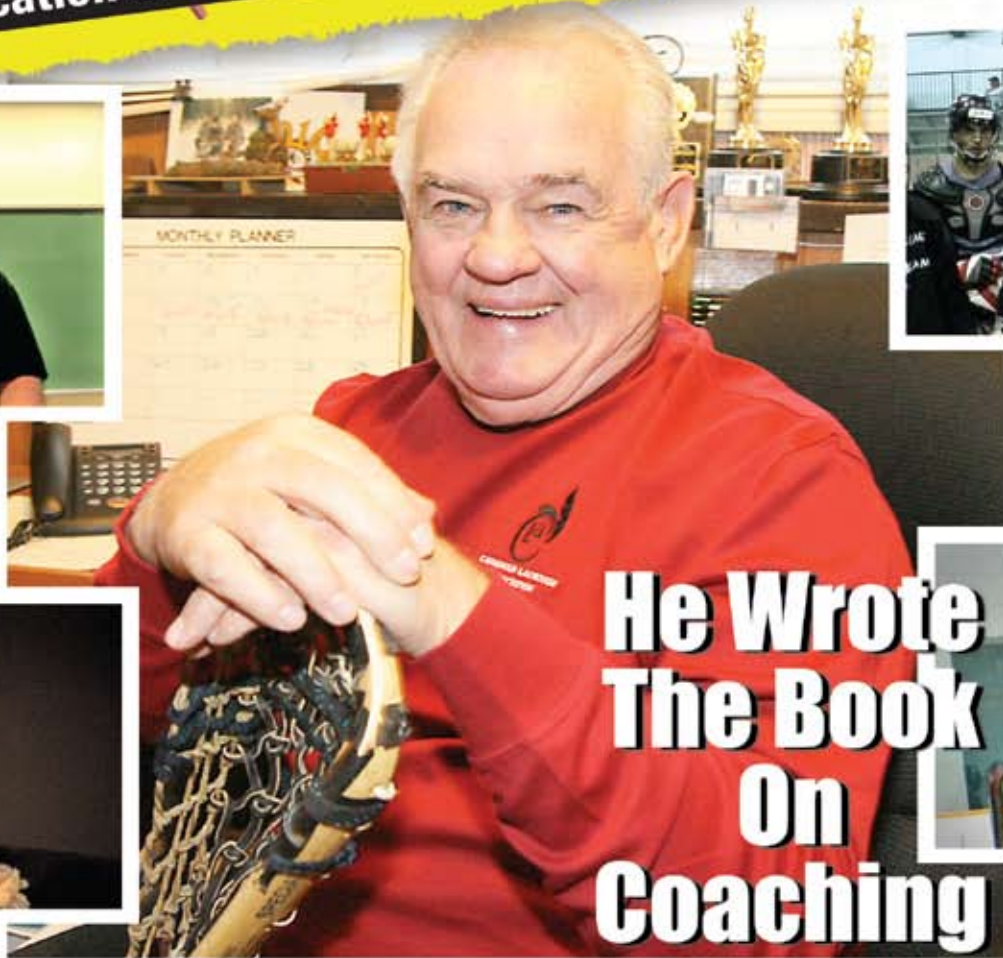


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# LacrosseTalk

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FIELD NATIONALS  
Inside



He Wrote  
The Book  
On  
Coaching



Bill McBain 1937-2011

*We miss you, Bill.*

By: LacrosseTalk Staff

The Canadian Lacrosse Coaching and development legend, Bill McBain, passed away in Kelowna, June 17, 2011, after a lengthy illness. He was 73.

Born in Fergus, Ontario in 1937, McBain played lacrosse from age four until he entered the Canadian Navy at seventeen. He was involved in the game his entire life, first as player, then later as a coach, builder and mentor.

His volunteer trek spanned over five decades from coast to coast starting in the late 1960's. In 1969, Box Lacrosse was a core sport in the inaugural Canadian Summer Games in Halifax. Bill was recruited to help the Nova Scotia staff train a group of athletes with no previous lacrosse experience to represent the province in the upcoming games. The result was a heightened awareness for lacrosse during the Summer Games. McBain, seeing an opportunity to grow the sport, headed a group that held registration for the 1970 season where over 1,000 athletes responded. This was the beginning of a lacrosse marriage in the Maritimes and for Bill McBain.

Teaching the nuances of the game to coaches and athletes was Bill's motivation in lacrosse. His enthusiastic approach, practical knowledge and imagination made him a wanted commodity in the technical world of lacrosse. So much so, in 1977, Bill was transferred by the Canadian Armed Forces to Edmonton on a request by the Canadian Lacrosse Association (CLA) to oversee the lacrosse program, a demonstration sport, at the Commonwealth Games.

McBain's first involvement at the CLA national level was in the early 1970's stretching over fourteen years during which he served four years as CLA President. At the CLA, he ran the national championships and he was the driving force behind the Founders Cup. One of his most memorable achievements was personally contacting Mrs. Lester B. Pearson to initiate the top award available at the CLA as the Lester B. Pearson Award – an award he would receive in 2001.

"The return correspondence from Mrs. Pearson was a hand-written statement

British Columbia Lacrosse Association  
#101 - 7382 Winston Street  
Burnaby, BC V5A 2G9



giving the CLA permission for her husband's name to accompany this prestigious award," stated a proud McBain in a 2008 interview.

After accepting his release from the Armed Forces and retiring from duty, Bill and his wife Mary moved to BC's Okanagan Valley in 1989. Here he found a struggling association with little lacrosse background, and once more jumped on board to offer his expertise. He had a profound effect on the growth and development in the region. In a Capital News interview, longtime Kelowna lacrosse volunteer, Corinne Almas, couldn't agree more of the impact McBain made in Kelowna.

"Bill loved kids and he thought every one of them should have a lacrosse stick in his hand," said Almas. "When Bill came here, he gave lacrosse a sense of direction. We were really spinning our wheels, but he came along and took us to the next level. He had great ideas and great vision and did so much for the game. He showed us how to build lacrosse."

McBain was largely responsible for starting up 22 local clubs in BC and was instrumental in the establishment of the Thompson Okanagan Junior Lacrosse League.

As Bill was assisting lacrosse in the Okanagan, the BCLA was struggling to form a Lacrosse Coaching Association. In his heart, Bill knew coaches were the most important factor to a great lacrosse experience. This was the ticket that Bill needed to really get back into lacrosse and make a major difference in its development.

At the BCLA, Bill was a fixture in the coaching realm as the figurehead leading the coaching certification program. He co-ordinated clinicians and instructed professional development seminars. The longtime Chair of the BC Lacrosse Coaching Association (BCLCA) was also the BCLCA Head Clinician and Master Learning Facilitator – a task he loved, teaching coach clinicians how to instruct and initiate coaching clinics.

"Today's 'new-age' lacrosse coaches are a direct result of the tireless and selfless commitment Bill conveyed toward his coaches," stated BCLA Technical Director Darcy Rhodes. "I worked closely with Bill on numerous coaching initiatives – all about giving coaches the best tools to coach."

One would think this was enough lacrosse involvement for a person...but not Bill. He quickly realized the lacrosse technical teaching materials needed an overhaul to reflect updated teaching techniques. As a result, he drafted the CLA a technical package to place the CLA Coaching Certification Program at the forefront of new development.

Lacrosse took a big step in developing a newer community-based coaching certification program within the National Coaching Certification Program (NCCP).

*continues on page 4*





GRAIG ABEL PHOTOGRAPHY



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## SUBWAY® BCLA Lacrosse Zone Players Announced

2011 SUBWAY® BC Lacrosse Zone Players of the Year received a custom embroidered Firststar jacket and a \$500 scholarship for being named to this prestigious award.

By: LacrosseTalk Staff

The 2011 SUBWAY® BC Lacrosse Zone Players of the Year were announced earlier this summer. Each of the 8 lacrosse zones from across BC nominate an athlete who best exemplifies what it takes to be a top athlete on and off the floor.

The following Midget aged athletes were selected as their Zone Player of the Year: Zone 1-Thomas Bella (West Kootenay), Zone 2-Ryan Sarazin (North Okanagan), Zone 3-Anthony Dale (Coquitlam), Zone 4-Javier Tudela (New Westminster), Zone 5-Bradley Hoffman (Richmond), Zone 6-Matthew Zeller (Campbell River) and Zone 8-Liam Barwise (Prince George).



Six Midget Athletes selected as the SUBWAY® BCLA Lacrosse Zone Players of the Year.

Each 2011 SUBWAY® BC Lacrosse Zone Players of the Year received a custom embroidered Firststar jacket and a \$500 scholarship for being named to this prestigious award. The overall 2011 SUBWAY® BC Lacrosse Zone Player of the Year was Zone 6 representative,

Matthew Zeller of Campbell River. Matthew, in addition to the custom Firststar jacket, received a \$1000 scholarship for the accolade.

Kyle Julien, a member of the Saanich Tigers Midget A1 team, was named the SUBWAY® BCLA Midget Provincial Champions MVP.

He was an integral part of the 2011 Midget A1 silver medal winning team at the Midget Provincials in Coquitlam. Kyle received a custom Firststar jacket and a \$1000 scholarship. Congratulations to all award recipients!

## Franchise Seasons in Delta, Langley & Coquitlam – BCJALL 2011

By: Brad Challoner

If you're thinking about lacrosse in British Columbia three jerseys come to mind -- the red and blue of the New Westminster Salmonbellies, the green and white of the Victoria Shamrocks and the purple and gold of the Coquitlam Adanacs.

But the colours of the BC Junior A Lacrosse League looked a little different and shone a little brighter in 2011. The bold black and red of the Delta Islanders put fear into many a lacrosse club, and the icy blue and white of the Langley Thunder could not be ignored this season. It was a changing of the guard of sorts. Burnaby missed the playoffs for the first time in anyone's memory, Victoria missed the top three for the first time since 2007, and two teams from the wrong side of the Fraser River had franchise seasons.

We see some pretty wacky and unexplainable things in all sport. However, when was the last time that a club started the season with a brand new GM and Head Coach, only to have them both step down weeks into the season, have two more new faces step in as GM and Head Coach and the team still finishes with a franchise record in wins? My guess is never, but the Delta Islanders did just that in 2011.

A franchise best record of 12-8-1 and their best ever finish at 3rd place. Freshly minted GM Jamie Scott and Head Coach Dave Pirog helped contain the traditionally aggressive Islanders and turned them into an offensively threatening team with a well rounded and disciplined attack - 3rd in the league in goals for, and 3rd in the league with the lowest goals against.

