. In 234 Major Series league and playoff games, Mearns scored 173 goals, 322 assists for 495 points. He scored an additional 244 points in nine NLL seasons with Buffalo and Rochester. Mearns has been an assistant coach with Team Canada Men’s Field team since 2006 when they won the world championships and is now the new head coach. Mearns is in his fifteenth season as head coach of the Canisius College Men’s Lacrosse team.



Veteran Player Category – Larry Henry (Tsawwassen, BC) – In a game known for its brutality, it takes real toughness to last, but Larry Henry’s career showed that durability is a matter of will and not size. At 5 foot 9, and just 155 pounds, his opponents could have been forgiven for underestimating him. Larry was a late bloomer by today’s standards, picking up the game in high school. He was a relentless checker and a talented offensive threat, excelling at both ends of the floor. By 1962, as a Junior ‘Bellie, he tallied 115 points in three years, nearly three points per game. And there was no doubting that he bloomed brightly, showing that he was made for the game. Over his 11 seasons with the Senior A New Westminster Salmonbellies, he potted 313 goals and 294 assists, for a 1.67 points per game average. Henry was a part of 5 national championships – 1 Minto and 4 Mann Cups – from 1965 to 1974. He was also a professional player with the 1968 Salmonbellies team that beat the Detroit Olympics for the NLA championship in 1968. Henry was a member of the 1968 – 72 Salmonbellies team that was inducted into the Canadian Lacrosse Hall of Fame team category in 2004.

Bill Armour (Bailieboro, ON) – Bill Armour was a standout professional hockey player, but he shone even brighter when the ice was out. Bill grew up playing lacrosse in Peterborough and played his Junior lacrosse for the Hastings Legionnaires. He first achieved greatness as a pick-up for the Oshawa Green Gaels, helping them win three Minto Cups from 1963- 65. As a Junior call-up for the Brooklin Redmen in 1964, Armour helped win his first Mann Cup – 4 national titles before he was even a Senior player. In 1964 and 65, he was a call-up with his hometown Pepsi Petes, but he was a regular player in 1966 when they too won the Mann Cup. He remained a Peterborough laxer until 1972. In 261 Major Senior regular season and playoff games, Armour scored 276 goals and 460 assists for 736 points, an average of 2.9 points per game. Between 1964- 71, he was a top 10 scorer six times, and was first overall in scoring in his final Junior year of 1965, tallying 143 points in just 19 games, more than 7.5 points per game. Armour suited up for Canada as a member of the bronze medal winning Canadian team at the first-ever World Field Lacrosse Championships in 1967. He was inducted into the Oshawa Sports Hall of Fame as a member of the Green Gaels teams in 1992, and earned his spot in the Peterborough Sports Hall of Fame in 2004.

John “Joey” Todd (Cobourg, ON) – Joey Todd was known as a great face-off man, and, he had a way of making his opponents pay once he possessed the ball. Known for his booming shot, Todd was a key member of Peterborough’s Minto and Mann Cup winners. He was consistently among the scoring leaders at every level of lacrosse. Todd was born to a lacrosse family in a lacrosse town, winning provincial championships in Pee Wee, Bantam and Midget. He was on the Hastings Legionnaires club that won the Minto Cup in 1961, then joined the Senior team as they went on to win the Mann Cup in 1966. For the trifecta, Todd helped the then-pro Lakers win a championship in 1969. He scored 14 goals and 10 assists over seven games, making him the MVP and top scorer, and putting him ahead of current Hall of Famers Paul Parnell and Wayne Goss in that series. Todd also represented Canada -- earning top scorer honours in the first ever World Field Lacrosse Championships in 1967 and helped Canada earn a bronze medal. In 338 Major Senior regular season and playoff games, he notched 373 goals, 425 assists in 338 games, even scoring 10 goals in one game! He was a difference maker, and the success of many Peterborough teams bears witness. On the long list of Peterborough’s best ever scorers, Todd is 12th. He was inducted into the Ontario Lacrosse Association Hall of Fame in 1997 and into the Peterborough Sports Hall of Fame in 2002.

Continued on page 7.

Flintoff, Jones, Stroup and Caruth Win BCLA Scholarships

By: LacrosseTalk Staff

The BC Lacrosse Association is proud to announce Melissa Flintoff (New West), Gaby Jones (New West), Danita Stroup (Port Coquitlam) and Marc Caruth (North Vancouver) as the 2013 BCLA scholarship recipients. Flintoff was the Dorothy Robertson Scholarship recipient, Caruth the Wayne Goss Scholarship recipient, while Stroup and Jones received Ted Fridge Scholarships.

Melissa Flintoff has been heavily involved in the New Westminster lacrosse community for a number of years. She has played minor lacrosse with the Salmonbellies family and has been a remarkable representative of the organization as a coach, referee and volunteer.

Flintoff is not only an avid competitor on the floor, but also gives his time off the floor volunteering at clinics, tournaments, timekeeping and assisting with apparel sales for the association. Melissa has proven to be a student in high standing balancing academic responsibilities with community activities. She also offers her time child-minding and plans to further her education at Douglas College to become a Pre-School teacher.

Gaby Jones is a lacrosse fanatic playing both box and field lacrosse in New West and is a member of the Team BC Women's Field Lacrosse Team. This box and field lacrosse athlete not only competes hard, but also gives back to the sport she loves. She has coached Novice and Pee Wee girls and umpired all age levels of girl's field lacrosse.

Jones is involved in many activities and is a person others are drawn to because of her leadership qualities. Gaby is an honour roll student and understands the importance the balance of academics and sport and intends to pursue her post-secondary education at American International University in Springfield, Massachusetts.

Danita Stroup comes from a lacrosse family with Hall of Famer and long-time WLA and pro star, father Dan Stroup. Danita has made her mark on the sport on her own as an accomplished box and field player growing up in Port Coquitlam. She has played Women's Field Lacrosse for over five seasons and is a member of the Team BC Women's program.

Stroup is following her parents by giving back to lacrosse and is currently coaching a U12 girl's field team in Poco. In the community, Danita has volunteered her time at Female Box Provincials as well as numerous charity fundraising events. She's also taken part in the Terry Fox Run and Walk for Breast Cancer to raise money.

She even found time for school maintaining a high grade standard while training for lacrosse and traveling to tournaments. Danita accepted a scholarship to attend Long Island University in Brooklyn, New York where she will study nursing and of course play lacrosse.

Marc Caruth is a product of the North Vancouver Minor Lacrosse Association playing lacrosse since the age of 7; he's now a member of the North Shore Intermediate team.

A referee for over five seasons, Marc recently reffed in his first Provincial Championships. He is currently paying it forward as a coach to youth lacrosse players in his association.

Away from lacrosse, Caruth attended Argyle Secondary and was a key participant in many clubs (Schools for Africa Club, Best Buddies, Environment Club and Vancouver Model United Nations) often taking on leadership roles. Away from school, he regularly volunteered at the Vancouver Food Bank and assisted raising funds for the Heart & Stroke Foundation. Caruth will be attending UBC and studying Engineering.

Congratulations to all four scholarship and bursary recipients and good luck in your future scholastic endeavors.

Continued from Cover Article: NLL Back in BC

By: Teddy Jenner & LacrosseTalk Staff

According to reports, season ticket sales have been good for the Stealth's inaugural season at the LEC. With Stealth promotions at the Minto and Mann Cups and other community events, the hope is that more lacrosse fans, and new, will plan for tickets as the season nears.


Every minor association should get behind and support the Stealth who has one of the most active, youth programs in the league. The Stealth will be very active in the local community both with schools and minor associations, leagues and teams but it's ultimately up to the associations and parents to showcase the highest level of pro lacrosse to their children.

"Since the day we announced the move we have been very warmly received - everyone seems extremely excited to have the National Lacrosse League back in BC," stated President and GM Doug Locker. "We are very grateful to the many people who have offered assistance and especially appreciative of the support we have received from the BCLA, BCJALL and the WLA."

Kids who want to be professional hockey players want to see the Sedins, Crosby, Hall, Luongo, and Tavares play. Now, in our own back yard, the future John Grant, Athan Iannucci, Tyler Richards, Matt Beers and Colin Doyle, to name a few, will be playing each week, and our young kids should be in the stands with their favourite player's jerseys, cheering on their lacrosse idols and dreaming of the day that they'll be the professionals on the floor.

The NLL has built it and they have come. The Stealth need to be welcomed home with open arms and fanfare. Lacrosse fans have been longing for the best of the best to return and now they have their wish. The NLL has come through for us, and all that's left is to fill the Langley Events Centre and keep them here for the long run.

"For most, it's a dream come true to be able to play in front of friends and family every week," stated Locker. "For our team members from BC, the ability to represent the province is an extra special bonus that they are really looking forward to."



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Gait Named Women's National Team Director



Photo: BC Hall of Fame

Victoria's Gary Gait was appointed National Team Director for Women's Field.

By: CLA

OTTAWA, ON, August 21, 2013 - Gait, a name synonymous with lacrosse, more specifically with Canadian lacrosse, is making its way back to the Team Canada Lacrosse family. The Canadian Lacrosse Association (CLA) announces the appointment of Gary Gait as the new National Team Director for Women's Field.

Gait a native of British Columbia, is the latest addition to the CLA's national team strategy that is taking shape in an effort to ensure long term international success and to maintain quality national programming for developing players. Gait joins Johnny Mouradian, the CLA National Team Director for Box Lacrosse and David Huntley, the CLA National Team Director for Men's Field Lacrosse. Each National Team Director oversees the national team program staff, guides the player identification and selection process, monitors team members and oversees the planning for their respective discipline at the national team level in conjunction with the National Team Chair, Dean French, and CLA VP of International Competition, Stewart Begg.

Many familiar with Canadian lacrosse are well aware of the experience, passion and knowledge of lacrosse Gait is bringing with him to this role.

"Gary knows lacrosse; he has experience as both a player and coach at all levels - he has a pulse on what is going on in our game," commented Stewart Begg, CLA VP of International Competition. "Sure we all know him from his playing days on the field, but he's not new to the women's game - he's actively on the sidelines, he's aware of what's going on. Gary is a great fit with the National Team program - I

look forward to working with him and seeing just where we can take the women's field program. He carries a tremendous amount of respect from and for the women's game."

Canadian born and bred, Gait started his lacrosse career in his BC hometown of Victoria in the minor league system. After a successful playing career, including being a 4-time ('90, '94, '98, '06) national team player, Gait took to the sidelines in another capacity, taking on both management and coaching positions. He is not new to Team Canada Lacrosse management either, having held the role of head coach for the 2007 gold medal winning Men's Indoor team and the 2003 and 2008 U-19 Men's Field silver medalist teams.

"I am very excited to take the next step with the CLA and help the Canadian women's lacrosse program compete at the highest level," said Gait upon his acceptance of the role.

Gait's accolades is a large list, his lustrous career expands beyond his playing years; as current head coach for Syracuse University's women's field team, Gait took his team to the NCAA Div I final four this year, a trip he's led the team to three other years since his start in 2007. He has been named the 'Big East Women's Lacrosse Coach of the Year' twice (2011 & 2012) and named the 'NCAA Women's Lacrosse North Region Coach of the Year' in 2008 and 2012.

Dean French, National Team Chair for the CLA expressed how Gait's involvement at the National Team level will pay dividends with women's field lacrosse, and lacrosse in general, across Canada. "Gary was a great asset to the national team program both as a player and coach. Stepping into this role, Gary recognizes that a successful national program will help us to continue growing women's lacrosse across Canada. I am really looking forward to working with him and seeing where the program can go."

His first task in the role will be working with the National Team Chair and VP of International Competition to name the 2015 U-19 Women's Field head coach, who will lead the team towards a world title in Edinburgh, Scotland July 23-August 1, 2015.

Gait will be stepping into the role following a long and successful tenure from the previous National Team Director for Women's Field. The CLA wishes to express its sincere gratitude to long-time Director, Joanne Stanga, for her years of dedication and commitment to the Team Canada women's field program.

Saints Field Player Named 2013 Grant Recipient

By: Jane Boutillier

The U19 World Lacrosse Foundation is pleased to announce U16 Team BC player Brodie Gillespie as its 2013 grant recipient.

Brodie and his teammates represented BC at the U16 Alumni Cup in Montreal, Quebec, August 1 – September 1, 2013. The board would like to congratulate Brodie and extend a thank you to all applicants.

The U19 World Lacrosse Foundation is the legacy of the 2008 Under 19 Men's World Lacrosse Championships that were held in Coquitlam, British Columbia. As a result of this



very successful event, the Foundation has been established to support initiatives aimed at promoting the development of youth field lacrosse in the province of British Columbia.

The application deadline for next year's awards is May 31, 2014.

Potential candidates for the award can find detailed information on the 2008 U19 World Lacrosse Foundation's website www.2008worldlaxfoundation.com

The new website for the 2016 U19 Men's World tournament is at www.2016worldlax.com/.

Vernon's Drabiuk Honoured

BCLA's Latest Community Sport Hero

By: LacrosseTalk Staff

North Okanagan Minor Lacrosse Association's Amy Drabiuk was the latest BCLA volunteer to be recognized by the Sport BC Community Sports Hero program.

The Community Sport Hero® Award was created by Sport BC in 2001. The awards presented by Teck honours outstanding sport volunteers in communities across British Columbia. The awards recognize coaches, officials, mentors and administrators who have dedicated themselves to grow and develop amateur sport at the community level. Through our relationship with Teck, we are able to travel to 8 communities per year across British Columbia and celebrate sport volunteers in local communities, Vernon, being the choice for April 2013!

Amy Drabiuk has actively volunteered for the past decade for the Shuswap and North Okanagan Minor Lacrosse Association (NOMLA). She began as the Shuswap Minor Association scheduler and a Tyke team manager before being selected as Vice President. She served as registrar, tournament co-ordinator and multiple team managers before accepting the President's position from 2005-2007.

In 2008, Drabiuk joined the NOMLA and didn't miss a beat serving as Pee Wee team manager. She increased her work load as



Photos: Sport BC

Amy Drabiuk received a Sport BC Community Sports Hero Award for her volunteer work in the North Okanagan.

Association Head Ref and Ref Allocator, then accepted the Zone 2 Secretary role from 2008-2011. As NOMLA scheduler (2009-2010), Amy added manager of the U14 Field Lacrosse team. In 2011, she became NOMLA Vice President and was the catalyst hosting the 2011 BCLA @ SUBWAY Box Lacrosse Provincials.

Drabiuk has served as the NOMLA President and continues to support the growth of Field Lacrosse and is still helping out at the zone level, for box and field.

"I was really excited to be recognized for my contributions to lacrosse," said an elated Drabiuk. "It was a pleasant surprise! I know there are many people who deserve this award, and I share this with them -- in honour of all the volunteers who continue to develop lacrosse in our communities."

Congratulations Amy!

