

\$1.00 Fall 2012

# LacrosseTalk

The Official Publication of Canada's National Sport

BC Girls Shine  
At Nationals  
Coaching Makes The Difference



cover design by Cyboreyes Images, logo design by Design One Graphics Group Inc.

photos by: Freeze Frame Photography

By: LacrosseTalk Staff

For the first time in Female Box Lacrosse history, Team BC tasted the fruits of victory after winning a pair of gold medals at the Female Box Lacrosse National Championships. A first of many firsts this summer for female box lacrosse!

Since 2009, Ontario has dominated the Female Bantam National Championships winning three straight, while the Team Ontario Midgets won the inaugural 2011 event in New Westminster. Team Ontario proved to be Team BC's arch nemesis in 2012, but with very different results.

The 2012 Canadian Lacrosse Association Female Midget and Bantam Box Lacrosse National Championships took place July 29 to August 2 at Bear Mountain Arena in Victoria. This tournament marked the first time the Female Nationals were hosted off mainland Canada, in BC's traditional lacrosse-rich community of Victoria.

Team BC came into the 2012 Nationals as underdogs after settling for silvers in 2011. But with the additions of ex-WLA and NLL star players Dan Stroup (Bantam) and Pat Coyle (Midget) behind the benches, this year's version of Team BC would prove to be forces to be reckoned with!

Team BC Female Bantams had a nearly flawless round robin with five wins and a loss. Round robin scores were: BC 15 – Nova Scotia 0, Ontario 4 – BC 3 (OT), BC 9 – Alberta 2, BC 17 – Nova Scotia 0 and BC 5 – Ontario 3. Team BC met a physical Team Alberta squad in the cross-over match, with BC shutting out their western rivals by five goals, setting up another BC-Ontario gold medal showdown.

With BC and Ontario splitting their round robin games -- 4-3 Ontario in overtime and 5-3 Team BC in the second match, it was as evenly matched a final game could be. The rubber match didn't disappoint!

Going into his second gold medal match in as many years, Head Coach Dan Stroup's confidence level couldn't have been higher.

**British Columbia Lacrosse Association**  
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"We had the same game plan as last year, injuries played a big part in last year's gold game," remembered Stroup. "We felt very confident going into the gold medal game this year, the girls were excited and ready to play."

Team BC struck first at 12:35 of the first period on a goal by Keeley O'Neill (New Westminster) off a feed from Madison Obrovac (New Westminster). Over two minutes later on a fast break, Bianca Santucci (Coquitlam) hit Megan Kinna (Ridge Meadows) streaking up the floor to put her in the clear. Kinna made no mistake and buried it behind the Ontario goalie to take an early 2-0 lead.

Team Ontario replied back a minute later on a goal by Jessica Digirolamo to cut the lead to one. Both teams raced back and forth to get the ever-important next goal, but with under four minutes left in the first, Ontario's Melanie Camacho took a feed from Katy DeSnoo to score and bring the score even at 2-2. The period ended with the teams knotted at two.

"We talked about not getting too high or too low," preached Stroup. "I let them know before the game that we'd get our goals and they would get theirs -- it's a game of runs. We stuck to our game plan and if we concentrated on the process -- more loose balls, more shots, and more face-off wins -- the end result would be gold."

The second frame started just as the first with great goaltending and tight defense. Both teams experienced high percentage chances, but couldn't tickle the twine as Team BC goalie, Bianca Ballarin, and Ontario's Lauren Young both made timely saves and denied shooters at both ends.

With BC's Mieke Stobbart (Coquitlam) in the penalty box, Nadine Stewart (New Westminster) broke up an Ontario pass deep in the BC end and sent Katie Browning (New Westminster) on a break. Browning fended off an Ontario defender and scored shorthanded to put BC out in front midway through the period. At the 3:11 mark, Elle Hamilton (Juan de Fuca) intercepted a pass in the BC zone, then out raced the Ontario defenders down the floor, and made no mistake scoring on a breakaway to restore Team BC's two goal lead to end the second up 4-2.

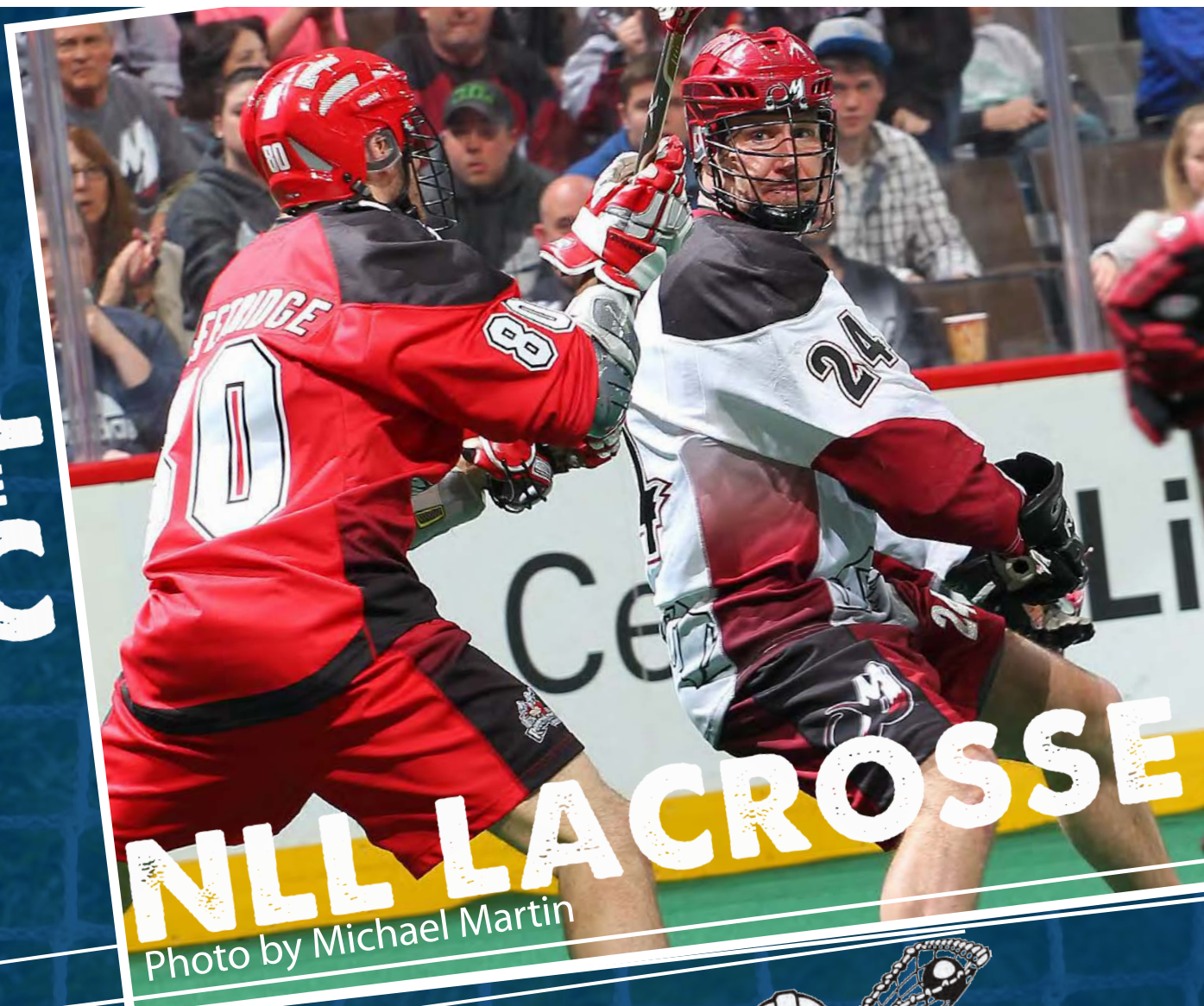
Team BC continued their dominance on defense with stingy goaltending by Ballarin in the third, until the 6:19 mark when Ontario's Jessica Digirolamo scored her second of the game to make it a one goal game. Team Ontario seemed poised to make a valiant comeback as they continually pushed the ball inside the BC zone only to be repeatedly pushed back by a stubborn defensive corp. It was apparent Team BC was not going to be denied victory as they hung on to defeat Ontario 4-3 and win BC's first Female Bantam Box Lacrosse gold medal. Game MVP's were

continues on page 4





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# British Columbia Lacrosse Association

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## Cable Guys set World Lax Record



Photo: Julie Arnold

Martin Parnell with Prince George's Shawn & Scott Cable set a world record at Lacrosse Quest - 24.

By: LacrosseTalk Staff

An epic 24 hour game of lacrosse was endured in Calgary on April 27-28, 2012 in an attempt to set a Guinness World Record for the Longest Game of Box Lacrosse.

The endurance "Lacrosse Quest 24" commenced at 7:00PM Friday April 27, and played around the clock through to 7:00PM Saturday April 28, at the South Fish Creek Recreation Complex Arena (S.E. Calgary).

There is no current Guinness World Record for the longest Box Lacrosse game. The Lacrosse Quest 24 attempt is now pending verification by the Guinness World Record office and successful verification will ensue a brand new entry in the list of Guinness World records.

Game organizers, Hotbox Lacrosse and Martin Parnell, were joined by other local Lacrosse enthusiasts to form two teams of 21 each. Players were required to remain court-side for the duration of the 24 hour record attempt.

"The game was a true show-case of sportsmanship in Lacrosse with players of ranging ages and abilities coming together for this epic game," said Shawn Cable, an ex-Calgary Roughneck and co-owner of Hotbox Lacrosse.

"Ages ranged from teens to players in their fifties, with beginner and up-and-coming youth players battling it out against elite and ex-NLL players. It was an incredible game to be a part of and a once in a lifetime experience."

Once in a lifetime for some, but for others including his brother Scott Cable, co-owner of Hotbox Lacrosse, and Martin Parnell it was not the first time they had put their bodies on the line in the name of a Guinness World Record. Both were participants in "Netball Quest 61", the successful record-setting game that lasted 61 hours last September where the pair crossed paths and the idea for Lacrosse Quest 24 was born.

"Not a lot of people can say they have a Guinness world record under their belt," Scott said, "and even fewer can say they have two".

Lacrosse Quest 24 was the third event in Parnell's "Quests for Kids" series. In 2010, "Marathon Martin" successfully undertook "Marathon Quest 250" running 250 marathons in one year raising \$320,000 for Right To Play. His plan is to complete ten Quests in five years, with the ultimate goal of raising \$1M for Right To Play and helping 20,000 children in the process.

Lacrosse Quest 24 helped to raise \$28,600 to date towards this goal to benefit the children of Benin in Western Africa. As part of a commitment from Right To Play partners, every dollar donated in support of Lacrosse Quest 24 will be matched three times. Online donations can still be made via [hotboxlacrosse.com](http://hotboxlacrosse.com).

### A Guinness World Record for the longest game of Box Lacrosse

"More far-reaching and impactful than the boasting rights of a Guinness World Record is the effect of the money raised by these attempts," said Parnell. With every \$50 raised, one child will be able to experience Right To Play's weekly sport and play-based programs for a year.

The final score was unbelievably close with the winning Team Donkeys (Black) taking the lead over Team Unicorns (White) by a mere 3 goals, at 299-296 respectively.

About Right To Play: Right To Play is the leading international humanitarian and development organization using sport and play as tools to effect behaviour and social change. The organization works with over 15,000 trained coaches and community leaders who implement Right To Play programs for 700,000 children and youth. Right To Play programs are designed to develop basic life skills, prevent diseases, teach conflict resolution and instill hope in children affected by war, poverty and disease in Africa, Asia, the Middle East and South America, and is supported by more than 350 elite Athlete Ambassadors from over 40 countries. Recently, Right To Play expanded its programs in Ontario to include 30 new First Nation communities.

About Hotbox Lacrosse: Hotbox lacrosse was founded by Shawn and Scott Cable, two brothers from Calgary, Alberta. Lacrosse has always been a big part of the brother's lives, whether playing or coaching. With a lack of up-to-date, youthful lacrosse apparel they wanted to bring something to the growing lacrosse community that was fresh and exciting and that's how hotbox lacrosse was born. Their company and website is dedicated not only to keeping players and fans up to date on stories and events happening in the lacrosse world, their website also allows you to shop online for HotBox gear. Their vision is to design quality clothing for every lacrosse player and fan to wear anytime. Whether under equipment, during a game, out with friends, or cheering from the sidelines, they want their clothing to unite and refresh the lacrosse community. For information about Hotbox Lacrosse visit [www.hotboxlacrosse.com](http://www.hotboxlacrosse.com).

## Lax 4 Life Raises over \$15,000 for Cancer Society

### 12 hour fundraiser game launches new season for lacrosse community

By: Mark Booth, Delta Optimist

The Delta lacrosse community celebrated the start of the 2012 season in generous fashion, raising over \$15,000 for the Canadian Cancer Society with its second annual Lax-4-Life charity game.

Members of the Delta Lacrosse Association (DLA) and surrounding areas, came to together to put on a memorable event

that was highlighted by a 12-hour game - from 8 a.m. to 8 p.m. - April 14, 2012 at the Ladner Leisure Centre.

In the inaugural event, DLA members raised just short of a total of \$15,000 and ultimately that was their goal again this year.

Volunteers began organizing their effort in January and with the generous support of local businesses and private donors, they were thrilled with the response. Last year's total has already been surpassed and when the final numbers are in, organizers believe it will be closer to \$17,000 raised.

The game began with Tessa Vincent and Savannah Phillips singing the national anthem. Tim Winter and Patty Burr (in honor of their mother) then dropped the first ball. Participating in the opening face-off were Max Stalling and his mother Nancy.

What followed was 12 hours of fast paced box lacrosse action with Tyke members as young as seven being on the same floor with members of the Ladner Pioneers Senior "B" team.

Max Stalling raised the most money in 2011 and came through with a big total again this year with \$1,630 - the fourth highest

total. His efforts were outdone by Hayden Dance, (\$1705), sisters Tessa and Natalee Vincent and Caitlin Schlaak (\$2,000) and Ashley and Mitch Robinson who topped the list at \$2040.

Lax 4 Life volunteers were once again happy to welcome Delta South MLA Vicki Huntington to the event. Not only did she witness some great action but also met some of the young players of the Delta Lacrosse family that are willing to give back to their community.

Organizers shared with her one great story of a young lacrosse player that, although he wasn't able to participate in the game, he did come by to make a donation. He had 'charged' members of his family 25 cents when they walked by his bedroom door and then he brought those funds down to the arena.

Event organizers Angela Smith, Kelly Robinson and Angie Schwan, along with the support of their families, have already started to brainstorm about next year's Lax-4-Life event and have also laid out a friendly challenge to the Campbell River Ravens Club to hold their own fund raiser game for the Canadian Cancer Society.

## The Gold Dust Twins

By: Stan Shillington

The City of Victoria will soon honour two of its greatest sport figures.

Whitey Severson and the late Archie Browning -- known throughout their brilliant lacrosse careers as the Gold Dust Twins -- are to be inducted into the Capital City's Sports Hall of Fame on October 27.

"It's really an honour to be recognized like this, but even more so because Archie is going in with me," said Whitey. "We were teammates and life-long friends, so it's wonderful that we're sharing this distinction."

The pair was not yet 18 years of age in 1945 when they were considered too small to make the New Westminster junior box lac team. Not to be denied, both tried out and made the senior Adanac club.

Slightly-built but elusive, their blond, curly hair bobbing wildly as they brushed past would-be checks, they soon became the darlings of the Royal City fans and were dubbed the Gold Dust Twins.

An immediate success, Archie won the 1945 Rookie-of-the-Year award by notching, 61 points, followed by Whitey's 43 points. Both were instrumental taking the Adanacs to the 1947 Mann Cup title.

In 1949, Browning left B.C. for Brampton, Ontario, and was followed the next season by Severson. Both returned West in 1951 and joined the new Victoria Shamrocks' franchise.

During his 540-game senior career, Whitey accumulated 1,202 points on 535 goals and 667 assists while his Gold Dust Twin had 744 goals and 328 assists for 1,072 points in 395 games.

During and following their playing careers, both coached minor, junior and senior lacrosse teams in and around Victoria. Severson also took a turn at officiating, refereeing 189 senior games.

Severson was inducted into the Canadian Lacrosse Hall of Fame in 1970, followed the next year by Browning.

On October 27, 2012, the names of Whitey Severson and Archie Browning will be added to the honoured list of stars in the Victoria Sports Hall of Fame.



# Team Cowieson takes BCLA 2012 Golf Classic



Team Cowieson wins the 2012 BCLA Golf Classic shooting a minus 12.

By: *LacrosseTalk Staff*

On Thursday June 19, 2012 the BC Lacrosse Association hosted the 11th Annual President’s Golf Classic, honouring Skip Chapman at the Carnoustie Golf Course in Port Coquitlam, BC.

The event was just shy of a total sell out and thank you to all who participated. Canadian Lacrosse Hall of Famers Don Hamilton and Sohen Gill took in the event with local players, volunteers and friends of lacrosse rounding out the field.

We take great pride in bringing the lacrosse community together with players, coaches, fans and friends of lacrosse for a day of golf and a chance to reconnect. The weather was hot and sunny all day -- as sponsors, lacrosse friends and players alike competed in the Texas Scramble event.

Each hole was sponsored by a company of which the BC Lacrosse Association is very grateful for their support. They included; Authentic Wine & Spirit Merchants [yellow tail] wines, Sports-Can Insurance, BCLA, Sammy J’s Grill & Bar, Warrior Sports Canada, Investors Group, Coquitlam Senior Adanacs, Beachcomber Hot Tubs, Delta Whistler Village Suites, Coastal Web Press Company, Treasure Cove Casino, Freedom 55 Financial, Pacific Fasteners Ltd. and the Dorothy Robertson Family. Thank you for your continued support!

The golf shirts were sponsored by Firstar Sports Inc. and Whistler Water and Good4U Drinks Co. (Beaver Buzz) provid-

ed all the beverages during the day. A special thanks to Thrifty Foods-Sapperton for their sponsorship of all the long-drive and closest to the hole promotions as well as the fruit and granola bars at registration and to Old Dutch Chips for additional munchies.

Many thanks also go out the endless list of companies who donated prizes for the foursome gifts. Thanks to: Authentic Wine & Spirits Merchants, BCLA, Beachcomber Hot Tubs, Big Kahuna Sports, Canada Safeway, Carnoustie Golf Course, Charter Bus Lines, Delta Burnaby Hotel and Conference Centre, Delta Vancouver Airport, Delta Whistler Village Suites, Deluxe Seafood Vancouver, EA Sports, Firstar Sports Inc., Foggy Dew Public House, Fraser Downs Racetrack, Gino’s Restaurant, Good4U Drinks Co., Hastings Park Entertainment Inc., HOPS-A Northwest Pub, Investors Group, Kidsport, Konica/Minolta, Me-n-Ed’s Pizza-Poco, Moonraker’s Pub, Mr. Mikes Steak-house & Bar, Paddlewheeler Pub, River’s Reach Pub, Sammy J’s Grill & Bar, Shell Station-Kensington, Sports-Can Insurance, Stefano’s Restaurant, Silver Ridge Promotions, SUBWAY Restaurants of BC, Sun & Province Newspapers, Taverna Greka, Tempur Canada, Thrifty Foods-Sapperton, Van Houtte Coffee, WLA, Woody’s Pub, and Whistler Golf Course.

The Dorothy Robertson Family Putting Contest was won by Port Coquitlam’s Keith Armstrong winning the \$100 Deluxe Seafood Vancouver prize. The Hole #14 Whistler Golf getaway package included a round of golf and one night stay at the Delta Whistler Village Suites went to Rick Gartel. Sammy J’s brought out their BBQ and drinks while Investors Group offered a hole-in-one promotion.