Hometown hero Logan Schuss had another phenomenal year in Delta. After arriving home

from his sophomore season at Ohio State University, the lefty scored 60 points in just nine games and added another 31 in six playoff games. After sweeping the Langley Thunder in round one of the playoffs, the Isles bowed out to the New Westminster Salmonbellies in the semi-finals. The Isles are graduating some players that are expected to be picked up quickly in both the 2011 NLL and WLA drafts in Ryan Keith and Mike Bereckoff, but still have plenty of talent returning in 2012 as the team looks to take another step forward and battle towards their first BC title.

The most improved club this season was the Langley Thunder. The perennial cellar dwellers climbed out of last place for the first time since 2005 and scraped together a 6-14 record for a 6th place finish. Those six wins were more than the team had managed in the previous three years combined, earning the Thunder a spot in the playoffs for the first time since moving to Langley.

After starting the season 0-4, general manager Brock Rose promoted Chris Levis from assistant to head coach. The veteran NLLer was able to corral the team like no coach before and helped them win five of their next seven. Rookie goaltender Ryley Brown was also instrumental in the team's success. The aged up Intermediate goalie began to shine a year ahead of schedule and was stopping almost 79 percent of shots thrown his way en route to a Rookie of the Year caliber season. Reegan Comeault led the way on offence with 37 goals and 89 points – 5th in the province. Only losing a couple of players to graduation and with the right coaching staff now in place, Langley has all the pieces they need to keep climbing the standings. Though they got swept by Delta in round one of the playoffs, the Thunder made

If you're thinking about lacrosse in British Columbia three jerseys come to mind -- the red and blue of the New Westminster Salmonbellies, the green and white of the Victoria Shamrocks and the purple and gold of the Coquitlam Adanacs.

huge leaps in 2011 and will be a team to watch out for over the next few seasons.

Believe it or not the Coquitlam Adanacs had room to improve in 2011. How do you improve on a 19-1-1 regular season record, a BC title and a Minto Cup? Run the table and go undefeated at 21-0, and be the first team to do so in five years. Though parity throughout the league was at its best in 2011, the gap between Coquitlam and the rest of BC was pretty wide. National championship experience, coupled with another year of having a legendary lacrosse mind like Curt Malawsky behind the bench, made the A's an even scarier opponent. After losing Minto Cup MVP Robert Church to a broken leg early in the year, three teammates filled in to put up numbers. Aged up Intermediate Wesley Berg dominated the league in scoring with 60 goals

and 54 assists for 114 points – the highest total in BC since 2002. Teammate Marty Dinsdale finished 2nd overall with 108 and transition star Travis Cornwall finished 3rd overall with 106 points in his final year of Junior.

The Adanacs version 2.0 had a bye in round one of the playoffs before dismantling the Victoria Shamrocks in the BC semi-finals. They outscored Victoria 54-9, not allowing them to score more than 4 goals in a game. It wasn't until game one of the BC finals that Coquitlam ran into a red-hot New Westminster squad that handed them their first loss in over a year, and their first loss at home in over two years. A great team got even better in 2011 and the National Lacrosse League will be dominated by former Coquitlam Junior Adanacs for years to come.

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# ‘Bellies & Whalers Win Intermediate Titles



New Westminster Salmonbellies Intermedita A captains receive championship banner and trophy from Gene Regier



Westshore Bears Intermediate B captains receive championship banner and trophy from Barb Laprise.

By: LacrosseTalk Staff

The 2011 Intermediate A and B provincials were held July 30 to August 1 in New Westminster, BC. Eight teams competed in the round robin event with four teams in the A division and four on the B side.

This Intermediate A and B Provincial Championships proved to be a tale of two events; tight round robin competitions and close bronze medal games compared to one-sided gold medal matches.

After a three-way round-robin tie-breaker between Intermediate A teams New Westminster, Richmond and Langley with one win and two losses apiece, it was the New Westminster Salmonbellies who advanced to play the undefeated Coquitlam Adanacs in the Intermediate A gold medal game. The ‘Bellies defeated the Coquitlam Adanacs 16-4 in a lop-sided gold medal game. New West redeemed themselves after a 9-5 loss to the A’s in round-robin action. In the Intermediate A Bronze medal game, the Langley Thunder beat the Richmond Roadrunners 10-9 in overtime to claim third place. In round-robin play, the Thunder had earlier beaten Richmond 9-6.

“The 2011 Intermediate Provincials once again provided some excellent, entertaining lacrosse,” stated BC Intermediate Lacrosse League Chairman Gene Regier.

“Attendance for the tournament was up over previous years as Intermediate lacrosse becomes more popular throughout the province,” mentioned Regier. “Even a team from Merritt played an exhibition series with the Lower Mainland Intermediate B teams during this year lacrosse season.”

In the Intermediate B gold game, JdF Westshore out-paced New Westminster 11-4 to become Intermediate B champions for the third year in a row; this, after the ‘Bellies edged the Whalers 8-7 in the round robin. The Intermediate B bronze medal game had Coquitlam eke out a 6-5 win over the Port Coquitlam Saints.

“The plus side was the behavior of all the B teams, they came to play lacrosse, with good sportsmanship, talent and were all entertaining,” stated Intermediate B Commissioner Barb Laprise. “Thanks to the Intermediate B bench personnel, for a well fought provincial and a very successful season and a special thanks to Gene and Judy Regier for their commitment to our leagues all season long.”

The 2011 Provincial Awards for the BC Intermediate A League are as follows. All-stars: Mike Messenger (Coquitlam), Brett Dobray (Langley), Josh Byrne (New Westminster), Quinton Bradley (Richmond), Justin DaSilva (Coquitlam) and Ross “Rocky” Bowman. Point Leaders: Mike Messenger (Coquitlam) and Brett Dobray (Langley). Sportsmanlike Player: Anthony Malcom (New Westminster). Top Goalie: Andrew Overholt (Coquitlam) and MVP: Ross “Rocky” Bowman (New Westminster).

The 2011 Provincial Awards for the BC Intermediate B League are as follows. All-stars: Hunter Onstine (New Westminster), Max Fredrickson (JdF Westshore), Zach Hartmann (Coquitlam), Jeremy Wilson (New Westminster), Thomas Miller (Port Coquitlam) and Jayme Jackson (JdF Westshore). Point Leader: Peyton Lupul (New Westminster). Sportsmanlike Player: Matthew Symes (Coquitlam). Top Goalie: Jayme Jackson (JdF Westshore) and MVP: Jayme Jackson (JdF Westshore).

Continued from Cover Article:  
“He Wrote the Book on Coaching”  
Bill McBain Leaves Canadian Coaching Program Legacy

By: LacrosseTalk Staff

McBain saw the need to expand a coach’s knowledge as they progressed through the sports system – after all, the game was changing and there was a hunger to learn more. The integration of what coaches were being taught reflected exactly how the athletes were learning at different stages of development (as prescribe by the Government) in the Long-Term Athlete Development (LTAD) model. A program CLA National Resource Person for Coaching, Duane Bratt, and McBain spearheaded not only for lacrosse, but ended up being a model for other sports in Canada.

“For an old school guy, Bill was pretty progressive in his thinking,” said Bratt. “He always made sure that the coaching program contained the latest sport science information and was delivered using modern technology.”

Bill evolved the CLA lacrosse coaching programs as he co-ordinated the rewrite of all coaching manuals, formed a national registration for lacrosse coaches in Canada and established minimum standards of coaching certification for all lacrosse disciplines. McBain’s goal was to ensure that every athlete playing lacrosse was privy to a knowledgeable certified coach. Every coach was introduced to the same technical materials at all coaching clinics, which meant all athletes learned the same skills and strategies from BC to Newfoundland.

“Bill instructed all three levels of box certification clinics I attended and I was impressed by his passion for lacrosse,” stated BCLA Marketing Director Jeff Gombar. “He would put his coaching hat on, his track suit and wield his old wooden stick and get out in the box and teach lacrosse – he always empowered us to offer insight and made us feel a part of his clinic.”

McBain was instrumental in heading up the CLA Coaching Committee that introduced resources for coaches. He never led on he knew everything about lacrosse, but he was prudent surrounding himself with the most knowledgeable lacrosse minds in Canada when creating manuals, instructional DVDs and other teaching resources. In a sense, he was vertically integrated in all aspects of the coaching fraternity from the writing of materials to the delivery of clinics.

“When one says the name Bill McBain, I think of the father of coaching in lacrosse in Canada,” said CLA President Joey Harris. “Bill was passionate about lacrosse and in particular the coaching aspect of the game. He was instrumental in taking lacrosse to the front of the pack with respect to how coaching should be delivered to both the coaches and players. He would travel anywhere to put on a clinic and was highly respected by everyone.”

McBain mentored dozens of coaches and builders over the years, including Kelowna’s Dan Wray. In a Kelowna Capital interview, Wray said McBain was not only a tremendous ambassador for the sport, but one of the kindest and most genuine people he’s ever known.

“Bill was a hunter, a fisherman, and he lived and breathed lacrosse...you can’t get much more Canadiana than that,” said Wray. “As for Bill the person, he had the biggest heart of anyone I ever knew. He was the kindest, most thoughtful man you could meet -- like a father to me.”

“When it came to lacrosse, he was the coach’s coach,” added Wray. “He mentored so many people over the years; his legacy will be felt for a long time.”

Another lacrosse advocate, Team BC Box Lacrosse Co-ordinator, Mike Marshall, worked very closely with McBain on many projects -- some initiatives that were not so popular at the time, but soon became the norm in how we coach the game today.

“He guided me with his persistence to get it right,” explained Marshall. “My fondest collaboration with him was the rule change regulating Offence/Defence in minor and the backlash that came from some provinces and individuals. He advised me to relax and told me ‘things would straighten out’ -- he was right!”

“Bill and Mary welcomed everyone into their home and made us all feel like an extended part of the McBain family,” explained BCLA Executive Director Rochelle Winterton. “While Bill and Coaching are synonymous in lacrosse, so are Bill and lacrosse development and participation, spending a tremendous amount of work and travel to grow lacrosse in BC, from Cranbrook to Fort St. John. I miss those daily calls from Bill, pushing us to do the best we could to further enhance the BCLA, the CLA and all our programs.”

McBain was selected to the Fergus Lacrosse Hall of Fame, the Canadian Armed Forces Sports Hall of Fame and in 2008, a spot in the hallowed Canadian Lacrosse Hall of Fame as one of 140 Builders. An accolade so dearly treasured, but yet, so humbling to this lacrosse lifer.