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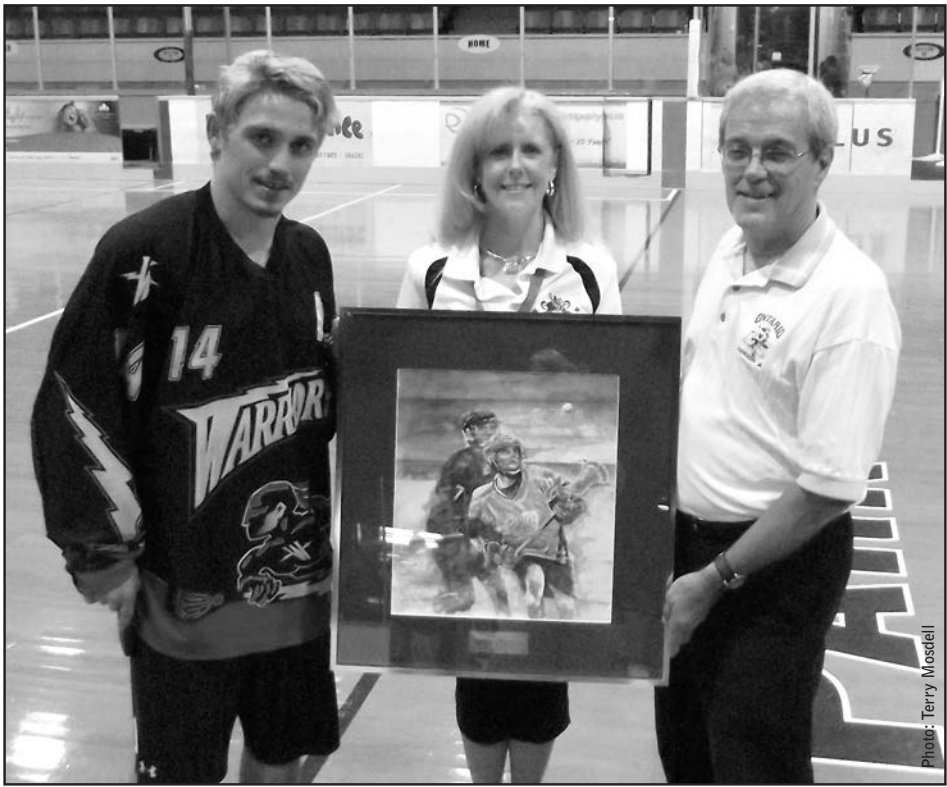


Photo: Terry Mosdell

Dan Lintner was named 2014 Minto MVP

By: Steve Erickson & Bruce Nolte

The 2013 Minto Cup, emblematic of Junior A Lacrosse supremacy, took place August 17-26 at historic Queen’s Park Arena. The four-team National Championship format had the Ontario champs, Whitby Warriors, BC champs, Coquitlam Adanacs, Alberta champs, Okotoks Raiders and the BC runners-up, New Westminster Salmonbellies compete for the 70th Minto Cup.

In round robin play, Whitby had a flawless 3-0 record, New Westminster (2-1), Coquitlam (1-2), while Okotoks finished the tournament 0-3 and out of medal contention.

‘Bellies Bounce Adanac’s

Host New Westminster Salmonbellies advanced to the 2013 Minto Cup finals against the Whitby Warriors following a come from behind 11-7 win over Coquitlam in the second versus third place game. The winner faced Whitby in a best of five series. This marked the second straight win over the BC League champions in the Minto Cup this year and bounced them from the tournament.

The opening period was a close battle, but eventually ‘Bellies Connor Robinson opened the scoring at 1:51 of the first. The Adanacs Cole Shafer tied the score, only to be followed by a Reid Reinholdt marker 12 seconds later. New West bounced back as Nathan Stewart rifled a shot past David DiRuscio at 9:19. With 6:32 remaining in the opening period, Jeremy Boshier gave the home squad a 3-2 lead, then, Adanac Stephen Nuefeld beat ‘Bellies Scigliano to make the score 3-3 at the intermission.

Shafer scored his second for the A’s to make it 4-3, but the ‘Bellies rebounded on a Josh Byrne goal midway through the second. The ‘Bellies took a 5-4 lead at 13:42 as Anthony Malcolm rifled a shot past DiRuscio. A’s Vinny Ricci tied the game at five on a low shot past the ‘Bellies netminder.

Tyler Pace and Reid Reinholdt gave the Adanacs a 7-5 lead, but the ‘Bellies Jeremy Boshier got one back to cut the lead to 7-6 with nine seconds remaining in the second period.

In the final frame, the home squad completed the comeback as Eli McLaughlin tied the game at seven as he ripped a bullet past Dubenski at 6:57. McLaughlin tagged his second of the night, which proved to the game winner, that gave the ‘Bellies an 8-7 lead.

New West finished off the scoring as Josh Byrne extended the lead to 9-7. Jimmy McBride and Alex Bohl potted the final two

goals to complete the comeback victory 11-7.

The Final Countdown!!

And then there were two – to battle in a best of five series – East vs. West, Whitby vs. New Westminster.

The teams played a wide open first as both goaltenders played exceptional. New West opened the scoring two minutes in as Luke Gillespie wired a long shot past Buque to give the home club a 1-0 lead. With 7:33 left in the first, Warrior’s Chad Tutton sailed a low shot past Scigliano to tie the game at one. New West regained the lead as Connor Robinson scored 27 seconds later to go up 2-1. Whitby’s Mitch DeSnoo tied the game at two with 3:40 left in the opening period.

In the second, Whitby took a 3-2 lead on a Dan Lintner goal 53 seconds in. The ‘Bellies rebounded as Connor Robinson nailed one in at 5:47 to tie the game at three, then New West took a 4-3 lead on a power play marker by Josh Byrne.

Dan Lintner tied the game at four after the ‘Bellies fell shorthanded. Ryan Keenan gave the Warriors a 5-4 lead with five minutes left, then a string of goals by Jordi Smith and Diachenko only 45 seconds apart gave Whitby a commanding 7-4 lead into final the period. Shots were 36-36 through two periods.

In the final period, it was all Whitby as the flood-gates opened. Dan Lintner netted the hat trick and extending the lead to 8-4, followed by a marker by MacDonald 39 seconds later to make it 9-4. Ryan Keenan got his second of the night midway through the third to extend the lead to six for the Warriors.

The ‘Bellies pulled starter Frankie Scigliano midway through the third and replaced him with backup Ross Bowman. Whitby was relentless as Mitch DeSnoo nailed home his second of the night with 5:15 remaining, making it 11-4. The ‘Bellies Luke Gillespie managed to get one back to cut the score to 11-5, but the Warriors never let up as Michael McDonald made the score 12-5.

Another short-handed marker by Warrior Curtis Knight seemed to get the frustration level peaked, but before long, the Warriors did it again! Graeme Hossack built it to 14-5 before and Austin Shanks added one more in the late stages to make it a 15-5 game. Whitby’s Rielly O’Connor officially derailed the ‘Bellies with 30 seconds left to make it a 16-6 victory for the Ontario Champs.

2013 Minto Cup

Final shots were 53-50 for the ‘Bellies as Warriors goalkeeper Alex Buque finished with 47 saves for the victory.

Bellies Rebound – Tie Series

The Salmonbellies avenged an opening loss against the Whitby with a commanding performance defeating the Ontario Champions 9-7.

From the opening face-off, New West played a hard defensive game against the undefeated Warriors. The ‘Bellies were paced by Eli McLaughlin’s four goal performance in the New Westminster victory that had goalie Frankie Scigliano return to form.

The teams were tied 2-2 after the opening period -- similar to the previous game as both offences faced solid defense on both sides of the ball. A solid goalkeeping battle ensued between Alexis Buque (Whitby) and Frankie Scigliano (New Westminster) which impressed the crowd.

The opening goal was supplied by ‘Bellies Jeremy Boshier at 3:17, but the lead was short-lived as the Warriors Rielly O’Connor evened the game at 1-1 five minutes later. The ‘Bellies bounced back with a power play goal to go up 2-1. Again, the Warriors answered back quickly just 25 seconds later as Michael McDonald scored unassisted and tied the game at two at the end of one.

In the second frame, the ‘Bellies continued a strong fore-check, but the Warriors bounced back with a Patrick McCrory marker to make it a 3-2 game, but just seconds later, Eli McLaughlin’s hard work paid off and got his first of four on the night to tie the game at three.

Curtis Knight gave the Ontario Champions a 4-3 lead at 1:33, only to be answered by Eli McLaughlin’s second goal seconds later which knotted the score at four. Whitby’s Austin Shanks put the Warriors up 5-4 at 8:12 – again short lived as Alex Bohl and Eli McLaughlin scored late in the second two minutes apart to putting the ‘Bellies up 6-5. Shanks (second of the game) tied the score at six as he put it past Scigliano with 1:22 remaining in the second. Josh Byrne (second of the night) gave the ‘Bellies a 7-6 lead with just over a minute remaining in the second.

In the final period, New West tighten up the defense as the Warriors pressed, but it was the Warriors aggressive style of play that got them back on even terms 28 seconds into the third. But New West secured the win as they shut down the Warriors the rest of the third. The ‘Bellies scored twice to break the deadlock with goals by McLaughlin and Anthony Malcolm to seal a 9-7 victory.

Shots were 52-41 for Whitby as goalkeeper Frankie Scigliano of the Salmonbellies was outstanding turning aside 45 shots to preserve the Bellies victory.

One Game at a Time

The Whitby Warriors moved to within a win of the Minto Cup championship with 13-4 victory over the New Westminster Salmonbellies to take a 2-1 series lead.

The Warriors offence got back on track with a balanced scoring attack as Michael McDonald had a four point night with 3 goals and one assist. The Warriors led 3-1 after one, on goals by Emerson Clark, Mitch De Snoo and Graeme Hossack. The lone marker from the ‘Bellies was by Brendan Ranford.

In frame two, the Warriors busted the game open with three more tallies that extended to a 6-1 lead with goals from Tyler Gilligan, Reilly O’Connor and Michael McDonald at the six minute mark. Josh Byrne got one back for the Bellies cutting the deficit to 6-2, but Whitby responded with

three straight goals by Knight, O’Connor and Shanks to make it an up-hill battle for the ‘Bellies. Luke Gillespie counted one for the Bellies late in the period making it 9-3, when Patrick McCrory added another with under a minute remaining making it 10-3 lead heading into the final period.

The Warriors added three more to the ‘Bellies one to finish off New Westminster in game three. Josh Byrne made it 10-4 early in the third period, but the Warriors Dan Lintner and Michael McDonald notched a pair completing his hat trick in a 13-4 lop-sided win to take game three.

The Final

The week kicked-off with OLA Commissioner Dean McLeod stating “we’re the underdogs going into this Championship but we brought a good group of guy’s to battle.”

Clearly an understatement to say the least!

For New West, there was no tomorrow, and for the Warriors, it was to prove they were indeed the 2013 Canadian champ’s.

Whitby’s Curtis Knight opened the scoring at the 7 minute mark only to be answered twice by Quinn Smith and Anthony Malcolm just 24 seconds apart for a 2-1 ‘Bellies lead. Michael MacDonald tied the game at two with 19 seconds left in the first.

Like in the first, Knight scored the period’s first goal again, while Whitby’s power play proved dominant as they took advantage of the odd-man situation two more times by Knight and Keenan. New West could only counter a single goal by Stewart to make it 5-3 Warriors after 40 minutes.

The ‘Bellies came out flying and managed to score three goals in the first 2:56 taking a 5-3 shortfall into a 6-5 lead to the delight of New West supporters. But the Warriors rallied and traded goals late into the third. Every time the ‘Bellies took the lead, Whitby found a way to counter. Quinn Smith scored at the 12:28 mark of the period only to be answered by Dan Lintner with under five minutes left. Game 4 was dead-locked at 10-10 after 60 minutes.

The never-say-die Warriors clearly came to win and if one simply wasn’t enough, they scored another. Graeme Hossack scored Whitby’s next goal, then got the insurance marker 1:10 later from Austin Shanks to seal the 2013 Minto Cup title.

Penalties played a huge role with the Warriors a perfect 5 for 5 on the power play, New Westminster was 0 for 2.

Lintner (2G, 4A) saved the best for last, while Keenan, Michael MacDonald and Reilly O’Connor all had one goal and three helpers on the night. The Salmonbellies got a stellar performance from Nathan Stewart (1G, 5A), Jeremy Boshier (2G, 1A) and Anthony Malcolm each scored a pair. Warrior’s Alexis Buque made 51 saves while ‘Bellies Frankie Scigliano turned away 53.

Through the four game series Whitby outscored New West by a margin of 46-27. Minto Cup MVP was Whitby’s Dan Lintner who led all point getters with 16 goals and 15 assists in 7 games.



Tony Glavin New Canadian Lacrosse Hall of Fame Lacrosse Chair.

New CLHOF Chair Elected

By: Paul Horn

The Canadian Lacrosse Hall of Fame has a new chairperson. Long-time chairman, Randy Radonich, stepped down at the Hall of Fame’s Annual General Meeting on June 24, 2013 and New Westminster native Tony Glavin was elected to fill the role.

Glavin is a Vancouver-based lawyer who has been a member of the CLHoF board for 3 years. He is active in the lacrosse community as a coach, master’s player, agent for a number of professional lacrosse players and regional attorney for the Professional Lacrosse Players Association. Glavin has played a lead role in the Hall’s development of a new location in 2014, working with the City, the architectural design firm and funders to realize that vision. “I’ll be honest,” he says, “It is not going to be easy to fill Randy’s shoes. He knows everyone in the lacrosse world and he is an encyclopedia of every detail about the

Hall. We’ll miss him, but we cannot thank him enough for his service.”

Asked about his priorities in the role, Glavin explains that the new location is an opportunity for the Hall to make some strategic developments. “We don’t just want a new building, but a chance to really dovetail a number of new initiatives. Our new logo and website; an overhaul of our governance structure; and new marketing and fundraising initiatives are just part of that work, and we will be building on them.”

Radonich, a builder who is well-known to all in the lacrosse community, retired from the Coquitlam Fire Department last year and has been looking forward to creating more free time for himself and his family. He had been chair since 2004. “My aim was to be make sure this board was as strong as possible before I moved on,” explains Radonich, “And I think we have a very strong group now, so

this is the right time. We have the right mix to make the move into the new Hall.”

Both men agree that the Hall is well served by a strong board. Corinne Perriman will continue as Secretary and David Soul remains as Treasurer, while David Lancaster has agreed to take on the role of Vice-Chair. Rounding out the board are David Stewart-Candy, Murray Lehman, Bob Stewart, Rick Wills, Steve Laleune, Terry Blair and Paul Horn. “Randy’s approach was to really respect the skills and knowledge of each director,” explains Glavin, “And, with the talent we have, I think that’s the right way to go.” But Glavin also recognizes that the Board is open to hearing from new candidates with diverse skills. “We want people who represent all the best of lacrosse from all across this country,” he says, “The Hall is all about the best, so it deserves to be governed by the very best. Randy is a driven and motivated person, and we are going to need more like him.”



Continued from page 3: Canadian Lacrosse Hall of Fame Announces 2013 Inductees

By: LacrosseTalk Staff

Field Player Category – Doug Deschner (Kelowna, BC) – Doug Deschner began playing lacrosse with the Norburn Association in 1970. From an early age he knew he wanted to play NCAA lacrosse in the US, but BC Field Lacrosse was in the development stage in the late 1970’s. He was recruited and offered a Division 1 lacrosse scholarship by the University of Baltimore in 1981. He was a pivotal contributor at Baltimore and was one of the BC pioneers to complete his degree while playing NCAA Division 1 lacrosse. Doug continued to play Field Lacrosse after graduation – a journey that had him play with teams in BC, Alberta, Manitoba and Ontario. In 1984, Deschner competed with the College Place Club from New Westminster where he lead his team in scoring and a National Championships silver medal. That same year, he moved to Edmonton where he played and coached his club Field Lacrosse team. In 1985, his College Place team again took silver in the Ross Cup Championships and the next year, Doug was transferred to Winnipeg, where he played on Team Manitoba and won the Victory Cup and All-Canadian honours. In 1988, he was on the move to Ontario where he won a Mann Cup with the Brooklin Redmen in Box Lacrosse, won an Ontario Field Championship and Ross Cup silver medal with the Oshawa Blue Knights field squad. In 1989, Deschner was back in BC and won another Mann Cup with the New Westminster Salmonbellies. He was also selected to the 1990 Canadian National Men’s Field Lacrosse team that won silver at the World Championships in Australia. Doug has served in numerous executive positions and currently a director of the Canadian Lacrosse Foundation.