The men’s Thrifty Foods closest to the hole award was won by Mike Hilson while Matt Lyman smoked a huge drive to win the Thrifty Foods long drive contest. For the ladies, Carolyn Bodnar was closest to the pin while Carol Pelton had the long drive. And last but not least, the winning foursome, scoring 12 under par, was the Keith Cowieson foursome including Keith Cowieson, Russ Heard, Dean Hamilton and Don Hamilton.

Thank you to all the participants and volunteers like Sohen Gill, Heather Gale, Corrine Perriman, Barbara Bensmiller, Elinor Hinds, Greg Toll, the BCLA staff and the Carnoustie staff for making this a great event. Be sure to keep June 20, 2013 free in your calendar for next year’s event.

## Social Media

By: *Andy Watson*

Ever turn to YouTube to look for a big goal, sweet save or jaw-dropping move?

You’re definitely not alone; in fact, if you haven’t been on online to consume the things you love, you’re in the minority.

Social media – and in particular the impact of “citizen journalism” – is changing the landscape for sports organizations around the world. Increase in video technology, especially with smart phones, has turned everyone into a photojournalist or a videographer. When something happens in a game, it’s easy for someone to quickly pull out their camera or video application on their phone and capture it – with most smart phones making it idiot-proof to upload content online.

Now more than ever, actions on the floor or on the field can have a major impact with the potential to reach audiences in the thousands and tens of thousands. The potential for something to go viral and quickly spread will only continue to grow.

A lot of you are probably nodding your head. But, you say to yourself, ‘I knew all this already. What does all this mean to athletes?’

Here’s some food for thought. A social media sampler:

You are always representing your team, your sport: Every time you wear your team colours, carry your stick and show up to a game or practice or just to watch some lacrosse, you are representing the sport. For right or wrong, the actions of athletes are held to a different accord. If you do something negative that is captured and posted online, it can have bad consequences for your organization or the sport in general. A simple Google search for college athletics and social media will paint a telling portrait of U.S. athletics teams often banning their student-athletes from using social media (many have athletes sign policies – if they break them, they get cut from their teams). The reason for this is that a poor action from a player or coach can have major consequences – sponsors pulling funding, donors pulling scholarships and/or student-athletes or coaches getting suspended. On the flip side, if you capture something good on camera, (an amazing play on the field, a community event off

the floor, etc...) consider the positive impact you can make for the sport by sharing that with others.

Posting info or footage can have a major reach: Over 70% of the population uses some form of social media daily in North America. It is powerful. So, consider this when posting content. If you don’t want a video to go viral – for whatever reason, maybe it can damage the reputation of your team, of a player, of your sport, or possibly put you in a position for getting reprimanded – consider making it private or sharing with those who need to see it through a file sharing service like DropBox or YouSendIt. There’s a lot of value in video from an education standpoint in sport. A lot of athletes learn by watching, so taking some footage of your team and sharing it can have a positive impact. And not just for players but coaches can pick up on tendencies and scout opponents and referees can learn how to be in better position and self-evaluate with the use of video. But, if you’re posting something that you might find entertaining or cool, remember it can be viewed by others easily.

Consider your privacy settings: Don’t want the world to see what you post or share online, manage your privacy settings. Facebook, Twitter, YouTube, Flickr and many other social media sites have privacy settings that can restrict who can view your content.

The advent of social media has given rise to role of those involved in sport – is there a way to provide discipline out of content posted online to social media. Should coaches and administrators teach the merits of emotional control as part of player development?

Lacrosse is the fastest growing sport in North America, and there is international growth of the sport as well. From downloadable games online to a version of the sport on Xbox (following in the footsteps of the vintage Playstation pioneer, Blast Lacrosse), the increased exposure of the sport helps to attract new interest. But as players, coaches, officials, parents and administrators, we have a role to play in providing positive, skilful video and not resorting to posting content that can be damaging to the sport.

Continued from Cover Article: Double Gold

By: *LacrosseTalk Staff*

BC’s Keeley O’Neill and Ontario goaltender Lauren Young.

“It feels way better to win gold,” said Stroup. “I am so proud and happy for the girls, they did everything we asked of them -- they trained and worked very hard and they came ready to play every game. This year the girls were rewarded with a better result. It was truly a great team effort!”

The Team BC Female Midget team also met Team Ontario for the Midget gold medal. These two teams met earlier in the round robin with BC winning both, 7-0 and 2-1 respectively. Team BC earned a bye into the finals with a perfect record of 6 wins and zero losses. Other round robin scores were: BC 17 – Nova Scotia 1, BC 3 – Alberta 2, BC 20 – Nova Scotia 2 and BC 10 – Alberta 1. With a flawless record and a bye into the final, it was no time to be overconfident.

“We sort of felt that the first six games were just practice for the seventh and that Ontario was going to show some different looks, so I don’t feel that we got too over confident, stated head coach Pat Coyle.”

Kaitlyn Yan (Burnaby) started Team BC off on the right foot scoring at the 6:29 mark of the first assisted by Amie Morrison (Burnaby). Squwey Gottfriedsen (Kamloops) netted Team BC’s second goal to take a 2-0 lead with helpers from Salena Lasota (Campbell River) and Billy McLaughlin (Port Coquitlam).

Marlo Bellamy (Ridge Meadows) opened the scoring in the second at 11:06, assisted by Courtney Kearnes (New Westminster) and Jenna Chernoff (New Westminster). BC would take a commanding four goal lead by Chernoff late in the period only to be answered by Ontario’s Jamie Van Gozen with over a minute remaining. The period ended 4-1 for BC.

Ontario came out hard in the third frame trying to close the gap, but BC kept them off the board until there were only 52 clicks left when Jocelyne Lemay notched an unassisted goal to close within two. Team Ontario pulled their goalie but it was a matter of too little too late as BC went on to win their first Female Midget National title 4-2. Game MVP’s were BC’s Selenia Lasota and Ontario’s Emily Gillingham.

“I think our game plan was to outwork them in every area of the floor,” mentioned Coyle. “We wanted to keep them out of our middle and to impose our will in their end. We wanted to take the ball and value each possession. Basically, make them work for everything they got.”

“I’m so proud of our girls,” said Coyle. “They did everything that Jason [Bishop] and I asked of them and more and we were both amazed by how quick their learning curve was. I’m glad we won too because first and foremost I’m a competitor, but also to make a statement of how good the lacrosse is in BC.”

One irony of hosting the 2012 Female Box Lacrosse Nationals in Victoria was that there is currently no all-female box lacrosse developed at a minor lacrosse association in the Greater Victoria area. Female athletes interested in playing box lacrosse compete on boy’s teams, but at a certain age or skill level, many tend to leave the indoor game or play women’s field lacrosse. This traditionally strong women’s field lacrosse market may be poised for growth of the indoor game with the awareness of the nationals and the successes of the Team BC female teams.

“The skill level was extremely high, and the level of play outstanding,” commented BCLA VP Performance Programs Ron McQuarrie. “Many knowledgeable lacrosse people in Victoria saw girl’s box lacrosse for the first time. The comments were unanimous - we need to see a girl’s box lacrosse league in Victoria, and on the Island. The performances at the nationals should go a long way to helping get this done.”

“It was great to see the very high quality of coaching on both squads,” noted McQuarrie. “Both Dan Stroup and Pat Coyle are to be congratulated for the development and preparation of their teams. It is also obvious that Female Box Chair, Shawn House, has done a great job in developing the girl’s league.”

These first two golden victories were sweet after the bitter losses to both Team Ontario Bantams and Midgets just one short year ago. It is best not to dwell on the past, but learn from the past, and live for today. The 2013 Female Box Lacrosse Nationals are slated for Nova Scotia and BC will be there to defend their titles!



# BCLA SUBWAY® Lacrosse Zone Players Announced



2012 SUBWAY® Zone Players of the Year receive their Firststar jacket and scholarships.

By: LacrosseTalk Staff

The 2012 SUBWAY® BC Lacrosse Zone Players of the Year were announced earlier this summer. Each of the 8 lacrosse zones from across BC nominate an athlete who best exemplifies what it takes to be a top athlete on and off the floor.

The following Midget aged athletes were selected as their Zone Player of the Year in 2012. Zone 1-Billy Chirdaris (West Kootenay), Zone 2-Jeremy Bosher (Kamloops), Zone 3-Joshua Kemp (Coquitlam), Zone 4-Connor Robinson (New Westminster), Zone 5-Tyler

Vogrig (Vancouver), Zone 6-Tanner Jones (Comox Valley) and Zone 8-Riley Lawryk (Williams Lake).

Each 2012 SUBWAY® BC Lacrosse Zone Player of the Year received a custom embroidered Firststar jacket and a \$500 scholarship for being named to this prestigious award. The overall 2012 SUBWAY® BC Lacrosse Zone Player of the Year was Zone 8 representative, Riley Lawryk of Williams Lake. Riley, in addition to the custom Firststar jacket, received a \$1000 scholarship for the accolade.

Connor Robinson, a member of the New Westminster Salmonbellies Midget A1 team, was named the SUBWAY® BCLA Midget Provincial Champions MVP. He was an integral part of the 2012 Midget A1 gold medal winning team at the Midget Provincials in Port Coquitlam. Connor received a custom Firststar jacket and a \$1000 scholarship. Congratulations to all award recipients!

# Bourne, Greenlay, Theobald Win BCLA Scholarships

By: LacrosseTalk Staff

The BC Lacrosse Association is proud to announce Taylor Bourne (Victoria), Caitlyn Greenlay (Burnaby) and Nick Theobald (Port Coquitlam) as the 2012 BCLA scholarship recipients.

Bourne was the Wayne Goss Scholarship recipient, while Greenlay received the Dorothy Robertson Scholarship and Theobald the Ted Fridge Scholarship.

Taylor Bourne has been heavily involved in the Juan de Fuca lacrosse community for a number of years. He has played minor lacrosse with Juan de Fuca and has been a remarkable representative of the organization.

Bourne is not only an avid competitor on the floor, but also gives his time off the floor volunteering with the local lacrosse and hockey associations. Taylor is always willing to assist at various clinics, camps and tournaments as well as stringing sticks for players. In addition to officiating lacrosse, Taylor also coaches youth teams and demonstrates the importance of “giving back” to the community.

Outside of the arena, Taylor, has a proven to be a student in high standing balancing academic responsibilities with community activities. Bourne plans to study at the University of Victoria after graduation.

Caitlyn Greenlay is a prime example of a lacrosse fanatic! This box and field lacrosse athlete not only competes hard, but also gives back to the sport she loves. She has played box lacrosse since 2002 in Burnaby, and then moved outdoors to play women’s field lacrosse in 2006 competing for various mainland teams,

the Burnaby Mountain Selects and a team in Victoria.

Her involvement playing the game is overshadowed by the time she volunteers as a box coach, field coach and minor association and Sr. Lakers volunteer. This past season, Caitlyn was able to recruit and coach a U12 girl’s field team of 18 athletes – and because of this, Burnaby had representation in the U12 girl’s league. She even found time to work FUN Lacrosse programs, helped out at minor tournaments and volunteered doing administrative work for the Sr. Lakers.

Oh yes, she even found time for school maintaining a high grade standard and a place on the honour roll while being involved in soccer, basketball and volleyball. Caitlyn has applied to Capilano University and Guelph to pursue studies in Animal Sciences to become a Veterinarian.

Nick Theobald is a product of the Port Coquitlam Minor Lacrosse Association playing both box and field lacrosse for the Saints.

He has been touted as a coach’s player, a born leader and an athlete willing to go the extra mile for his team. He currently toils for the Intermediate A Saints, U19 field team in Coquitlam and played high school field lacrosse for the provincial champions Terry Fox Ravens. Nick also volunteers his time as a mini-tyke lacrosse coach.

At school, Nick receives high praise from many of his peers for maintaining a high academic standard reaching the honour role.

Congratulations to all three scholarship and bursary recipients and good luck in your future scholastic endeavors.

ThankYou!

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# Canadian Lacrosse Hall of Fame Announces 2012 Inductees

By: LacrosseTalk Staff

New Westminster, BC – Eight new members and two teams have been named for induction into the Canadian Lacrosse Hall of Fame.

The new inductees include: Builders Murray Lehman (Surrey, BC) and Mike Gray (Whitby, ON); Box Lacrosse Players Tom Marechek (Baltimore, MD), Craig Stevenson (Surrey, BC), Derek “Jammer” Keenan (Oshawa, ON) and Tom “Slick” Wreggitt (Oshawa, ON); Veteran Players Ron Jay (Victoria, BC) and Bob Curtis (Peterborough, ON); the 1928 Canadian Olympic Gold Medal Team and the 1956-59 Brampton ABC’s Junior Excelsiors squads in the Team Category.

The new inductees will bring the number of those honoured in lacrosse’s national shrine to 476 – 142 Builders, 210 Box Players, 82 Field Players and 42 Veterans (those who played prior to 1975). There are 16 teams inducted in the Canadian Lacrosse Hall of Fame Team Category.

Builders Category- Murray Lehman (Surrey, BC) – Murray’s introduction to lacrosse began as a goal judge and bench official for the Inter-City Lacrosse League (now WLA) from 1963-70. His love for the game found him coaching youth lacrosse teams for the South Burnaby Minor Lacrosse Association and managing teams in New Westminster’s minor system in the 1970’s. In 1981, Lehman took the jump from minor lacrosse to become the BC Junior A Lacrosse League Commissioner, a position he held for nine seasons. In 1990, he accepted the Governor’s role for the Coquitlam Jr. Adanacs, then, in 1992 made his return to New Westminster with the Junior A Salmonbellies. Lehman spent a better part of eleven seasons on the Junior Salmonbellies board as Assistant GM, General

Manager and President, winning a Minto Cup Championship in 1994. In addition, Lehman has held a position on the Canadian Lacrosse Hall of Fame Board of Governors since 1993 serving as Chairman from 1994-99. He is currently in his fifth season as General Manager of the New Westminster Junior B Salmonbellies.

Mike Gray (Whitby, ON) – Mike’s lacrosse journey began as a Brooklin youth lacrosse player in the 1950’s until his retirement from the Brooklin Redmen Sr. A team in 1971. Gray won the 1963 Minto Cup with the Oshawa Green Gaels and the 1968 and 1969 Mann Cups with Brooklin. He traded in his lacrosse gear for a clipboard and whistle to become the GM and coach of the 1972 Brooklin Senior Lacrosse Team. In 1976, Gray started the Brooklin Redmen Major Senior Lacrosse team taking on the General Manager role until 1987. In his tenure, the Redmen were bronze medalists in the Nation’s in 1980 World Box Lacrosse Championships, Mann Cup champs in 1985 and Mann Cup finalists in 1986. Mike held the Ontario Lacrosse Association (OLA) Major Commissioner position from 1987-1994, then returned to Brooklin in the early 90’s as President and served various roles as Alumni President, broadcaster, Team Manager and General Manager until 2001. After winning the 2000 Mann Cup, Mike managed the Brooklin Merchants Senior B teams (2002-2004). Gray was inducted into the Canadian Lacrosse Hall of Fame Team Category with the Oshawa Green Gaels and Brooklin Redmen teams.

Box Player Category-Tom Marechek (Baltimore, MD) – This Junior A lacrosse star played for the famed Victoria-Esquimalt Legion from

1985-89 winning a Minto Cup in 1988. A perennial Junior A all-star, Marechek ended his 84-game Junior career with 195 goals, 261 assists for 456 points and 188 penalty minutes. Tom honed his field lacrosse skills in the Victoria Seaspray system until 1989 when he joined teammates Gary and Paul Gait at Syracuse University. He was part of the Orangemen domination of NCAA field lacrosse from 1989-92 winning two NCAA titles in 1989 and 1990. In 1997, Marechek returned to the Victoria Senior A Shamrocks to win the 1997 Mann Cup at home. His professional career was simply outstanding – as a career Philadelphia Wing star (1994-2005) he won four National Lacrosse League (NLL) championships while being named a First or Second Team All-Pro eight times. In 161 NLL games, Marechek scored 422 goals, 420 assists for 842 points and 188 penalty minutes. He also played professional field lacrosse with the Baltimore Bayhawks netting 299 points in just 88 games. Marechek was named to the NLL Hall of Fame in 2007.

Craig Stevenson (Surrey, BC) – Craig started his lacrosse career in the hotbed of Peterborough (ON) as a youth up to the Junior and Senior levels. Stevenson bagged three Minto Cups in 1986, ‘87 and ‘89 with the Peterborough Junior A team and was selected as the 1989 Minto Cup MVP. In his Junior career, he netted 194 goals, 323 assists for 517 points. After three seasons with the Peterborough Lakers Major Senior team, Stevenson was recruited west by the New Westminster Salmonbellies, and never went back. From 1993 to 2006, Stevenson wore the ‘Bellies jersey where he was named an All-star on four occasions and ended his career 17th in all-time WLA scoring. In his 17-year Senior A career in Peterborough and New Westminster, Stevenson scored 440 goals, 711 assists for 1151 points in 400 games. Stevenson’s 5-year NLL career had stops in Buffalo, Ottawa, Vancouver and Calgary amassing 76 points in 37 games.

Derek “Jammer” Keenan (Oshawa, ON) – Derek played in seven seasons (1976-1982) with the Oshawa Green Gaels Junior A lacrosse team where he was a perennial Top 10 league point scorer. Keenan played his entire nine Major Series seasons (1983-89, ‘92 & ‘95) with the Brooklin Redmen, winning three Mann Cup titles in four years (1985, 1987 & 1988). He was the OLA Major Series Top Scorer and MVP in both 1987 and 1988. In 212 career games, he scored 342 goals and 437 assists for 779 points and 361 penalty minutes. In 1991, Keenan played one season with the Whitby Steelhawks of the Canadian NLL winter pro league where he was the league Top Scorer and MVP. In three Major Indoor Lacrosse League seasons, Keenan netted 123 points in 27 games with Buffalo and Toronto winning two Champions Cups with the Buffalo Bandits (1992-93). Derek began his NLL coaching career in 2003 with the Toronto Rock with stops in Anaheim, Portland and currently Edmonton. Keenan was inducted into the Ontario Lacrosse Association Hall of Fame in 2009.

Tom “Slick” Wreggitt (Oshawa, ON) – Tom played in 20 seasons of Major Series lacrosse (1979-99) with the Brooklin Redmen and Peterborough Lakers winning four Mann Cup titles with Brooklin in 1985, ‘87, ‘88 and 1990. Wreggitt was in the Major Series Top 10 of scoring in 11 of those seasons. In 332 regular season games, he scored 426 goals and added 654 assists for 1080 points with an additional 131 goals and 178 assists for 309 points in 168 playoff games. Wreggitt is currently 12th in Canadian all-time playmakers with 832 assists and 16th in all-time Canadian point scoring overall with 1389 points. Wreggitt was inducted into the Canadian Lacrosse Hall of Fame Team Category with the Brooklin Redmen (1985-91) team and

into the Ontario Lacrosse Association Hall of Fame in 2011 and as a player.

Veteran Player Category-Ron Jay (Victoria, BC) – Ron Jay is one of a generation of exceptional boxla players who developed in Ontario, but shared their prowess as a Senior player on the west coast. Born in Peterborough (ON), Ron was a star athlete in hockey, lacrosse and football, managing to stand out as both a coach and a player before he was eighteen years old. He scored 86 points in his final year of Junior lacrosse (1957), before leaving for Victoria, where he enjoyed eleven seasons with the Shamrocks. Jay scored 383 goals and 245 assists (628 points) in 327 games – with an additional 28 goals and 13 assists with Peterborough. Ron was inducted into the Shamrock Wall of Fame in 2010.