“It’s something that tells you that all the work you have done over the years has been rewarded through your peers – to me this is the ultimate that can happen to anyone,” said McBain during a Hall of Fame induction interview.

His mark has been made on lacrosse and we, the coaches, will forever be the messengers of his message.

# Women’s Field Hosts England & Game Day



BC youth women’s field lacrosse team hosted an English High School team in July.

By: LacrosseTalk Staff

A host of young BC women field lacrosse players hosted a High School women’s field lacrosse team from England on July 3, 2011. Friendly games were held at Coquitlam Town Centre fields.

Like in many friendly matches, the scores are secondary to the skill development and gamesmanship both sides offer on the field. The skill of the BC women in the field game continues to increase and the talent gap gets closer to their English friends.

“We really improved from the last time they came,” mentioned New West Girls Field Co-ordinator Suki Sandhu. “The game is much faster and smoother because we know the rules much better so the flow is not stopped by whistles as much.”

On Saturday August 6, the first scheduled women’s field lacrosse game day of local teams, in recent history, took place at Cunnings Field at Coquitlam Town Centre. Four teams, from Vancouver, Cowichan, Victoria and a lower mainland youth team competed in the all-day event.

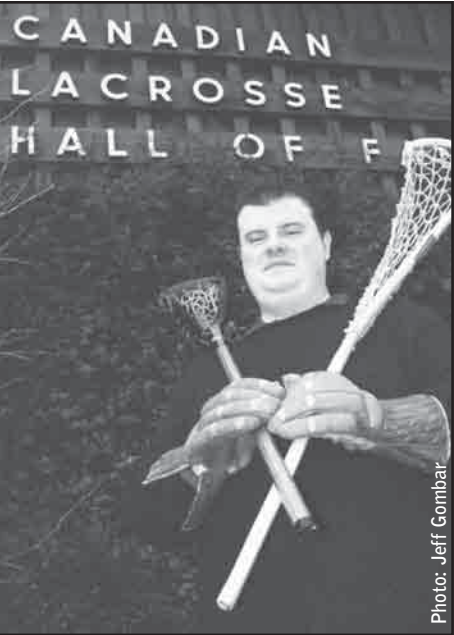
“It was a perfect day of local lacrosse in the sun,” exclaimed women’s field lacrosse developer Naomi Walser.

The last minute addition of the youth squad gave the local senior teams some great friendly competition with high quality lacrosse talent based on pure athleticism.

“Youth field lacrosse seems to have grown so fast here on the lower mainland,” stated Walser. “Although, generally the girls have only been playing the field version for less than a handful of years at most -- with the talent continuing to increase (both box and field), it seems evident they love to play!” Many thanks to the Vancouver Women’s Field Team for helping make this Game Day a success. Kudos to the person who made the goalie gear appear for the youth squad moments before the first game. The players who stepped in to play goal were naturals. The women’s field lacrosse players are looking forward to getting back at it come the fall. After such a successful outing plans for similar game days will be scheduled in the future. See you on the field!



# Canadian Lacrosse Hall of Fame Finds a New Home



Former Hall of Fame Curator Allan Blair outside the soon to be former location of the Canadian Lacrosse Hall of Fame.



## New facility will be located on Columbia Street between 8th Avenue and Begbie

By: *LacrosseTalk Staff*

It is an exciting time for the Canadian Lacrosse Hall of Fame. The Hall, located at 65 East 6th Avenue in New Westminster situated beside the Canada Games Pool since 1967, is on the move to a new location in the Historic Downtown of New Westminster. The new facility will be located on Columbia Street between 8th Avenue and Begbie.

It will be part of a multi-million dollar civic facility that will also house the city museums, an art gallery, theatre and convention centre. The 90,000 square foot complex will house additional common space for special events as well as a 500 seat theatre. The new Hall of Fame will be approximately 1400 square feet of display area.

The demolition of the construction site is now complete and the excavation and shoring followed by the construction of the parkade has begun. The above grade construction will begin in the spring of 2012 and the interior finishing will commence in the summer of that same year with an anticipated occupancy in the fall or winter of 2013.

The City of New Westminster has been a strong supporter of the Canadian Lacrosse Hall of Fame since its founding in 1964 and the Mayor and Council continue to be positive supporters of this National treasure.

“We were not able to secure the space that we required, however this has inspired us to be creative with the new technologies available to

us so that we can ensure that we do justice to the many treasures and artifacts that we are entrusted to preserve,” stated Hall of Fame governor and long-time lacrosse fan, Chuck Puchmayr. “We are currently aggressively fundraising so that we can implement those technologies that will showcase the hall in an interesting and exciting display, full of not only history but interactivity for young and old to enjoy.”

The new hall will surely reach a wider variety of audiences and be more interactive and available to the vast lacrosse communities of Canada and BC.

“We will be working with our First Nations Lacrosse families to preserve and feature the Creators game as a significant display and entrance into the new Hall,” mentioned Puchmayr.

Donations for this exciting project can be sent to PO Box 308 New Westminster, BC V3L 4Y6.

# Canadian Lacrosse Hall of Fame Announces 2011 Inductees

By: *LacrosseTalk Staff*

New Westminster, BC – Nine new members and one team have been named for induction into the Canadian Lacrosse Hall of Fame.

The new inductees are Builders Dr. Donald Hedges (Coquitlam, BC) and John Herd (Brampton, ON); Box Lacrosse Players Dan Wilson (Vancouver, BC), Chris Prat (Victoria, BC), Bram Wilfong (Nepean, ON) and Steve Mastine (Cheltenham, ON); Veteran Players Kenneth Matheson (deceased-New Westminster, BC) and Bill “Cass” Castator (Cheltenham, ON); Field Lacrosse Player David Huntley (Towson, Maryland) and the 1980-98 Victoria Royal Waxmen/Seasprays field lacrosse squad in the Team Category.

The new inductees will bring the number of those honoured in lacrosse’s national shrine to 468 --140 Builders, 206 Box Players, 82 Field Players and 40 Veterans (those who played prior to 1970) and 14 teams inducted in the Team Category.

**Builders Category - Dr. Donald Hedges** (Coquitlam, BC) – Dr. Hedges, or Doc, as many know him, has been the lacrosse player’s doctor for over two decades. He has been involved with the Coquitlam Sr. Adanacs for 25 years as team physician, president and director. Hedges has offered his services to various lacrosse groups including the professional Vancouver Ravens, Team Canada Men’s Box Lacrosse teams, numerous Junior A teams and served as the academic advisor and physician of the SFU Men’s Field Lacrosse program. Under his tutelage, the A’s appeared in five Mann Cup championships, winning one title in 2001. In addition, Hedges has assisted in the development of lacrosse in Costa Rica and offered his services wherever needed. He has also served as team physician for other sports teams including the Vancouver Whitecaps and 86’ers (21 years), Burnaby Lake Rugby Football Club (22 years) and the New Westminster High School Football team (6 years).

**John Herd** (Brampton, ON) – John has devoted over 40 plus years to lacrosse as a referee. Nicknamed “The Rule Book Says”, he started his career as a referee working his way up the ladder quickly officiating the Ontario Junior and Major leagues. He served on various committees and executives finding new ways of improving the game of lacrosse by working on rulebooks, handbooks and referee training programs. Herd has been a member of the Brampton Oldtimers since 1989 and received the OLA’s Jack Mann Award (1991) and President’s Award (1992). This Brampton Excelsior lifetime member is still active today serving as a National Course Conductor and member of the CLA National Officials

Certification Program. Herd was inducted into the Ontario Lacrosse Association Hall of Fame in 2006.

**Box Player Category - Dan Wilson** (Vancouver, BC) – This Junior A lacrosse star played for the famed Burnaby Cablevision in the late 70’s winning two Minto Cups in 1976 and 1977. A perennial Junior A all-star, Wilson ended the 1977 campaign as league leading scorer with 196 points in just 28 games. Dan parlayed his talents in field lacrosse and was a member of the 1978 Team Canada squad. In nine Western Lacrosse Association seasons for the Adanacs, Bellies and Burrards, he was selected as an all-star on three occasions from 1979 to 1982 taking WLA Rookie of the Year honours in 1979 while amassing 121 points. Wilson lead the Adanacs Nations in ’80 World Box Lacrosse Championship team while being named tournament MVP. In 205 WLA regular season and playoff games, Wilson scored 238 goals and 386 assists for 624 points. Wilson won one Mann Cup ring in 1985 with New Westminster.

**Chris Prat** (Victoria, BC) – Chris Prat played his entire Junior and Senior lacrosse career in Victoria with the Junior Legion/Eagles and the Victoria Shamrocks (1992-2001). This gifted goal scorer had a quick shot while commanding a physical presence on the floor. In his ten year WLA career, Prat was named a First Team All-star three times, including playoff MVP honours in 1996. He competed in three Mann Cups, winning two rings in 1997 and 1999. In 243 WLA regular season and playoff games, Prat scored 294 goals and 351 assists for 645 points. Prat’s 8-year NLL career had stops in Syracuse, Buffalo, Calgary, Vancouver and Colorado netting 132 goals and 178 assists for 310 points in only 88 games.

**Bram Wilfong** (Nepean, ON) – Bram Wilfong was an Excelsior through and through. In the Brampton-Bramalea Junior A system, from 1964-1970, Wilfong netted 247 goals and 264 assists for 511 points in 152 regular season and playoff games. This life-long Brampton star was a big playmaker and had a brilliant Senior career from 1970-1989 winning one Mann Cup ring in 1980. Bram played on the 1972 President’s Cup champions Senior B Brampton team. Wilfong also spent two seasons in the original NLL for the Boston Bolts and Toronto Tomahawks in the mid-70’s. In 389 regular season and playoff games, he scored 564 goals and 511 assists for 1075 points. Wilfong was inducted into the Ontario Lacrosse Association Hall of Fame in 1998.

**Steve Mastine** (Cheltenham, ON) – Steve Mastine played his entire career as a Brampton Excelsior. He was named the 1968 Rookie of the Year and 1971 scoring champion with the Junior

A Excelsiors. In Junior, Mastine amassed 233 goals and 329 assists for 562 points in 141 regular season and playoff games. Just one year later in his 1972 Senior B season, he was named Rookie of the Year and league’s Top Scorer. Mastine’s nine year Senior A career (1973-1981) saw him named league Top Scorer in 1977. He was also a member of the world champion 1978 Team Canada Men’s Field Lacrosse Team. In 210 regular season and playoff games, he scored 211 goals and 527 assists for 738 points winning one Mann Cup ring in 1980. Mastine was inducted into the Ontario Lacrosse Association Hall of Fame Team Category (1978 Team Canada Men’s Field team) in 2001 and as a player in 2002.