Keith “Mac” McLennan (Winnipeg, MB) –Keith McLennan started his lacrosse career as a boxla player at the age of 8 years old playing for the Kelvin Terriers Pee Wee team. McLennan’s love for the game – and his drive to succeed – was cemented, with

Manitoba being the beneficiary. McLennan represented his province at the Canadian National Lacrosse Championships 23 times over his illustrious career (6 as a box player and 17 on the field). Keith’s impressive run on his provincial team spanned from 1983-1999 as he helped lead Team Manitoba to 3 gold medals, 4 silvers and 1 bronze in that time. This attackman was named to the All-Canadian all-star team on 13 of his National Field Lacrosse outings, and was the division MVP three times, in 1985, 1986 and 1995. He was the Division 2 scoring leader eight times in field lacrosse and the top box lacrosse scorer in 1990, 1992 and 1996. In 1975, McLennan received National Honours from Manitoba for the sport of Field Lacrosse. In both 1985 and 1986, he was the recipient of the Order of Sport Excellence Achievement Award. But, like all the greats, McLennan is not in the sport for personal accolades. Now that he has completed his playing career, he continues to give back to the game. Mac has coached since he was 16 years old, even helping his old Canadian National Field team out from behind the bench in 2000 and 2001. McLennan’s contributions to the game have spanned 35 years.

Team Category – The 1958-1959 & 1962 Salmonbellies Team – The 1958 Salmonbellies team finished first in the Inter City Lacrosse League (ICLL) standings with a record of 17 wins, 11 losses and 2 ties. They went on to defeat the Nanaimo Timbermen in a tough seven game series to advance and win the league title. The Salmonbellies swept the Welland Crowland Switsons four games straight for their 3rd Mann Cup Box Lacrosse title. In 1959, the Royal City club again took first place with a 20 win and 10 loss record ,then went on to defeat Victoria 4 games to 1 in the ICLL finals. New Westminster met a talented Peterborough Timbermen team in the 1959 Mann Cup and defeated the T-men in four games. In 1962, New Westminster finished second to Vancouver in the regular season with a 22-10 record, only to go on and defeat the Carlings 4 games to 3 in the finals, winning the final game in overtime. For the third time in five years, New Westminster swept their eastern opponents, this time, the Brampton Excelsiors fell 4 games to none, a feat that has never been duplicated in over 80 years. The New Westminster Salmonbellies won three Mann Cups in five years and won twelve straight Mann Cup games. There are fifteen players, from the three Mann Cup teams, that are presently in the Canadian Lacrosse Hall of Fame.

Senior Men’s Field Nationals in Langley

The 2013 Senior Men’s Field Lacrosse National Championships will be held October 11-13, 2013 at Willoughby Community Park Fields in Langley, BC.

Five teams will vie for Men’s Field Lacrosse supremacy and the chance to hoist the Ross Cup and Victory Trophy. Competing teams include New Westminster, Whalley, two Alberta squads and one from Ontario.

BC’s Whalley Ballers are the reigning two-time Ross Cup champs and are looking to



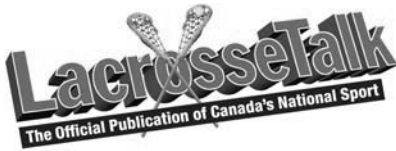
three-peat. The last BC team to win the Victory Trophy (Tier 2 title), were the Ladner Pioneers in 2007.

Games begin Friday October 11 at 9:00AM. For further tournament information, please visit www.2013mcfle.com.



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Burrards and Adanacs Win Intermediate Titles



Maple Ridge Burrards win Intermediate A Provincial Gold.

By: LacrosseTalk Staff

The 2013 Intermediate A and B provincials were held August 2-4 at Cam Neely/Planet Ice Arena in Maple Ridge, BC. Eight teams competed in the round robin event with four teams in the A division and four on the B side.

This Intermediate A and B Provincial Championships proved to be very tight with the exception of only one lopsided score – a testament to great parity in the BC Intermediate leagues.

In Intermediate A action, the Ridge Meadows Burrards and the Richmond Roadrunners advanced to the Intermediate A gold medal game. Richmond was a clean 3-0 while Ridge had 2 wins and 1 loss after the round robin. The Burrards avenged a 9-8 decision at the hands of Richmond and defeated the Roadrunners 12-6 in the gold medal game. In the Intermediate A Bronze medal game, Victoria outlasted the



Coquitlam Adanacs win Intermediate B Provincial Gold.

Coquitlam Adanacs 12-11 to claim third place. In round-robin play, the Adanacs had earlier beaten the Shamrocks 12-7.

“The 2013 Intermediate Provincials once again provided some excellent, entertaining lacrosse,” stated BC Intermediate Lacrosse League Chairman Gene Regier. “The games went very well -- one could flip a coin and any one of these teams had a good chance to win.”

In the Intermediate B tournament, Coquitlam went undefeated with three wins, Juan de Fuca had two wins and a loss, Port Moody with one win and two losses, while Delta was winless in round robin play. The Coquitlam Adanacs and Juan de Fuca advanced to play in the Intermediate B gold medal game. The A’s defeated Juan de Fuca 10-5 in the round robin but made the gold medal game something to remember in an evenly contested gold medal game. The Island squad pushed Coquitlam to the brink, but it was the Adanacs that eked out a 6-5 win for the gold. This was the fifth year in a row Juan de Fuca played for gold, but this year, fell one goal

short. In the Intermediate B Bronze medal game, the Port Moody Thunder defeated the Delta Islanders 10-8 to claim third place.

“The Maple Ridge Burrards Intermediate A and B clubs were very organized,” stated Intermediate B Commissioner Barb Laprise. “They worked very hard to put this together -- all in all it was one of our best Provincials! The games were played with good sportsmanship, and for all teams, was a great way to finish their season in a positive way.”

The 2013 Provincial Awards for the BC Intermediate A League are as follows. All-stars: Brett Kujala (Maple Ridge), Ty Klarner, (Port Coquitlam), Tyler Vogrig (Richmond), Jessie Gillespie (Maple Ridge), Zac Christianson (Victoria) and goaltender Connor David (Maple Ridge). League Champions: Maple Ridge Burrards. Top Scorer: Tyler Vogrig (Richmond). Most Sportsmanlike Player: Jayden Campbell (Richmond). Most Sportsmanlike Team: Coquitlam Adanacs. Top Goalie: Connor David (Maple Ridge). Commissioner’s Award: Steve Klarner (Port Coquitlam). Coach of the Year: Jamie Floris (New Westminster) and MVP: Matt Hamilton (Victoria).

The 2013 Provincial Awards for the BC Intermediate B League are as follows. All-stars: Trevor Chernoff (Coquitlam), Brant Hicks (Ridge Meadows), Jake Holland (Ridge Meadows), Jared Best (Coquitlam), Scott Whittaker (Port Moody), and goaltender David Manky (Coquitlam). League Champions: Coquitlam Adanacs. Top Scorer: Jake Holland (Ridge Meadows). Most Sportsmanlike Player: Nick Kozevnikov (Langley). Most Sportsmanlike Team: Langley Warriors. Top Goalie: Gino LoGiancco (Port Coquitlam). Commissioner’s Award: Paula Hicks (Ridge Meadows). Coach of the Year: Rob Glancy (Coquitlam) and MVP: Trevor Chernoff (Coquitlam).

Junior Adanacs Retire #23

By: Adanacs Website

On Wednesday June 5th, 2013, the Coquitlam Junior Adanacs Family honored the late Trevor Wingrove and the retirement of his jersey #23.

The Junior Adanacs, the Coquitlam Minor Lacrosse Association, Alumni, ex-teammates, friends and family took in the event in support of Trevor Wingrove’s Family to honour the great Adanac star.

Trevor played in the Coquitlam Minor Lacrosse Association for twelve years from 1972-1983. He was fortunate to play at the top level through those ten divisions and he won gold medals at seven BC Championships and silver in the other three.

Trevor was well respected as a referee and coach in the Coquitlam Minor Lacrosse Association and believed in giving back to minor lacrosse after he graduated from the association. After minor, Trevor went on to play a year of Intermediate A where he won another BC Championship, then moved up for four years Coquitlam Junior Adanacs where his team won a BC Championship and played in two Minto Cups.

Wingrove won many awards in his Junior career including: 1985 Junior Adanacs Most Inspirational Player; 1987 and 1988 Junior Adanacs MVP, a two-time BC Junior A League 1st Team



Coquitlam Junior Adanac Family honoured the late Trevor Wingrove and the retirement of his jersey #23.

All-Star, a two-time BC Junior A League Most Sportsmanlike Player, BC Junior A League Most Inspirational Player, and a Minto Cup 1st All-Star team selection.

Trevor finished his Junior A lacrosse career having played 104 regular season games, scoring 100 goals and 245 assists for 345 points -- fourth in the all-time Junior Adanacs regular season stats.

While playing Junior A, Trevor also attended Whittier College in California where he won a Western Collegiate Lacrosse League Championship and was named to the First All-Star Team.

A Tribute to Mike Gates

By: Stan Shillington

A lacrosse wizard once dubbed “Pearly Gates, the Equilibrium Kid,” has been inducted into the Coquitlam Sports Hall of Fame.

The late Mike Gates -- player, coach and community worker -- was honoured June 20, 2013, during a ceremony attended by a score of former teammates.

Gates was first introduced to the game of lacrosse by Port Coquitlam sportsman Doug Rowland but, with no junior or senior teams in the Tri-City area, Mike began a three-year tour of duty in 1958 with the New Westminster Junior Salmonbellies.

After leading his club to the 1960 Minto Cup championship, Mike joined the senior Salmonbellies, capturing the 1961 rookie-of-the-year award. He was able to add a Mann Cup ring the following season.



Mike Gates

But he yearned to play in his own backyard; after all, he was a resident of Port Coquitlam and was employed by the Coquitlam Parks Board. So, when Coquitlam was granted a senior lacrosse

franchise in 1965, Mike jumped at the opportunity to don the Adanac uniform.

For the next seven years, Mike rose to the top of his game, winning All-Star status in all seven seasons, claiming three scoring titles and winning two Most Valuable Player awards.

Then a severe leg injury prior to this 1972 season cut short his active lacrosse career at 509 goals and 609 assists for 1,113 points in 427 senior games.

Always an energetic individual, Mike continued to coach youngsters in soccer and lacrosse in both Coquitlam and Port Coquitlam and served, with distinction, on the Port Coquitlam City Council for 20 years.

In 1977, Mike was inducted into the Canadian Lacrosse Hall of Fame.

Unhappily, Mike passed away in August, 2000; but the memory of his contribution to his sport and his community remains. The Coquitlam Sports Hall of Fame, established in 2010, now adds Mike Gates to its honour list.

2 Gold, 2 Silver, 2 Bronze at Box Nationals



Team BC Female Junior.



Team BC Female Bantam.



Team BC Female Midget.



Team BC Pee Wee Boys.



Team BC Bantam Boys.



Team BC Midget Boys.



By: LacrosseTalk Staff

All six Team BC Box Lacrosse teams fared well at national tournaments bringing home two gold, two silver and two bronze medals for their efforts. The two national titles came from the Female Midget and Junior teams who were dominant in their national tournaments!

This year, three different cities across Canada hosted youth National Lacrosse events. The Female Nationals were held July 23-28 in Halifax, Nova Scotia; the Pee Wee and Midget boy's August 5-10 at Iroquois Park in Whitby, Ontario; and the Bantam boys August 3-7 in Winnipeg, Manitoba.

Female Juniors – 2013 marked the first year the Female Juniors competed in the Box National tournament, and no better way to christen the event with a great result. The Team BC Female Juniors had a fair number of players that had already experienced Nationals the prior three seasons, which proved to be a huge asset in their preparations. Coach Blair Bradley was so impressed with the dedication of his team and staff.

"I have one word, collaboration -- I had two great assistant coaches and an incredible team manager help me run this team," praised Bradley.

The Juniors ran the table and were a perfect 5-0. Team BC scores were: 12-1 over Alberta, 7-1 over New Brunswick, 13-2 over Nova Scotia and a 7-6 hard fought battle over Team Ontario. BC carried their momentum into the finals and completely dominated all aspects of the gold medal game and handily beat Ontario to the tune of 12-4. Team BC top scorers overall were Ashley Bull (10G, 7A), Kyra Bradley (10G, 7A) and Sidney Roy (7G, 2A). Goalkeepers Kirsten Walter and Alexandra Lund-Murray posted 2.33 and 3.13 goals against averages respectively.

"We did it with all 18 players," praised Coach Bradley. "The gold victory was indicative of our hard work – this team was relentless!"

Female Midgets – The Midgets also had a perfect 5-0 record in their National tournament. Team BC scores were: 10-1 over Alberta, 10-1 over Team Iroquois, 17-3 over Nova Scotia and a tight 4-2 victory over Team Ontario. BC kept their winning ways into the finals; never

let their archrivals Ontario get close and walked away with their second gold in two years beating Ontario 7-2 in the title game. Team BC top scorers overall were Harlowe Steele (9G, 3A), Christel Blesch (8G, 4A) and Amie Morrison (4G, 7A). Goalkeepers Bianca Ballarin and Samantha Thomson posted 1.67 and 2.00 goals against averages respectively.

"It was an honour coaching twenty fantastic young women who came together as terrific individual elite athletes," said Coach Teresa Kupan. "They were focused on our goal to bring home the gold medal from the first practice until the end of the gold medal game. Overall, it was truly an amazing experience with new friendships and life long memories."

Female Bantams – Hopes were high for a sweep of gold's in the Female Nationals.

The Bantams posted a 5-1 round robin record in their tournament with many close games. Team BC scores were: 12-0 and 11-2 over Nova Scotia, two 4-0 wins over Alberta, and a split with Ontario with a 6-4 win and a 3-1 defeat. BC was a confident team heading into the finals against Team Ontario, but their eastern counterparts proved too strong and defeated Team BC Female Bantams 5-2 in the finals. Team BC top scorers overall were Keeley O'Neill (10G, 2A), Raachel Beaulieu (5G, 5A) and Megan Stewart (1G, 8A). Goalkeepers Emily Nelson and Candace McDole posted 1.67 and 2.08 goals against averages respectively.

"The girls represented Team BC incredibly well and had a great experience at Nationals," said Coach Jason McDole. "This was a close-knit group that came together in a very short time, but fell short of the ultimate goal. I'm very proud of this team."

Pee Wee – The Pee Wees ended up in third place after the round robin with a 6 win, 2 loss record. Team BC scores were: 23-0 over Quebec, 11-0 over Alberta, 15-2 over Saskatchewan, 23-2 over New Brunswick, 8-2 over Manitoba, 16-3 over Nova Scotia and two losses to the Iroquois 4-1, and 6-5 to Ontario. Team BC top scorers overall were Ben Stewart (17G, 13A), Dylan Ford (12G, 10A), Adam Noakes (9G, 13A) and Jacob Dunbar (9G, 9A).

Team BC met Team Iroquois in the semi-finals and sought revenge, but fell short 4-1 and was relegated to the Bronze medal game where they pulled up their socks and finished off business with an 8-2 victory over Alberta. Team BC all-star selection was Ben Stewart.