R.G. (Bob) Curtis (Peterborough, ON) – After amassing an impressive 2.07 points per game average as a Peterborough Junior, Bob Curtis graduated to the 1954 Peterborough Timbermen, helping win a Mann Cup in his very first year as a Senior player. He helped his team earn the league championship four more times (1955-57, ‘59), earning a stellar 2.57 points/game average. He was a top ten scorer for the first six years of his career (1954-60), but was more than an offensive force. Bob was also known as a talented loose ball man and a quiet leader who let his play do the talking. In 224 career games, Curtis scored 365 goals and 210 assists for 575 points. His number was raised to the rafters by Peterborough in 2009.

Team Category-The 1928 Canadian Olympic Gold Medal Team – When the New Westminster Salmonbellies won their tenth Mann Cup in 1927, they won the right to represent Canada at the Amsterdam Olympic Games in 1928. Lacrosse was classed as a demonstration sport, but the Salmonbellies knew it was a chance to determine the world’s best. With little financial assistance from Canada’s Olympic fundraisers, the team was forced to earn its way across the Atlantic, playing exhibition games in Canada and Holland. Olympic game results had the USA beat Canada 6-3, England in a 7-6 upset over the USA and Canada 9-5 over England. The result was a three-way tie, earning Canada, England and the USA a share of gold. But the Canadians had to pay their own way home too, and played another four exhibitions in England, Montreal and Ottawa before returning to BC. All together, the Canadians travelled two months, amassing an 11-2 record and winning gold for their country.

1956-59 Brampton ABC’s Junior Excelsiors – In 1959, the Brampton Junior Excelsiors did something no team had ever done before. They won a third straight Minto Cup, cementing their dominance as Canada’s national Junior lacrosse champs. The core of that “three-peat” team was formed in 1956 with a team that won its first of four consecutive Eastern league championships, but ultimately lost to Vancouver Mount Pleasant Legion in the 1956 Minto Cup. But that first taste of the Minto success was enduring and the Excels would not be denied against Victoria Shamrocks in 1957 and ‘58, and then the New Westminster Salmonbellies in 1959. Brampton won twelve Minto Cup games in three years, losing only four. Their numbers included eleven inductees to the Canadian Lacrosse Hall of Fame.

The formal induction banquet and ceremonies will be held November 17, 2012 at the Firefighter’s Club in Burnaby, British Columbia. For additional information please contact Randy Radonich, Canadian Lacrosse Hall of Fame Chair at (Home) 604-936-1642 or (Cell) 604-862-1642.

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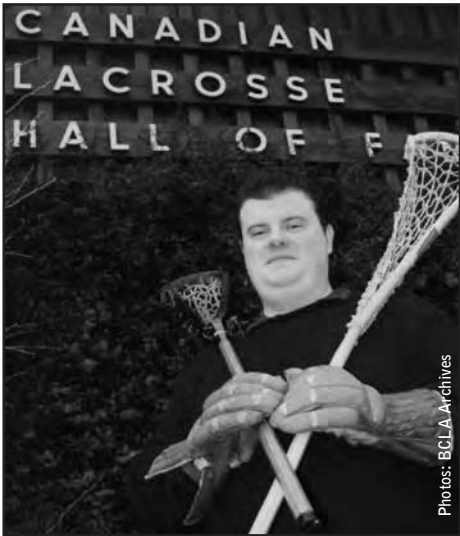


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The Canadian Lacrosse Hall of Fame will move to downtown New Westminster in 2014.

# Canadian Lacrosse Hall of Fame Moving

By: Paul Horn

2013 will be a busy year for the Canadian Lacrosse Hall of Fame. After 45 years in its original home at Centennial Community Centre in New Westminster, the Hall is scheduled to move in early 2014. Our new location will be on New Westminster’s bustling and historic Columbia Street.

The move is more than purely a physical change in location; it represents a whole new world of opportunities for the Hall of Fame. Our new quarters will be part of a larger civic complex that will also house the New Westminster Museum, the Arts Centre and shared public space. By co-locating these amenities, the groups that run them will have the opportunity to share staff and to open their doors to the public for more hours each week.

The new facility also gives the Hall of Fame board a chance to revitalize its floor plan and exhibits. In particular, a new home means that the Hall will be able to catch up with the possibilities afforded by technology. The capacity for better wiring, computer stations and interactive exhibits will allow the Hall to put much more of its holdings on display, both in the new space and on-line.

The Hall is more than a repository of names and photos of our greatest players, builders and teams; it is also the keeper of our national summer sport’s history. The new hall will honour the tradition of lacrosse from its very roots, with displays honouring the First Nations who created the game and exhibits showing the game’s transition into modern life.

There is still much to do because the move requires the Hall to consider its entire catalogue. With so much to show, it will be a tough but exciting process to determine how to best take advantage of this new opportunity. It will be a busy time, requiring inventory, design, fund-raising, moving, set-up and launch. Our biggest (but most rewarding) challenge will be to keep Canada’s lacrosse community proud and this will be accomplished by collaborating with you as the move progresses.

If you are interested in helping with any aspect of our move, we would love to hear from you. Please contact President Randy Radonich at radonich@telus.net



# Canadian Lacrosse Hall of Fame Logo Contest

By: Paul Horn, CLHoF

The Canadian Lacrosse Hall of Fame board is looking to revitalize the logo for the Hall, and they are calling on Canada’s lacrosse community to help out.

Beginning in November 2012, the Hall is sponsoring the “Mojo our Logo” Contest, asking artists across the country to show their work through a new logo design for the Hall. The Hall is inviting every minor lacrosse association across Canada to share the contest entry information with their players, families and communities. Their aim is to use a new “homegrown” logo to represent the Hall as it makes a move to a new home in 2014.

“We see the move as a chance to really revitalize ourselves,” says Randy Radonich, CLHoF President. “Asking the country to design our new logo is just one way we want to

bring more involvement from Canadians into the Lacrosse Hall of Fame.”

This desire to integrate the old and the new is a critical element to the new logo’s design. The Hall is looking for a simple - but striking - emblem that combines the concepts of tradition and the present. In particular, the Hall hopes to see authentic First Nations images representing the earliest forms of the game tied to the version we play today. “We want to see an element of real creativity in tying those elements together,” says Tony Glavin, who is leading the logo process. “That’s why we have opened the contest to every Canadian, from youth to senior, from professional artist to budding student.”

The final element that must be present in the Hall’s new logo is its motto, “Our Game, Our Heritage.” “Those words express perfectly what we are all about,” explains

Radonich, “So we want them built right into our logo. Hopefully, we will build a better awareness of how the Hall preserves a cherished part of Canada’s history.”

The Hall will officially be requesting logo designs from November 17, 2012 to June 1, 2013.

Only entirely original work will be considered and the winner must be willing to release their design to the Hall for exclusive use. Work will only be returned if accompanied by a self-addressed and postage paid envelope.

Designs must be limited to 2 colours (plus black). Entries must be submitted in both their colour and monochrome (grayscale) formats. Entrants must submit their designs in both digital (Adobe Illustrator or jpg/bmp 600 dpi or better) and camera-ready hard copy (8 x 10 or larger) versions.

The winning entry will receive \$250, a professionally framed and labeled print, plus recognition at the 2013 Hall of Fame Induction Dinner as well as in the LacrosseTalk and Sticks and Stones publications. In addition, the winner’s design will be displayed in the Hall of Fame along with a photograph of the artist and description of the logo’s origins.

Contest entrants may submit their designs to: Logo Entries, Attn. Mr. Anthony Glavin, 510-2695 Granville Street, Vancouver, BC, V6H 3H4

Entries received prior to November 17th will be accepted but will not be judged until the contest has closed.



## 2012 BCLA Box Lacrosse Provincials Warrior Fair Play Awards

<b><u>Female Junior</u></b> Carlie Ashlie (Nanaimo) Ellie Delich (Coquitlam 1) Cassandra Miller (Coquitlam 2) Sadie Gerhardt (New West 1) Selam Eyob (New West 2) Danita Stroup (Port Coquitlam)	<b><u>Midget A1</u></b> Jake Sundar (Coquitlam) Cole Pickup (Juan de Fuca) Ryan Wilkinson (New West) Mitch Milani (Port Coquitlam) Brad Rowbotham (Ridge Mdws) Nick Preston (Saanich)	<b><u>Bantam A1</u></b> Lucas Olheiser (Burnaby) Blane Donaldson (Coquitlam) Jack Kendall (Juan de Fuca) Caleb Peadson (Langley) Naou Degife (New West) Anthony Kalanich (Ridge Mdws)	<b><u>Pee Wee A1</u></b> Broque Domme (Coquitlam) Jory Mahal (New West) Cameron Way (Port Coquitlam) Matthew Marty (Ridge Meadows) Mason McAdams (Saanich) Connor Wilson (Juan de Fuca)
<b><u>Female Midget</u></b> Cassidy Ring (Burnaby) Madison Chamberlain (Nanaimo) Breanna Croxen (New West 1) Ellelan Degife (New West 2) Kiah Cardiff (Port Coquitlam) Autumn Meredith (Ridge Mdws)	<b><u>Midget A2</u></b> Cory Sinclair (Burnaby) Brayden Galbraith (Chilliwack) Anthony Martinello (Coquitlam) Mike Hubscher (Cowichan Valley) Matt Hans (Kamloops) Alveen Dipinar (North Okanagan) Myles Philpott (Port Coquitlam) Cooper Yates (Richmond)	<b><u>Bantam A2</u></b> Matthew Smigel (Coquitlam 2) Kailey Bankier (Kamloops) Kristian Beech (Kelowna) Lucas Taylor (Mission) Dawson Gordon (Peninsula) Josh Wray (Port Coquitlam) Kyle Gardner (Prince George) Nate Faccin (Ridge Meadows)	<b><u>Pee Wee A2</u></b> Caelin Madigin (Coquitlam) Issac Tonkin-Palmer (Cowichan Val) Imat Grewal (Mission) Josh Van Os (New West) Josh Woodward (North Delta) Ty Richard (Penticton) Dawson Yates (Richmond) Reece Hansfort (Ridge Meadows)
<b><u>Female Bantam</u></b> Tea Cecic (Burnaby) Shaelynn Ross (Nanaimo) Nicole Del Grosso (New West 1) Sam Landolt (New West 2) Jena Milani (Port Coquitlam) Mikayla Quinn (Ridge Meadows)	<b><u>Midget B</u></b> Sam Kussauer (Comox Valley) Mike Manojlovic (Delta) Alex Smailes (North Delta) Kurt Young (Peninsula) Brendan Seaman (Port Coquitlam) Brandin Daychief (Prince George) Jacob Marty (Ridge Meadows) Paul Beevor-Potts (Shuswap)	<b><u>Bantam B</u></b> Matt Rychtowski (Chilliwack) Marshall Pay (Comox Valley) Bentley Barrados (Delta) Noah Holler (Juan de Fuca 2) Victor Robichaud (North Delta) Josh King (Saanich) Calvin Irmen (Shuswap) Zack Hornby (Surrey)	<b><u>Pee Wee B</u></b> Quin Nelson (Campbell River) Kaileb Tatttrie (Delta) Noah Ballinger (Juan de Fuca) Max Burd (Kelowna) Jesson Flintoff (New West) Evan Stanfield (North Shore) Josh Lingard (Peninsula) Nathan Pieper (Port Coquitlam)
<b><u>Female Pee Wee</u></b> Alexis Mellish (Burnaby) Morgan Lowe (Coquitlam 2) Ainsley Allan (Nanaimo) Sara Gaber (New West 2) Katelyn Walker (Port Coquitlam) Kennedy Gill (Ridge Meadows)	<b><u>Midget C</u></b> Cam Macfarlane (Kelowna) Travis MacKenzie (Mission) Zach Wilson (Nanaimo) Brandon Webb (Quesnel) Matthew Bently (Sunshine Coast) Steven Millar (Surrey) Joel Balyk (West Kootenay) Jesse Wallace-Webb (Williams Lk.)	<b><u>Bantam C</u></b> Coleman Edwards (Burnaby) Riley Wellman (Campbell River) James Rotta (Cranbrook) Spencer Smith (Delta) Tanner Gale (Kelowna) Austin Gola (Langley) Clinton James (Mission) Spencer Golon (Peninsula)	<b><u>Pee Wee C</u></b> James Cooper (Burnaby) Max Gammie (Cowichan Valley) Liam Harris (Delta) Tyrese Turnbull (Juan de Fuca) Eric Hawthorne (Richmond) Izaak Marsel (Penticton) Brady Ross (West Kootenay) Patrick Phi (Vancouver)
<b><u>Coaches &amp; Official</u></b> Farren Ferguson Tony Malcolm Teresa Kuppan Darren Angell Taylor Quaife (Official)	<b><u>Coaches &amp; Official</u></b> Mike Kuppan, Brian Bradley, Scott Leibich, Stirling Ratcliff & Laine Monteith (Official)	<b><u>Coaches &amp; Official</u></b> Grant Hamilton, Gary Cummings, Steve Sagh, Travis James & Robert Mills (Official)	<b><u>Coaches &amp; Official</u></b> Rich Catton, Ron Williams, Bryan Rhodes, Jim Bodnarchuk & Scott Trapp (Official)



# In Memoriam

By: *LacrosseTalk Staff*

**Harold Kenny (Ken) Maddison.** Ken Maddison, former B.C. Lacrosse Association treasurer, passed away April 8, 2012, at the age of 71. A chartered accountant by profession, Ken held several senior positions in the business community, including chairman of the North Fraser Harbour Commission and senior partner of the KPMG accounting firm. But his public service involvement with community organizations was equally -- if not, more so impressive; for example, he served as president of the Lower Mainland United Way, treasurer of the Vancouver Museum Association, financial advisor to the Child Health 2000 World Congress Exposition, chairman and commissioner of the Burnaby Parks and Recreation Commission, and a member of the Burnaby Arts Centre Corporate Capital Campaign Committee. His involvement in sports included BCLA treasurer, New Westminster

Salmonbellies director, Norburn Lacrosse Association coach, Sport BC director, and Canada Summer Games treasurer.

**Pat Smith.** Well-known St. Catharines lacrosse figure, Pat Smith, passed away April 19, 2012, at the age of 91. Smith first broke into senior lacrosse with Hamilton in 1941, but his playing career was interrupted until 1945 due to service with the Canadian forces during the Second World War. He returned to the game with his hometown St. Kitts in 1945 for seven more seasons, accumulating 281 goals and 188 assists for 469 points in 250 games. He picked up a Minto Cup ring with Orillia in 1940 and a Mann Cup ring with St. Catharines in 1946. Smith was often called ‘Paddy’ by his fans, was inducted into the Canadian Lacrosse Hall of Fame in 2002.

**Clare Turris** dedicated over 40 years to the game of lacrosse. He became interested

with the sport when his brother Eugene began playing in East Burnaby and New Westminster minor leagues. His love for the game heightened when his son Bruce began his long career which eventually took him into the Canadian Lacrosse Hall of Fame.

Clare coached and managed several minor teams and was involved in the development of the Fraser Lacrosse Commission during the early 1970’s. After moving to Vancouver Island, he continued his involvement as a zone co-ordinator in the Victoria-Esquimalt minor organization.

Clare passed away July 15, 2012, in his 81st year.

**Sid Warick.** The Fiery redhead that rose from minor lacrosse in Vancouver’s Renfrew district to the nation’s Hall of Fame passed away over the Labour Day weekend. Sid Warick was born in North Battleford, SK, on

March 24, 1939, but moved to Vancouver at the age of six. It wasn’t long before he joined his new friends – Ed Nelson, Wally Donaldson, John Dorflinger and Les Glover – on a Renfrew team coached by Reg “Pop” Phillips. Warick then broke into senior lacrosse with Vancouver in 1962 where, in six of his subsequent eight-year career, he scored 45 or more goals. A four-time all-star, Sid played in five Mann Cup series, winning the coveted trophy in 1961, 1963, 1964 and 1967. As a pick-up player for New Westminster, he also saw action in two Minto Cup finals, winning in 1960. Over his 303-game senior career, Sid scored 428 goals and 238 assists for 666 points. He was inducted into the Canadian Lacrosse Hall of Fame in 1989.

**George Young,** 68, a longtime director with the Coquitlam Adanacs senior lacrosse club, passed away July 27, 2012.



Chris Sanderson plays for Canada in 2006 World Cup. He was named the world’s best goalie on three occasions.

By: *The Canadian Press*

Canada goaltender Chris Sanderson, right, makes a save on Iroquois Nation’s Brett Bucktooth’s shot as he’s checked by Jim Moss during action at the World Lacrosse Championships in London, Ont., on July 20, 2006. Chris Sanderson is gone but the memory of his gutsy goaltending for Canada at the 2010 world lacrosse championship while coping with brain cancer will endure. Sanderson, a champion on and off the field, died Thursday. He was 38.

Chris Sanderson is gone but the memory of his gutsy goaltending for Canada at the 2010 world lacrosse championship while coping with brain cancer will endure.

Sanderson, a champion on and off the field, died Thursday. He was 38.

“What Chris Sanderson had to overcome physically and mentally to play one more time for his teammates and for Canada is something I will never forget,” said Dean French, the team’s executive director.

Sanderson not only helped Canada win silver in Manchester, England, he was named best goaltender for the third time in the four quadrennial tournaments in which he took part. He’d been a star on the 2006 team that upset the United States to win the world title for Canada for the first time in 28 years.

“Canada has been represented by some of the greatest players to ever play lacrosse and Chris Sanderson is the greatest national team player of them all,” said 2010 head coach David Huntley. “He has been the leader of our team since 1998 and we will miss him greatly.”

Chris is survived in New Jersey by his wife, Brogann, and daughters Stevie, 6, and Clementine, 4, by his parents Phil and Sue Sanderson of Orangeville, Ont., and by the extended Sand-

## Lacrosse Goalie Chris Sanderson was a Champion On and Off the Field

erson family that has been so vitally involved in Canada’s national summer sport for many years.

“Chris passed away this morning at 2 a.m. surrounded by family,” Brogann said in a post on the family’s journal at the caringbridge.org.

A legion of supporters followed his battle with cancer that began after the first symptoms in July 2008. Initial surgery was on Dec. 22, 2008, and the prognosis was not good.

“It was pretty dire,” he recalled in a subsequent interview. “I was given nine to 12 months to live — best-case scenario — but one per cent survive the brain tumours and we could be that one per cent. We took that as a challenge. After that point, we didn’t want to hear numbers and percentages from the doctors anymore. We set out to beat this thing. A big part of this was lacrosse.”

He set Manchester 2010 as a goal to work towards. After travelling to New Westminster, B.C., for his induction into the Canadian Lacrosse Hall of Fame in November 2009, he organized his treatment schedule so he’d be in the best possible condition to again compete in the world tournament, and he was so good in workouts that he was named No. 1 goalie.

His dedication to the team and his sense of humour made him one of the most popular players.

“This tournament and this group of guys has allowed me to be honest about my situation,” he said on the eve of the game for gold.”They were interested and open about talking about my cancer, which has been unusual.

“A lot of people avoid the conversation. These guys weren’t afraid to tackle it and wanted to hear about it. That took a lot of pressure off me. It allowed me to focus on lacrosse.”

Canada led by one in the fourth quarter but lost 12-10 to the Americans. Afterwards, and amazingly given his cancer history, Chris was talking about setting a new goal.

“Maybe it’ll be the 2014 world championship,” he said. “To be honest, I think my wife might kill me before the cancer if I told her that but, just being honest to myself, it’ll probably be something like the 2014 games.”

Teammates could only hope he’d make it.