**Veteran Player Category - Kenneth Albert Matheson** (deceased – New Westminster, BC) – Ken Matheson, a born competitor, was raised in New Westminster where the Salmonbellies dominated lacrosse and the Adanac Basketball Club ruled the hoop scene. In 1933, field lacrosse gave way to box lacrosse and the Inter-City Lacrosse League (ICLL) was formed. Matheson played for the Coquitlam Adanacs from 1934 to 1941 and 1945. In 1938, Matheson and the Adanacs captured the BC title, only to lose the Mann Cup to St. Catharines. The Adanacs reversed the results in 1939, giving Matheson his only Mann Cup ring. He joined the air force, eventually serving with the RAF and received the Distinguished Flying Cross in 1944 and given another Distinguished Flying Cross bar from King George VI in 1945. Matheson participated in four playoff games (1945) and, although he managed a goal and an assist after four years away from the game, he retired at the age of 31. In 209 regular season and playoff games, Ken scored 279 goals and 133 assists for 412 points.

**Bill “Cass” Castator** (Cheltenham, ON) – Bill Castator played four Junior A seasons (1953-1956) with the Oshawa Green Gaels and Brampton Excelsiors. In 1956, he was the league’s Top Scorer leading the Excelsiors to a Minto Cup. His Senior A career spanned from 1958-1967 with the Excelsiors; he was voted the 1960 League MVP. In 1961 and 1962, Brampton won the Eastern Championships, but lost the national title both years. In 1966, “Cass” was a pick-up player for Peterborough that won the Mann Cup. He was also a member of the bronze medal winning 1967 Team Canada Men’s Field Lacrosse Team. In 353 regular season and playoff games, he scored 219 goals and 262 assists for 481 points. Castator was inducted into the Ontario Lacrosse Association Hall of Fame in 1997.

**Field Lacrosse Category - David Huntley** (Towson, Maryland) – David Huntley played his entire Minor and Junior box lacrosse for the Rex-

dale Warriors before heading off to Johns Hopkins University to play college field lacrosse. Huntley played for the Blue Jays from 1976-1979 winning back-to-back Division 1 national championships in 1978 and 1979. At Hopkins, Dave was a two-time First Team All-American and voted once as a Second Team All-American. In 1979, he received the McLaughlan Award as the Best Midfielder in the USA and was inducted into the Johns Hopkins Sports Hall of Fame. Huntley was a member of the Team Canada Men’s Field Lacrosse team in 1978 and 1982 and has served as a coach with the 1986, 1998, 2002, 2006 and 2010 teams. He is the only Canadian to have been a member of both Team Canada World Field Lacrosse Championship teams as a player in 1978 and coach in 2006. Dave has coached NCAA Division 1 lacrosse, high school lacrosse and professional indoor and outdoor lacrosse with seven different teams. He won two Major League Lacrosse (MLL) championships with the Baltimore Bayhawks (2005) and the Toronto Nationals (2009). Huntley has been inducted into the Canadian Lacrosse Hall of Fame as a member of the 1978 and 2006 Team Canada World Champion teams.

**Team Category - Victoria Royal Waxmen/Seasprays 1980-98** – The Victoria Royal Waxmen/Seasprays ruled the field lacrosse pitch for nearly two decades. In 1980, the squad was built to compete in a five-team league formed to promote the sport and prepare western players for a shot at making Canada’s National Team for the 1982 World Championships. The original coach was Chris Hall and included converted box stars such as Kevin Alexander, Ron McNeil, Larry Bell and Art Webster amongst others. The project was a success as the club placed eight players on the 1982 national team. The Waxmen/Seasprays won numerous BC Provincial championships (17 titles), Canadian National Ross Cups (11 titles), the Western States Tournament (7 titles); and the North American Brogden Cup championship on three occasions. The team won 142 games while only losing 4 through 1988. Along the way, there were seven undefeated seasons, a string of 75 straight wins, and numerous US college scholarships earned. The Waxmen/Seasprays produced some incredible talents over the decades including lacrosse legends Tom Marechek and Paul and Gary Gait who starred for Syracuse of the NCAA.

The formal induction banquet and ceremonies will be held November 12, 2011 at the Fire-fighter’s Club in Burnaby, British Columbia. For additional information please contact Randy Radonich, Canadian Lacrosse Hall of Fame Chair at (Home) 604-936-1642 or (Cell) 604-862-1642.



# Timbermen Give Boost to Young Player’s Confidence

By Denise Titian, Ha-Shilth-Sa Reporter

Port Alberni–He’s faced a lifetime of struggle and has endured more than his share of pain, but 17-year-old Marcus Thomas rose above the dark days by finding his joy through sports.

With the loving support of his foster family, Thomas has excelled in the ancient game of lacrosse. He is the first Alberni player in nine years to be selected to play with the elite Nanaimo Timbermen lacrosse team.

Marcus’ has been playing the sport for only five years.

“This is a huge accomplishment, and the highest level or step one can take athletically before scholarships and sponsorships,” social worker Gillian McRae said.

Marcus’ grand aunt, Linda Thomas, couldn’t be more proud.

“He was chosen to represent the Valley. He was the only one selected, and this could lead to a career in professional lacrosse,” she gushed.

Thomas was orphaned at a young age and went to live with his foster family at the age of 10. Marcus credits his foster parents for his success. He believes were it not for Linda and Bill McLaren, he would not be playing league lacrosse.

“I probably wouldn’t be playing sports at all if I didn’t live here,” he said. “Living on the rez, we can’t really afford stuff like that,” he said.

“This is a young man, who has been raised in the foster care system... (is coping with) family struggles and disability barriers; it is a true testament to his resiliency,” said McRae.

In late 2010, four young players from Port Alberni’s midget lacrosse team, the Tyees, were selected to try out for the Nanaimo Timbermen. In January, three of the four team members went to Nanaimo where Timbermen coaches had them run drills testing their leg strength, cardio and stick skills.

According to Thomas, two of the Midget Tyees were selected to play with the Nanaimo Timbermen, but his teammate had to decline, leaving only Marcus to make the team.

“I was happy,” said Thomas of being selected. He said he went to the tryout not believing he had what it took to make the team.

“I didn’t think I would get picked... I thought they wanted better players,” he said, adding being selected really boosted his confidence.

“This came at an opportune time for Marcus,” said McRae, adding there was a time when she and foster mom Linda were ‘pulling out their hair.’

“I was having troubles in school. I was starting to give up,” said Marcus, adding he was even skipping school.

Being selected for the Timbermen gave him the boost he needed at just the right time to put more effort into his school work.

“He’s the best in Port Alberni. He has a presence and kids respect him,” said McRae. Her son, Cameron, age 10, plays for the Tyees and clearly idolizes Marcus. He sat quietly through the interview with Ha-Shilth-Sa, focusing on every word Marcus said, eagerly offering what he knew about lacrosse when given the chance.

Thomas is generous with his time and skills, often dropping by to give younger teams pep talks. He is skilled at fixing sticks, and many kids go to him for stick repairs, which he has been doing free of charge.

And when the time came for the boys to go off together and talk lacrosse, Marcus’ demeanor changed to that of a nurturing big brother.

Thomas’ foster parents, Bill and Linda, have a huge, kid-friendly home and property. Their entrance way wall is filled with framed portraits of children. Outside, on the front lawn, is a large swimming pool. More kids are riding bicycles near the basketball hoop. The couple also has horses that the kids like to care for.

Bill and Linda have given everything they can to help Thomas succeed, because they can see it is doing him a world of good. Yearly registration with the Nanaimo Timbermen costs \$500, money that Nan, who all the kids call Linda, put up out of her own pocket.

In addition to registration fees, players must also take care of travel and equipment costs. Each player needs helmets, shoes and sticks. Marcus’ best stick cost \$300 and he needs more than one.

He travels to Nanaimo three times a week to practice and play, sometimes leaving immediately after school and coming home late at night.

McRae said the ministry only reimburses \$100 per month in Marcus’ expenses, and Kidsport, an organization that provides financial assistance to kids in sports, gave \$200 to go toward Marcus’ equipment.

“We are looking for sponsorship for Marcus, said McRae.

Linda drives Marcus to Nanaimo three times a week, taking at least six hours for each trip.

Playing for the Timbermen, who have their own bus, means Marcus will have the opportunity to travel all over British Columbia to play against other teams.

“I just want to play as long as I can; professionally, if I can,” said Marcus.

Thomas is willing to go to schools to talk to other youth about lacrosse and demonstrate how it’s played. When asked what he loves about the game, he says it is definitely the contact.

Lacrosse, Canada’s national sport, was first played by Native Americans living on the eastern third of North America from the Great Lakes down to Mexico. It is amongst the oldest team sport played in North America.

“It’s like hockey only there’s no ice or skates; the goals are bigger and there is a 30 second shot clock. If you don’t score, the ball goes to the other team,” Thomas explained.

Traditional lacrosse was played usually on the Great Plains between tribes. A game could last for days, stopping only when it got dark. There could be up to 1,000 players per team with goal posts sometimes set miles apart.

Games were sometimes played to settle tribal disputes or to toughen up young warriors. Some coveted their lacrosse sticks so much they were buried with them.

In modern lacrosse there are fewer players and a shorter game time. The game can be played on a field or indoors, which is referred to as box lacrosse. Thomas plays box lacrosse as a defense-man.