"These athletes worked really hard to prepare for nationals," said Coach Josh Wahl. "Our motto from day one was 'alone we can do so little; together we can do so much.' The coaching staff was very impressed with the dedication and teamwork by both the athletes, and parent group. Although we did not achieve the medal we were looking for, the boys played some great lacrosse."

Bantams – The Bantams were arguably the most well rounded team and BC's best chance at winning a gold medal. They ended up in second place after the round robin with a 5 win, 1 loss record. Team BC scores were: 21-1 over Quebec, an 18-2 victory over Nova Scotia, 13-0 over Manitoba, a 15-2 win over Saskatchewan, a tight 7-6 victory over the Iroquois and the sole blemish was a 9-6 loss to Ontario. Team BC top scorers overall were William Clayton (13G, 8A), Thomas Semple (10G, 6A), Caleb Pearson (3G, 11A), and Kyle Nichols (4G, 9A). Goalkeepers Brody Harris and Justin Smith posted 2.26 and 5.32 goals against averages.

Team BC met the Iroquois in the semi-finals and handed them their second loss in a row with a gutsy 5-3 victory punching their ticket to the gold medal game versus Ontario. Team BC battled hard but Ontario proved to be too much and handed BC a 9-1 loss in the final game.

"The Bantam team did not win the gold medal, but are pleased with the silver," stated Coach Tyson Leies. "I had a great time teaching and learning from the kids. It was an experience I will never forget and a team I would love to go to battle with anytime."

ience I will never forget and a team I would love to go to battle with anytime."

Midgets – The Midget team placed third after the round robin with a 5 win, 2 loss record. Team BC scores were: 12-0 over Nova Scotia, 9-2 over New Brunswick, 9-3 over Quebec, 7-4 over Alberta, 10-5 over Manitoba, and 8-1 and 8-7 losses to Ontario and Iroquois respectively. Team BC top scorers overall were Riley Phillips (8G, 11A), Keegan Bell (11G, 6A), Cory Sinclair (11G, 3A), and Carter Dickson (5G, 9A).

Team BC met Team Iroquois in the semi-finals and were thumped 10-3 and relegated to the Bronze game. Team BC put on their work boots and toughed out an 8-7 victory over the Albertans.

"It was hard not playing for the gold, but our boys went back to work after a tough loss to bring home a bronze," said Coach Mike Kupan. "The Midgets gave it their all but couldn't overcome some great eastern teams."

Team BC Box Lacrosse Coordinator, Mike Marshall, praised all teams and their incredible effort and commitment towards cohesive goal.

"Participating in six Box National Championships this year, we came away with 2 gold, 2 silver and 2 bronze -- quite an accomplishment and a tribute to all the athletes and coaches who competed," commented Team BC's Mike Marshall. "Our focus each year is improving our skill level in order to successfully contend at the highest competitive level. We are definitely trending in the direction of excellence."

WANTED!

2014 Team BC Box Lacrosse Coaches

BOYS: Pee Wee, Bantam & Midget Nationals
in Coquitlam & New Westminster, BC

FEMALE: Bantam, Midget & Junior Nationals
in Whitby, Ontario



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Set-up Time
80
SECONDS
1 Person



Set-up Time
85
SECONDS
2 Persons



Set-up Time
30
SECONDS
1 Person



Set-up Time
80
SECONDS
2 Persons

Halo

The Bownet Lacrosse Halo is a portable free-standing net that fits around any manufacturers' Lacrosse Goal. The Halo gives you a 3' protective barrier with no clips or brackets.

- Ideal for Camps and Clinics
- Recommended for U14 and under
- Portable backyard goal
- Bag Size - 53" x 10" x 9"
- Set Up Time: 85 sec (2 people)

Ladies 8m Arc

The Bownet 8m Arc allows you to set up the full goal area markings, indoor or outdoors. Can be staked down on grass or weighted down for the gym or turf fields. Weighted pockets every 4m around perimeter act as hash marks.

Men's/Women's Crease

The Bownet Portable Crease is a one-of-a-kind new product that allows you to have a Lacrosse Crease on any surface. Designed to work on turf, grass or the gym floor. Great for practice and youth tournaments. Fits around any manufacturers' Lacrosse Goal. No tools needed and sets up easily in seconds. Good for any age group: youth, high school, club or college. Bright orange for visibility.

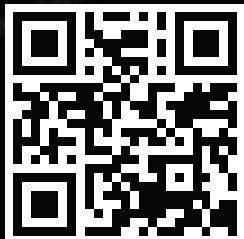
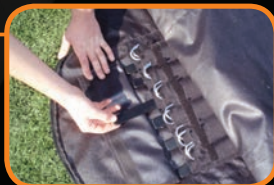
- Comes with free 30" x 1" round case
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- Bag Size - 30" dia x 1" (28" dia x 1" Women's)
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In Memoriam

By: LacrosseTalk Staff

Erwin Bargaen, January 23, 1940 - August 20, 2013 It is with heavy hearts and deep sadness that we announce the passing of Erwin Bargaen. Erwin was a longtime lacrosse referee. He will be strongly missed by all of his close family and friends.

Colin Broomfield, an ex-Junior Adanac standout, passed away September 3, 2013. Born in Victoria on June 5, 1959, Colin played with the Adanacs from 1976-1980, scoring 75 goals and 83 assists in 76 games.

Kenneth Neil Buchan. Ken passed away peacefully at home in the presence of his family on May 16, 2013 at the age of 72. Buchan was very involved in lacrosse for decades, the latest with the Langley Thunder Senior A team.

Jack Barclay

By: Stan Shillington

Black Jack Barclay, the pugnacious fireball on one of the most feared lines in Western senior lacrosse history, passed away May 29, 2013.

Born John George Calvin Barclay, in Regina on August 20, 1934, Jack was still a youngster when his family moved to the Newton district of Surrey.

It was there, as a seven-year-old, that he began playing lacrosse. Soon, he was partnered on a line with Cliff Sepka and Ivan Stewart. What a combination -- Jack was a blond and cocky bantam rooster; Ivan was a dark and nimble speedster, and Cliff proved to be a skilful, silent leader.

All quite different, proving the theory that opposites can attract. They began as the Newton Nuts, winning five provincial, minor league titles and, then, maturing into adulthood as the Royal City's Regal Trio, capturing one Minto Cup and three Mann Cup championships.

Indeed, it was an extremely colourful climb together into manhood.

Eager to enter lacrosse's junior division, Jack and Ivan joined a Chilliwack team in 1953; however, they soon transferred to the New Westminster Salmonacs and a reunion with Sepka.

That was all it took to carry the Royal City club to the Minto Cup finals and, despite the fact that all but one player came down with an attack of food poisoning, they were still able to beat Long Branch for the Canadian title.

The trio, along with several other teammates, turned senior with the Salmonbellies in 1954. The Mann Cup medals came in 1958, 1959 and 1962.

The on-floor collaboration ended in 1965 when Barclay and Stewart joined the newly-formed Coquitlam Adanacs. Both ended their playing careers with the Portland, Oregon, version of the Adanacs in 1968.

During his teenage years, Jack also became an accomplished boxer, capturing the Golden Gloves championship four times and winning a place on the Canadian boxing team in the 1954 British Empire Games.

But it was lacrosse that dominated his adult life. Over the 15-year senior lacrosse span, the original Regal Trio accumulated 2,463 points, of which Barclay claimed 429 goals and 266 assists.

Oh, yes! Jack also racked up 1,119 minutes in penalties.

In 1978, Jack Barclay was inducted into the Canadian Lacrosse Hall of Fame.

Kenneth Clarke, passed away May 8, 2013 at age 57. Clarke was a longtime Port Moody Minor Lacrosse Association volunteer and later Coquitlam Adanac executive member that gave all of his volunteer time to lacrosse. He is sadly missed by many.

Graham Cruickshank September 1981-August 2013.

Don Martin, passed away on July 11, 2013. He was a member of the 1953 New Westminster Salmonacs that overcame a food poisoning attack to capture the Minto Cup. Born in the Royal City on February 5, 1934, Don moved through the local lacrosse minor system onto the Junior Salmonacs' squad that travelled east in a quest of the national title. Don scored three goals in the tournament, including one in the final game. Don later played in 12 games with

the Senior Salmonbellies before placing all his efforts into coaching and refereeing youngsters in the Surrey lacrosse and hockey systems.

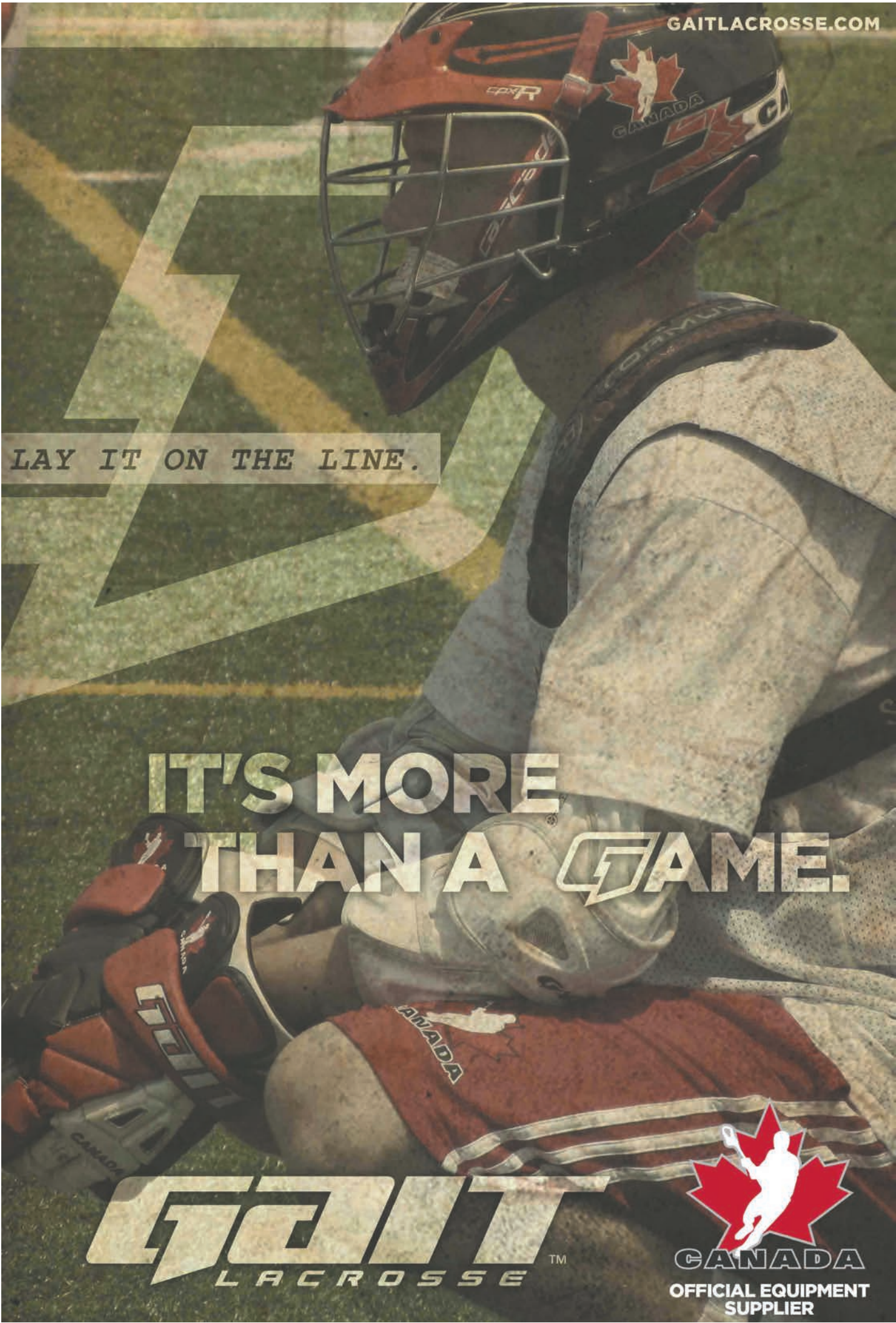
Robert Plank, late of Cloverdale, BC, passed away suddenly at home on June 27, 2013, at the age of 42 years. Plank was an exceptional lacrosse coach to many young athletes in Surrey.

Ron Simpson passed away August 24 in Victoria. He was involved in Saanich Minor Lacrosse and Victoria Senior Lacrosse.

Richard Edgar (Dick) Thomas, longtime member of the Canadian Lacrosse Hall of Fame Board of Governors, passed away August 19, 2013. Born April 15, 1936, the Vancouver-native spent his entire life playing and later volunteering his expertise in numerous sports as lacrosse, hockey, soccer, baseball and soft-

ball. Dick coached and/or managed kids teams from 1972-1983. He spent 38 years as an off-ice game official at the Vancouver Canucks NHL home games, over 20 years as a governor and treasurer with the Canadian Lacrosse Hall of Fame, served on boards for several teams including the Vancouver Burrards (1970's), Coquitlam Jr. Adanacs (1980's), helped the various WLA teams and a volunteer worker at the 2010 Vancouver Olympic Games. Dick proudly watched his son Ken get inducted into the Canadian Lacrosse Hall of fame in 2010.

Lukas Whibley, passed away tragically August 9, 2013. Whibley was a high school football athlete at Ballenas in Parksville and an avid lacrosse player for the Nanaimo Timbermen Intermediate A team.



SUBWAY® BCLA Box Lacrosse Provincial Champions Crowned



Pee Wee A1 Gold - New West Salmonbellies.



Pee Wee A2 Gold - Nanaimo Timberman.



Pee Wee B Gold - Peninsula Warriors.



Pee Wee C Gold - Vancouver Burrards.



Bantam A1 Gold - Ridge Meadows Burrards.



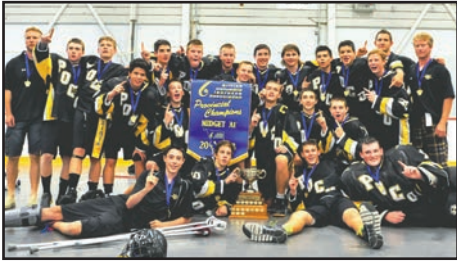
Bantam A2 Gold - Campbell River Ravens.



Bantam B Gold - Vancouver Burrards.



Bantam C Gold - Penticton Heat.



Midget A1 Gold - Port Coquitlam Saints.



Midget A2 Gold - Semiahmoo Rock.



Midget B Gold - Langley Thunder.



Midget C Gold - Quesnel Wildfire.



Female Pee Wee Gold - New West Salmonbellies #1.



Female Bantam Gold - Ridge Meadows Burrards #2.



Female Midget Gold - New West Salmonbellies #2.



Female Junior Gold - New West Salmonbellies #2.

By: LacrosseTalk Staff

The 2013 SUBWAY® BCLA Box Lacrosse Provincial Championships took place during the month of July in four centres around BC. The 2013 Provincials had 110 teams with over 2300 athletes, coaches and volunteers participating in the championships.

The events and locations were: Pee Wee and Female Provincials July 10-14 in Kamloops and Coquitlam, the Bantam Provincials July 17-21 in Delta and the Midget Provincials July 24-28 in Port Coquitlam.

The 2013 SUBWAY® BCLA Box Lacrosse Provincial medal winners were as follows.

Pee Wee Girls - Gold: New Westminster, Silver: Port Coquitlam #1, Bronze: Port Coquitlam #2. Pee Wee A1-Gold: New Westminster, Silver: Ridge Meadows, Bronze: Coquitlam. Pee Wee A2- Gold: Nanaimo, Silver: Ridge Meadows, Bronze: North Delta. Pee Wee B-Gold: Vic-Esquimalt, Silver: Burnaby, Bronze: North Shore. Pee Wee C-Gold: Vancouver, Silver: North Okanagan, Bronze: Vanderhoof.