“Chris is the best international goalie in the history of the tournament,” said 2006 and 2010 national team defenceman Brodie Merrill. “He thrived in the world championships. They brought the best out of him.

“What separated Chris as a goalie was his presence in the net. Chris was such a great communicator, constantly directing the play. It was like having a coach on the field. You felt confi-

dent playing in front of Chris. He would make jokes during the course of the play to keep everyone loose. Sometimes he subtly poked fun at opponents with his quick wit.

“He was so savvy outside the cage, often throwing behind-the-back passes and scurrying around the cage in man-down situations. He had unbelievable stick skills.”

It was Sanderson who convinced Merrill and others from their shared hometown of Orangeville to add the field game to a mostly box lacrosse repertoire.

“He had a profound impact on me personally,” says Merrill. “He took us under his wing and was a friend and mentor.

“Getting a chance to play with Chris and win a gold medal with him was a dream come true. And if you trace the recent explosion of popularity of Canadian field lacrosse, Chris was a major catalyst. His impact on Canadian field lacrosse will be felt for many years. I’m forever in debt to Chris and will miss him terribly.”

Chris did well in the indoor game, too, helping the Orangeville Jr. A team win the Canadian championship in 1993 and 1995. He was a member of the 2001 National Lacrosse League-champion Philadelphia Wings and until just recently was their goaltending coach.

“This is a very sad day for all Wings fans, Wings players, coaches, management and ownership,” said Wings co-owner and president Michael French. “Chris’ leadership, spirit and sense of humour were just some of his wonderful traits he possessed. As a fellow Canadian I am eternally grateful for all he did for our national team and our sport.”

On the field, besides his Team Canada heroics, he helped Virginia to two NCAA Final Four field lacrosse tournaments. He operated lacrosse businesses after starting a family in New Jersey.

In March 2011, a small tumour was found just below Chris’s original tumour in the left temporal lobe. More treatments and further surgery followed. His condition worsened in recent weeks and Brogann updated Chris’ journal at caringbridge.org earlier this week under the ominous heading of Time To Say Goodbye.

“He is still conscious but minimally responsive and I just pray that he feels little pain and so much love,” she wrote.

Memories of his last Team Canada experience linger.

Just before the 2010 title game, Canada’s players warmed up for at least 15 minutes before the U.S. side made its appearance by marching in military-style formation behind the Stars and Stripes from an adjacent field. Chris’

competitive spirit rose up as he put on his game face while standing alone on a sideline.

“You guys going to show up and play?” he yelled. “Come on, come on.”

Back at Pearson International Airport in Toronto at a rail link to a parking lot, Chris left the group he was with to walk cross the platform and extend a hand to a writer.

“Thanks for all those stories about the team,” he said.

The site of Chris holding his stick high to be in position to make a save in Canada’s crease is an indelible image.

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# Simon Fraser University Men's Lacrosse 2012-13



SFU Lacrosse is led out by Iain Vickars (#16) on bagpipes to Terry Fox Field.



By: Casey Foster, SFU Lacrosse Marketing & Communications Assistant

Gearing up for their ninth season under Head Coach Brent Hoskins, the Simon Fraser University men's lacrosse team is ripe with excitement to return to competition in the Men's Collegiate Lacrosse Association (MCLA). After suffering a tough loss in the PNCLL Conference Championships to long-time rivals, the Oregon Ducks this past May, the Clan is itching to begin work towards a PNCLL Championship starting this September, in hopes of

once again competing for an MCLA National Championship next May.

The Clan returns 27 players from their roster of the 2012 campaign this fall. Representing the highest level of collegiate field lacrosse north of the border, Simon Fraser continues to attract top recruits from across Canada and has begun to attract attention from throughout the United States seen in last year's roster containing a program high of four American players, two from California, and two from Washington. Joining these American athletes, the Clan's 2012 roster featured fourteen players from BC, three from Alberta, three from Saskatchewan, and two from Ontario.

Having no seniors last year, Simon Fraser returns award winning players, such as 3rd Team All-American and 1st team All-Conference player Sam Clare (Ladner, BC) who had a massive rookie season, producing the

highest offensive stats from the midfield for the Clan. Also returning, after garnering 2nd team All-Conference honours are senior attackman Colton Dow (Coquitlam, BC), juniors LSM Riley Wanzer (Mukilteo, WA) and goaltender Darren Zwack (Sherwood Park, AB). Rounding out the list of returning 2012 award winners are 2nd team All-Conference defenseman and sophomore Mark Hilker (Bowmanville, ON). Senior midfield Eric Ransom (Sherwood Park, AB) and sophomore defenseman Bayne Bosquet (Coldstream, BC) also return after receiving All-Conference Honorable Mention status in the PNCLL last season.

This fall will be a very exciting one for the Clan, as a record high 21 freshman recruits will be reporting in September, joining the returning 27 athletes "on the line" for the first practice. The Simon Fraser Men's Lacrosse team is buzzing top to bottom in anticipation of the year's incoming freshmen, who have been reported collectively as the deepest and most talented recruiting class to date.

The Autumn of this year will be busier than the last for SFU. After a month of practice comes the Clan's first test. Their annual fall-ball trip (Oct. 4-8) will land them again in Northern California to face off against the likes of Notre Dame de Namur University (NCAA Div. II) and other local competition from the NCAA and MCLA that have yet to be announced. The fall schedule continues the next week on October 14th with a matchup versus MCLA Div II. conference opponents Western Washington. The fall competition concludes with the annual Red vs. White Alumni game (Oct. 20), which features SFU Alumni including many current professionals, squaring off against the 2013 Clan team.

Keeping pace with previous years, the Simon Fraser Men's Lacrosse team has one of the MCLA's toughest and strongest schedules planned for 2013, starting with a pre-season scrimmage on February 2 at University of Washington. The season gets underway with a home stand on February 8 and 9 with games against Div II and I opponents Western Washington and Oregon State respectively.

Arguably the biggest game of the year for the Clan is scheduled for February 13 in Eugene, OR versus longtime Clan rivals, the Oregon Ducks. Another trip to Northern California is scheduled on February 15 for the Clan for a game at Chico State. After that, another rematch from last year is set to be played at home with a lot of pride on the line versus Boise State on February 23. The first of two jet-setting trips that Simon Fraser will make this year starts on the weekend of March 9 in Colorado versus defending national champions, Colorado State. Another high powered matchup will occur the next day versus Colorado at CU, with the trip finishing with a neutral site game versus Virginia Tech in Boulder, CO. No more than two weeks after the Colorado excursion,

The SFU Clan will take to the skies again to travel to the Midwest to face off against Illinois, Davenport, and Michigan State for another three games in four day stint March 28-31. Upon returning, another divisional matchup for the Clan is scheduled to be played at home on Terry Fox field April 6. An away game versus Washington State is then slated for April 12. The Clan will then play a conference matchup on the road against Idaho on April 13. Simon Fraser then finishes its regular season schedule with a home game versus divisional opponents Montana for what will be Senior Day on April 20.

Simon Fraser University men's lacrosse is entering its eighteenth season in 2013 and competes in the Men's Collegiate Lacrosse Association (MCLA). The Clan have captured a record eight PNCLL Conference Titles (1997, 1998, 1999, 2000, 2001, 2003, 2008 and 2009) and are tied for fifth all-time with ten MCLA National Championship tournament appearances, placing 2nd in 1999 and most recently playing in the 2010 MCLA Semi-Finals after reaching the Quarterfinals in 2008 and 2009.

For further information on Simon Fraser men's lacrosse please visit [www.sfulacrosse.com](http://www.sfulacrosse.com) or follow the Clan on Twitter at [www.twitter.com/fraserlacrosse](http://www.twitter.com/fraserlacrosse).

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# Team BC Musters Silvers at Nats



Team BC Pee Wee.



Team BC Bantam.



Team BC Midget.



By: LacrosseTalk Staff

In the light of the Female Bantam and Midget teams winning national titles, the Pee Wee, Bantam and Midget boy's teams had high hopes heading into their national tournament Aug 6-10 at Iroquois Park in Whitby. Team BC were well prepared and ready to do battle with the rest of Canada.

Pee Wee – The Pee Wees ended up in third place after the round robin with a 6 win, 2 loss record. Team BC scores were: 20-0 over Quebec, a 6-3 loss to Alberta, 10-1 over Saskatchewan, a 5-2 loss to Ontario, 23-0 over Newfoundland, 12-1 over Manitoba, 5-3 over the Iroquois and a 7-2 victory over Nova Scotia. Team BC top scorers overall were Tyler Ewen (14G, 13A), Austin Wahl (10G, 11A), Gabriel Procyk (8G, 6A) and Nico Pace (3G, 11A).

Team BC met Alberta in the semi-finals and sought revenge with a 7-3 victory winning their fourth game in a row and a spot in the gold medal game versus Ontario. The tough Team Ontario crew showed their mettle in the finals beating Team BC 5-1.

“Our team really improved as the tournament went on, gelling as a team and executing our systems,” noted Coach Josh Wahl.

“In the gold medal game we fought hard for three periods, but couldn't beat the massive Ontario goalie. Their constant pressure and fast break started to wear us down. The coaching staff was very proud of the athletes hard work and determination all week.”

Bantams – The Bantams were arguably the most well rounded team and BC's best chance at winning a gold medal. They ended up a disappointing third place finish after the round robin with a 4 win, 2 loss record. Team BC scores were: 15-2 over Quebec, a 13-1 victory over Nova Scotia, 13-4 over Manitoba, an 8-6 win over Alberta and ended up the round robin on a low note with losses to the Iroquois and Ontario 4-3 and 5-1 respectively. Team BC top scorers overall were Ty Yanko (8G, 9A), Tavin Grant (4G, 7A), Bryce Taylor (7G, 2A), Ethan Ticehurst (5G, 3A) and Nathan McKeigan (3G, 5A).

Team BC met the Iroquois in the semi-finals and got their revenge with a tight 5-4 victory punching their ticket to the gold medal game versus Ontario. Team BC battled hard but just couldn't overcome the talented Ontario team and fell 8-4 in the finals.

“Our team showed lots of character to compete in the medal round after losing twice in the round robin,” stated Coach Tyson Leies. “Coming back and beating the Iroquois was great, but we

ran out of steam in the finals. We're proud of the team and all involved with our Bantam squad.”

Midgets – The Midget team placed best after the round robin of all Team BC teams with a 6 win, 1 loss record and a second place standing. Team BC scores were: 14-4 over Nova Scotia, 8-6 over Alberta, a 10-2 drubbing to Ontario, 8-6 over the Iroquois, 15-4 over Quebec, 14-7 over Saskatchewan and 19-2 over Newfoundland. Team BC top scorers overall were Jeremy Boshier (15G, 13A), Tyler Vogrig (7G, 11A), Connor Robinson (8G, 7A) and Gord Phillips (9G, 5A).

Team BC met Team Alberta in the semi-finals and thumped the Albertans 13-5 en route to another gold medal match against Ontario. Team BC put forward a valiant effort before dropping a 9-5 decision to Ontario.

“We battled hard all week with only gold in mind,” stated Coach Milani. “Ontario was a good team and we lost to the better team that day. I'm proud of our team and what we learned at nationals.”

“I am so proud of what we accomplished this year with all Team BC teams,” commented Team BC Box Co-ordinator Mike Marshall. “Team BC is going in the right direction offering incredible experiences in athlete development that these young athletes will cherish for many years.”

## Team BC U16 Repeat



Team BC U16's win their second consecutive Alumni Cup National Title, this time in Ontario.



Team BC U19's finish with the bronze medal in the First Nations Trophy medal round.



By: LacrosseTalk Staff

Team BC Field U19 and U16's prepared for the 2012 Field Lacrosse Nationals with one goal in mind – GOLD! With high hopes leading into the Labour Day Weekend Classic, only one team would hit it rich.

The Alumni Cup and First Nations Trophy National Field Lacrosse Championships were held in Oshawa August 31-September 2, 2012.

Team BC U19 – The U19's trained well in preparation for nationals with gold on their minds after losing a close 13-12 decision to Ontario in the 2011 First Nations Trophy final on home turf.

The U19's ended up with a 4 win, 2 loss record. Team BC scores were: 27-1 over Nova Scotia, a 22-5 loss to Ontario, a 12-9 loss to Saskatchewan, 23-6 over Alberta and 25-2 over Quebec.

Team BC top scorers overall were Johnny Pearson (23G, 12A), Cody Nass (23G, 10A), Sam Clare (15G, 4A) and Mitch Parker (12G, 7A). Goaltender Connor Stroup won two games and allowed 7 goals in two games while fellow tender, Jake Moran, won two and lost two allowing 39 goals. Midfielder Sam Clare was the lone U19 selection to the all-star team.

Team BC was knocked out of the gold medal game due to their two losses and met Alberta for the bronze medal. Team BC

was never threatened in this match as they rattled off seven goals by six different scorers in the first quarter for a 7-0 quarter lead. The scoring continued in the second with BC making the score 10-0 before Alberta got on the board at the 10 minute mark, scoring three straight to end the second quarter in a 3-3 tie and an overall 10-3 BC lead.

Alberta's 7-minute offensive punch would be all they could muster with half the game left. Team BC scored nineteen unanswered goals by eight scorers in the second half en route to a 29-3 thumping of Alberta. Pearson, Buchan and Rahe scored 5 goals apiece while Nass ended up with 7 goals and 2 helpers for the win.

Not being in the gold medal match to avenge their 2011 loss to Ontario was a tough pill to swallow, but Coach Spaven took some solace in the growth of his young team.

“I am a little disappointed in our finish,” stated Coach Brian Spaven. “The Ontario team was probably one of the strongest teams I have seen. It would have been tough to beat Ontario in the final so it was sort of nice to come home with a win. I am very proud of the players as we were a young team and pulled it together after the back to back losses to win the bronze.”

Team BC U16 – The U16's ended up in first place after the round robin with a 3 win, 0 loss record. Team BC scores were: 17-3 over Team Iroquois, a 26-0 shutout versus Nova Scotia and 21-3 over Manitoba. Team BC top scorers overall over five games were Andrew Gresham (8G, 19A), Nick Preston (13G, 6A), Connor Leies (12G, 5A), Brodie Gillespie (12G, 3A) and Chase Malcolm (11G, 3A). Andrew Gallant led all goalies with

a 3-0 record allowing only 13 goals against for a 4.33 goals against average. BC's only all-star selection was attackman Andrew Gresham.

Team BC met Alberta in the semi-finals and simply kept rolling along. Nick Preston opened the scoring just eight seconds into the match making a statement early. Team BC scored early and often leading 5-1 after the first. BC again started the second quarter with a barrage of four straight goals before Alberta countered with one of their own ending the half at 9-2 BC. Team BC netted 8 unanswered goals in the last half to defeat Alberta 17-2. Brodie Gillespie was the top goal getter with four while Andrew Gresham added six helpers.

BC was in familiar territory in the gold medal match versus their 2011 opponent Team Ontario. BC opened the scoring two minutes into the game on a goal by Chase Malcolm. Ontario answered back with two of their own to take their only lead of the game before Tyler Vogrig and Andrew Gresham potted singles 34 seconds apart to end the first frame 4-3 in favour of BC. Ontario opened the scoring in the second to tie the game at 4-4, and then BC started to get on an offensive roll spreading the scoring out ending the half at 8-5 BC. BC traded goals in the third ending the quarter at 10-7, but Team BC's discipline play and well-rounded attack proved to be too much as BC called on five different scorers in the final half to go on to beat Ontario 14-8 and repeat as Alumni Cup National Champions – a feat BC has never accomplished until now under Coach Scott Browning's tutelage.

“What a great nationals tournament and championship,” stated Head Coach Scott Browning. “Our guys played extremely well -- they executed on our team strategies, and we were able to do what we wanted, when we wanted. It was a real team win!”

Browning was overly proud of his team and all the other support they received from his fellow coaches, equipment/trainer Jim, Team Manager extraordinaire Laura-Lea and to the parent group that looked after the food, water, transport, shade and fun departments. Without them, this repeat victory wouldn't have happened.

“Winning the first time [in 2011] was hard enough,” mentioned Browning. “It is an incredible result being able to repeat on the road. Our guys totally bought into the team systems and tactics we coaches put in place and executed these extremely well.”



# SUBWAY® BCLA Box Lacrosse Provincial Champions Crowned



Pee Wee A1 Gold - Port Coquitlam Saints.



Pee Wee A2 Gold - Penticton Heat.



Pee Wee B Gold - Peninsula Warriors.



Pee Wee C Gold - Penticton Heat.



Bantam A1 Gold - Langley Thunder.



Bantam A2 Gold - Port Coquitlam Saints.



Bantam B Gold - Chilliwack Mustangs.



Bantam C Gold - Campbell River Ravens.



Midget A1 Gold - New West Salmonbellies.



Midget A2 Gold - Cowichan Valley Thunder.



Midget B Gold - Shuswap Outlaws.



Midget C Gold - Kelowna.



Female Pee Wee Gold - Ridge Meadows. Burrards



Female Bantam Gold - New West Salmonbellies #1.



Female Midget Gold - Burnaby Lakers.



Female Junior Gold - New West Salmonbellies #2.

By: LacrosseTalk Staff

The 2012 SUBWAY® BCLA Box Lacrosse Provincial Championships took place during the month of July in four centres around BC. The 2012 Provincials had 114 teams with over 2400 athletes, coaches and volunteers participating in the championships.

The events and locations were: Pee Wee and Midget Provincials July 11-15 in Richmond and Port Coquitlam, the Female Provincials July 19-22 in Nanaimo and the Bantam Provincials July 26-29 in Burnaby.

The 2012 SUBWAY® BCLA Box Lacrosse Provincial medal winners were as follows.

Pee Wee Girls-Gold: Ridge Meadows, Silver: New Westminster #2, Bronze: Burnaby. Pee Wee A1-Gold: Port Coquitlam, Silver: New Westminster, Bronze: Coquitlam. Pee Wee A2- Gold: Penticton, Silver: Cowichan Valley, Bronze: New Westminster. Pee Wee B-Gold: Peninsula, Silver: Campbell River, Bronze: Delta. Pee Wee C-Gold: Penticton, Silver: Delta, Bronze: West Kootenay.

Bantam Girls-Gold: New Westminster #1, Silver: New Westminster #2, Bronze: Burnaby. Bantam A1-Gold: Langley, Silver: Coquitlam, Bronze: Ridge Meadows. Bantam A2- Gold: Port Coquitlam, Silver: Ridge Meadows, Bronze: Peninsula. Bantam B-Gold: Chilliwack, Silver: Juan de Fuca, Bronze: Saanich. Bantam C-Gold: Campbell River, Silver: Kelowna, Bronze: Cranbrook.

Midget Girls-Gold: Burnaby, Silver: Ridge Meadows, Bronze: Port Coquitlam. Midget A1-Gold: New Westminster, Silver: Port Coquitlam, Bronze: Coquitlam. Midget A2-Gold: Cowichan Valley, Silver: Kamloops, Bronze: Coquitlam. Midget B-Gold: Shuswap, Silver: Comox Valley, Bronze: Peninsula. Midget C-Gold: Kelowna, Silver: Surrey, Bronze: West Kootenay and in the Junior Girls-Gold: New

Westminster #2, Silver: Coquitlam #1, Bronze: New Westminster #1.

The SUBWAY® Team Sportsmanship award went to the Pee Wee C Richmond Roadrunners team, Female Bantam New Westminster Salmonbellies #2 team, the Bantam B Delta Islanders and the Sunshine Coast Rapids Midget C team.

The Warrior Tournament MVP's were as follows.