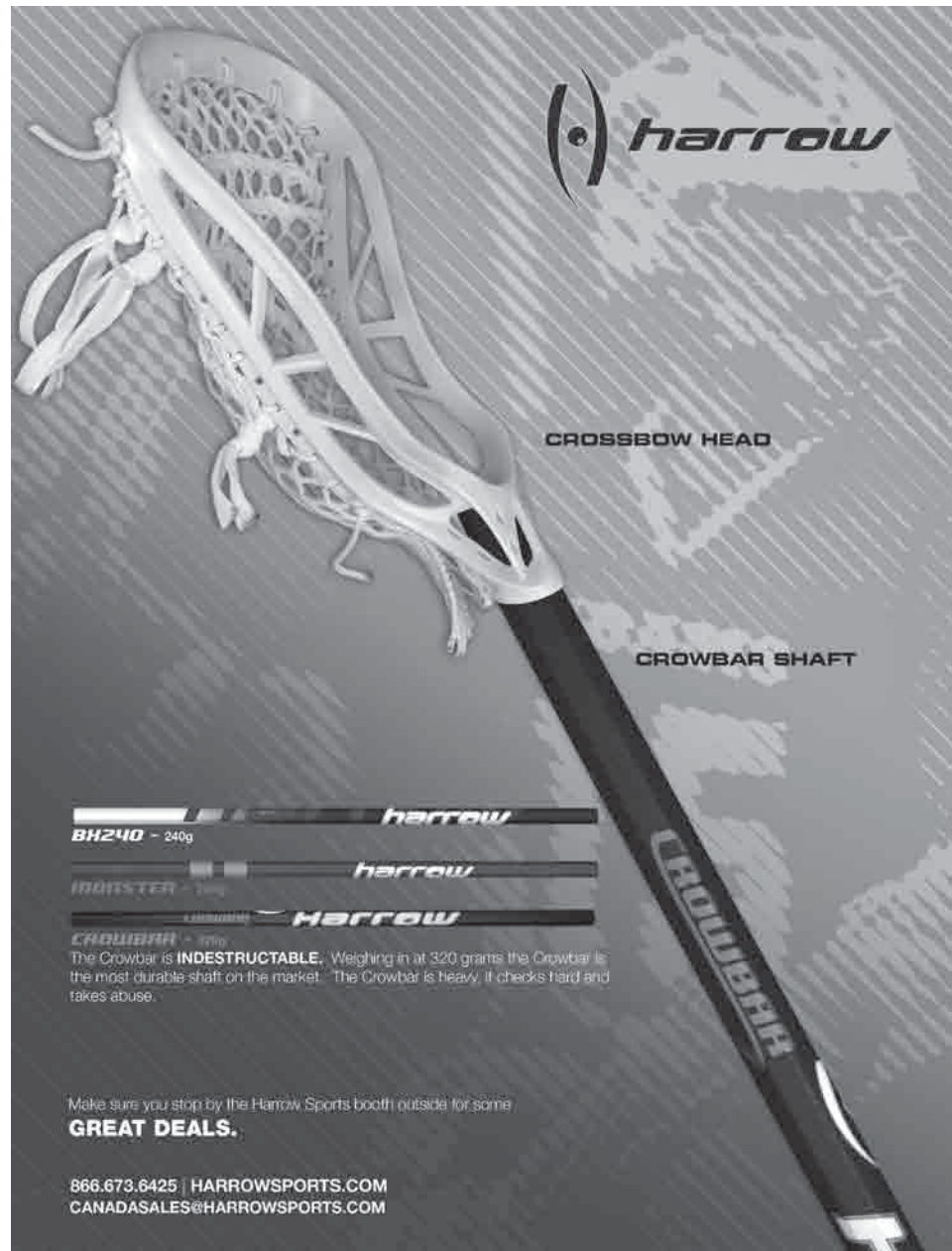
While Thomas hopes for the best for his future in lacrosse, he still has the carefree aspirations of a typical Grade 11 student. He wants to stay involved in the sport in any capacity and believes he will end up coaching someday.

In the meantime, he needs to take care of other things, like working toward graduation and getting his learner’s license so he can drive Nan’s van.

As the afternoon winds down, Thomas and his friend Cameron wander over to a small cement pad that has goal nets on each end. A big smile spreads across Marcus’ face as he tells how his foster dad built that pad just for the kids.

The boys effortlessly toss the ball back and forth to each other, sharpening their stick skills.

The Timbermen will be playing the following day, and Thomas looks forward to his summer with them. He hopes his team makes the playoffs so he can have an extended lacrosse season.



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# Team Andre takes BCLA 2011 Golf Classic

By: LacrosseTalk Staff

On Thursday June 23, 2011 the BC Lacrosse Association hosted the 10th Annual President's Golf Classic, honouring Skip Chapman at the Carnoustie Golf Course in Port Coquitlam, BC.

The event was just shy of a total sell out and thank you to all who participated. Canadian Lacrosse Hall of Famers who attended included Paul Parnell, Bob Babcock and Sohen Gill. Many pro players and Senior A players also rounded out the field.

We take great pride in bringing the lacrosse community together with players, coaches, fans and friends of lacrosse for a day of golf and a chance to reconnect. The event started with a sprinkle, but was beautiful the rest of the day -- as sponsors, lacrosse friends and players alike competed in the Texas Scramble event.

Each hole was sponsored by a company of which the BC Lacrosse Association is very grateful for their support. They included; Authentic Wine & Spirit Merchants [yellow tail] wines, Sports-Can Insurance, GoodLife Fitness, Ocean Fisheries Ltd., BCLA, Delta Burnaby Hotel and Conference Centre, X-treme Sports Gear, Warrior Sports Canada, Investors Group, Coquitlam Senior Adanacs, Beachcomber Hot Tubs, Delta Whistler Village Suites, Coastal Web Press Company, Lougheed Village Pub, Freedom 55 Financial, Pacific Fasteners Ltd. and the Dorothy Robertson Family. Thank you for your continued support!

The golf shirts were sponsored by Firststar Sports Inc. and Whistler Water and Beaver Buzz provided all the beverages during the day. A special thanks to Thrifty Foods-Austin Station for their sponsorship of all the long-drive and closest to the hole promotions as well as the fruit and cookies at registration; and to Old Dutch Chips for additional munchies.

Many thanks also go out the endless list of companies who donated prizes for the foursome gifts. Thanks to: 57 Below Liquor Store, Authentic Wine & Spirits Merchants, BCLA, Beachcomber Hot Tubs, Big Kahuna Sports, Carnoustie Golf Course,

Delta Burnaby Hotel and Conference Centre, Delta Vancouver Airport, Delta Whistler Village Suites, Deluxe Seafood Vancouver, EA Sports, Firststar Sports Inc., Foggy Dew Public House, Fraser Downs Racetrack, Freedom 55 Financial, Gino's Restaurant, Hastings Park Entertainment Inc., Hugh & Diane Hammond, Investors Group, John B Pub, Lougheed Village Pub, Me-n-Ed's Pizza-Poco, Moonraker's Pub, Mr. Mikes Steakhouse & Bar, Original Joes, Pacific Breeze Winery, Paddlewheeler Pub, Redl Sports, River's Reach Pub, Rhino's Pub, Sammy J Peppers, Shell Station 49th Street, Stefano's Restaurant, SUBWAY Restaurants of BC, Sun & Province Newspapers, Taverna Greka, Textile Innovations, Thrifty Foods-Austin Station, WLA, Woody's Pub, Van Houtte Coffee and Whistler Golf Course.

The Dorothy Robertson Family Putting Contest was won by Maple Ridge's Steve Jansson winning the \$100 Deluxe Seafood Vancouver prize. The Hole #14 Whistler Golf getaway package included a round of golf and one night stay at the Delta Whistler Village Suites went to Cory Sears. Diane Hammond and Investors Group offered great hole promotions to help raise awareness of their companies. Mike Heads won the Skip Chapman pencil count guessing exactly 571 pencils.

The men's Thrifty Foods closest to the hole award was won by Terry Docker while Jordan Beveredge smoked a huge drive to win the Thrifty Foods long drive contest. For the ladies, Chantelle Beveredge was closest to the pin while Bard Tatham had the long drive. And last but not least, the winning foursome, after a 5-team tie-breaker, scoring 10 under par, was the Lance Andre foursome including Lance Andre, Mike Leon, Ron Williams, and Steve Jansson.

Thank you to all the participants and volunteers like Sohen Gill, Heather Gale, Corrine Perriman, Barbara Bensmiller, the BCLA staff and the Carnoustie staff for making this a great event. Be sure to keep June 21, 2012 free in your calendar for next year's event.



Photo: Darcy Rhodes

Team Andre wins a 5-team tie-breaker to win. (L-R): Ron Williams, Sohen Gill, Lance Andre, Mike Leon and Steve Jansson. (He was not in the picture but was part of the foursome.)

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## Cathrea Resigns as Co-Head Coach at Simon Fraser



Photo: Bebb Studios

Jeff Cathrea coached SFU from 2002- 2011.

By: William Howard, SFU Lacrosse Media Relations

Simon Fraser University men's lacrosse Co-Head Coach Jeff Cathrea has announced his resignation after completing his 7th season at SFU in 2011. Cathrea made the decision to step down in order to pursue a Master's degree in physical therapy.

Cathrea has been involved with the men's lacrosse program at Simon Fraser for over a decade. Cathrea began as a player at SFU in 1997 where he would become a four-year starting Attackman and four-time Captain for the Clan. In forty-eight (48) games, Cathrea would amass an impressive 159 Goals, 51 Assists and 210 Points. This would be

good for #4 All-Time in the Clan's record books for Goals and #5 All-Time in Points. This would also make Cathrea one of Simon Fraser's most decorated lacrosse athletes being named a USILA East/West All-Star in 1998, three-time PNCLL 1st Team Conference All-Star (1998, 1999, 2000) and a USLIA 1st Team All-American in 2000. In 1999, Cathrea would also win the PNCLL Conference Scoring Title and be named to the USILA All-Tournament 1st Team on route to becoming the USILA Tournament Offensive MVP.

Named Co-Head Coach at Simon Fraser prior to the start of the 2005 season, Cathrea would help compile a 76-32 (.704) record. Over that period, he helped lead the Clan to back-to-back PNCLL Conference Championships in 2008 and 2009 and three MCLA National Championship Tournaments, including an appearance in the MCLA Semi-Finals in 2010 and consecutive MCLA Quarterfinal appearances in 2008 and 2009.

Cathrea, along with fellow Co-Head Coach Brent Hoskins, hold the school record for both wins in a season (16) and wins in a career (76). They were also honored as three-time PNCLL Division I Coaches of the Year from 2008-2010.

Hoskins will remain at the helm of Simon Fraser and assume the title of Head Coach for the 2011-2012 season. 2012 will mark Hoskins' 10th season on the SFU sidelines, and 14th season overall, having served as Defensive Coordinator in 2003, an Assistant Coach in 2004 and Co-Head Coach since 2005. Hoskins also played four seasons for the Clan from 1999-2002 where he was named a PNCLL Conference All-Star and a USLIA 2nd Team All-American at close defense.



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MeritAward Categories include:

The Award Winners will be presented during the 2011 BCLA Annual General Meeting Banquet next October 2011.

Our volunteers are important to us, and recognizing outstanding contributions from within our community gives us a great reason to celebrate lacrosse!