Bantam Girls - Gold: Ridge Meadows #2, Silver: Port Coquitlam, Bronze: Ridge Meadows #1. Bantam A1-Gold: Ridge Meadows, Silver: Coquitlam, Bronze: New Westminster. Bantam A2- Gold: Campbell River, Silver: Richmond, Bronze: Burnaby. Bantam B-Gold: Vancouver, Silver: Comox Valley, Bronze: Langley. Bantam C-Gold: Penticton, Silver: Quesnel, Bronze: West Kootenay.

Midget Girls - Gold: New Westminster #2, Silver: Port Coquitlam, Bronze: Coquitlam. Midget A1-Gold: Port Coquitlam, Silver: Coquitlam, Bronze: Cowichan Valley. Midget A2-Gold: Semiahmoo, Silver: New Westminster, Bronze: Coquitlam. Midget B-Gold: Langley, Silver: Prince George, Bronze: Oceanside. Midget C-Gold: Quesnel, Silver: Nanaimo,

Bronze: Mission and in the Junior Girls-Gold: New Westminster #2, Silver: New Westminster #1, Bronze: Ridge Meadows.

The SUBWAY® Team Sportsmanship award went to the Pee Wee C West Kootenay Wolfpack team, Female Midget Prince George Posse team, the Bantam A2 Nanaimo Timbermen and the Ridge Meadows Burrards Midget B team.

The Warrior Tournament MVP's were as follows.

Pee Wee girls MVP-Jennifer Hannay (New Westminster), Pee Wee A1 MVP- Kipp Guthrie (New Westminster), Pee Wee A2 MVP- Braeden Washington (Ridge Meadows), Pee Wee B MVP- Justin Geddie (Vic-Esquimalt) and Pee Wee C MVP- Henry Bibby (Vancouver). Bantam girls MVP-Megan Stewart (Ridge Meadows #2), Bantam A1 MVP-William Clayton (Ridge Meadows), Bantam A2 MVP-Will McLean (Campbell River), Bantam B MVP-Liam O'Connor (Vancouver) and Bantam C MVP-Jace Canada (Penticton). Midget girls MVP-Alison Shanks (New Westminster #2), Midget A1 MVP-Brodie Gillespie (Port Coquitlam), Midget A2 MVP-Tre Leclaire (Semiahmoo), Midget B MVP-Austin Pugh (Shuswap), Midget C MVP-Garth Kennedy (Quesnel) and Junior girls MVP was Sidney Roy (Coquitlam).

A special thank you to SUBWAY® Restaurants of BC for being the title sponsor of the BCLA Box Lacrosse Provincial Championships including sponsoring the Meal Program offering a \$5 Cash Card to every athlete participating in the 2013 Provincials, as well as, the title of the Team Sportsmanship Awards; major sponsors Warrior Sports Canada for being the title sponsor of the Trix with Stix competitions, supplying the lacrosse balls, Fair Play hats, and tournament MVP packages; to Firstar Sports Inc. for being the title sponsor of the Firstar

Game MVP award necklaces; to Silver Ridge Promotions for producing great hoodies and t-shirts for all lacrosse fanatics; Sports Action Pictures for shooting photos at all mainland Provincial events and STA for assisting team travel for all BCLA Box and Field lacrosse Provincial Championships.

Also, we could not put on such quality tournaments without our many volunteers from all over BC. Thank you to the Provincial Tournament Committees with their volunteer teams for their endless hours of work preparing for the events. Your help is appreciated by the athletes, parents and friends of lacrosse.



BC Lacrosse Annual General Meeting and Minor Box/Senior Box Special Sessions

October 18-20, 2013

www.bclacrosse.com

Photos: Kevin Bankier

Photos: Sports Action Pictures

Photos: Sports Action Pictures

Photos: Sports Action Pictures

2013 SUBWAY BCLA Box Lacrosse Provincial All-Star Teams

Female Junior All-Stars
Sidney Roy (Coquitlam 2)
Gabrielle Jones (New West 1)
Kirsti Shanks (New West 2)
Megan Kinna (Ridge Meadows)

Female Midget All-Stars
Bianca Santucci (Coquitlam)
Santana McIntyre (Nanaimo)
Nadine Stewart (New West 1)
Alison Shanks (New West 2)
Nikita Bagg (Port Coquitlam)
Serafina Sia (Prince George)

Female Bantam All-Stars
Kendal Sands (Coquitlam)
Taylor Olson (Nanaimo)
Kelsey Towers (Port Coquitlam)
Ryleigh Sadler (Port Moody)
Nicole Pahnke (Ridge Meadows 1)
Ashley Kingsbury (Ridge Mdws 2)

Female Pee Wee All-Stars
Jenna Mele (Coquitlam 1)
Reagan McKenzie (Coquitlam 2)
Alyssa Macdonald (Nanaimo)
Jennifer Hannay (New West)
Mackenzie Blair (Port Coquitlam 1)
Daniella Stroup (Port Coquitlam 2)

Midget A1 All-Stars
John Hofseth (Coquitlam)
Taylor Martin (Cowichan Valley)
Liam Finnigan (Juan de Fuca)
Quinn Beavis (Langley)
Ryan Wilkinson (New West)
Ryland Rees (Port Coquitlam)

Midget A2 All-Stars
Evan Ticehurst (Coquitlam)
Clark Pickup (Juan de Fuca)
Josh Bosher (Kamloops)
Cameron Molesworth (New West)
Carson Rees (Port Coquitlam)
Davis Goodman (Semiahmoo)

Midget B All-Stars
Nicholas Dawson (Coquitlam 2)
Taylor Arbour (Campbell River)
Brandon Turnbull (Langley)
Sam Orlick (North Delta)
Luke Russi (Oceanside)
Brogan O'Brien (Prince George)
Ross Radomski (Ridge Meadows)
Kalvin Daveyduke (Shuswap)

Midget C All-Stars
Bryce Johannes (Langley)
Nick Seal (Mission)
Julian Moreno (Nanaimo)
Camillo Trujillo-Sanchez (N. Shore)
Robert Riou (Port Coquitlam)
Garth Kennedy (Quesnel)
Eric Silver (Vanderhoof)
MattAnderson (West Kootenay)

Bantam A1 All-Stars
Jalen Chaster (Coquitlam)
Michael Calvert (Delta)
Caleb Kueber (Juan de Fuca)
Caleb Pearson (Langley)
William Malcolm (New West)
William Clayton (Ridge Meadows)

Bantam A2 All-Stars
Sajjun Shokar (Burnaby)
Nolan Fair (Campbell River)
Mathew Alcorn (Kelowna)
GarrettWatson (Nanaimo)
Johnathon Wittmeier (Pr. George)
Cole McMillan (Port Moody)
Ryan Jensen (Richmond)
BrettBevan (Surrey)

Bantam B All-Stars
Israel Bain (Abbotsford)
Luke Hutchings (Comox Valley)
Zander Cozine (Cowichan Valley)
William Matwichyna (Delta)
Kyle Olsen (Langley 2)
Haiden Dickson (North Delta)
Drew Bannister (Shuswap)
Corvin Mack (Vancouver)

Bantam C All-Stars
Matthew McGeorge (Abbotsford)
Liam Harris (Delta)
Noah Moorhouse (Mission)
John Etzel (Peninsula)
Jace Canada (Penticton)
Alexander Lafleur (Port Coquitlam)
Landon Russell (Quesnel)
Eric Koyanagi (West Kootenay)

Pee Wee A1 All-Stars
Matteo Tack (Burnaby)
Adam Noakes (Coquitlam 1)
Jake Morin (Juan de Fuca)
Noah Armitage (New West)
Dylan Ford (Ridge Meadows)
Ryan Sheridan (Saanich)

Pee Wee A2 All-Stars
Adam Bland (Juan de Fuca)
Nolan Virgo (Kamloops)
Colten Wasylenko (Kelowna)
Joshua Zary (Nanaimo)
Mitchell Sandberg (North Delta)
Brady Sprague (Port Moody)
Braeden Washington (Ridge Mdws)
Austin Galbraith (Richmond)

Pee Wee B All-Stars
Thomas Vela (Burnaby)
Dylan Christensen (Campbell River)
Rhys Porteous (Delta)
Connor Ward (North Shore)
Corey Cunningham (Prince George)
Carter Sheridan (Ridge Meadows)
Cole Saleswski (Shuswap)
Jacson Alexander (Vic-Esquimalt)

Pee Wee C All-Stars
Laurelle Weisbrod (Delta)
Rowan Miller (N. Okanagan)
Keagan Fletcher (Kamloops)
James Kitney (Saanich)
Braedon Service (Sunshine Coast)
Paddy Hess (Vanc.-Killarney)
Addison Miller-Gauthier (Vanderhoof)
Reece Whitehead (West Kootenay)



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Team BC U16 Three-peats



Team BC U-16’s win their third Alumni Cup National Field Lacrosse title in a row.

By: LacrosseTalk Staff

Team BC Field U19 and U16’s prepared for the 2013 Field Lacrosse Nationals with lofty goals of nothing less than Gold! With high hopes leading into the Labour Day Weekend Classic, both teams represented Team BC to the highest standard!

The Alumni Cup and First Nations Trophy National Field Lacrosse Championships were held in Longueuil, Quebec August 30-September 1, 2013.

Team BC U19 – The U19’s prepared well for nationals and a willingness to improve over their bronze medal finish in the 2012 First Nations Trophy. New head coach, Ian Poole, and assistants Bryan Poole and Richard Cambrey were ready for the challenge to improve on their 2012 result.

The U19’s ended up with a 3 win, 1 loss round robin record. Team BC defeated ILA 21-11, Saskatchewan 9-4 and 23-1 over Quebec. Their only loss came from the hands of Ontario 14-8. Team BC scored 61 goals for while allowing 30 against.

Coach Poole injected some new game strategies to be a fast-paced run and gun team, to capitalize on fast breaks and odd man situations. This open brand of lacrosse calls for incredible ball pursuit, ball control and quick movement, but can lead to opening up transition against you.

“That style can bite you when you don’t execute – which is what happened in the final,” said Poole. “Skill-wise, we are right there with them (Ontario). I feel what really hurt us was our ex-

ecution. In the final we made too many mistakes and Ontario took advantage and buried.”

Team BC was poised for a tough match against their eastern counterpart, but knew they had to cash in on their chances to be successful. The U19’s couldn’t overcome a difficult start that found them behind the eight ball early behind 5-1 after the first quarter. Things didn’t improve in the second as BC couldn’t take advantage of their opportunities at key times and Ontario stretched the lead to 10-2 at half. The Ontario barrage continued in the second half with the score 15-4 after three. One bright spot and the never say die attitude of these athletes came forth, as BC won the final quarter 5-3, but ended up on the short end losing 18-9.

BC U19’s return to the gold medal game was a goal met, but the end result was taken in stride by Coach Poole knowing his team fought to the finish.

“Overall, I was very pleased with our team’s performance, the guys worked hard and never quit,” commented Coach Poole. “We all realized that we didn’t perform our best in the finals, but we know what we need to do to compete.”

Team BC’s all-star selections included Chase Fraser and John Phillips on midfield and attack respectively.

Team BC U16 – The U16’s were a man-down before the nationals even took to the field with the absence of Head Coach Travis Gillespie, but returning coaches Scott Browning and Bert Marshall were more than ready for the challenge!

The U16’s ended up in first place in the Red division after the round robin with a 3 win, 0 loss record. Team BC scores were: 14 -13 overtime victory over Team ILA, an 11-7 win over Ontario and a 23-1 win over Alberta scoring 48 goals for and yielding 21 goals against.

Team BC’s all-star selections included Brodie Gillespie (attack), Dylan Foulds (midfield) and Ryland Reese (defense) were named to the tournament all-star team.

BC was in familiar territory in the gold medal match versus their 2011 and 2012 opponent Team Ontario. The clash was one of many that BC has been on the right end of with two national titles in the past two years! Scott Browning’s mantra of “ball possession being 75% of the field game” couldn’t have been more apparent in this match.

BC owned the ball early with the first five possessions, which included takeaways, goals, multiple ground ball battles and end line possessions on shots – the Team Ontario offence at that point hadn’t touched the ball. At the 10 minute mark, Team BC held a 4-0 lead -- Ontario only had one short possession. Ontario scored their first goal 13 minutes into the first but was quickly countered to make the score 5-1. First quarter ended 6-2 for BC.

Team BC continued to dominate ball possession with a quick start to the second half scoring three in a row to make the score 9-2. Ontario netted two late goals to finish the half at 9-4. The third quarter was a repeat of the second as BC jumped ahead 12-2, only for Ontario to get a pair back to make it 12-4 after three.

The final frame proved to be a see-saw battle but as the game wore on, time ticked away and Team BC’s discipline play and well-rounded attack proved to be too much for Ontario. BC won 14-8 and three-repeated as Alumni Cup National Champions – a feat BC has never accomplished until now under Coach Travis Gillespie and Scott Browning.

“Winning this year’s Alumni Cup is very rewarding and speaks to the strength of the youth lacrosse programs in BC, and the Team BC program,” said coach Scott Browning. “Each year we select young talented athletes that are committed to doing what it takes to win, who make sacrifices, fill roles, and play our team system as a cohesive group. The 2013 group’s dedication and hard work made us all proud!”



Browning was overly proud of his team winning another National title away from home and without their actual head coach, Travis Gillespie, but was instrumental in preparing the athletes well prior to Nationals.

“The win was nice, very tough not being there but I knew we were prepared,” said a proud Gillespie. “As a staff we installed a very disciplined and structured system. This year we saw a change in BC field lacrosse -- from the very first tryout we saw a higher level of skill, attention to detail and a willingness to learn. This third win validates our system, our beliefs and our demanding approach.”

This disciplined approach invested in the U16’s today will surely reap benefits for future U16 and U19 programs and will be the catalyst for more Team BC athletes following a path to higher education while using lacrosse as the tool.

Of course no system can produce results without the right players. These athletes took control and chose to commit to winning -- they ran, sprinted, lifted and learned on their own. They challenged each other and held each other accountable.

“It has been a real blast coaching these ‘mini-men’, said Gillespie. From a couple NCAA offers in year one, to now having 4-5 commit before they start grade 11 is a testament to the players and the program.

Team BC Field Lacrosse Coordinator, Reynold Comeault, couldn’t be more proud how the program has evolved at all levels.

“The results attained by Team BC at the 2013 Field Lacrosse Nationals was a true testament to the hard work and diligence that the players, coaches and managers of both the U16 and U19 teams contributed,” stated Comeault. “More importantly, however, I have the most respect for the way in which Team BC represented our Provincial Lacrosse Program with class, organization, excellence and passion.”

Marc-Antoine Pion-Fregeau, Québec

Milieu de terrain / Midfield
Brodie Jorgenson, Saskatchewan
Chase Fraser, Colombie-Britannique
Aaron Forester, Ontario

Défenseur / Poles
Matt Gilray, Ontario
Marc-Antoine Pion-Fregeau, Québec
Mitch Wales, Ontario

U19 Women Golden



Team BC Women win first ever National title. The team seen here with Team Canada.

By: LacrosseTalk Staff

The Jenny Kyle Cup was competed for Canadian U19 Women’s Field supremacy from 1992-1997 and dominated by Team Ontario. For the first time in 16 years, the CLA returned the U19 Women’s Field Lacrosse Nationals from mothballs to host an invitational competition.