Pee Wee girls MVP-Paige Bell (Ridge Meadows), Pee Wee A1 MVP- Austin Wahl (Port Coquitlam), Pee Wee A2 MVP- Beau Chetner (Penticton), Pee Wee B MVP- Justin Reederker (Peninsula) and Pee Wee C MVP- Carson Shortreed (Penticton). Bantam girls MVP-Katie Browning (New Westminster #1), Bantam A1 MVP-Roman Pose (Langley), Bantam A2 MVP-Clark Walter (Port Coquitlam), Bantam B MVP-Jackson Boyd (Saanich) and Bantam C MVP-Nolan Fair (Campbell River). Midget girls MVP-Carlie Robinson (Port Coquitlam), Midget A1 MVP-Connor Robertson (New Westminster), Midget A2 MVP-Pollo Claxton (Cowichan Valley), Midget B MVP-Shuswap (Victoria-Esquamalt), Midget C MVP-Justin Algar (Kelowna) and Junior girls MVP was Toni Angell (Nanaimo).

A special thank you to SUBWAY® Restaurants of BC for being the title sponsor of the BCLA Box Lacrosse Provincial Championships including sponsoring the Meal Program offering a \$5 Cash Card to every athlete participating in the 2012 Provincials, as well as, the title of the Team Sportsmanship Awards; major sponsors Warrior Sports Canada for being the title sponsor of the Trix with Stix competitions, supplying the lacrosse balls, Fair Play hats, and tournament MVP packages; to Firststar Sports Inc. for being the title sponsor of the Firststar Game MVP award necklaces; to Silver Ridge Promotions for producing great hoodies and t-shirts for all lacrosse fanatics; and STA for assisting team travel for

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# ‘Bellies and Thunder Win Intermediate Titles



Intermediate A Provincial Champions - New Westminster Salmonbellies.

By: LacrosseTalk Staff

The 2012 Intermediate A and B provincials were held August 3-5 at the Burnaby Lake and Bill Copeland Arenas in Burnaby, BC. Eight teams competed in the round robin event with four teams in the A division and four on the B side.

This Intermediate A and B Provincial Championships proved to be very tight with the exception of only one lopsided score – a testament to great parity in the BC Intermediate leagues.

In Intermediate A action, New Westminster Salmonbellies and the Victoria Shamrocks advanced to the Intermediate a gold medal game with round robin records of 2 wins and 1 loss each. The ‘Bellies defeated the Shamrocks 12-9 in the gold medal game.



Intermediate B Provincial Champions - Port Moody Thunder.

New West redeemed themselves after a 15-12 loss to Victoria in round-robin action. In the Intermediate A Bronze medal game, the Coquitlam Adanacs outpaced the Richmond Roadrunners 16-9 to claim third place. In round-robin play, the Roadrunners had earlier handily beaten Coquitlam 10-4.

“The 2012 Intermediate Provincials once again provided some excellent, entertaining lacrosse,” stated BC Intermediate Lacrosse League Chairman Gene Regier. “The games went very well -- in my opinion, going into the Provincials, any one of these teams had a good chance to win.”

After a three-way round-robin tie-breaker between Intermediate B teams Coquitlam, Juan de Fuca and Port Moody with two wins

and one loss apiece, it was the Port Moody Thunder and Juan de Fuca Whalers who advanced to play in the Intermediate B gold medal game. The Thunder defeated Juan de Fuca 10-8 in an evenly contested gold medal game. Port Moody redeemed themselves after a 10-9 loss to the Whalers in round-robin action. This was the fourth year in a row Juan de Fuca was playing for gold, but this year, went home with silver. In the Intermediate B Bronze medal game, the Coquitlam Adanacs got revenge on the New Westminster Salmonbellies 7-6 to claim third place. In round-robin play, Coquitlam had earlier beaten New West 9-6.

“The Intermediate Provincials were a great success,” stated Intermediate B Commissioner Barb Laprise. “The fans enjoyed the games, and saw how competitive they were, with very close games.”

The 2012 Provincial Awards for the BC Intermediate A League are as follows. All-stars: Josh Bourne (New Westminster), Ryan Vogrig (Richmond), Jean Luc Chetner (Coquitlam),

Dan Sorensen (Victoria), Case McIntyre (New Westminster) and goaltender Michael Flintoff (New Westminster). Point Leaders: Matt Symes (Coquitlam). Sportsmanlike Player: Cody Nass (Richmond). Top Goalie and MVP: Michael Flintoff (New Westminster).

The 2012 Provincial Awards for the BC Intermediate B League are as follows. All-stars: Joel Trotter (Port Moody), Alex Mason (Port Moody), Liam Glavin (New Westminster), Teague Isbister (New Westminster), Graham Bates (Juan de Fuca) and goaltender Trace Birley (Juan de Fuca). Point Leader: Tyson Marsh (Juan de Fuca). Sportsmanlike Player: Conner Clough (Coquitlam). Top Goaltender: Jack Rooney (Coquitlam) and MVP: Ian Damberger (Port Moody).



Coquitlam Adanacs goalie Nick Rose wins trio of WLA awards including WLA MVP.

By: LacrosseTalk Staff

## WLA Announces 2012 League Awards



The Western Lacrosse Association announced the 2012 All-Stars and league awards.

The 2012 WLA First All-Star team is as follows. Goaltender - Nick Rose (Coquitlam). Defense - Brett Mydske (Langley) and Bruce Murray (Coquitlam). Forward - Dane Dobbie (Coquitlam), Scott Ranger (Nanaimo) and Corey Small (Victoria).

The WLA Second All-Star team is as follows. Goaltender - Zac Boychuk (Nanaimo). Defense - Ian Hawksbee (New West) and Brad Richardson (Coquitlam). Forward - Iilja Gajic (New West), Athan Iannucci (Langley) and Jeff Shattler (Victoria).

The WLA League Awards are as follows: Leo Nicholson Trophy-Outstanding Goaltender Nick Rose (Coquitlam), Ab

Brown Trophy-Most Sportsmanlike Team Burnaby Lakers, Ed Bailey Trophy-Rookie of the Year Cody Bremner (Nanaimo), Dorothy Robertson-Coach of the Year Bob Johnson (Burnaby), Norm Kowalyk Trophy-Executive of the Year Casey Cook (WLA), Maitland Trophy-Outstanding Play Sportsmanship Assistance to Minor Lacrosse-Cayle Ratcliff (Nanaimo), Commission Trophy-Most Valuable Player-Nick Rose (Coquitlam), Gord Nicholson -Defensive Player Brett Mydske (Langley), Three-Star Award-Jeff Shattler (Victoria), League Top Scorer: Scott Ranger (Nanaimo) and the Fred Wooster-Unsung Hero- Ian Poole (Langley).

Athan Iannucci  
Port Moody, BC

Tyler Richards  
Vancouver, BC

Lewis Ratcliff  
Victoria, BC

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# Fraser Valley Tops at BC Summer Games



Summer Games Box Lacrosse Gold - Zone 3.



Summer Games Field Lacrosse Gold - Zone 3



By: LacrosseTalk Staff

The 2012 BC Summer Games took place in Surrey on July 19-22, 2012.

Field lacrosse was played alongside box lacrosse in the team sports during the BC Summer Games.

A total of 12 lacrosse teams (6 box; 6 field) and over 225 athletes competed at the BC Summer Games which is one of the most represented sports by one association. Many coaches, officials and volunteers took part in the 2012 games; their hard work and efforts made this event the most memorable in years.

One of those volunteers, Greg Toll, has been the BCLA liaison with the BC Games for a decade. This tireless worker has built a great relationship between the BCLA and the BC Games. In his tenure, he has never seen the parity of all competing teams be so tight.

"This year's games were some of the closest that I have seen – there were four top teams that fought it out all weekend," stated Toll. "To have four teams all within one goal of each

other fighting to get into the gold medal game, I have not seen in all the years I have done this. The teams from Zone 8 and Zone 1 were also competitive as well."

Six zones were represented and competed in box lacrosse and in field lacrosse. This is a testament to all the hard work and development by lacrosse volunteers around BC.

The Box Lacrosse Blue Pool included Zone 1 (Kootenays), Zone 2 (Thompson-Okanagan) and Zone 3 (Fraser Valley) and the Green Pool included Zone 4 (Fraser Valley-Delta), Zone 6 (Vancouver Island-Central Coast) and Zone 8 (Cariboo-North East). In field lacrosse Pool A included Zones 2, 3 and 5 while Pool B was Zones 4, 6 and 8.

Box game scores were as follows: Zone 6 7-4 over Zone 4; Zone 3 9-7 over Zone 2; Zone 4 17-3 over Zone 8; Zone 3 15-2 over Zone 1; Zone 6 17-2 over Zone 8; Zone 2 13-6 over Zone 1; Zone 3 8-7 over Zone 4 (2OT); Zone 6 10-9 over Zone 2; and Zone 8 11-4 over Zone 1. In the box medal rounds, Bronze Medal Game Zone 4 defeated Zone 2 10-7 and in the Gold Medal Game, Zone 3 edged Zone 6 8-5 to avenge the gold medal loss from the 2010 Games.

Field game scores were as follows: Zone 3 14-0 over Zone 5; Zone 4 21-0 over Zone 8; Zone 5 7-5 over Zone 2; Zone 6 21-0 over Zone 8; Zone 3 15-0 over Zone 2; Zone 6 9-6 over Zone 4. In the semi-finals, Zone 3 9-8 (OT) over Zone 4 and Zone 6 13-5 over Zone 5. In the field medal rounds, Consolation Game Zone 2 16-3 over Zone 8; Bronze Medal Game Zone 4 defeated Zone 5 6-5 and in the Gold Medal Game, Zone 3 handily beat Zone 6 9-2 for the gold medal.

"Surrey did a great job hosting the games – the volunteers both at our venue and in the other event centers did a great job," mentioned Toll. "Of course our lacrosse volunteers and the staff at the arena made it easy just to concentrate on the games themselves and not worry about the mechanics of putting on the games. My thanks goes out to them and specifically Trevor Young, our Sport Chair at these games and the volunteer team that ran our venue. They put in many hours and always seemed to be willing to do anything that needed to be done."

Congratulations to all the players, coaches, officials and volunteers who worked endless hours to make these games a memorable experience for all.

## Foundation Supports Athletes for U19 Men's World Championships

By: Jane Boutillier



The 2008 U19 World Lacrosse Foundation is proud to announce that five recipients will be awarded funding through the Foundation's annual grant distribution program.

This year the Board of Directors were faced with the highest number of applicants since its inception. After much deliberation the Foundation selected 4 high performance athletes who are striving to compete at international, national and elite levels. Additionally, the board granted funding to one minor lacrosse association that is determined to revive a dormant field lacrosse club in their community.

The 2012 recipients are: Reegan Comeault (Team Canada) 2012 FIL U19 Men's World Championships, Jonathan Rachfall (Team Germany) 2012 FIL U19 Men's World Championships, James Rahe (Team BC) 2012 First Nations Cup, Tanner Rennich (Burnaby Mountain Selects Senior Elite) and Vancouver Killarney Minor Lacrosse Association.

The board would like to congratulate the recipients and extend a thank you to all applicants.

The application deadline for next year's awards is May 31, 2013.

Potential candidates for the award can find detailed information on the 2008 U19 World Lacrosse Foundation's website [www.2008worldlaxfoundation.com](http://www.2008worldlaxfoundation.com)

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# Another Wild BCJALL Season

By: Brad Challoner. Twitter @laxcaster

It's only a four month long season in the BC Junior 'A' Lacrosse League. About half the length of an average school year, and double the length of an average BC summer. Usually about 120 days. But the 120 days that made up the 2012 season made some of the best Junior 'A' lacrosse we've seen in years. For the first time since 2009 the Coquitlam Adanacs were challenged at the top. For the first time in history the Delta Islanders made it to the BC Championship series and an Islander won the league's MVP award. Superstars emerged, the standings were rolled like a game of craps and new eras started in a few different towns. 2012 in a word was insane.

Let's start with the Delta Islanders. They went into the season with eleven rookies, a brand new head coach also knowing their best player would miss half the season with NCAA commitments. They ended the season with a franchise first 2nd place finish, a first round-playoff bye, an appearance in the league finals, and the league's Top Defender and MVP.

Head Coach Shaun Springett changed the culture in Delta from a group of crash and bang small-town underdogs, to a legitimate textbook competitive lacrosse club. The rookies were eager to learn how to play lacrosse at the highest level and Springett molded eleven minds into wise lacrosse players.

The veterans bought in as well. Cody Hawkins received league wide recognition as the Top Defenseman and Mike Mallory, after a winter playing on the NLL Washington Stealth's practice roster, took what he learned from the pros and lit up BCJALL goaltenders to the tune of 35 goals and 74 points en route to the league's MVP award – the first ever Islander to win the award. And though they we're

winning without him, when Logan Schuss returned mid-season from Ohio State University -- he along with Mallory formed one of the best duos in the country. Logan averaged 6.2 points per game in the regular season and playoffs.

After their first round bye, the Isles were behind 2-0 in a best of five series with New Westminster before battling back and winning three games straight and heading to their first ever league final where they fell to the Adanacs in five games. After the best season in ten years as a franchise, Springett and his eleven rookies are on the right track to surpass even that in 2013.

The other franchise that made major leaps in 2012 was the Langley Thunder. Like Delta, they entered the season without their best player, they also had a new coach and a batch of young moldable minds. With lacrosse media magnate Jake Elliott at the helm of the team, the Thunder cruised to two wins over league champs Coquitlam, had a home-floor playoff advantage and even won a first-round battle against Port Coquitlam before being swept by Coquitlam in round two.

Much like Springett, Elliott turned the Langley Thunder into a team that was no longer an easy two points on the schedule. The Thunder turned gritty, and learned about the taste for winning they'd been lacking in previous seasons. 2011's League MVP Reagan Comeault missed most of 2012 with NCAA and World U-19 commitments and with a full schedule underneath him can be one of the best players in BC. Elliott spotted potential and is making young stars out of Brandon Bull and Brett Dobray. With an off-season committed to training, 2013 could be a battle at the top between Langley and Delta.

In somewhat a changing of the guard, the two most traditional logos in the league, the Victoria Shamrocks and New Westminster Salmonbellies had mediocre seasons. The Shamrocks grabbed the 6th and final playoff spot, which was their worst showing in over a decade. They will have a new coach in 2013 in Nirmal Dillon to try and restore some pride on Vancouver Island. And though the Salmonbellies finished in 3rd place, fans expected more out of the most veteran laden team in BC.

Calgary Roughneck goaltending prospect, the 6'4" 300 pound Frankie Scigliano stood tall and wide for the 'Bellies but lack of a killer instinct kept them away from a 4th straight league finals appearance. With eleven graduating players it might be the end of an era that never was for New West.

Which brings us to the Coquitlam Adanacs. It wasn't the easiest or cleanest path to their 4th straight league championship and Minto Cup appearance, but this time they needed perseverance to get there. Curt Malawsky wasn't behind the bench any more. Robert Church, Ben McIntosh and Wesley Berg were to miss large chunks of the season. Goaltending was to be a question mark. Those were all reasons that the Adanacs were to fall from the top in 2012, but none of those reasons took.

In the absence of the three-headed beast, Church-Berg-McIntosh for most of the season Marty Dinsdale took the reigns and played MVP caliber lacrosse. He led the league with 95 points but was happy to slide back into a role player when the big three re-emerged for the playoff run. Management searched Ontario and acquired another 6'4 300 pound goalie in David DiRuscio. Though he backstopped the league's best defense, he still only allowed


4.32 GAA per game, which is a number some hockey goalies would be jealous of.

The coaching question marks were answered as well, but by the players. First year coach Neil Dinsdale was behind the bench, but he's the first to say that it all came down to the players on the floor. Despite some regular season hiccups, one cannot underestimate experience at the junior lacrosse level and when the A's hit their stride in the playoffs it was almost terrifying for other teams to watch. They cruised through two rounds of BC playoffs before capturing their 4th straight league championship and stamped their plane tickets to Whitby, Ontario for the Minto Cup.

In Whitby, the A's would meet the Orangeville Northmen in the Minto Cup final for a rematch of the 2010 national championship that Coquitlam won. This year Orangeville was out for revenge and swept the A's in a best of three Minto Cup finale and won their 3rd cup in 5 years. A handful of A's including Church, McIntosh, Dinsdale, Jeff Cornwall and Kevin Nuefeld ended their junior careers with four Minto experiences which makes them battle ready generals when they enter the next level in their lacrosse careers.

British Columbia is producing some of the best lacrosse players in the game today, and judging by the compete level fans watched this past season, we could be closer than ever to an all BC Minto Cup final in 2013 when the tournament will be hosted on the west coast. The Islanders and Thunder are surging. The Adanacs will return ample bodies, while the Salmonbellies and Shamrocks will be looking at bounce back seasons next year. It's clear that whatever team emerges from BC will be ready to bring the Minto Cup back to the province.

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# Coquitlam Adanacs 2001 Mann Cup Team Enters CSHoF



The 2001 Coquitlam Adanacs won their first Mann Cup title over Brampton Excelsiors.

By: Stan Shillington

It was a 37-year - long road of relative success -- but a route ultimately detoured by ruts of unfulfillment and failure.

A journey of achievement was just beyond reality.

But, on September 13, 2001, the Coquitlam Adanacs reached the destination of success -- the coveted Mann Cup, emblematic of the Canadian senior box lacrosse supremacy.

The Adanacs overcame a two-game deficit to beat the spirited Brampton Excelsiors four games to three, taking the final contest 10-9. And then the champagne bubbled from the golden cup.

The Adanac name (Canada spelled backwards) is not new to the game of lacrosse -- the New Westminster Adanacs operated between 1933 and 1941 and again from 1945 and 1950. The name

was then hibernated until a handful of ex-members decided in 1965 to back an expansion franchise in Coquitlam.

Success was relatively swift with the Adanacs capturing the 1966 league title; however, Vancouver bested the new boys in town to represent B.C. in the national championship. Upcoming seasons had similar results -- topping league play in 1969, 1980, 1981 and 1985, only to stumble in the playoffs. A Nations in ‘80 title in 1980 gave little consolation.

Then, in 1988, second-place Coquitlam turned the tide on New Westminster to win the right to vie for Mann Cup glory against Brooklin. But it was not to be; nor was it any better in subsequent attempts against Brampton in 1993 and 1998.

Now the 2001 season had arrived -- a new century, a new beginning; however, in the shadow of Victoria’s undefeated (19-0-1) season, Coquitlam was a poor four and six at the halfway point. There was a hole in the defensive wall that required immediate repairs. Coach Bob Johnston and manager Les Wingrove solved the problem with the additions of Andy Ogilvie, Glenn Clark and Kevin Brunsch. What a change! Coquitlam went eight and two the rest of the season, then beat New Westminster four straight and Victoria in six to take the B.C. title.

Coquitlam was off to the Mann Cup for the fourth time in 37 years of life.

Despite a determined effort, the Adanacs stubbed their toes in the first two matches against Brampton, losing 9-6 and 9-5. Obviously, the Adanac offence had to get untracked -- 18 of the 20 league and playoff victories came when Coquitlam accumulated 11 or more goals.

Games Three and Four went to Coquitlam and, yes the offence did its job, 13-5 and 12-8. With the next two games split -- 17-9 Brampton and 15-10 Coquitlam -- the stage was set for the first seven-game Mann Cup finals since 1987.

Coquitlam managed only four markers in the first 40 minutes but continued to press an attack. With six minutes remaining, the score had narrowed to 9-8, Brampton still clinging to a lead. The words “Last minute in regulation time” were still echoing in the arena when Dan Stroup took a feed from Kim Squire and blasted a long howitzer past a screened Bob Watson.