Hugh Gifford (Manager of the Year)  
Ruth Seward (Outstanding Volunteer at the Local Level)  
Art Daoust (Executive Volunteer)  
Leon Hall (Youth Field Lacrosse Association of the Year)  
Jimmy Gunn (Field Referee of the Year)  
John Cavallin (Field Coach of the Year)

The Award Winners will be presented during the 2011 BCLA Annual General Meeting Banquet next October 2011. Our volunteers are important to us, and recognizing outstanding contributions from within our community gives us a great reason to celebrate lacrosse!

For more information or to download the nomination forms, please visit the BCLA Website at: [www.bclacrosse.com](http://www.bclacrosse.com) or contact the BCLA Office (604) 421-9755

The WLA is No Longer a Three Team Race

By: Teddy Jenner

As the hunt for the West’s first Mann Cup in six years continues on hardcourts across the lower mainland there’s a noticeable shift from the usual tri-team domination lacrosse fans have become accustomed to.

For the past two decades three teams have ruled the Western Lacrosse Association, the Coquitlam Adanacs, the Victoria Shamrocks and most recently the New Westminster Salmonbellies. Between them they have 20 WLA titles, 20 Mann Cup appearances and yet only six Mann Cup titles (Victoria-4, Coquitlam-1, New Westminster-1). This year, the Salmonbellies were labelled the team to beat with many already penciling them in as hosts of the 2011 Mann Cup. Things haven’t gone quite as expected though with New West not dominating as expected and Victoria getting swept in the first round. In fact, nothing was really par for the course this year in the west.

Many are noticing that the gap is tightening. From top to bottom every team was competitive this year, more so than in the past and that will prove to be a huge factor in developing the game in BC. With more and more National Lacrosse League players calling the West home during the summer months, the level of competition in the WLA continues to grow.

When we came down to the final week of play in the 2011 regular season every team still had a

shot to make the play-offs which made for some fantastic action on the floor. The last weekend of play saw Nanaimo, Maple Ridge and Burnaby fighting for the 4th and final spot and a shot at the ‘Bellies.

While we’re in the midst of the WLA post season, the question being asked is can anyone take over the ‘big three’ - well it’s not a matter of ‘can’ but seemingly ‘when’. It’s often been remarked that the Salmonbellies, while importing names like Jeff Zywicki and Rory Smith and trading for the likes of Alex Gajic, Curtis Hodgson and Kevin Crowley, the draft has been where they’ve done some of the best team building. Looking at the growth of the Burnaby Lakers, Maple Ridge Burrards and Langley Thunder you can see how drafting smart can vastly improve your team’s chances.

Just this year alone- Brodie MacDonald, Chris Seidel, Dan Lewis, Colton Clark, Riley Loewen, Scott Jones and Carlton Schuss, all BC drafted talent, all made an impact in their first year. It’s a key factor in team development when you get guys who can produce right from the start.

When teams draft properly and use that talent to improve, it makes everyone better. We didn’t have a case where the first over-all pick said he would only play for one team. There was plenty of talent and they all wanted their shot to make an impact regardless of where.



Photo: Dan Brodie

Thunder rookies goalie Brodie MacDonald backstopped Langley to their franchise first playoff series victory sweeping the Shamrocks 4-0.

Parity is back in the WLA and while the west still looks for its first Mann Cup since 2005, having better competition during the regular season will only prepare the champion to do battle with the best the East has to offer.

WLA Announces 2011 League Awards

The Western Lacrosse Association announced the 2011 All-Stars and league awards.

The 2011 WLA First Team All- Star Team: Tyler Richards (New Westminster); Curtis Manning (New Westminster); Ian Hawksbee (New Westminster); Curtis Dickson (Maple Ridge); Scott Ranger (Nanaimo); and Rhys Duch (Victoria). The Second Team All-Stars are: Brodie MacDonald (Langley); John

Lintz (Langley); Rob Van Beek (Langley); Cory Conway (Coquitlam); Dane Dobbie (Coquitlam); and Ilija Gajic (New Westminster).

The WLA League Awards are as follows: Leo Nicholson Trophy-Outstanding Goaltender Tyler Richards (New Westminster), Ab Brown Trophy-Most Sportsmanlike Team Burnaby Lakers, Ed Bailey Trophy-Rookie of the Year Brodie MacDonald

(Langley), Dorothy Robertson-Coach of the Year Rod Jensen (Langley), Norm Kowalyk Trophy-Executive of the Year Bill Hicks (WLA/Maple Ridge), Maitland Trophy-Outstanding Play Sportsmanship Assistance to Minor Lacrosse Tyler Codron (Maple Ridge), Commission Trophy-Most Valuable Player Scott Ranger (Nanaimo), Gord Nicholson -Defensive Player Curtis Manning (New Westminster), Three-Star Award: Scott Ranger (Nanaimo), League Top Scorer: Scott Ranger (Nanaimo) and the Fred Wooster-Unsung Hero Brett Mydske (Langley).

2011 BCLA Box Lacrosse Provincials Warrior Fair Play Awards

Female-Junior

Shayna Goodwin (New West 1)  
Tamara Harris (New West 2)  
Diane Min (Burnaby)  
Paisley Hamill (Poco)  
Tori White (Coquitlam 2)  
Amanda Kowatski (Nanaimo)

Female-Midget

Bonita Chafe (New West 1)  
Kaely McMurtry (Poco)  
Darby Flynn (Nanaimo)  
Gaby Jones (New West 2)

Female-Bantam

Zoe Loewen (New West 2)  
Morgan Moore (Coquitlam)  
Claudia Funaro (Burnaby)  
Dannielle Hardy (Nanaimo)  
Nikita Bagg (Poco)  
Samantha Feng (Port Moody)

Female-Pee Wee

Isabelle Calderhead (Coquitlam 1)  
Rylee Mackenzie (Coquitlam 2)  
Megan Stewart (Ridge Meadows)  
Sarah Kuhn (Burnaby)  
Erica Berg (Poco)  
Ainsley Allan (Nanaimo)

Coaches & Official

Janine Armstrong  
Matt Augustine  
Rick Geddes  
Paul Kuhn  
Justin Gillespie (Official)  
Emily Goss (Official)

Midget A1

Conner Stroup (Coquitlam)  
Matt Olson (Ridge Meadows)  
Jeremy Lashar (Burnaby)  
Garrett Brown (Delta)  
Travis Allen (Poco)  
Jordan Clarke (Saanich)

Midget A2

Kyle Pauwels (Kamloops)  
Kyle Yates (Richmond)  
Josh Veres (Mission)  
Ben Miller (Coquitlam #1)  
Jared Best (Coquitlam #2)  
Kevin Glanfield (Cowichan Valley)  
Jeff Ainsworth (Prince George)  
Zac Henderson (Westshore)

Midget B

Cullen Pinter (West Kootenay)  
Keith Minnis (Shuswap)  
Brandon Legree (Coquitlam #2)  
Kurtis Thrasher (Delta)  
Wade Perry (Poco)  
Philip Nelson (Coquitlam #1)  
Tyler Carter (Victoria-Esquamalt)  
Blayne Olney (Campbell River)

Midget C

Aric Anderson (West Kootenay)  
Ethan Quennell (Kelowna)  
Ben Abercrombie (Mission)  
Henry Zhang (Poco)  
Nick Kozevnikov (Langley)  
Spencer Hay (Comox Valley)  
August Jones (Cowichan Valley)  
Cody Colby (Williams Lake)  
Coaches & Official  
Bill Barwise, Mark Hackwell, Robbin Hoffos, Tony Spagnuolo & Peyton Lupul (Official)

Bantam A1

Trevor Peters (Burnaby)  
Reid Bowering (Coquitlam)  
Brandon Corby (Cowichan Valley)  
Liam Finnigan (Westshore)  
Owen Ballance (New West)  
Carter LaFontaine (Poco)

Bantam A2

Jake Sohier (Chilliwack)  
Tyler Seabrooke (Kamloops)  
Dallan Mazar (Mission)  
Martin Hermans (Nanaimo)  
Brayden Hoggarth (N. Okanagan)  
Liam MacDonald (North Shore)  
Nick Murray (Peninsula)  
Zach Brinton (Saanich)

Bantam B

Matt Somer (Cranbrook)  
Hayden Francis (Westshore #1)  
Conor Manahan (Westshore #2)  
Emmett Donahoe (New West)  
Jake Howatt (North Delta)  
Joel Edgar (Poco)  
Kyler Doerksen (Semiahmoo)  
Perry Qiodravu (Shuswap)

Bantam C

Mitchell Page (Cowichan Valley #1)  
Dallas McLaughlin (Cowichan V. #2)  
Trevor Hawley (Langley)  
Austin Dixon (Mackenzie)  
Tanner Fitzpatrick (Mission)  
Josh Fedrigo (Peninsula)  
Marcus Keller (Poco)  
Troy Frith (West Kootenay)

Coaches & Official

Braidy Davidson, Gord Johnson, Steven Sagh, Lorne Winship & Jacoby Krassman (Official)

Pee Wee A1

Mak Stephens (Coquitlam)  
Nathan Faccin (Ridge Meadows)  
Kobe Noda (New West)  
Brayden Brown (Westshore)

Pee Wee A2

Dylan Nishiyama (Abbotsford)  
Ethan Hunt (Kelowna)  
Tyler Ewen (Surrey)  
Chase Moore (Langley)  
Braham Lynn (Richmond)  
Justis MacKay-Topely (Nanaimo)  
Cameron Prouse (Prince George)  
Spencer King (N. Okanagan)

Pee Wee B

Kevin Harrold (Coquitlam)  
Kotchuz Corcoran (Shuswap)  
Liam O'Reilly (North Delta)  
Hugh Dawson (North Shore)  
Kyle Doerksen (Semiahmoo)  
Troy Cuzzetto (North Okanagan)  
Liam Phillips (Westshore #2)  
Liam Rivett (Campbell River)

Pee Wee C

Ty Ricard (Penticton)  
Josh Spencer (Delta)  
Garret Winter (Mission)  
Garrett Gilbertson (Westshore #2)  
Trevor Olson (Nanaimo)  
Reese Larson (North Okanagan)  
Lucas Ferby (Abbotsford)  
Erik Nystrom (West Kootenay)

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# SUBWAY® BCLA Box Lacrosse Provincial Champions Crowned



Female Junior Gold Medal Winner: New Westminster Salmonbellies #2



Female Midget Gold Medal Winner: New Westminster Salmonbellies #2



Female Bantam Gold Medal Winner: Burnaby Lakers



Female Pee Wee Gold Medal Winner: Ridge Meadows Burrards



Pee Wee A1 Gold Medal Winner: Coquitlam Adanacs



Pee Wee A2 Gold Medal Winner: Langley Thunder



Pee Wee B Gold Medal Winner: Coquitlam Adanacs



Pee Wee C Gold Medal Winner: Delta Hawks



Bantam A1 Gold Medal Winners: Coquitlam Adanacs



Bantam A2 Gold Medal Winners: Kamloops Rattlers



Bantam B Gold Medal Winners: JdF Westshore Whalers



Bantam C Gold Medal Winners: Mackenzie Norsemen



Midget A1 Gold Medal Winners: Ridge Meadows Burrards



Midget A2 Gold Medal Winners: Cowichan Valley Thunder



Midget B Gold Medal Winners: Victoria-Esquimalt Eagles



Midget C Gold Medal Winners: Mission Sasquatch

By: LacrosseTalk Staff

The 2011 SUBWAY® BCLA Box Lacrosse Provincial Championships took place during the month of July in four centres around BC. The 2011 Provincials had 110 teams with over 2400 athletes, coaches and volunteers participating in the Championships.