The 2013 Women’s Field U19 National Invitational took place in Oshawa, Ontario over two days - July 16 & 17. The event was played alongside the FIL Women’s World Championships. Three teams competed for the title of National Invitational Champion – two from Ontario and BC.

Team BC trained under the realm of coaches Naomi Walser, Dan Stroup and Jamie Stewart and has taken the program to new levels. They have served notice that BC Women’s Field Lacrosse athletes are exceptional and can compete at a high standard!

“These girls were all keen, they wanted to play more lacrosse and really wanted to be at these nationals,” stated Coach Naomi Walser.

So much so is that three athletes on the Women’s Field squad did double duty and competed at the Female Midget Box Nationals the week after in Halifax!

Day One Results. Game 1: Team Ontario defeated the Ontario Selects 9-2. Game 2: Team BC beat Ontario Selects 15-6 -- Player of the Match was BC’s Lauren Stewart. Game 3: Team BC over Team Ontario 13-6. Player of the Match was BC’s Ellie Delich.

Day Two Results. Game 4: Team Ontario over the Ontario Selects 13-8. Player of the Match was Kameron Halsall (Ontario Selects). Game 5: Team BC over Ontario Selects 15-1. Player of the Match was BC’s Megan Kinna.



In the Gold Medal game Team BC met Team Ontario. The nerves and excitement were quickly lost in the tough

battle that ensued in the first half as teams traded goals and the score knotted 5-5 at half. BC’s athleticism took over and stepped it up another gear outscoring Ontario 5-0 in the final frame to go on and win the National title 10-5. Players of the Match were Danita Stroup (Team BC) and Thalia Zolis (Team Ontario).

“It was a great result and affirms that our athletes can contribute at a national level – these athletes have proven that college and international opportunities are within reach,” said Walser. “It’s not out of their reach!”

“Given it has been a short time that Team BC has been focused on the organization of a Provincial Girls Program, we were very excited about our championship,” stated Team BC Field Lacrosse Coordinator, Rey Comeault. “Naomi Walser has truly been a pioneer for Team BC in establishing our Women’s Field Lacrosse interests. We’re excited to continue building the fundamental mindset of our players all the while stressing the nuances of the Women’s Field game.”

Simon Fraser

2013 Fall Schedule

By: Casey Foster, Simon Fraser University Men's Lacrosse

BURNABY, BC – Simon Fraser Men's Lacrosse, entering their 19th season in 2014, will be returning to competition this fall with an exciting schedule. This schedule includes three games on the road, the 2nd annual SFU Lacrosse Fall Showcase intra-squad scrimmage, and the annual SFU Lacrosse Alumni game.

Before travelling south of the 49th Parallel, the Clan have scheduled the 2nd annual SFU Lacrosse Fall Showcase featuring an Intra-Squad Scrimmage on Sunday, October 6 taking place up on Terry Fox Field at Simon Fraser University (3:00 P.M). This thrilling matchup will preview the 2014 SFU Men's Lacrosse roster battling each other for bragging rights at home in front of fans, family, and friends.

Less than a week later, The Clan will have a chance to face other competition representing multiple leagues in northern California. The five-day excursion (October 9-14) will pit SFU against Diablo Valley College (Club), Notre Dame de Namur University (NCAA Div II), and Sonoma State (MCLA Div I) at their home fields.

Later in the fall and back at home, the annual SFU Lacrosse Alumni game will be held on November 24th (3:00 P.M). This classic event will again feature a preview of the SFU 2014 rosters versus the great alumni that competed for the Clan in years past.

ABOUT SIMON FRASER MEN'S LACROSSE

Simon Fraser University men's lacrosse is entering its nineteenth season in 2014 and competes in the Men's Collegiate Lacrosse Association (MCLA). The Clan have captured



SFU's Andrew Branting in PNCLL action against Western Washington U.



a record eight PNCLL Conference Titles (1997, 1998, 1999, 2000, 2001, 2003, 2008 and 2009) and are tied for fifth all-time with ten MCLA National Championship tournament appearances, placing 2nd in 1999 and most recently playing in the 2010 MCLA Semi-Finals after reaching the Quarterfinals in 2008 and 2009.

For further information on Simon Fraser men's lacrosse please visit www.sfulacrosse.com or follow the Clan on Twitter at www.twitter.com/fraserlacrosse.

Junior Lacrosse Alive and Well in Okanagan

By: Warren Henderson - Kelowna Capital News

Much like the growth of one of his own children, Dan Wray has watched the Thompson Okanagan Junior Lacrosse League survive its share of bumps and bruises on the way to becoming a healthy teenager.

Founded by Wray in 2000, the junior B circuit recently kicked off its 14th season with five teams competing—Kelowna Raiders, Armstrong Shamrocks, Kamloops Venom, Vernon Tigers and South Okanagan Flames.

Just as it was in the beginning, Wray said TOJLL continues to provide a quality lacrosse environment for players aged 16 to 20.

“The numbers of players and teams have fluctuated over the years, but we still have a great product,” said Wray, the commissioner of TOJLL. “We have five solid teams and some really great people in place, so we’re pretty happy with where we’re at right now.

“Kamloops won the provincial title last year,” he added, “so that tells you how strong our league is.”

Wray first launched the concept of organized lacrosse for players in Grades 11 and 12 with an intermediate league in the Interior for three years in the late 1990s.

Then in 2000, with a large and talented crop of 1983-born talent coming out of the midget ranks, Wray felt the time was right to launch a junior B circuit for players in the valley.

“I wanted to expose the game to people in the Okanagan and give our young players a place to play after the minor level,” Wray said.

Three of the teams were based in Kelowna—the Rutland Raiders, Kelowna Dragons and Kelowna Braves.

Over the years, the number of junior B teams in the Central Okanagan was eventually whittled down to one—the Kelowna Raiders—due to fewer players enrolling at the minor level.

Like so many other sports over the last few years, Wray said it's been a constant battle to keep adequate numbers of kids in minor lacrosse.

“It’s been a rocky ride at times and some of it has been economics,” Wray said. “Parents tend to put their kids in sports that are cheaper, like soccer.”

“Hockey has also taken its toll on lacrosse a little bit in that a lot of kids are now playing hockey 12 months of the year, so a lot don’t play both sports anymore. Hockey is more of a business in that way.

“Lacrosse...we’re still the Canadian original, a grassroots national sport,” he added.

Still, Wray said there are many positive indicators coming from Kelowna’s minor lacrosse system which, in turn, will benefit both of Kelowna’s junior and senior programs in the future.

After years of dwindling registration, Wray said the Kelowna Minor Lacrosse Association executive is finding creative ways to restore interest in the game and drive the numbers back to workable levels.

“The (KMLA) is working really hard and they’re bucking the trend of the last few years,” said Wray. “Alisa Brownlee has done a great job as president and they’re moving things in the right direction. With the losses of players other minor sports are having, we’re very happy with the way lacrosse is coming along.”

2013 BCLA Box Lacrosse Provincials Warrior Fair Play Awards

Female Junior

- Sidney Roy (Coquitlam 2)
- Lauren Stewart (New West 1)
- Linzy Butler (New West 2)
- Lisa Ayres (Ridge Meadows)

Female Midget

- Victoria Vieira (Coquitlam)
- Shaelynn Ross (Nanaimo)
- Zoe Lowen (New West 1)
- Kristin Hackett(New West 2)
- Cassie Lacusta (Port Coquitlam)
- Kaitlyn Logeard (Prince George)

Female Bantam

- Kirsten Davies (Coquitlam)
- Shayla Frinton (Nanaimo)
- Ashley Binsted (Port Coquitlam)
- Megan Beattie (Port Moody)
- Nicole Pahnke (Ridge Meadows 1)
- Ashley Kingsbury (Ridge Mdws 2)

Female Pee Wee

- Jeneca Bowering (Coquitlam 1)
- Maya Bottego (Coquitlam 2)
- Sarah Dmytruk (Nanaimo)
- Erica Malcolm (New West)
- Mackenzie Blair (Port Coquitlam 1)
- Vanessa Evancic (Port Coquitlam 2)

Coaches & Official

- Tony Malcolm
- Russ Currie
- Bill Barwise
- Wes Eaton
- Nikita Bagg (Official)

Midget A1

- Kristofer Zlomislic (Coquitlam)
- Colin Winship (Cowichan Valley)
- Zack Homer (Juan de Fuca)
- Quinn Beavis (Langley)
- Sam Stevens (New West)
- Will Kinnaird (Port Coquitlam)

Midget A2

- Owen McCulloch (Coquitlam)
- Dallas Brooks (Juan de Fuca)
- Keiran Anderson (Kamloops)
- ScottWooley (New West)
- Josh Wray (Port Coquitlam)
- Sam Ransier (Semiahmoo)

Midget B

- Daniel Bralic (Coquitlam 2)
- Dylan Sparling (Campbell River)
- Brandon Turnbull (Langley)
- Jake Liebicia (North Delta)
- Erik Johnston (Oceanside)
- Andrew Seville (Prince George)
- Mathew Kurylyk (Ridge Meadows)
- Mason McCune (Shuswap)

Midget C

- Aiden Johnston (Langley)
- Ridge Muirhead (Mission)
- Julian Moreno (Nanaimo)
- Wayland Mathias Joe (North Shore)
- Miguel Joseph (Port Coquitlam)
- Garth Kennedy (Quesnel)
- Jayden Syrota (Vanderhoof)
- Troy Negrieff(West Kootenay)

Coaches & Official

- Curtis Gulliford, Tro Dickson, Steve Sagh, Tom Frith & Riley Lo (Official)

Bantam A1

- Gabe Procyk (Coquitlam)
- Dean Kishiuchi (Delta)
- Joshua Wilson (Juan de Fuca)
- Trevor Alcos (Langley)
- Will Malcom (New West)
- Nick Scott(Ridge Meadows)

Bantam A2

- Basil Cooper (Burnaby)
- Jasper Osterhout-Code (Cam. River)
- Riley Thorpe (Kelowna)
- Kurtis Allard (Nanaimo)
- Griffin Wal (Prince George)
- Sean Bennett(Port Moody)
- Mitch Lavoie (Richmond)
- Roni Tomas (Surrey)

Bantam B

- Jordan Vance (Abbotsford)
- Luke Hutchings (Comox Valley)
- Zander Cozine (Cowichan Valley)
- James Greig (Delta)
- Ayden Johnson (Langley 2)
- Ian Trevorrow (North Delta)
- JettManuel (Shuswap)
- Dimitri Cuning (Vancouver)

Bantam C

- Britny Kalanj (Abbotsford)
- Liam Harris (Delta)
- Carson Oke (Mission)
- Ben Welsh (Peninsula)
- Aidan Warren (Penticton)
- Brent Davis (Port Coquitlam)
- Chase Ballendine (Quesnel)
- Jared Frith (West Kootenay)

Coaches & Official

- Rich Catton, Steve Bishop, Les Wolanski, Brent Graham & Dylan Taylor (Official)

Pee Wee A1

- Matteo Tack (Burnaby)
- Drew Kask (Coquitlam 1)
- Casey Wilson (Juan de Fuca)
- Cedar Rutherford (New West)
- Reece Hansford (Ridge Meadows)
- Dallyn McQuarrie (Saanich)

Pee Wee A2

- Jacob Obee (Juan de Fuca)
- Tanner Koroluk (Kamloops)
- Aedan Alfonso (Kelowna)
- Evan Soucy (Nanaimo)
- Brody Clar (North Delta)
- Erik Dozzi (Port Moody)
- Will Carriere (Ridge Meadows)
- Brandon Fagan (Richmond)

Pee Wee B

- Nathan Chua (Burnaby)
- Carson Foy (Campbell River)
- Keegan Kozack (Delta)
- Anson Adshade (North Shore)
- Hayden Esopenko (Prince George)
- Tristen Parkin (Ridge Meadows)
- MattCampbell (Shuswap)
- Brendan Mackey (Vic-Esquimalt)

Pee Wee C

- Conlan Loffmark (Delta)
- Aidan Spraggs (N. Okanagan)
- Kassidy Neil (Kamloops)
- Parker Cotie (Saanich)
- Chris Risebrough (Sunshine Coast)
- Henry Bibby (Van-Killarney)
- Darren Boug (Vanderhoof)
- Brian Martin (West Kootenay)

Coaches & Official

- Jim Gown, Gord Hawes, Chad Phillipss, Chris Bowman & Trenton Horsley (Official)

Lax Lakers to Honour its Great One

By: Tom Berridge, Burnaby Now

Sports has had its share of famous players who wore the No. 9 on their back.

Former Burnaby Laker star Russ Heard will soon be joining those greats who wore that number.

On July 5, the Burnaby Lakers, the Western Lacrosse Association franchise the 6-4 right-hander stoically supported for 13, mostly losing seasons, will retire Heard's number in a tribute to the future hall of famer.

Heard helped lead the Lakers to three of their four WLA playoff finals in his storied career.

He was one of the original Richmond Outlaws, which switched zip codes in the 1990s to become the Burnaby Lakers.

But perhaps unkindly, Heard never had an opportunity to experience a Mann Cup.

Burnaby's best-ever chance for a league title came in a Game 7 double overtime loss to the Coquitlam Adanacs back in 1993.

In that memorable journey to the '93 final, Heard marched the 12-12 Lakers past the New Westminster Salmonbellies with a record-setting goal-scoring effort that still stands to this day.

In the seven-game semi-final series, Heard set five new WLA playoff records, scoring the fourth-, fifth, sixth-and seventh-fastest goals ever, while also rewriting the record book with six goals in one playoff period.

Heard would not get another opportunity at a championship despite playing another seven seasons, including five more in Burnaby.

But the likeable giant put up career numbers that will one day place him in the hall of honour with other lacrosse greats.

In his 13-year senior A career, Heard stands 10th all-time with 646 assists in regular season play and his 1,021 points is in the company of the top-20 best players to ever play the game.

He was also known for his aptly described signature hybrid sidearm, underhand bounce shot that R rippled the back of the opposition net nearly 450 times in his career.

Heard led the league in scoring on three separate occasions and was the winner of the Commission Trophy as the most valuable player while playing on last-place teams in 1994 and '97.

As he neared the end of his WLA playing career, Heard respectfully asked for a trade to a contending team if it looked like the Lakers would finish out of the playoffs.

With a last-place finish in sight, Heard was dealt to the then North Shore Indians.

He spent the following two seasons with the Coquitlam Adanacs, losing both years to Victoria 4-1 in the series' final.



Russ Heard netted over 1,000 points in his 13-year WLA career.

In a cruel touch of irony, Heard retired after the 2000 season and the Adanacs went on to win a Mann Cup the following year.

"I was glad Coquitlam won (the Mann Cup)," he said, adding he's been asked why he didn't play one last season.

Heard's answer tells you all there is to know about the man.

"When I played, I always thought I could get in better shape, but there's a point you realize, you're just holding on.

"I felt I couldn't contribute like I had been able to. At the end of my career, my shoulders were hurting, my back was hurting, my knee was hurting."

And at the end of the day, it was about winning something with your fellow soldiers.

Heard grew up in the New Westminster program and when he entered his junior draft year in 1984, he and many of his Royal City teammates were taken by the fledgling Outlaws franchise that moved to Burnaby after four seasons.

"It's funny some things stand out, but a lot of those years run together," Heard said.

But the years he cherishes are 1990, '91 and '93, the seasons he went to the league finals with his buddies.

"You know what? You want to win a Mann Cup with the guys you battled with," he said.