Game tied! The 4,500-plus screaming fans were preparing for overtime when Ogilvie snagged a loose ball and fired it up to Squire who, in turn, set up ‘Hollywood’ Colin Doyle for the winning goals with just 35 seconds left on the clock -- a movie-script ending with Doyle playing the hero’s role.

And the script had its share of sub-stories:

Coquitlam netminder Dallas Eliuk beamed through his second championship in four months. Dallas backstopped Philadelphia to the National Lacrosse League title that May and then drank from the Mann Cup in September. But wait, there’s more - Dallas was the NLL playoff MVP and repeated the feat in the WLA post-season play.

Brampton netminder Bob Watson also toiled for the Toronto Rock in the NLL. His Toronto teammates include Colin Doyle, Kim Squire, Glenn Clark, Dan Stroup and Pat Coyle, all of who were instrumental in Coquitlam’s victory.

For 36-year-old Andy Ogilvie, it was his swan song from the WLA. And what a way to end a glorious career! Andy started the play that led to the winning goal, he picked up his third Mann Cup ring (the first two with New Westminster) and he was named the 2001 Mike Kelly MVP winner. Coquitlam, at last, had reached the pinnacle of success enjoyed in 1939 and 1947 by its, namesake, the Adanacs of New Westminster.

In June 2012, the Canadian championship team was inducted into the Coquitlam Sports Hall of Fame.

## 1953 Minto Cup -- Courage Over Adversity

By: Stan Shillington

The 1953 Minto Cup championship series was enough to make a team sick to its stomach.

Literally!!!!

Halfway through the national playoffs, with a two games to nil lead, the New Westminster Salmonacs were struck down by a serious case of food poisoning.

An unbeaten, season’s record was halted at 26 games, but could the Canadian title still be there for the taking?

Indeed, it could -- and the plucky Royal City lads did just that.

The road to success began months earlier with New Westminster in the midst of rebuilding its minor lacrosse picture. Ex-Adanac great Ralph Douglas was appointed coach of the city’s junior squad, assisted by general manager Al Browning.

After compromising the Salmonbellies and Adanacs’ names into Salmonacs, the local players were joined by youngsters from Newton and Chilliwack.

Success was immediate. The team raced unbeaten through the 18-game schedule and, after breezing through the league playoffs, was ready for the train-trip East. Before taking on the Ontario champions, the Salmonacs had to stop off in Winnipeg for a two-of-three game series against Manitoba’s best.

Overcoming the hazards of playing on a slippery, cinder floor in an outdoor lacrosse box, the visitors took the first game A 20-15 and the second 18-7.

It was now off to Ontario to meet the Long Branch Monarchs. If the playing conditions in Winnipeg made GM Browning unhappy, the venue for a Canadian championship made him furious.

All games were to be played in Mimico at the outdoor Mimico Bowl which had a dirt floor and an old wooden boxcar for a dressing room. The facility had only a couple of benches and

no training table or showers.

The CLA was criticized for allowing the games to be played under such conditions, but the complaints went unheeded.

And, so, on to Game One. Seven minutes into the contest saw goalie Ron Delmonico -- one of two players picked up by Salmonacs for the tournament -- struck on the head by a shot.

He was replaced by Wally Davis, but was able to return by the third period.

Down by one goal with less than two minutes to play, Barry Pfaff, the second pickup player, notched a tying goal. The Westerners outscored Long Branch 3-1 to take the overtime victory 16-14.

Fed by Noble Collins’ five goals and Cliff Sepka’s three-goal, six assist performances, New Westminster took Game Two with a convincing 14-10 victory.

With two games up in the best three-of-five series, Salmonacs enjoyed a trip to Niagara Falls, a tour of the Goodyear Tire plant and then a banquet hosted by Brampton lacrosse officials.

In Game Three the following day, the New Westminster boys lacked any energy and several felt ill to the stomach. Long Branch’s 16-6 victory brought the Royal City win streak to a sudden end.

By the time the club returned to its lodgings, the players had become violently ill. The entire team was rushed to hospital.

Only player Don Frey and trainer Paddy O’Hunter, both of whom had not attended the banquet, were spared sickness.

Toronto health officials later traced the food poisoning, which also hit 17 Brampton lacrosse officials, to the banquet the previous evening.

The fourth game had been scheduled for Saturday, but doctors warned the victims were in no condition to play and would take a week to regain their strength. The game was rescheduled from Saturday to Monday, then to Tuesday.

Still feeling the effects of the poisoning, Salmonacs, nevertheless, gave an inspirational showing in Game Four, losing on a Norm Neave goal with 1.5 minutes left.

The fifth and final game of the series, played Thursday, was a remarkable display of courage and determination.

The Western boys began slowly, outshot 18-4 in the first period, but behind goalie Delmonico’s performance, managed to take a 3-2 lead. The match remained close throughout, entering the last quarter tied 7-7.

The Salmonacs then caught a second wind and raced to a convincing 14-8 victory and, proudly, the Minto Cup.

A huge crowd welcomed home champions when their train pulled into the New Westminster depot. A parade followed, and then a banquet (of healthy food) -- an incredible showing of civic pride for the courageous young men:

Cliff and Don Sepka, Jack Barclay, Ivan Stewart, Stan Cowie, Doug McRory, Ron Delmonico, Noble Collins, Barry Pfaff, Murray Duncan, Max Skinner, Don Frey, Don Martin, Harry Kelleher, Alfie Angell, Wally Davis, Jack Faulke, and Harry Stewart.

## Victoria Women’s Lacrosse Growing

By: Linda Jenner

Leies, Alexander, Jenner, Dillon, Dennett -- when you hear these names in the realm of lacrosse you think Victoria Shamrocks and box lacrosse. This may have been true in years past, but not so much anymore. With the passing of time, each of these players became a father to at least one daughter, and now it is all about the girls.

These girls have all become a part of the Victoria Women’s Field Lacrosse program, which runs from April to July. This program has been in existence for many years with the senior women playing the majority of those years. In the past decade they have brought a huge influx of youth players to the field and now the game is booming due to the fruits of their labour.

Currently the VWFL association has 97 athletes -- six teams with ages ranging from 8-53, with the bulk of these players falling into the U-11 and U-14 divisions. The association had an increase of 45 percent the past year with no signs of letting up.

The U-11 and U-14 divisions consist of four teams, the Victoria Ripples, Westshore Ripples, Victoria Waves and Westshore Waves. These teams practiced each week and played games on Saturdays against each other, as well as Cowichan and teams from Snohomish, Washington. The U-14 girls had an all-star team participate in exhibition games at the 2012 Summer Slam this past August against a Vancouver area team. The girls are coached by volunteers and are assisted by teenage members of VWFL eager to learn coaching skills.

The U-18 team, the Breakers, continues to work hard on and off the field and participated in the much-anticipated Cascade Cup in Snohomish (WA) this year. The girls had an excellent showing and also had a ton of fun on this trip.

The senior women’s Tsunami team has been participating in the Northwest Women’s Lacrosse League with teams from BC, Washington and Oregon from March to June. The women finished their season at the Summer Slam event in August and some will compete in the Hawaii Invitational tournament in Oahu this October.

The tireless efforts of the many women that have come through this program have allowed for the growth and opportunity for our younger players. These women have also given the girls something to aspire to. The VWFL is a fantastic organization that sees the big picture for women’s field lacrosse in BC and the potential to develop national level players.

The growth of the athletes in this club has been extraordinary. These girls aspire about playing at a university lacrosse program and for Team Canada someday. Inspired by the fact that Canada will be hosting the women’s World Cup in 2013, sights have been set high and an incredible work ethic has been discovered. The Victoria girls are going places with this game and the future is very bright.

With the “famous” fathers on the sidelines cheering their girls on the game of lacrosse continues to grow on Vancouver Island, but this time the venue is outside, on the turf, with skirted players, sporting only a mouth guard for gear. The look of the game may be different, but one thing holds true, these girls love the game as much as their fathers and their passion will keep this game moving forward.



# Women’s Field Lacrosse Instructed by D1 Coach



Northwestern Coach Danielle Spencer (centre) instructed over 40 BC women field players.

By: Anna Nickle & Brad Hara

Women’s field lacrosse in Metro Vancouver has taken steps in growing the sport and successfully competing at high levels. Two events this summer saw the women compete at the Cascade Cup and attend training sessions with a Division 1 NCAA coach.

2012 Cascade Cup - Thirteen gifted athletes participated in the Cascade Cup in Snohomish, Washington this past July 28 and 29. Their efforts were awarded by winning the High School Division 1 portion of the tournament.

It was a last minute decision to field the team which was assembled in a little over 24 hours. The team had no name (the tournament organizers named them “Canada”) and no uniforms (they eventually played with homemade uniforms). With only one spare, the girls knew it was going to be tough to compete, but it was the experience they looked forward to. Their play improved with every game and they never gave up, battling back in every game to overcome early deficits.

After round robin play, the team advanced to the playoff round, with one win, one tie and one loss, seeded sixth in their division. They then dispatched X Team Blue, 8-6 and moved on to the semi-finals. This game proved to be the game

of the tournament against the Seattle Starz U17 team (#2 seed) -- a team that Canada had lost to in the round robin. The score went back and forth with Seattle gaining a late 12-9 lead with little time remaining. The BC girls rattled off four unanswered goals to win 13-12 and stun the Seattle girls and their fans.

In the finals, Canada played the Northwest Rippers (#4 seed). The game got off to a rocky start and Canada was down 3-0 early in the match.

Canada never lost their composure and before half time they took control of the game, scoring seven unanswered goals and eventually won 12-7.

Congratulations to Jenna Andres, Kyra Bradley, Sydney Hara, Gabby Jones, Anastasia Kalyta, Erika Mackenzie, Mary McQueen, Chalane Morrison, Mackenzie Roland, Shaya Sandhu, Morgan Sherley, Lauren Stewart and Chelsea Weisgerber. And thanks to the coaching staff and management, Brad Nickle, Carlanna Thompson and Sarah Jones.

Northwestern Camp – The girl’s field lacrosse hosted Danielle Spencer, assistant coach with Northwestern University, for an instructional camp on August 25-26 at Town Centre Fields in Coquitlam. Jenna Nickle, Sarah Walters, Carlanna Thompson and Gabby Jones assisted in the development camp.

Forty-two female field lacrosse athletes from throughout the Lower Mainland were put through their paces. They ranged in ages from U-12 through to U-19. Some were absolute beginners who learned basic stick skills, while others were more experienced players who learned offensive and defensive strategies. The participants also learned about the recruiting process for US universities and colleges. Everyone had a great time.

Danielle Spencer played for the Northwestern Wildcats and won multiple NCAA Championships, was a two time All American, is currently a member of the US Lacrosse Team and is the former assistant coach with Stanford University.

Thanks to Danielle, as well as to Brad and Anna Nickle for their work in bringing Danielle to Coquitlam and to the Coquitlam Adanacs for their financial support.

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## 2012 SUBWAY BCLA Box Lacrosse Provincials All-Star Teams

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Sidney Roy (Coquitlam #1)  
Kirsten Walter (Coquitlam #2)  
Jessica Goodwin (New West 1)  
Kirsti Shanks (New West 2)  
Janine Armstrong (Port Coquitlam)

**Female Midget All-Stars**  
Kaitlyn Yan (Burnaby)  
Jenna Rafter (Nanaimo)  
Ashley Smith (New West 1)  
Jenna Chernoff (New West 2)  
Carlie Robinson (Port Coquitlam)  
Regan Eaton (Ridge Meadows)

**Female Bantam All-Stars**  
Kirsten Geyer (Burnaby)  
Taylor Olsen (Nanaimo)  
Katie Browning (New West 1)  
Keeley O'Neill (New West 2)  
Adele Berg (Port Coquitlam)  
Candace McDole (Ridge Meadows)

**Female Pee Wee All-Stars**  
Emma Regan (Burnaby)  
Hope Pay (Coquitlam 2)  
Sarah Ferguson (Nanaimo)  
Andreea Serbanescu (New West 2)  
Megan Morris (Port Coquitlam)  
Mykhaela Johnson (Ridge Mdws)

**Midget A1 All-Stars**  
Ryan Sinkie (Coquitlam)  
Liam Finnigan (Juan de Fuca)  
Connor Robertson (New West)  
Sam Degroot (Port Coquitlam)  
Brendon Green (Ridge Meadows)  
Nick Preston (Saanich)

**Midget A2 All-Stars**  
Marcu Vela (Burnaby)  
Connor Lovely (Chilliwack)  
Dylan Hoy (Coquitlam)  
Taylor Martin (Cowichan Valley)  
Jeremy Boshier (Kamloops)  
Dylan Hiemstra (North Okanagan)  
Graydon Bradley (Port Coquitlam)  
Chandler Bradley (Richmond)

**Midget B All-Stars**  
Alec Molander (Comox Valley)  
Kyle Geere (Delta)  
Brandon Dickson (North Delta)  
Aubrey Rice-LaFortune (Peninsula)  
Lucian Serban (Port Coquitlam)  
Trevor Clark (Prince George)  
Jordan Acs (Ridge Meadows)  
Justin Backus (Shuswap)

**Midget C All-Stars**  
Justin Algar (Kelowna)  
Tye Petty (Mission)  
Jayden Kambietz (Nanaimo)  
Krauzby Rea (Quesnel)  
Joseph Beckman (Sunshine Coast)  
Steven Miller (Surrey)  
Billy Chridaris (West Kootenay)  
Riley Lawryk (Williams Lake)

**Bantam A1 All-Stars**  
Tavin Grant (Burnaby)  
Reid Browning (Coquitlam)  
Ryan Atkinson (Juan De Fuca)  
Roman Rose (Langley)  
Cameron Molesworth (New West)  
Mackenzie Rope (Ridge Meadows)

**Bantam A2 All-Stars**  
Matthew Smigel (Coquitlam 2)  
Kaiden Merz (Kamloops)  
Kieran Mackay (Kelowna)  
Nathan Mckiegan (Mission)  
Nicholas Murray (Peninsula)  
Clark Walter (Port Coquitlam)  
Jared Stevens (Prince George)  
Dylan McIntosh (Ridge Meadows)

**Bantam B All-Stars**  
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Marhsall Pay (Comox Valley)  
Bentley Barrados (Delta)  
Christopher Reid (Juan de Fuca 2)  
Taylor Pencer (North Delta)  
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Drew Bannister (Shuswap)  
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Nolan Morrison (Campbell River)  
James Rota (Cranbrook)  
Hayden Siltberg (Delta)  
Hunter McSeveney (Kelowna)  
Adam Hannesson (Langley)  
Alexander Gibbins (Mission)  
Tevin Norris (Peninsula)

**Pee Wee A1 All-Stars**  
Connor Wilson (Juan de Fuca)  
Ian Hunter (New Westminster)  
Graeme Getty (Saanich)  
Austin Wahl (Port Coquitlam)  
Daniel Miller (Coquitlam)  
Aiden Murphy (Ridge Meadows)

**Pee Wee A2 All-Stars**  
Bryce Mackenzie (Mission)  
Tyler Pongracz (New Westminster)  
Diesel De Guzman (Richmond)  
Colin Jeffrey (Cowichan Valley)  
Ben Steinkempff (Coquitlam)  
Beau Chetner (Penticton)  
Justin Cloete (Ridge Meadows)  
Haideen Dickson (North Delta)

**Pee Wee B All-Stars**  
Bryce Turkeo (Campbell River)  
Adam Bland (Juan de Fuca)  
James Greig (Delta)  
Lucas Dancs (North Shore)  
Dhillon Smith (Port Coquitlam)  
Max Sverdrup (New Westminster)  
Rylan Brownlee (Kelowna)  
Justin Reedeker (Peninsula)

**Pee Wee C All-Stars**  
Eric Reid (West Kootenay)  
Kahill Fontana (Cowichan Valley)  
Daniel Waibler (Vancouver)  
Ryan Guhl (Burnaby)  
Coleton Forrester (Richmond)  
Oliver Wickett (Delta)  
Piper Dallamore (Juan de Fuca)  
Trenten Hensen (Penticton)



# Coaching TIPS 101

## Field Goaltending

By: Jeff Gombar

With over 300 Canadian athletes competing in NCAA Division I, II, and III lacrosse programs, there is a heightened awareness to better train our athletes in preparation for the grueling college lacrosse recruitment process. Similar to box lacrosse coaches, field lacrosse coaches look to increase their knowledge to best prepare their athletes for the field of play. With additional resources, one can continually learn, become a better coach and make the lacrosse experience a lasting one!

Field lacrosse continues to be the fastest growing sport in North America, albeit mainly to the explosion of the sport south of the border. More and more, less traditional schools are starting new lacrosse programs at schools you would least expect, with majority of these institutions starting up new women’s lacrosse programs. The opportunities for our athletes to play NCAA college lacrosse are endless!

Our latest topic will be on field lacrosse goaltenders. Much like box goaltenders, field goaltenders training tends to get overlooked when a roster includes approximately twenty players and one goaltender.

It is imperative that field coaches just don’t throw the goalie in the net and leave them to field hundreds of unrealistic shots – many of the type of shots that would not be faced in real game action.

This discipline requires so much more teaching between the pipes than simply placing a well-padded body in a 4 by 4 net. Can you imagine telling someone to fix a leaky faucet without any tools? Similarly, can you imagine how a goalie feels being thrown into the goal without the proper tools on how to stop a ball? We need to give field goalies direction on how to play the position to make this experience a positive one.

Role of the goaltender. The goaltender is the most important position on any team. Goaltenders are a Stopper (save the ball); a Communicator (extra set of eyes for the defense); a Defender ( loose balls and passing for transition); and the last line of defense (the ball stops here). Goalies are human and will make mistakes like any player on your team, but we all notice when a goal is scored because the ball gets past the goalie. Remember it is a team game!

## Coaches Corner

### Wheelchair Lacrosse

By: Duane Bratt, CLA National Resource Person

In the course of recent decades, a vast array of sports and physical activities traditionally available only to able-bodied athletes have become accessible to persons with disabilities at both the recreational and competitive levels. Some individuals may have been born with a congenital disability, while others may have acquired their disabilities later in life. Regardless of the origin of their ability or disability, Canadians who pursue sport and physical activity deserve to have a pathway to help them achieve their goals, whether they pursue excellence and high performance or simply aim to be active for life. Unfortunately, there are few, if any, opportunities for disabled athletes to play lacrosse. This is why the CLA is designing a wheelchair lacrosse program.

Wheelchair lacrosse was developed in San Diego by a group that calls itself the National Wheelchair Lacrosse Association (NWL). It uses wheelchair basketball chairs and is a fusion of box and field. The game is played 7-on-7 and uses a standard hockey net. It currently uses field rules with as few modifications to able-

A good start to basic goaltending is with the stance (or ready position) and on stopping the ball (step, body and balance). The stance, or ready position, can be mastered with practice and must become automatic. Without a proper stance, a goaltender will be ineffective. The proper stance is an open, comfortable position allowing quick free movement.

Let’s break down the parts of the body and how the stance best works. The feet are shoulder width apart (or the width of the goal stick head apart) and standing on the balls of the feet (neither toes nor heels) with the toes slightly pointed out. The knees are slightly bent with the back erect with shoulders square to the shooter. Arms are loose and away from the body with elbows pointing out away from body. The goalies head is up and the eyes should line up with your top hand with the thumb always pointing to the ball.