The events and locations were: Pee Wee and Female Provincials July 7-10 in North Okanagan and Port Coquitlam respectively, Bantam Provincials July 13-17 in Victoria and Midget Provincials July 20-24 in Coquitlam.

The 2011 SUBWAY® BCLA Box Lacrosse Provincial medal winners were as follows.

Pee Wee Girls-Gold: Ridge Meadows, Silver: Coquitlam #2, Bronze: Burnaby. Pee Wee A1-Gold: Coquitlam, Silver: Ridge Meadows, Bronze: New Westminster. Pee Wee A2- Gold: Langley, Silver: Richmond, Bronze: Surrey. Pee Wee B-Gold: Coquitlam, Silver: Campbell River, Bronze: Shuswap. Pee Wee C-Gold: Delta, Silver: Penticton, Bronze: Westshore.

Bantam Girls-Gold: Burnaby, Silver: Coquitlam, Bronze: New Westminster #2. Bantam A1-Gold: Coquitlam, Silver: Port Coquitlam, Bronze: New Westminster. Bantam A2- Gold: Kamloops, Silver: Nanaimo, Bronze: Saanich. Bantam B-Gold: JdF Westshore #1, Silver: Port Coquitlam, Bronze: JdF Westshore #2. Bantam C-Gold: Mackenzie, Silver: Langley, Bronze: Cowichan Valley.

Midget Girls-Gold: New Westminster #2, Silver: Port Coquitlam, Bronze: New Westminster #1. Midget A1-Gold: Ridge Meadows, Silver: Saanich, Bronze: Coquitlam. Midget A2-Gold: Cowichan Valley, Silver: Kamloops, Bronze: Mission. Midget B-Gold: Victoria-

Esquimalt, Silver: Coquitlam #2, Bronze: Campbell River. Midget C-Gold: Mission, Silver: Port Coquitlam, Bronze: Kelowna and in the Junior Girls-Gold: New Westminster #2, Silver: Nanaimo, Bronze: Burnaby.

The SUBWAY® Team Sportsmanship award went to the Pee Wee A1 New Westminster team, Female Junior New Westminster #2 team, the Bantam B New Westminster team and the Midget A1 Delta team.

The Warrior Tournament MVP's were as follows. Pee Wee girls MVP-Megan Stewart (Ridge Meadows), Pee Wee A1 MVP-Thomas Semple (Coquitlam), Pee Wee A2 MVP-Josh Bourne (Richmond), Pee Wee B MVP-Donovan Chan (Coquitlam) and Pee Wee C MVP-Michael Calvert (Delta). Bantam girls MVP-Carley Spagnuolo (Burnaby), Bantam A1 MVP-Christian Del Bianco (Coquitlam), Bantam A2 MVP-Maxwell James (Kamloops), Bantam B MVP-Lee Wiseman (New Westminster) and Bantam C MVP-Liam Kennedy (Cowichan #2). Midget girls MVP-Rianne Wilkinson (New West #2), Midget A1 MVP-Kyle Julien (Saanich), Midget A2 MVP-McLean Chicquen (Cowichan Valley), Midget B MVP-Graeme Bates (Victoria-Esquimalt), Midget C MVP-Jack Cowie (Port Coquitlam) and Junior girls MVP was Alex Lund-Murray (New West #2).

A special thank you to SUBWAY® Restaurants of BC for being the title sponsor of the BCLA Box Lacrosse Provincial Championships including sponsoring the Meal Program offering a \$5 Cash Card to every athlete participating in the 2011 Provincials, as well as, the title of the Team Sportsmanship Awards; major sponsors Warrior Sports Canada for being the

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Also, we could not put on such quality tournaments without our many volunteers from all over BC. Thank you to the Provincial Tournament Committees with their volunteer teams for their endless hours of work preparing for the events. Your help is appreciated by the athletes, parents and friends of lacrosse.

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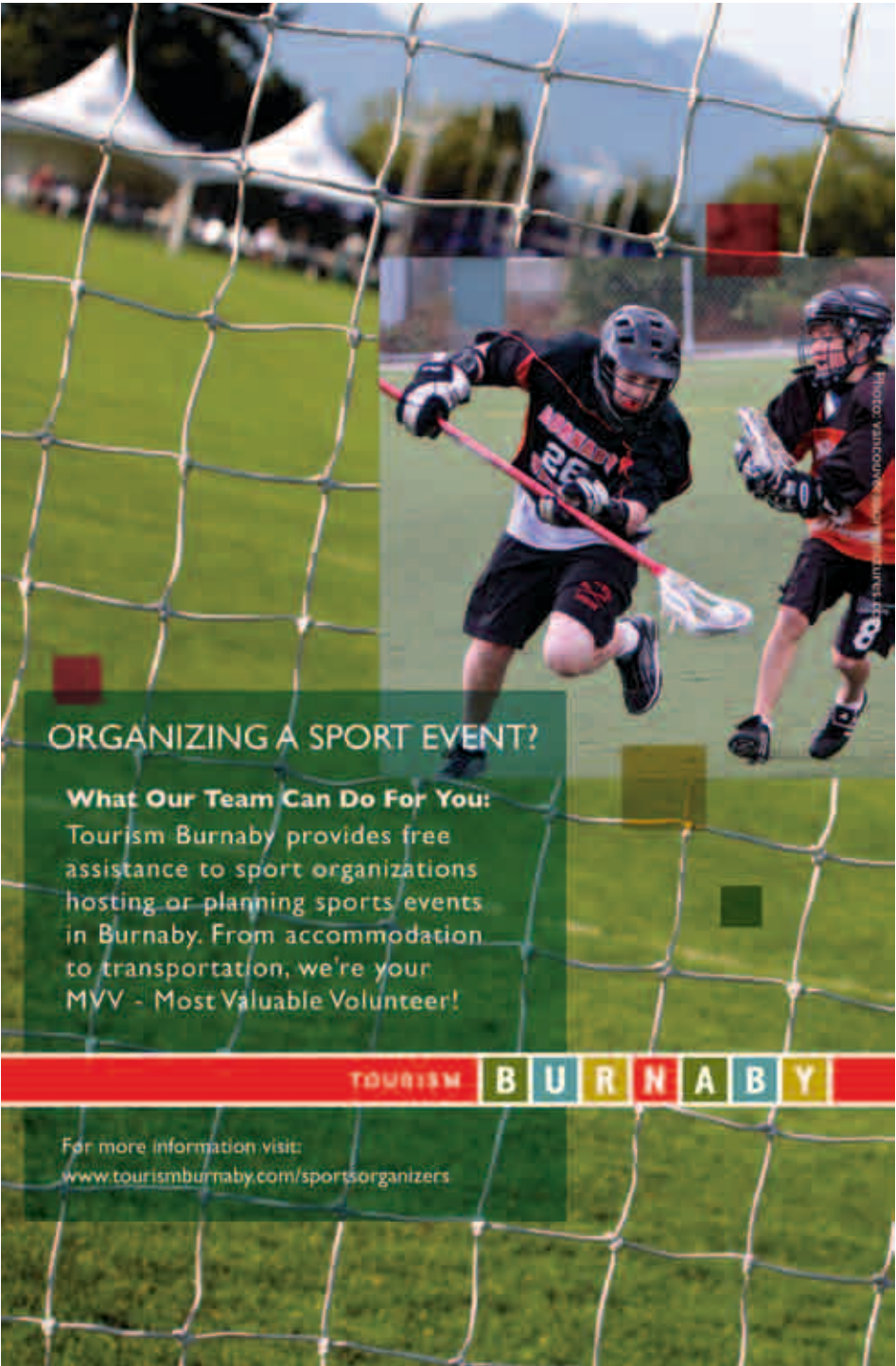
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# Team BC – Important for Development



“The Team BC Program has done a great deal in developing lacrosse from the perspective of our athletes as well as our coaches”

*Team BC Field Lacrosse Co-ordinator Rey Comeault.*

By: LacrosseTalk Staff

Many forty and fifty-something ex-lacrosse players remember their childhood lacrosse experiences – games in the outdoor boxes under the hot evening sun in places like Confederation Park, Moody Park or Lambrick Box in Victoria. Kids running around with wooden sticks, knee pads and the old heavy cotton jerseys playing the game they loved.

Athletes competed for the fun of the game and the chances to stay close to schoolmates in the summer months while forging new friendships with others in their hometown. As the athletes grew with the game, the game grew with them and competitions were a part of the lacrosse experience at weekend tournaments, provincial and national championships.

Back in the day, the national tournament was an event that brought together teams from most provincials across Canada – teams from places like Baie Comeau, PQ; Biggar, Sask; Rexdale, ON; Acadia-Calgary, AB and the traditional teams from St. Catharines, Peterborough, New Westminster and Burnaby. Club teams were invited to compete and many accepted the invitations to expand their team’s skills and have the athletes experience an event that would stick in their minds for a lifetime.

As lacrosse participation dwindled in the late 1980’s, so did the number of minor national events, the last one on record being in the early 1990’s.

Fast forward to 2003. The CLA, OLA and other MA’s brought the nationals concept to the table and resurrected the tournament after over a 15-year dormancy. The new national format moved from an invitational to include true provincial lacrosse teams.

The Team BC program was developed in 2004 with a Pee Wee team entrant in the new minor box lacrosse national championships in Whitby, Ontario. Athletes are identified around the province, train regionally, selected to a main camp, train as the best athletes in their age groups and finally a team of 20-some athletes selected to represent the BCLA as Team BC.