Heard did eventually share a Championship Trophy with the pro Toronto Rock in 2000.

Heard's jersey retirement is the first such celebration in the 25-year history of the Laker franchise.

The ceremony will take place on Friday, July 5 prior to the start of the WLA game against his former hometown New Westminster Salmonbellies.

That weekend will also coincide with the Jack Crosby memorial all-star novice tournament in Burnaby.

"It's a great honour. When you play, you don't think about those things, but when it happens it's great. It's nice of (Burnaby) to do that."

Then, in keeping with his unique sense of humour, Heard added, "I'm guessing it's going to be at the start of the game, so I probably won't have that much time (to speak), which is probably good for everybody."

WLA Announces 2013 League Awards

By: Western Lacrosse Association (WLA)

The Western Lacrosse Association announced the 2012 All-Stars and league awards.

The 2013 WLA First All-Star team is as follows. Goaltender – Brodie MacDonald (Langley). Defense - Brett Mydske (Langley) and Andrew Beers (Burnaby). Forward – Curtis Dickson (Maple Ridge), Cory Conway (Victoria) and Corey Small (Victoria).

The WLA Second All-Star team is as follows. Goaltender – Dan Lewis (Burnaby). Defense – Jeff Cornwall (New West) and John Lintz (Langley). Forward – Brett Hickey (Coquitlam), Dane Stevens (Burnaby) and Jarrett Davis (Maple Ridge).

The WLA League Awards are as follows: Leo Nicholson Trophy-Outstanding Goaltender Brodie MacDonald (Langley), Ab Brown Trophy-Most Sportsmanlike Team New Westminster Salmonbellies, Ed Bailey Trophy-Rookie of the Year Logan Schuss (New Westminster Salmonbellies), Dorothy Robertson-Coach of the Year Rory McDade (Burnaby), Norm Kowalyk Trophy-



Langley's Brodie MacDonald was named WLA top goaltender and First team all-star.

Executive of the Year Dr. Don Hedges (Coquitlam), Maitland Trophy-Outstanding Play Sportsmanship Assistance to Minor Lacrosse-Neil Tyacke (New Westminster), Commission Trophy-Most Valuable Player-Curtis Dickson (Maple Ridge), Gord Nicholson -Defensive Player Brett Mydske (Langley), Three-Star Award- Curtis Dickson (Maple Ridge), League Top Scorer: Curtis Dickson (Maple Ridge), Fred Wooster-Unsung Hero- Justin Salt (Burnaby) and the Bill Ellison Award for Playoff MVP Jeff Shattler (Victoria Shamrocks).

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Team Adanacs takes BCLA 2013 Golf Classic

By: LacrosseTalk Staff

On Thursday June 19, 2013 the BC Lacrosse Association hosted the 12th Annual President's Golf Classic, honouring Canadian Lacrosse Hall of Famers from BC at Golden Eagle Golf Club in Pitt Meadows, BC.

The BCLA takes great pride in bringing the lacrosse community together with players, coaches, fans and friends of lacrosse for a day of golf and a chance to reconnect. The weather was the wettest day we have ever experienced in our 12 years – but 90 sponsors, lacrosse friends and players alike braved it out and competed in the Texas Scramble event.

Each hole was sponsored by a company of which the BC Lacrosse Association is very grateful for their support. They included; IMPACT Canopies, Eagle Painting & Decorating, GoodLife Fitness, Sports-Can Insurance, BCLA, Mr. Mikes Steakhouse & Bar, Warrior Sports Canada, Coquitlam Senior Adanacs, Beachcomber Hot Tubs, Delta Whistler Village Suites, Coastal Web Press Company, Treasure Cove Casino, Freedom 55 Financial, Pacific Fasteners and Firststar Sports. Thank you for your continued support!

The golf shirts were sponsored by Firststar Sports Inc. and Whistler Water and Good4U Drinks Co. (Beaver Buzz) provided all the beverages during the day. A special thanks to Thrifty Foods-Austin Station for their sponsorship of all the long-drive and closest to the hole promotions, as well as, the fruit and cookies at registration and to Old Dutch Chips for additional munchies.



Team Adanacs shoot 13 under to win the 2013 BCLA Golf Classic.

Many thanks also go out the endless list of companies who donated prizes for the four-some gifts. Thanks to: BCLA, Beachcomber Hot Tubs, Big Kahuna Sports, Canada Safe-way, Camoustie Golf Course, Charter Bus Lines, Delta Whistler Village Suites, Deluxe Seafood Vancouver, Firststar Sports Inc., Foggy Dew Public House, Gino's Restaurant, Good4U Drinks Co., Hastings Park Entertainment Inc., HOPS-A Northwest Pub, Hyack Tire, Kidsport BC, La Spaghetteria, Me-n-Ed's Piz-za-Poco, Meridian Meats, Moonraker's Pub, Mr. Mikes Steakhouse & Bar, Paddlewheeler Pub, Red Robin Restaurants, River's Reach Pub, River Rock Casino, Sammy J's Grill & Bar, Shell Station-Kensington, Stefano's Restaurant, Silver Ridge Promotions, Stefanos, SUBWAY Restaurants of BC, Sun & Province Newspapers, Taverna Greka, Thrifty Foods-Austin Station, Van Houtte Coffee, WLA, Woody's Pub, and Whistler Golf Course.

The BCLA Putting Contest was won by Coquitlam's Peter Veltman winning the \$100 Deluxe Seafood Vancouver prize. The Hole

#13 Whistler Golf getaway package included a round of golf and one night stay at the Delta Whistler Village Suites went to Jake Maurtizan. Mr. Mikes and Guy Flintoff brought out their BBQ and make the most tasty burgers for golf-ers and Freedom 55 representatives conducted their golf draw.

The men's Thrifty Foods closest to the hole award was won by Bob House, while Dane Dobbie smoked a huge drive to win the Thrifty Foods long drive contest. For the ladies, Carolyn Bodnar was closest to the pin, while Kim Harvey had the long drive. And last but not least, the winning foursome, scoring 13 under par, was the Coquitlam Adanac team foursome including Peter Veltman, Dane Dobbie, Jon Harnett and Jesse Guerin.

Thank you to all the participants and volunteers like Sohen Gill, Bev Mosdell, Corrine Perriman, Gloria Siegner, the BCLA staff and the GEGC staff for making this a great event. Be sure to keep June 20, 2014 free in your calendar for next year's event. I promise, no RAIN!!

BC Lacrosse Association 2013 EVENTS

Ross Cup &
Victory Trophy

Senior Men's Field
Lacrosse Nationals
October 11-13, 2013
Langley, BC

BCLA AGM

October 18-20, 2013
Whistler, BC

Field Lacrosse
BCLCA Coach Clinics

Clinic Participant Info.
Visit bclacrosse.com
Click Coaches, Clinics,
Field

Field Lacrosse
BCLOA Official Clinics

Clinic Participant Info.
Visit bclacrosse.com
Click Officials, Clinics,
Field

CLA AGM

November 15-16, 2013
St. John,
New Brunswick



Way To Go!

Tony Cable (Great White North Commission Chair)

In 1987, Tony Cable began his lacrosse journey in Mackenzie, BC when his sons Scott and Shawn were introduced to lacrosse – he's never looked back!

He coached youth teams in Mackenzie and provided administrative assistance to these teams while helping his association host lacrosse weekend events with Tumbler Ridge, Prince George and Dawson Creek.

In 1993, the Cables moved to Prince George and instantly got involved in Prince George Minor Lacrosse. Tony coached, but it was what he gave back at to the association and surrounding communities that made him a cog in developing lacrosse in the north.

From 1995 onward, Tony has been a coach and administrator of the Zone 8 Summer Games team, chaired the Great White North Lacrosse Commission and has volunteered for WLA and professional lacrosse games in Prince George. He managed and coached the PG Junior B teams and chaired the Great White North Junior League.

For many summers, Tony volunteers his weekends, with wife Myrna, as a supervisor at BCLA Box Provincials around BC. He was a proud organizer, with his sons, of a Guinness World Record for the longest marathon lacrosse game in 2012 – 24 hours, 2 minutes and 19 seconds in Calgary, Alberta.

Congratulations Tony!

B.C. Lacrosse Association SUBWAY® Restaurants Volunteer Award



Tony Cable

The SUBWAY "Way To Go!" Volunteer award is offered to any BC Lacrosse volunteer who best exemplifies the meaning of community and sport. This person goes over and above the call of duty in the BC Lacrosse community.



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Coaches Corner coaching and Professional Development

By: Duane Bratt, CLA National Resource Person

Going to a coaching clinic, completing an evaluation workbook, taking the “Make Ethical Decisions” online test, and having an in-person evaluation of your practice are all important steps in your coaching career. But they should not be the end. Continuous improvement and lifelong learning should be the mantra of every lacrosse coach. There is always a new tactic, drill, teaching tool, equipment advance, or method to improve physical or mental abilities that coaches can learn.

This type of professional development is going to become more formalized for lacrosse coaches. Over the past number of years, the Coaching Association of Canada (CAC) has worked in collaboration with its partner sports, including the Canadian Lacrosse Association (CLA) to develop a Professional Development (PD) component to the National Coaching Certification Program (NCCP) for coaches of all sports in Canada. This can be accessed at http://www.coach.ca/files/NCCP_Policies_ImplementationStandards_Jan2013.pdf (Sections 9-10, pages 9-14).

This is a program that will allow coaches to earn points for all coaching activities including, but not limited to: active coaching, First Aid courses, concussion awareness, coaching sector

meetings (provincial and national), attending coaching clinics, completing evaluation procedures (ie., workbooks, online tests, in-person evaluations), becoming a lacrosse learning facilitator or evaluator, attending coaching conferences.

As can be seen, there are many, many ways of getting PD points. Let’s just look at attending coaching clinics. This could be an NCCP lacrosse clinic (ie., a competitive-introduction certified coach taking a competitive-development clinic), an NCCP clinic in another sport (ie., hockey or basketball), a non-NCCP lacrosse clinic (ie., a symposium hosted by the BCLA, the US Lacrosse convention, etc), or a non-lacrosse coaching clinic (ie., how to increase mental skills or footwork in a multi-sport context).

The CLA coaching sector with representatives from all MAs/AMAs will be meeting in October, also joined by CAC representatives, to determine the number of points each coach will be required to earn and over what period of time. This implementation plan will be presented to the CLA Board of Directors at the November AGM and the mandatory maintenance of certification goes live on January 1, 2014.

At this point in time, the PD program will be made available to all coaches, but only

certified coaches are required to maintain their certification. Since we only require certification at competitive-introduction and competitive-development, the number of coaches who will be mandated to maintain certification through PD will be a small percentage of the overall pool of coaches. There is a window in which to maintain your certification or require going through the recertification procedure. However, simply being an active coach will get you a lot of the way there. In addition, many professions (and coaching should be treated as a profession whether you are paid or not) require maintenance of their certification. You wouldn’t want

a doctor, teacher, or truck driver to acquire their certification twenty years ago and not require them to maintain their certification in some formal fashion.

Initiating a formal PD program for lacrosse, besides being a CAC requirement, will have three additional benefits. First, lacrosse coaches will be encouraged to continuously improve their coaching knowledge which will, in turn, greatly benefit their players. Second, coaches who are already continuous learners will be given credit for their activities. Third, lacrosse organizations will begin to create additional PD opportunities for coaches.

Pride is palpable when it comes to Victoria’s game

By: Jack Knox, Times Colonist

Went to a lacrosse game a couple of weeks ago. The Shamrocks won in overtime and someone accidentally poured a full beer over my sister’s head. Needless to say, it was the best night of my life. I considered bringing an umbrella when I returned to Bear Mountain Arena for the Mann Cup opener against the Six Nations Chiefs, but then thought better of it: Real Victorians sneer at umbrellas.

And lord knows, if you want to find real Victorians, those whose Island heritage goes geoduck deep, you should go to see the Shamrocks.

“It’s the one sports team that has a long, solid, continuous tradition,” says Cliff LeQuesne, whose familiar voice booms out over the arena’s public address system. “It goes from generation to generation.”

At a hockey game, the fans might have grown up anywhere in Canada. But lacrosse, while officially our other national sport, is really only popular in a few hot spots, something reflected in the crowd. An informal poll of Bear Mountain fans found almost all had Island roots going two, three, four generations deep or more. The lone exception was retired Duncan probation officer Bob Purgavie, who was raised in another lacrosse hotbed, New Westminster.

“I just like the fast pace of the game, as opposed to hockey,” said Purgavie, giving me the needle. He’s a season ticket holder and has been making the trek over the Malahat with his longtime friend, Ernie Elliott, for years. You would need an anthropologist and a backhoe to find Elliott’s Island roots. He’s aboriginal, played the game at the senior level. “We used to have a lot of our own teams in Cowichan,” the 67-year-old says.

Natives are well-represented in the crowd. A fixture at Bear Mountain Arena is Skip Dick, a member of both the Songhees and Shamrock nations, beating a drum illustrated by his artist brother Butch.

Lacrosse’s origins are, of course, aboriginal (here’s a clue: Six Nations Chiefs) but there’s another reason so many local natives played, Skip says. Many couldn’t afford hockey.

There’s another noticeable group, too: Indo-Canadians. Journalist Tom Hawthorn once wrote a terrific piece in which he traced their rise in the sport to 1957, when an English sportsman named Doug (Pops) Fletcher put together Punjab United, a mix of Indo-Canadian and other pre-teens who played out of the Stevenson Park lacrosse box behind Vic High.

“There was a multicultural aspect to lacrosse,” says Juan de Fuca MLA John Horgan. As a boy, he played in Saanich with kids who came down from the Tsartlip reserve. Lots of Indo-Canadians, too. Hockey, relatively speaking, was as white as the ice.

Lacrosse was always hockey’s poorer cousin. It didn’t require a lot of expensive equipment, just a stick and maybe some newspapers for padding. That suited Horgan, whose father used to work the penalty box at Shamrocks games, but died when the MLA was an infant.

The no-frills nature of the game was evident in the Shamrocks crowds of the old days, he says. “They were all working class people.” The sponsors were often construction companies, electrical contractors and the like.

The modern version still offers a down-to-earth environment. It’s a T-shirt and ball cap crowd at Bear Mountain. No one is there to be seen. The concessions sell three kinds of pizza and nine of beer, including Lucky Lager, God bless ’em. There are no molé chicken burritos or veggie bowls like at Rogers Arena. The players — skilled, fast, tougher than trigonometry — go to work on Monday morning. The pride is palpable (when Victoria played Langley in the western final, Horgan tried unsuccessfully to goad Langley MLA Rich Coleman into betting a lunch on the outcome).

Horgan says Bear Mountain, a compact arena with a concourse that — unlike downtown Victoria’s newish rink — allows fans to hobnob their way around the stands, has the feel of the old Barn on Blanshard. “That’s part of my being. That’s what it meant to be a Victorian, going to lacrosse at Memorial Arena.” Forget the Inner Harbour postcards and the tea-and-flowers image we sell the tourists. The real Victoria is fighting for the Mann Cup.

SUBWAY® BCLA Lacrosse Zone Players Announced

The 2013 SUBWAY® BC Lacrosse Zone Players of the Year were announced earlier this summer. Each of the 8 lacrosse zones from across BC nominate an athlete who best exemplifies what it takes to be a top athlete on and off the floor.

The following Midget aged athletes were selected as their Zone Player of the Year in 2013. Zone 1-Matt Barzilay (Cranbrook), Zone 2-Glenna Hoggarth (North Okanagan), Zone 3-Nikita Bagg (Port Coquitlam), Zone 4-Cody Tracy (Surrey), Zone 5-Paul Richard (North Shore), Zone 6-Jordan Wendt (Victoria-Esquamalt), Zone 7-Jason Yee (Vanderhoof) and Zone 8-Jesse Wallace-Webb (Williams Lake).