When holding the stick, grip the shaft with both hands and hold the stick in front of body angled slightly across the body to the left or right side of the goaltender’s head (depending left or right handed). Place the top hand on the shaft near the neck of the stick and the bottom hand 8-10 inches from the butt end of the stick (nipple distance apart is a good gauge). Turn the hands on shaft so you can “point” your index fingers at a shooter. Be sure the wrists are behind the shaft with the top hand at eye level and the thumb pointing at the ball in the shooters stick – the bottom hand out on the stick is slightly angled out from the body out front of the top hand (butt end away from body). Ask your goalie to “tell time” to confirm bottom hand is out enough to be able to read a watch. Each goalie has their own comfort zone and the way they face the ball. But if you continually remind the goalie about EYE, THUMB, BALL, their stance and stick positioning will be in fine shape.

Proper placement of the head of the stick is so important in order to cover as much of the goal area as possible. In the ready position, the head should not be high above the cross-bar or to the side of the body outside the posts or even in front of the goaltender’s body. The head of the stick needs to be placed to the left or right of the ear and slightly away from the body. This offers the maximum area of the goal to be covered by the head and in a great position to react to any high or low shot, let alone pass and catch the ball between defenders.

bodied rules as possible: 2 attack, 2 defence, 2 midfielders, and 1 goalie are used; off sides apply just like in field lacrosse; the nets are moved farther from the boards than in hockey or box lacrosse to allow for more room to move behind the net (a common strategy in field lacrosse); fouls are similar to field lacrosse; goalie wears field goalie equipment. Although, the CLA recommends that box goalie equipment is used instead; a no-bounce indoor ball is used; a regular head is placed on a goaltender shaft for defensemen so they can have longer sticks, similar to long poles in field; and carpenter kneepads are put on top of the knees to protect them from slashing.

Other characteristics include: officials are not necessarily in wheelchairs; strategies are adapted from basketball, box lacrosse, and field lacrosse; lots of passing and catching on the fly; and there is currently no formal coaching development system.

In 2011, a group from the NWL played two exhibition games at the Ontario Lacrosse Festival against able-bodied teams (Six Nations Arrows and NLL All-stars). As a result, there is now a group in Ontario that is promoting wheelchair lacrosse. The target audience is



Photos: Jim Gow

**Field Lacrosse Goaltenders face an average of 30-45 shots directed towards the goal with only 15-25 shots on the goal per game.**

Stopping the ball. Now that your goalie has a good solid stance, let’s stop the ball. Goaltenders use their body and stick to stop the ball, however, it is important to understand how and when to use the different body parts and stick to block shots. Stopping the ball originates from the ready position moving in a lateral manner to ones left or right to get in the path of the ball being shot at the net. First and foremost, shots should be stopped with the stick.

The goalie must be in the ready position like a coiled spring ready to uncoil and attack the ball. Always lead with the hands, punch your top and bottom hands out and step towards the trajectory of the ball (left side or right). All shots should be initially stopped with the stick and back yourself up with the body. Once the step motion starts the body must follow and maintain a square position to the ball in order to block the ball if not successful with the stick. It is important to maintain balance staying on two feet in order to react to a pass, rebound or another shot.

Goaltenders face both high and low shots. High shots are similar to playing pass with the opponent. The goalie should anticipate the trajectory the ball will travel, step to that area, lead with the hands and meet the ball with the head of the stick. A key to the success of this is to follow the ball in the opponent’s stick to anticipate where the ball will travel.

Low shots or bounce shots are the most difficult for goaltenders to stop. The goalie must step to the area where the ball makes contact with the ground -- punch the top hand toward the ball, place the head of the stick into the ground while keeping the shaft at an 80 degree angle towards the shooter. This allows for the ball to deflect into the ground, rather than back into play. The eyes must follow the ball into the stick, the body stays square to the ball and the goaltender must keep balanced on two feet. The goaltender must keep their head down and eyes on the ball in order to follow the ball into their stick or body.

Last pointer -- if the shooter’s stick is in a high position, the shot will likely be to the upper areas of the net; conversely, if the stick is in a low position, the shot will likely be to the lower areas of the net or a bounce shot. Remember the words STEP, BODY, BALANCE as a reminder in stopping the ball!

The final point I’d like to drive home is the importance of warming up your goaltender correctly and in a systematic manner to best prepare them for practices and games. It is not like box lacrosse where the goaltender fields numerous shots in the team warm up, rather a planned amount of every type of shot until the goalie feels ready. Let the goaltender take as many shots necessary for preparation and let them tell the coaches when they’ve had enough. Let’s face it, most field lacrosse goalies face maybe 20-25 shots in a game – let’s prepare them accordingly!

Here is the perfect goalie warm-up to best prepare your goaltender. Use only one or two coaches to shoot balls with numerous balls lined up about 15 yards from net. No players are needed as they too have their set warm up plan. The coaches should shoot balls so the goalie stops every single shot. This will give the goalie a sense they are stopping many balls and feeling positive. Start shooting balls in a sequence 10-15 shots per area then switch. The goalie dictates where he/she wants the ball thrown starting with stick side high, off stick side high, stick side hip, off stick side hip, low shot (not bouncing) and bounce shots.

Stationary shots can be taken on a 12-15 yard arc from left to right from different spots on the field (on the arc) in order for the goalie to experience shots from all over the field of play – just like in a game. Then the coaches can advance to shots on the run for more game-like shots all the time increasing the velocity, angles and types of shots. The last type of shots that are beneficial are short feeds from a position behind the net (like an attackman) to a position in front of the net so the goalie reacts to a pass and prepares for a quick shot on goal – again simulating game-type shots.

The players will tend to have passing and shooting drills of which the goalie can choose to join in (or not). They can also stay loose by joining in the player line drills if necessary.

These pointers will be very beneficial in any goaltender’s development, young or old, male or female. Let’s just remember coaches, plan your field time accordingly with your goaltender(s) in mind. Good luck and good saving!

wheelchair basketball players and former lacrosse players. The game is played by late teens and adults.

The CLA’s first objective is to create awareness in Canada of wheelchair lacrosse. The second objective is to develop a codified rule book. The third objective is to develop a coaching program within Canada’s NCCP for wheelchair lacrosse. Coaches who are unfamiliar with disabilities frequently lack confidence in their ability to support athletes with disabilities. These coaches especially need the support of the CLA and MA/AMAs to gain the knowledge, skills, techniques and confidence required to work effectively with

athletes with disabilities. Coaches should be versed in sensitization tips and techniques for introducing persons with a disability to sports and physical activity. They must display positive attitudes towards persons with a disability and have strong instructional and interaction skills. They must be able to create a positive learning environment, be aware of different learning styles, and able to adapt equipment, skills, and rules to get individuals with disabilities more actively engaged in lacrosse.

By creating a lacrosse program for athletes with a disability, we ensure that lacrosse is truly for everyone.

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For details contact Jeff at:  
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# Aboriginal Lacrosse Camp 2012

By: LacrosseTalk Staff

This summer’s Provincial Aboriginal Lacrosse Camp took place August 10 and 11 at the Seabird Island First Nation in Agassiz, BC. The event was held in partnership with the BC Lacrosse Association.

This Provincial Lacrosse Development Camp was for Aboriginal youth players ages 10-18 who looked to build on existing skills and develop team play. The participants met Aboriginal role models to gain leadership skills, celebrate cultural pride and improve their lacrosse game with some of BC’s top instructors.

BC Lacrosse’s Naomi Walser did a fantastic job of leading the facilitation of the event with her crew Marcus Wooden, Wes King and Dallas Squire – all did a great job with the kids. The feedback from parents and the youth was overwhelmingly positive. The camp participants were put through the paces learning



Aboriginal Lacrosse Camp Instructors.

more individual box lacrosse skills as well as team skills. The quality of the camp was excellent and the level of ability of those who attended was impressive and inspiring.

Thank you to our community host partner, Seabird Island First Nation, particularly Lisa Douglas and Angie Chapman for all of their planning and coordinating. All did a fabulous job of making everyone feel welcome and keeping things well organized. Thank you all for your warm hospitality and your professionalism.

## Nominate Field Lacrosse Volunteers NOW!

We would like to give you the opportunity to nominate some of your dedicated field volunteers for the 2012 BCLA Merit Awards while the season is still fresh in your minds.

### Merit Award

#### Categories include:

- Hugh Gifford (Manager of the Year)
- Ruth Seward (Outstanding Volunteer at the Local Level)
- Art Daoust (Executive Volunteer)
- Leon Hall (Youth Field Lacrosse Association of the Year)
- Jimmy Gunn (Field Referee of the Year)
- John Cavallin (Field Coach of the Year)

The Award Winners will be presented during the 2012 BCLA Annual General Meeting Banquet in October 2012.

For more information or to download the nomination forms,  
[www.bclacrosse.com](http://www.bclacrosse.com) or call (604)421-9755

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## BC Lacrosse Association 2012 EVENTS

### Mann Cup 2012

Senior A Nationals  
September 7-15, 2012  
Peterborough, ON

### BCLA AGM

October 12-14, 2012  
Whistler, BC

### Field Lacrosse BCLCA Coach Clinics

Clinic Participant Info.  
Visit [bclacrosse.com](http://bclacrosse.com)  
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### CLA AGM

November 15-17, 2012  
Richmond, BC



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## Way To Go!

### B.C. Lacrosse Association SUBWAY® Restaurants Volunteer Award



### Darren & Shawna Angell

#### Darren & Shawna Angell (Nanaimo Lacrosse)

Darren and Shawna Angell have been tireless volunteers with the Nanaimo & District Minor Lacrosse Association (NDLA) spending most of their time developing the Female Box Lacrosse discipline.

This dynamic duo have held many volunteer positions in Nanaimo with the NDLA, Senior and Junior Timbermen. They were community lacrosse pioneers 12 years ago when Female Box Lacrosse began in Nanaimo.

Shawna has managed female teams for 12 years including being the fundraising co-ordinator putting on dances, auctions, various sales and bottle drives. She has run concessions, sold 50-50 tickets and organized the Jr. Girls to volunteer at all Sr. A games the past 3 years.

Darren coached and managed teams from 1995-2000 when their kids started playing lacrosse and in 2000, developed Female Lacrosse and has been a head coach ever since. He became part of the NDLA board in 1998 and has served as Arena Allocator since 1999. Darren coached the Team BC Female Bantam & Midget teams (2009 & '11) and served on the National Committee for the Female Nationals in 2012.

The Angells were the gracious hosts, with Shawna as Convenor, of the Female Box Lacrosse Provincials this July. These Angells are true lacrosse angels for all they do in lacrosse, especially growing girl's lacrosse from 12 girls in 2000 to over 100 participants today! Congratulations Darren and Shawna!

The SUBWAY “Way To Go!” Volunteer award is offered to any BC Lacrosse volunteer who best exemplifies the meaning of community and sport. This person goes over and above the call of duty in the BC Lacrosse community.



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# Canada Awarded 2013 World Cup

Canadian Lacrosse Association to serve as host

By: FIL & CLA Staff

**It is with great pleasure and pride that I announce Oshawa, Ontario, Canada will be the host city of the 2013 FIL Women’s World Cup. As a life-long resident of the City of Oshawa I am well aware of its rich lacrosse history. Oshawa’s new world-class field complex combined with the passion and experience of our local Hosting Committee, led by Cheryl McNeill, gives me great confidence that this will be a winning combination for the hosting an event of which we will all be proud.**

**Stan Cockerton, FIL President**

The Federation of International Lacrosse (FIL) has awarded the 2013 World Cup to the Canadian Lacrosse Association (CLA), as announced by the organization on Wednesday, March 23. The Oshawa’s Civic Recreation Centre in Oshawa, Ontario will serve as the venue for the quadrennial world championship; the event is slated to take place on July 11-20, 2013.

Shelley Maher, Director of Women’s Lacrosse for FIL, expressed her excitement that

the CLA will serve as hosts for the 2013 World Cup. “It is with tremendous anticipation that we announce Canada as the host location for 2013. Expecting the largest number of countries to ever compete in a World Cup, Canada, and in particular, Ontario is well placed to host an outstanding event”.

The 2013 World Cup will be the first women’s World Cup hosted by Canada and the second major international women’s event to take place in the land of the Maple Leaf. The Canadian Lacrosse Association was the host of the 2007 Under-19 World Championship, won by the United States at Trent University in August of that year. The return of the World Cup to North America marks the third time the event will take place on the continent; the United States served as the host in 1986 and 2005.

“Our hosting group welcomed the world to Peterborough Canada in 2007 for the U-19 Women’s World Championships,” said Cheryl MacNeill, the co-chair of the organizing committee. “On the foundation of that successful event we look to 2013 when we welcome the world to Oshawa Canada for the FIL Women’s World Cup. In many ways the Durham Region has been the centre for growth and development of the sport of Women’s Field Lacrosse

in Canada, and with a brand new field facility and a new University for housing we plan on making this an event to remember.”

Stewart Begg, the CLA Vice President of International Competition, added, “The CLA has recently announced a new strategy to manage our national team programs and being able to host an international event such as this will further highlight international lacrosse and our national team programs at home.”

Canada has competed in each of the eight tournaments previously contested, along with the United States, Australia, England, Scotland and Wales. Japan and the Czech Republic joined the tournament in 1993, while Germany first fielded a team in 2001. New Zealand’s entry into the 2005 tournament pushed the field to ten teams, and in 2009 a record 16 teams competed in Prague, including first-time participants Austria, Denmark, the Haudenosaunee, Ireland, Korea, and the Netherlands.

“The CLA is once again looking forward to putting on a world class event with the leadership of our experienced host committee led by Cheryl MacNeill, and the Women’s Field Sector chair Marisa De Bari,” stated Joey Harris, the President of the CLA. “Canada last hosted in 2007 with great success and we are excited

to be given the opportunity to repeat that success in 2013. On behalf of the CLA and all its member associations across Canada, I’d like to thank FIL for granting this event to Canada and we look forward to welcoming all participants to Canada, the birthplace of lacrosse, to play Canada’s national summer sport.”

The 2013 World Cup will mark the ninth time teams have competed for the quadrennial world championship; the United States is the reigning titleholder after their 8-7 victory over Australia in 2009. The Americans have won six of the eight titles, including the inaugural event in 1982 and a stretch of four consecutive from 1989-2001. The Australians are the only other team to have won the World Cup, having claimed the title in 1986 and again in 2005. Ironically, both Aussie triumphs came on United States soil.

The FIL was established in August 2008 in a merger of both the men’s and women’s international lacrosse associations and is responsible for the governance and integrity of all forms of lacrosse and provides responsive and effective leadership to support the sport’s development throughout the world.

## Mann Cup 2012

By: Teddy Jenner, LacrosseTalk Staff

While it may not be USA vs. Russia in the 1984 Lake Placid Olympics, Langley Thunder head coach Rod Jensen used one word to summarize his team’s chances at winning the 2012 Mann Cup in Peterborough, “Miracle.” More specifically, he said “we’re going to need a miracle.”

That’s not a shot to his own team but a tip of the cap to the Eastern champions, the Peterborough Lakers, who are making their sixth Mann Cup appearance in the last twelve years and they’ve won four of them.

As head coach of the Langley Thunder, Jensen has led his team to the WLA finals for the second straight season and has relied heavily on a youthful roster of players that play a high tempo brand of lacrosse that puts their opponents on the back foot from the opening whistle. Jamie Batley, head coach of the Lakers, has combined youth with an unbelievable veteran core of players that would scare any National Lacrosse League all-star team. But what may be more impressive than the fact that the Lakers reached their 12th straight MSL finals this year but that they have at least a dozen players born and raised Peterborough.

Led by one of, if not the best player in the game today, John Grant Jr., the Lakers offense is that much more potent than the three headed monster of the Thunder. Athan Iannucci, Garrett Billings and 2012 WLA Playoffs MVP Lewis Ratcliff lead a young athletic offense for Langley and are well balanced from both sides of the

floor. However, it’s not just Grant that can put the ball in the net for Peterborough as they are just as deep if not more talent wise than Langley. Add in the Evans brother, Shawn and Scott, Cory Vitarelli and Tracey Kelusky and you have a star studded cast of ‘Boro boys, that doesn’t scratch the surface of talented weapons at Batley’s disposal. Oh yeah, did we mention, arguably the best player to ever play the game is in the blue and red of Peterborough? John Tavares is well on his way to 45 years young and still contributes at a high level.

What may work in the favour of the Thunder though is the fact that nobody is really giving them a chance in this best of seven series. Underdogs from the get go; Langley will look to build on their experience from last year’s Mann Cup against Brampton- the first one in franchise history. One thing they won’t be able to prepare for will be the atmosphere in the Memorial Centre, that will be jammed to the rafters for every game; 4000 strong. Some of the most knowledgeable and passionate lacrosse fans there are, the Lakers supporters will be buzzing to see their hometown team lift the cup again.

For those who have never been inside the Memorial Centre in Peterborough, it’s a very tightly packed old school arena that has recently been updated with air conditioning allowing fans to stay cool in the hot humid summer months in Ontario. Another nuance to Lakers home rink is the fact that the player’s benches are on opposite sides of the floor making for a very fast paced transition game and some interesting strategic game-plans.

A western team hasn’t won a Mann Cup since the 2005 Victoria Shamrocks and are winless on the road since New West won back in 1986. David versus Goliath, perhaps. Miracles can happen, and the Thunder are the Phoenix rising from the ashes and a Mann Cup wouldn’t be that much of a surprise.

Mann Update: In Game 1, it was apparent Langley belonged in the Mann with Canada’s elite. After a slow start, the Thunder overcame adversity and stuck to playing lacrosse and succeeded by taking a 13-12 decision. As much as John Grant Jr. (5G, 2A) dazzled the fans with pin-point passing and shooting, it was the hustle of Langley that conserved the win. Langley 1-0.

Game 2 was similar with Langley getting behind 4-2 after one, then caught their stride and rattled off four goals in over three minutes to tie the score 8-8 after two. The Thunder struck often using seven different goal scorers tying the game with less than five minutes remaining and sent the game into OT. Garrett Billings (3G, 7A) scored a pair in less than two minutes of OT leading Langley to a 15-14 OT decision. Langley 2-0.

Game 3, Peterborough had their backs to the wall to get back into the series. The game continued the ebb and flow of the past two with the Thunder leading 4-3 after one and the Lakers tying things at seven going into the third. The Lakers six unanswered goals in the third proved too much as they took a 14-10 win on the back of Shawn Evan’s (1G, 5A) six point performance.

Game 4, the momentum began to sway towards Peterborough as a barrage of shots were

hurled towards the Thunder goal throughout. The Lakers out shot Langley 54-34 but the score didn’t depict the outcome. Peterborough took a 3-1 first period lead then extended it to a 7-4 lead going into the third. Langley mounted a late comeback on the back of Athan Iannucci’s 4-goal, 1-assist game, only to fall short 9-8 and the series tied at two game apiece.

Game 5 was a tail of two games as Langley only scored in the first period to lead 4-0 and the Lakers scored in the second, seven unanswered goals to make the score 7-4 after two en route to a 9-5 victory. Shawn Evans, Scott Evans and John Grant all netted four points apiece (1G, 3A). The Lakers were in the driver’s seat heading into game 6.

In Game 6, there was not denying Peterborough their 14th Mann Cup title. Langley got off to another great start with a 5-3 lead after one, but fell to the Peterborough transition in the second as the Lakers rattled off six straight in the second and a 9-5 lead into the final frame. The Lakers went on to defeat the Thunder 14-8 using nine different goal scorers on Shawn Evans’ seven point outing (1G, 6A). Laker goaltender, Mike Thompson, was named Mann Cup MVP after four straight decisions.



# Six Officials Represent Canada at FIL U19 Worlds

By: *Team Canada Lacrosse*

The Canadian Lacrosse Association (CLA) would like to congratulate the Canadian officials and assessor for their appointments as Umpires to the FIL 2012 U19 Men’s World Lacrosse Championship in Turku, Finland.

The following officials are represented Canada at the FIL U19 Worlds: Lawrence Zdrill (Edmonton, AB), Lee Brien (Burnaby, BC), Ryan Nose (Surrey, BC), Scott McMullen (Dartmouth, NS), Brent Coulombe (Welland, ON) and David Goulet – assessor (Abbotsford, BC).

“It’s always a privilege to be selected to represent your country for something you love to do. Sharing the field with the best teams, players, coaches and fellow officials in the world is a true honour and is what every official should work for,” commented Lee Brien Canadian officials are respected on the international level.

They love the game, respect the rules of the sport and work hard to get to the international stage.

“I am honoured to be a part of the Canadian officials contingent at the 2012 World Champion-

ship,” said David Goulet, Canadian assessor for the world championship.

For most, the 2012 event was not their first experience at a world championship, but for a couple, it was. International rookie, Scott McMullen said “To be selected to represent Canada and the Canadian officials is a great honor. It was exciting to go to my first international championship.”

Stewart Begg, VP of International Competitions for the CLA thanked the officials on behalf of the Canadian Lacrosse community, “each one

of you has put in many years of training to be at the level of a world class official. My congratulations to all of you for your devotion and hard work to be the best. Now that you have successfully made this long journey, please remember to take with you the most precious gift of all – you are the ambassadors of the Canadian Lacrosse Association, our National Sport and the greatest country in the world, Canada.

Congratulations to our Canadian representatives!

## Box Skills Equals Success in Field

**Skills of box lacrosse emerging as vital for success in world of NCAA field lacrosse**

By: *Michael Kennett for StealthLax.com*

“American field players would really help themselves if they were exposed to a steady stream of box experience.” – University of Virginia Head Coach, Dom Starsia

Even though field lacrosse purists continue to try, there’s no denying the impact of box lacrosse on the landscape of the sport as a whole. Box lacrosse players are consistently being recruited to play at the highest levels of collegiate field lacrosse, and with good reason. Box players bring a different skill set to the field game with superior stick skills, scoring ability and toughness.

It goes all the way back to the Gait brothers, who grew up in the boxes of Victoria, B.C., and went on to field dominance at Syracuse, more recently with players like Garrett Billings (two-time All-American at Virginia) and Kevin Crowley (All-American at Stony Brook), and continues today with Mark Matthews (All-American at Denver) and Kiel Matisz (All-American at Robert Morris).

The bottom line: the brightest coaching minds in collegiate lacrosse value what a box lacrosse player brings to the table, and they are actively searching for more players with box experience. Three such coaches — Virginia’s Dom Starsia, Ohio State’s Nick Myers and Hartford’s Peter Lawrence — gave their thoughts on the influx of box lacrosse talent in the NCAA.

“Box lacrosse is an extremely valuable background for a young player,” said Starsia. “We need to incorporate more of the indoor skills in to

the field game. It is almost a requirement to have a top player with indoor experience on your roster right now.”

Box lacrosse is played in a much smaller space than its field counterpart. That space restriction creates a much faster tempo and requires quicker decision-making. Players in the box game grow more accustomed to handling the ball and scoring in traffic.

“The box game is played at a higher tempo than the field game and in a much tighter space,” said Myers. “This sharpens a player’s ability to react and you find that players with box experience, in many cases, have superior stick skills than those who have never played the box game before.”

When returning to the field, players with box lacrosse experience typically have an advantage with more time and space. Coaches at the highest levels of NCAA Men’s Lacrosse have taken notice, and encourage participation in box lacrosse to their players and recruits.

“The more a player is developed before they arrive at college the better,” added Myers. “We certainly value any player that has box experience and encourage our men to explore opportunities to play the game they love inside and outside.”

Box lacrosse players are being recruited more and more at powerhouse NCAA schools, and one reason for that is their ability to score around the crease and in traffic.

“The hardest thing to do in the field game is to score goals and good indoor players have a special knack for it,” said Starsia, who has had numerous Canadian box lacrosse players on his National Championship-caliber teams in past years, including one of the NLL’s premiere scor-

ers in the Toronto Rock’s Garrett Billings. “(Box lacrosse players) have special skills around the goal and in tight spaces. Their skills are so special that we should be looking closely at the box method of shooting and scoring.”

The benefits of a box lacrosse background aren’t only showing themselves on the offensive end either.

“What has changed recently is that box players have begun to excel at the defensive end of the field as well,” added Starsia. “It used to be that you looked primarily for offensive box players. Now, a good, physical athlete with a box background can develop in to a special defensive player. They tend to be more aggressive checking, are very good at picking the ball up off the ground and think creatively in the transition game.”

If you’ve played any lacrosse, box or field, you are also aware of the importance of being a “smart lacrosse player” (every player at all levels has heard those words from a coach, just ask Stealth coach Chris Hall).

## USA U19 Wins Gold Over Canada

The main venue Urheilupuiston Yläkenttä, in Turku, Finland was filled with lacrosse fans an hour and a half before the start of the final game between USA and Canada in the 2012 FIL U19 World Lacrosse Championships. It was the final showdown of the world’s best U19 lacrosse players from Canada and the USA.

Canada was the first to make history while the Iroquois were the second team to defeat the USA in world lacrosse competitions play. Canada beat the USA 12-9 while the Iroquois beat them 15-13 in round robin action. In semi-final action, Canada defeated England 15-4, while the USA rebounded to defeat the Iroquois 12-7 to punch their tickets to the gold medal game.

The final game began in a very even way as both teams played it safe. Team Canada’s Jesse King (Victoria, BC) scored the opening goal 5 minutes into the game. A few minutes later the US team fired it up with goals from Joseph Leonard and Ryan Tucker. Before the 1st quarter ended, Reilly O’Connor put the ball in the back of the US net to make the score knotted at two.

The 2nd quarter was in the control of the US team. Canada did not get many quality chances to attack and go for goal as the US controlled the ball and their defense played strong. Team USA scored four unanswered goals to end the half 6-2 in the advantage of the USA.

If the second quarter was held by USA, the third quarter saw a new light as the Canadians took control. The Canadians blasted three goals in the back of the net. Connor Buczek who had had a brilliant tournament so far delivered and scored a goal for the US and took their team in a two goal lead. Dan Lintner (Whitby, Ontario) brought team Canada one step closer once again with his sharp shot. However,

Ryan Tucker came and scored a goal in the last minutes of the 3rd quarter and put the score to 9-6. Tucker’s goal was the game winning goal of the game.

In the last quarter Canada tried to push the US defense, but were not able to crack it enough. Reegan Comeault (Pitt Meadows, BC) was able to score, but after that US player Tagliaferri put the ball once again behind Canada goalie Brendan Donville (Oakville, Ont.). Wesley Berg (Coquitlam, BC) was able to score one more time for Canada in the last seconds of the game, but it came too late and USA took the gold!

The 2012 FIL U19 World Lacrosse Championships committee thanks all teams for their great efforts and passion for the game. Congratulations to the US team for their 7th consecutive gold medal!

**All-World Team**

Attack: Reilly O’Connor (Canada), Seth Oakes (Iroquois), Matt Kavanagh (USA)

Midfield: Jesse King (Canada), Lyle Thompson (Iroquois), Ryan Tucker (USA)

Defense: Leo Stouros (Canada), Danny MacDermott (Canada), Stephen Jahelka (USA)

Goalie: Warren Hill (Iroquois)

**Most Outstanding Player Awards**

Attack: Matt Kavanagh (USA)

Midfield: Lyle Thompson (Iroquois)

Defense: Danny MacDermott (Canada)

Goalie: Warren Hill (Iroquois)

Tournament MVP: Matt Kavanagh (USA)

## 2012 NLL Draft to Take Place in Toronto

**Edmonton Rush currently hold the first overall selection**

By: *NLL.com*

The National Lacrosse League has announced that the 2012 Draft will take place on Monday, October 1 in Toronto at the Westin Harbour Castle. The draft starts at 7pm Eastern and will be broadcast live on The NLL Network at NLL.com. The Edmonton Rush currently hold the first overall selection in the Draft. The current order of selection for the first round draft is listed below. Attendance is free of charge.

In conjunction with the draft, a player combine for draft prospects and free agents will be held on Sunday, September 30 at the new Toronto Rock Headquarters & Training Facility in Oakville, Ontario.

“The Toronto Rock are extremely pleased to have the opportunity to showcase our new practice facility in Oakville,” said Rock Owner & President Jamie Dawick. “Hosting a combine is something that is beneficial for the entire league and not just the Toronto Rock. We

look forward to making this an annual event.”

Information regarding player participation and eligibility for the combine will be announced in the coming days.

The draft order is subject to change pending trades of selections among the clubs.

**FIRST ROUND**

- Edmonton (from Washington)
- Minnesota (from Buffalo)
- Minnesota (from Philadelphia via Edmonton via Buffalo)
- Minnesota
- Buffalo (from Toronto via Minnesota)
- Calgary (from Colorado via Rochester)
- Calgary
- Edmonton
- Colorado (from Rochester)
- Minnesota (from Boston)



# U19 Worlds Return to Coquitlam

By Andy Watson

Following in the success of the Under-19 men’s field lacrosse world championship in 2008, the nation’s top lacrosse players will once again converge in Coquitlam to compete for the international crown in July, 2016.

The championship, which takes place every four years, will be held in Coquitlam, B.C., for the second time in less than a decade, running July 7-16, 2016, at the Coquitlam Town Centre Park, with main games and events held at Percy Perry Stadium.

With the continual growth of the field game in Canada and increased overall parody in field lacrosse internationally, it already promises to be a great showcase for the sport.

Canada hopes home-field advantage can help them to end the reign of the United States, winners of all seven U-19 championships. It was in London, Ont., in 2006 that Canada ended the American streak at the senior men’s level, and they hope a strong fan presence and familiar territory will give them the edge they need.

The exposure this event will create for lacrosse in Canada is exciting according to chair Cliff Pascas – the leader behind the successful 2008 event.

“On behalf of the bid committee for the FIL Under 19 World Championships 2016, I would like to say thank you to the FIL members for granting us the opportunity to host this event again,” Pascas said. “The event committee as well as the City of Coquitlam and surrounding areas are excited to have the opportunity to showcase the Lower Mainland of British Columbia once again. Our thanks to the Canadian Lacrosse Association, British Columbia Lacrosse Association, the municipal, provincial and federal governments for their support in assisting us with a successful bid. We look forward to hosting the world lacrosse community once again.”

The Under 19 world championships commenced in 1988 with Australia, the U.S., Japan and Canada playing host. The U.S. has won all seven previous championships, but with two losses in the last U-19 worlds held in Turku, Finland, during the round-robin stage, signs of increased parody were showing.

Despite the U.S. dominance to date in the championship final, Pascas said he thinks Canada could win in 2016 – and not to count the Iroquois out either.

“In Finland, the U.S. showed they were vulnerable. Both Canada and the Iroquois showed they could play and defeat them,” Pascas said. “Canada did not have the final outcome they were looking for, but we are hungry and I think the program is on track to take the ultimate prize at home in 2016.”

Twelve nations attended the past two U-19 championships, with Australia, Bermuda, Canada, England, Finland, Germany, Iroquois, Japan, Korea, Scotland, USA and Wales in 2008, and the Czech Republic and Netherlands replacing Bermuda and Japan in 2012’s event in Turku.

Stan Cockerton, president of the Federation of International Lacrosse (FIL) and the executive director with the Ontario Lacrosse Association, said he is delighted the U-19 worlds will return to Canada.

“The Federation of International Lacrosse (FIL) is proud to announce that Coquitlam, British Columbia, has been awarded the hosting rights for the 2016 FIL U19 World Lacrosse Championships, and we are extremely confident that the hosting committee under the leadership of Cliff Pascas will again run an event the FIL and international lacrosse community will be proud,” Cockerton said in a statement.

Canada has hosted a significant number of world lacrosse championships in recent years.

“We are very fortunate to have an experienced and dedicated volunteer host committee led by Cliff Pascas in the beautiful province of British Columbia,” said Joey Harris, the president of the Canadian Lacrosse Association (CLA). “This is the same host committee that delivered a highly successful 2008 U19 World Championships in Coquitlam, and we are excited to be given the opportunity to build on that successful event in 2016.”

“Canada fielded a very proud and talented U19 team in Finland this summer and to know that our next generation of U19 Team Canada will play on home soil is incredible,” Harris said. “On behalf of all its member associations across Canada, I’d like to thank FIL for granting this event to Canada and we look forward to welcoming all participants to Canada, the birthplace of lacrosse, to play Canada’s national summer sport”.

The event in 2008 was an overwhelming success and still comes up in conversation about what a great experience it was in Canadian an international lacrosse circles.

“Last September, I held the role of CLA Convenor at the First Nations Trophy/Alumni Cup Under 19 and Under 16 men’s nationals held in Burnaby,” Pascas said. “This event was organized by the great volunteers of the Pacific Coast Field Lacrosse league, and I got to experience again what a great experience it is to be involved in a signature event and the satisfaction that comes from it.”

“This tweaked the idea of possibly bidding for the world championships again,” Pascas explained. “From there, working with fellow board members Garth Cambrey and Jane Boutilier, we put our bid package together. It was amazing the support we

received from the CLA, BCLA and all three levels of government.”

“We understand there were other bids, but are not privy to who and how many others there were.”

In 2008, Pascas noted the success of tournament came, in part, from a team of dedicated and enthusiastic volunteers.

“Volunteers are everything and we had over 250 of the very best,” Pascas said. “We were very fortunate to have very well organized and committed people in key roles, and this was a key reason the event went off as smoothly as it did.”

But can these games be better?

“I think in reflection you can always think of things that you would do differently that would improve the overall experience and this is no different,” Pascas said. “The ultimate goal is to produce and event that will create a lifetime memory for its participants, be they athletes or volunteers or spectators.”

Pascas said he and the committee will study the report being submitted to the FIL board from the Turku. He said his team would like to see growth in participation as one of the early goals.

“Big picture wise, our thoughts are to have discussions with the BCLA and the B.C. Lacrosse field directorate to see how this event could be used as a tool to increase awareness of this brand of lacrosse and see what can be done to help them develop or increase participation in the game,” Pascas said.

Tickets for the tournament will likely go on sale in mid 2015. Right now, the board are building their team and beginning to look for sponsorship and committee representation. While general volunteer registration will be available online soon once the web site [www.2016worldlax.com](http://www.2016worldlax.com) is fully developed, there are some committee positions available. Sponsors are also being sought. Those interested in a committee position or in sponsoring are asked to email Cliff Pascas at [cliffp@2016worldlax.com](mailto:cliffp@2016worldlax.com).

And with hope, those who come to watch will see history in the making: Canada’s first win at the U19 world men’s lacrosse title.

# Federation of International Lacrosse Becomes Newest Member of SportAccord

“The first step in the pathway toward Olympic recognition”

By: Tom Hayes, FIL Director of Development

The Federation of International Lacrosse has been accepted as the 106th member of SportAccord. This decision took place at the annual General Assembly of SportAccord meeting on May 25th in Quebec City, Canada.

President Stan Cockerton and Development Director, Tom Hayes were in attendance and President Stan Cockerton presented the acceptance speech on behalf of the Federation of International Lacrosse.


SportAccord is the umbrella organization for all Olympic, non-Olympic, and international sports federations. “Renamed SportAccord in 2009, the former General Association of International Sports Federations (GAISF)...the purpose of SportAccord is not to replace the IFs, ASOIF, AIOWF or ARISF, nor to step on their respective

autonomy and authority; it is about uniting the world of sport. SportAccord fully recognizes the IOC and the Olympic Movement’s authority; it is and will remain a loyal partner in the achievements of the Olympic Movement objectives.”

The FIL sees its membership with SportAccord as an opportunity for increased cooperation, access to services and promotion as well as being the first step in the pathway toward Olympic recognition. SportAccord President, Hein Verbruggen, warmly welcomed the FIL as its newest federation and FIL President Cockerton responded to the acceptance with an expression of gratitude for acceptance stating “this is a very exciting day for FIL. We are honored to become a SportAccord member, and will continue to strive forward in our pursuit of the Olympic dream.”


Announcement on SportAccord website: New SportAccord Members

SportAccord: [www.sportaccord.com](http://www.sportaccord.com)



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**1 Brooklin Redmen**

**2 Langley Thunder**

**3 Six Nations Chiefs**

**4 Peterborough Lakers**

**5 Victoria Shamrocks**

**6 Burnaby Lakers**

**7 Coquitlam Adanacs**

**Junior A Lacrosse Top 10**

**1 Six Nations Arrows**

**2 Whitby Warriors**

**3 Orangeville Northmen**

**4 Coquitlam Adanacs**

**5 Delta Islanders**


**6 Peterborough Lakers**

**7 New West Salmonbellies**

**8 Okotoks Raiders**

**9 KW Braves**

**10 Langley Thunder**



**Lacrosse Talk – Fall 2012**

BCLA Phone # 604-421-9755  
Publisher – British Columbia Lacrosse  
Controller – Rochelle Winterton  
Managing Editor – Jeff Gombar  
BC Editor – Jeff Gombar  
Cover – Cybereyes Images

\*Contributing Writers: Jeff Gombar, Stan Shillington, Duane Bratt – CLA National Resource Person, Casey Foster, Brad Chaloner, Teddy Jenner, NLL.com, Casey Foster – SFU Lacrosse Marketing & Communications Assistant, Paul Horn, Team Canada Lacrosse, Michael Kennett, Brad Hara, Anna Nickle, Jane Boutilier, The Canadian Press, Andy Watson, FIL, CLA.


\*Contributing Photographers: Jeff Gombar, Sports Action Pictures, SportBC, Shawn Carman, BCLA Archives, Amy Glass, Julie Arnold, Jim Gow, Freeze Frame Photography, Lax Images, Ceayon Johnston, Christine Campbell, Tim McCormick, Danita McDole, Doug Stokes, Darcy Rhodes, Dan Brodie Photography, Brad Hara, Tara Mussell Savage and Mike Nass.

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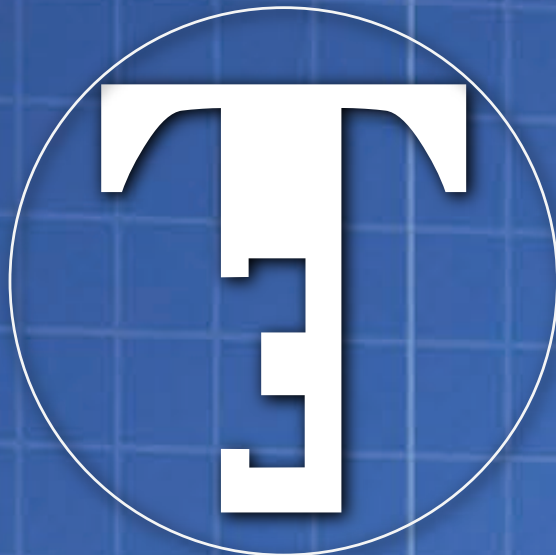


The BCLA wishes to acknowledge the support and contributions of the Ministry in all its endeavours





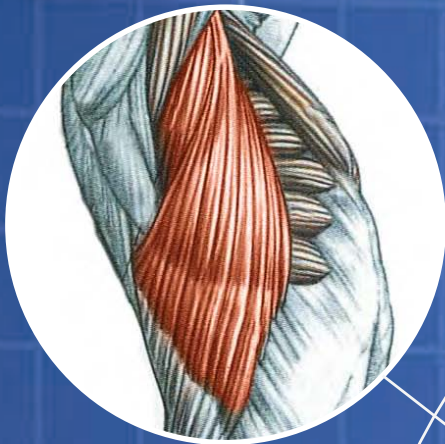
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