Each 2013 SUBWAY® BC Lacrosse Zone Players of the Year received a custom embroi-

dered Firststar jacket and a \$500 scholarship for being named to this prestigious award. The overall 2013 SUBWAY® BC Lacrosse Zone Player of the Year was Zone 4 representative, Cody Tracy of Surrey. Cody, in addition to the custom Firststar jacket, received a \$1000 scholarship for the accolade.

Brodie Gillespie, a member of the Port Coquitlam Saints Midget A1 team, was named the SUBWAY® BCLA Midget Provincial Champions MVP. He was an integral part of the 2013 Midget A1 gold medal winning team at the Midget Provincials in Port Coquitlam. Brodie received a custom Firststar jacket and a \$1000 scholarship. Congratulations to all award recipients!

In Memory of Jack Crosby “Mr. Lacrosse”



The BC Lacrosse Association (BCLA) Members have created the Jack Crosby Endowment Fund in honour of the man whose name is synonymous with Lacrosse in the City of Burnaby, throughout British Columbia, and across Canada. As an athlete, coach, volunteer, and mentor, Jack has touched many lives within the lacrosse community and beyond.

The Jack Crosby Endowment Fund will provide a sustainable future for the lacrosse community who play, coach, volunteer, referee and enjoy the game of lacrosse throughout BC. Charitable donations will be invested in the principle of this trust fund. These donations will never be touched and will be a growing investment managed by the Vancouver Foundation. Interest of 5% per year will be allocated to the BCLA

and these funds will be used to support Innovative projects and programs that will address the needs of BCLA members.

This is an investment for our lacrosse community to become self-reliant; a fund that will benefit our grandchildren's children; a legacy that will continue to “pay it forward” forever; a future for lacrosse that we feel Jack would be proud to support.

To make a charitable donation to this fund, please make cheques out to Vancouver Foundation referencing the BCLA Jack Crosby Endowment Fund in the memo line.

The BCLA members will strive to build this Endowment so that we who share the passion for Lacrosse today will leave a lasting legacy for the game of lacrosse throughout British Columbia.

Jack Crosby Endowment Fund Donations can be sent to:
The Vancouver Foundation
(BCLA Jack Crosby Endowment Fund)
Suite 1200-555 West Hastings Street
Vancouver, BC V6B 4N6



Two Teams, One Goal

By: NLL.com

Defense helps Rochester hold on to lead, repeat as world champions

The 2013 National Lacrosse League season ended the way it began – with a one-goal game – as the Rochester Knighthawks became the first NLL team in a decade to hoist the Champion’s Cup in back-to-back years with a riveting 11-10 road win over the Washington Stealth in the 2013 NLL Championship Game presented by Reebok before a sold-out Langley Events Centre in British Columbia on Saturday.

Knighthawks forward Cody Jamieson won the Reebok Championship Game MVP trophy for the second-straight year after recording a hat trick and six points (3+3). He became the sixth player in history to win multiple title game MVPs and just the second to win them in back-to-back years.

Jamieson, who missed the second half of the Division Semifinal with an ankle injury but impressively returned for the East Division Final, played through pain again this weekend.

“It’s hurting right now,” Jamieson told NLL.com. “At the start of the game in warmups, it was hurting. Once you get into the game, adrenaline just takes over and you forget about it.”

The Stealth made their third title game appearance in the last four years and their “season of redemption” after missing the playoffs last year with a 4-12 record came up just one goal short.

“In any sport the only team that can say their season was a success is the team that wins the championship,” Stealth forward Rhys Duch told LaxMagazine.com. “But I don’t think our season not being a success should be considered a failure.”

Down by a goal, Washington raced up the floor with less than 10 seconds left before Duch, who led the NLL with 45 goals this season, got off a desperation sub-shot with two

seconds left but Knighthawks goalie Matt Vinc, the 2013 NLL Goaltender of the Year, made the save to seal the victory.

“At the end of the game I just wanted to be big,” said Vinc told the Rochester D&C. “On the first shot I did that, and the other one I reacted low and I was fortunate enough to read it right. “I think it was a fun way to end the year. I can’t say enough about our defense in the second half. It wasn’t the prettiest one, but we’ll take it.”

Just as Jamieson was injured coming in, Duch was limited by a lower-body injury as well but still managed a hat trick against the stingy Knighthawks defense.

“In all fairness to Rhys, you guys have to know of something,” Stealth head coach Chris Hall told the Everett Herald. “It’s not an excuse, it’s not anything like that, but for Rhys to be able to play in this game tonight was a monumental effort. On Monday, he had 10 percent flexion in his leg. He had a huge, deep charley horse in his left quad and right up to game time we didn’t know how mobile he was going to be or if he was even going to be able to play.”

Knighthawks forward and 12-year NLL veteran Dan Dawson, one of the most prolific scorers in the league’s postseason history, won his first title in his fourth try.

“Finally,” Dawson told The Canadian Press. “One word describes it -- finally. It’s a load off my shoulders.”

Rochester defenseman Paul Dawson, Dan’s brother who was also traded to the Knighthawks during the offseason, also won his first title after seven seasons.

“It makes it a little bit extra special whenever you can win something with your own blood,” Dawson said. “To win this with him is a little bit extra special. But as far as I’m concerned I’ve got 25 brothers in that room.”



Rochester Knighthawks team jubilant after repeating as Champions Cup champion.

The thrilling finish capped off a season where scoring runs, last-second heroics, historic comebacks and amazing plays have almost become the norm.

“I think from a league perspective, you couldn’t ask for a more exciting game,” Hall told the Herald. “I think it was two great teams, two great goaltenders and a great lacrosse game — a bounce here and there and we didn’t get it in the end. The lacrosse gods were on the other side of the floor tonight.”

Sometimes it’s up to the lacrosse gods to determine the winner and loser. After all, 25 of the 79 NLL games (32%) in 2013 were decided by just one goal, including the title game, which marked the 12th NLL Championship Game in 27 seasons to be decided by the slimmest of margins.



“It was a great atmosphere,” Knighthawks head coach Mike Hasen told The Province about the Champion’s Cup Final being held in the Vancouver area. “It was loud the entire game. It would be dynamite to come here once a year, if not more.”

The fact that one-third of the games were decided by a goal in a sport where teams average over 12 goals per game shows that the NLL is one of, if not the most, competitive leagues in all of sports.

The regular season was anything but and the playoffs lived up to the expectations that anything can happen. It’s what makes the sport so incredible to watch. With an two extra games added to the schedule in 2014, we can all look forward to seeing that much more action in a league with the world’s best lacrosse players.

The FIL awards the 2018 World Championship to England

By: The FIL

Stan Cockerton, President of the Federation of International Lacrosse (FIL) is delighted to announce that the 2018 Men’s World Championship has been awarded to England. The Championship, which takes place every four years, will be held in Manchester in July 2018.

In making the announcement Stan commented:

“The Federation of International Lacrosse (FIL) is proud to announce that the English Lacrosse Association has been awarded the hosting rights for the 2018 FIL World Lacrosse Championship. We are extremely confident that English Lacrosse, having successfully hosted the 2010 Championship, will again run an event that FIL and the International lacrosse community will be proud of.”

England has previously hosted the men’s World Championship in 1978 and 1994 as well as 2010. England has also hosted the Women’s World Cup in 1982 and 2001 and will be doing so again in 2017.

David Marsden Co-President English Lacrosse added:

“We are absolutely delighted that with the decision of the Federation of International Lacrosse (FIL) to give England Lacrosse hosting rights for the 2018 Men’s World Championship and the opportunity to serve the international community. We hosted the 2010 Championship and will be using the same facilities at the Armitage Centre and accommodation at Manchester University which is within walking distance of fields where the games will be played.

Following on from the success of the 2010 Championship we are certain that this will give a fantastic boost not only to English Lacrosse but more importantly to the international game.”



On behalf of England I would like to thank FIL for granting this event to England and we look forward to welcoming all participants to Manchester in 2018”.

The Men’s World Lacrosse Championship commenced in 1974 and the hosts and winners have been:

Year	Location	Winner
1974	Melbourne, Australia	USA
1978	Stockport, England	Canada
1982	Baltimore, USA	USA
1986	Toronto, Canada	USA
1990	Perth, Australia	USA
1994	Manchester, England	USA
1998	Baltimore, USA	USA
2002	Perth, Australia	USA
2006	London, Ontario, Canada	Canada
2010	Manchester, England	USA
2014	To be held in Denver, Colorado, USA over the period 11th – 19th July	

About the FIL

The Federation of International Lacrosse (FIL) is the international governing body for men’s and women’s lacrosse. The FIL currently has 47 member nations and holds five World Championships (women’s and men’s field, women’s and men’s U19 field and men’s indoor.) The FIL is responsible for the governance and integrity of all forms of lacrosse and provides responsive and effective leadership to support the sports’ development throughout the world. For more information on the FIL please visit www.filacrosse.com.



Man oh Mann -- Rocks Season Over

By: Janice Huckin

The Shamrocks waited 8 years for another chance at the Mann Cup and now, they will wait at least one more as they fell 8-5 to the Six Nations Chiefs in game 6, dropping the series 4 games to 2. Friday September the 13th was indeed unlucky for the Rocks.

Matt Vinc and Brandon Miller got the starts in goal for the home and visiting teams respectively. It was a full house at Bear Mountain Arena and very hot on the floor. Speaking of hot, the Chiefs scored on an early power play marker by Kasey Beirnes at the 1:46 mark in the first frame. The Chiefs then opened up a 2-goal lead at 9:28 when their leading scorer in the series, Cody Jamieson, found the back of the net from the dotted line. That goal came just after they had successfully killed off a minor penalty and clearly gave the visitors some momentum.

Finally, the Rocks brought the fans back to their feet at 12:20, as Cory Conway fired a hard shot behind Six Nations goalie Brandon Miller. Conway added his second at 17:40, powering to the crease to tie things up at 2-2 and that was how the period ended. Shots on goal were also even at 13.

Goals came in waves to start the middle frame, as Six Nations scored a pair. Steven Keough scored on a hard shot from well out at 2:19 and Beirnes added his second power play



Six Nations Chiefs are 2013 Mann Cup Champions

goal of the night at 8:55 to open up another 2-goal lead. The Shamrocks wave rolled as they managed to open up a 5-4 lead, as they netted three straight goals in a span of 5 minutes and 46 seconds.

First, Nolan Heavenor converted a transition break into a goal at 11:40. Heavenor, one of those hard working players, that doesn't always get the payoff, netted a big goal that changed the momentum for the Rocks. Scott Ranger knotted the game at four with a bullet to the top corner from the dotted line at 14:34. Before the period ended, Jeff Shattler got in close to give the Shamrocks the 5-4 lead, with under three minutes remaining.

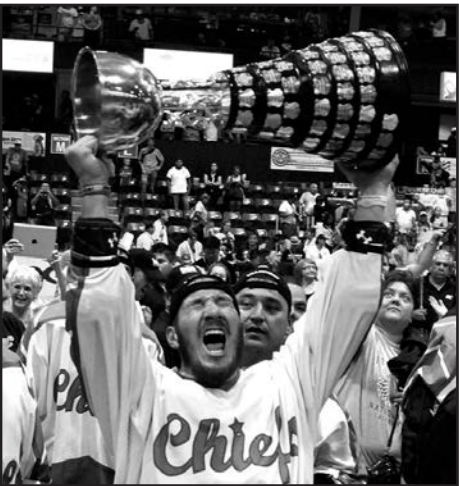
Throughout the series, it seemed that Six Nations was the fresher team as the games drew late into the third period. In fact, in game 6, again the final period was Victoria's Achilles heel as Six Nations scored all four goals in the period.

Only one goal came in the first half of the period, as Cody Jamieson picked up his second of the contest at 9:48 with a delayed penalty about to be called on Victoria, and the extra Chiefs player on the floor. That tied the score at five. The Rocks couldn't seem to find the net – although they found Chiefs goaltender Miller. Six Nations added three late tallies, Colin Doyle notched a goal at 16:29, Craig Point thirty-one seconds after the ensuing faceoff at 17:00, then, Jamieson collected his hat trick at 18:08, which eventually broke the Shamrock's back!

For the Shamrocks, Cory Conway led the way with a pair of goals and received player of the game honours. Singles came from Jeff Shattler, Nolan Heavenor and Scott Ranger. Derek Lowe, who played only sparingly, had a pretty strong game with a pair of assists and brought some needed energy to the line-up -- Rhys Duch and Mitch Jones also had a couple of helpers.

Cody Jamieson was again outstanding for the victorious Chiefs, as he picked up 7 points on 3 goals and 4 assists. Jamieson was named the Six Nations player of the game and also earned the Mike Kelly Memorial Award as Mann Cup Most Valuable Player. Kasey Beirnes had a pair of goals with singles from Colin Doyle, Craig Point and Steven Keough.

It was an unfortunate finish to the season for the Shamrocks and their fans; a season that saw some great games and some entertaining performances. Without a doubt, the best team won the series this year but there's always next year.



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Team Canada Drops Worlds to USA

By: LacrosseTalk Staff

The FIL Senior Women's Lacrosse World Championships took place July 10-20, 2013 in Oshawa, Ontario. Nineteen countries competed for women's world lacrosse supremacy from Australia, Austria, Canada, England, Finland, Germany, Haudenosaunee, Hong Kong, Ireland, Israel, Japan, Latvia, Netherlands, New Zealand, Scotland, South Korea, Sweden, USA and Wales.

Team Canada won three and loss one in the round robin portion of the tournament. Team Canada scores were: Game 1: Canada 12 vs. Australia 11, Game 2: Canada 11 vs. England 6, Game 3: Canada 18 vs. Wales 5, and Game 4: Canada 2 vs. USA 13. Canada handily beat

Israel in the quarter-finals by a 17-5 score, beat a good Australia team 11-7 in the semis, but was thumped 19- 5 by the powerhouse USA in the World Championship Game.

FIL Silver Medallist, Team Canada, received a further honours with Dana Dobbie (attack) and Katie Guy (defense) were two Canadians named to the All-World Team. Six USA players were named to the All-World Team at the athlete's banquet following their gold medal performance against Canada.

Three of the four attackers chosen were from the American roster, with captain Lindsey Munday and record-breaking linemates Katrina Dowd and Katie Rowan joined by Canada's Dana Dobbie. Midfielder Sarah



Albrecht, defender Amber Falcone and goal-keeper Devon Wills were also named All-World. Katie Guy (defense) joined Dobbie as All-World honorees from host Canada, while Australia put three – midfielders Hannah Nielsen and Stacey Morlang Sullivan and defender Alicia Wickens – on the list. England, which finished fourth in the tournament, had midfielder Laura Merrifield honoured.



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- 1 Six Nations Chiefs
- 2 Langley Thunder
- 3 Peterborough Lakers
- 4 Brooklin Redmen
- 5 Victoria Shamrocks
- 6 Burnaby Lakers
- 7 Coquitlam Adanacs

Junior A Lacrosse Top 10

- 1 Six Nations Arrows
- 2 Coquitlam Adanacs
- 3 New West Salmonbellies
- 4 Whitby Warriors
- 5 Burlington Chiefs
- 6 Langley Thunder
- 7 Victoria Shamrocks
- 8 Calgary Mountaineers
- 9 Brampton Excelsiors
- 10 Orangeville Northmen



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