The natural progression to build the box lacrosse national event was to add the Bantam athletes, then Midgets of which the CLA did in 2005 and 2007 respectively. Since that time, the increase participation in female box lacrosse pushed the CLA to include a Female Bantam national tournament (2009) and the latest Female Midget national tournament in 2011. On the field lacrosse side of competitions, there have been youth national tournaments for U19 and U16 teams since the 1990’s.

The goal of the Team BC program is to develop athletes and coaches to their highest potential and teach all a higher level of lacrosse. The skills gained by the athletes and transfer of knowledge from coaches at these camps are immeasurable in the overall growth of the athlete and coach. This knowledge gained is paid forward with new teachings from coach to coach, coach to player and player to player back in their hometowns. Mike Marshall, Team BC Box Lacrosse Co-ordinator, sees the long-term development of these coaches is beyond measure.

“Team BC coaches, especially district coaches, have come a long way in their own

professional development,” stated Marshall. “Coaches all over the province who may not get the opportunity to coach

a team at a high level are af-

forded the opportunity to recruit athletes, contribute to the tryout process and then compete at the main camp tournament. These coaches are enlightened in most cases to the pressures and organization involved in our Team BC high performance program and carry these experiences back to share with their home clubs.”

It is true not all athletes are selected to wear the Team BC jersey. There are, however, numerous other athletes that have been a part of the extended Team BC program who trained with and against these high performance athletes and not been selected to the final team. This high performance training has raised their level of play simply by competing with this pool of athletes and learning from the knowledgeable coaches.

“The Team BC Program has done a great deal in developing lacrosse from the perspective of our athletes as well as our coaches,” stated Team BC Field Lacrosse Co-ordinator Rey Comeault. “I have found that the players who competed together within the Team BC Program developed a very strong personal connection that lasted through their minor lacrosse careers into senior. I believe the element of peer pressure in performing to their highest ability level when facing their Team BC counterparts was a driving force in their development as a player and an individual.”

As players age through the Team BC program, the turnover rate from year-to-year on the final teams is approximately 40-50%. These trends state athletes continue to try out biennially (every two years) and half the final roster selected athletes are new. This allows the opportunity for players to tryout again knowing they still have a good chance of making the team. Athletes that may have once tried out for a Team BC team but never selected would hopefully improve their skills through their Team BC experiences and continue with lacrosse and push themselves to one day make one of the Team BC teams.

“I have witnessed players who have been unsuccessful over several Team BC Box and Team BC Field evaluations continue to improve and express interest in the respective Box or Field Programs, explained Comeault. “Ultimately through their perseverance the players have been successful in making one of the teams. I believe the desire to compete at the highest level amongst their peers is a driving force for the athletes to continually achieve the development of their game.”

So why does Team BC exist in the bigger picture of athlete development? It is a major stepping stone in the Long-Term Athlete Development (LTAD) model for athletes. If lacrosse was an Olympic sport, these types of steps are necessary to train athletes (and coaches) and compete at the highest levels possible. The progression would be to compete at Summer Games, Western Canada Games, Canada Games, Pan-Am Games, Commonwealth Games and ultimately the Olympics.

Since Lacrosse doesn’t follow the same development path as traditional Olympic sports, our athletes’ development path, in lacrosse terms, is a path that follows Minor Lacrosse, Summer Games, Provincial Teams (Team BC), Junior A, College, Senior A, Major League

Lacrosse, National Lacrosse League and International Teams.

Past Team BC athletes are currently working their way through the development cycle and are making their mark on the sporting and lacrosse communities. For example, the inaugural 2005 Team BC Bantam Team had 23 athletes on the roster – nine athletes currently attend colleges with lacrosse programs; 6 play in the BC Jr. A Lacrosse League; 2 in the BC Jr. B League; one attends an NCAA school and plays hockey; four athletes careers are unknown; and one has been drafted by the Buffalo Sabres of the NHL.

Another account that our athletes are progressing and going places is proof in the number of athletes on the 2011 Team BC U19 field team roster already enrolled in colleges with lacrosse programs. Half of the 21-player roster are enrolled or will be in the 2011-2012 academic year. This trend of lacrosse players attending college has been on the increase over the years and will surely gain momentum as athletes commit to schools well before their grade 12 graduation.

The Team BC process continues to grow and improve with feedback from athletes, coaches and volunteers. The BCLCA and the coaches have never worked harder improving their knowledge over the years. Their experiences have been positive with many coaches returning to duty on a Team BC bench.

“Team BC is not a perfect system and we strive to tweak it every year and we are not fearful of constructive change,” explained Mike Marshall. “I think our reputation for fairness in selection is a good one and we have always preached that we are not an all-star team, but a group made up of differing properties, in order to compete as a complete team. I have always stressed impartiality and equity in our dealings with players and coaches which seems to bring a good response. I do however think it is a system that has improved not only players, but coaches as well and especially the game of lacrosse in our province of British Columbia.”

The Team BC Box and Field Lacrosse programs annually battle Ontario for lacrosse supremacy. In many instances, Team BC has fallen just short of a title. Team BC box teams last netted a national title with the Bantams in 2006 and Pee Wees in 2008 while Team BC Field teams have fared only slightly better with the U19’s last winning gold in 2008 with the U16’s still chasing gold. The Team BC teams battle hard every year to be national champions. The efforts admirable, preparations intricate, but no matter the finish, it is the experiences for all involved that will be everlasting.

“It seems we are always one goal, or one save away from that gold medal,” said Mike Marshall.

And that said, it is the Team BC goal to be that much better for next year in search of gold!

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# Team BC Digs for Gold

By: LacrosseTalk Staff

The 2011 Pee Wee, Bantam and Midget Bantam National lacrosse tournament took place July 31 - August 6 at Iroquois Park in Whitby, Ontario, while the Female Bantams and Midgets hosted the all-female nationals July 23-28 in New Westminster.

After being shut out of all gold medals in 2010, 2011 was looking brighter for golden results.

The Team BC Female Bantams and Midgets were both poised to compete at a high level after a great final result for the Bantams in 2010. The Midgets ran the board winning 6 games in the round-robin losing none while the Bantams won 5 games, dropping one game to Ontario by one goal. Both teams were positioned in the finals versus arch enemy Ontario.

The BC girls gave it their all but fell short in the finals. The Bantams lost a hard fought final game 4-3 to Ontario while the Midgets could only muster a single goal, losing 3-1, again to Ontario.

With the Team BC Female team's golden hopes dashed it was up to the boys teams to bring home the gold from Ontario.

The Team BC Pee Wee team went 8-1 in the robin action -- the one blemish was a 6-2 loss to Ontario. BC would get bumped from the gold game losing a 5-4 decision to the Iroquois. The boys re-grouped to trounce Alberta and bring home the bronze. Arguably, this Pee Wee team was one of the best fielded in years, but couldn't prove it in the gold game. Both head coaches agreeing a great missed opportunity.

"The Ontario coach said to me 'this is the best Pee Wee team from BC I've ever seen,'" stated Pee Wee coach Lance Hofseth. After the Iroquois semi-final loss, the two would chat again with Hofseth saying 'we handed you the

The 2011 Pee Wee, Bantam and Midget Bantam National lacrosse tournament took place July 31 - August 6 at Iroquois Park in Whitby, Ontario, while the Female Bantams and Midgets hosted the all-female nationals July 23-28 in New Westminster.

gold medal.' True enough, Ontario went on to beat the Iroquois 10-1 while BC beat Alberta by the same score.

The Team BC Midgets had a lackluster round robin for their standards posting a 6-2 record with losses to the Iroquois and Ontario by the same score 7-3. The Midgets would meet the Iroquois again in a semi-final rematch only to drop a 7-4 decision and a spot in the bronze game. BC would pull up their socks and do battle with the new kids on the block, Alberta, who have been on the heels of BC for a few years. BC would grind out a 9-8 victory to bring home the bronze.

The Team BC Bantam team had the last gasp effort to win a gold medal for BC. They too posted an 8-1 record in the round robin, dropping an 11-3 loss to Ontario.

BC earned spot in the semis against the Iroquois who they beat 5-4 the day before.



Team BC Female Bantams



Team BC Female Midgets



Team BC Pee Wees



Team BC Bantams



Team BC Midgets

Another tight match ensued with BC posting a 3-2 win and a spot in the gold medal game.

The BC Bantams went into the gold medal game as big underdogs after their 11-3 loss to Ontario. The gold medal game was a close affair with BC opening the scoring and a hard defensive battle the rest of the way. BC held a 3-2 lead into the third only to have Ontario tie it late in the game and take a lead late in overtime to seal the 4-3 victory.

"We should have beaten them," stated team manager Luis Macedo. "We were the better team -- we hit so many posts."

A special thanks to all Team BC volunteers, Team Managers and BCLA partner Firststar and major sponsor Warrior Sports Canada for the flashiest uniforms in the tournament.





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# Team BC U16 Golden – U19's one Goal Shy

By: LacrosseTalk Staff

The 2011 First Nations Trophy/Alumni Cup Nationals took place September 2-4, 2011 in Burnaby, BC. Team BC was well represented by the Team BC U19 and U16 teams hungry for gold.

Six teams competed for the First Nations Trophy from BC to the Atlantic Provinces. The U19's finished the round robin with a 4-1 record netting a whopping 26 goals per game while yielding less than 5 per game. The U16's finished with 3 wins and 1 loss.

The Under 19 First Nations Trophy round robin scores were: BC 31 Manitoba 0; BC 29 Alberta 4; BC 35 Team Atlantic 0; Ontario 15 BC 12; and BC 24 Saskatchewan 5.

In the championship match, Team BC fell short by one goal dropping the First Nations Trophy gold medal game 13-12 to Team Ontario. This marked the second time in two years that Team BC lost by a single goal to Ontario in the gold medal match.

U19 All-Star Team included: Goalie: Brennan Donville (Ontario). Defense: Derek Searle (Ontario), Danny McDermott (Team BC) and Aaron Moroney (Ontario). Midfield: Jay Lindsay (Ontario), Jessie King (Team BC) and Drew Dziakyk (Saskatchewan). Attack: Reegan Comeault (Team BC), Zachary Porter (Team BC) and Ward Spencer (Saskatchewan).

Five teams also competed for the Under 16 Alumni Cup from BC to Ontario. The U16 Team BC team finished the round robin with a 3-1 record scoring 74 goals while allowing 20 in the round robin.

The Under 16 Alumni Cup round robin scores were: BC 31 Manitoba 0; BC 20 Alberta 4; Ontario 10 BC 8; BC 15 Saskatchewan 6.

In the championship games, Team BC U16's outlasted Team Ontario in the final frame to win the gold by a score of 11-10 over Ontario. This marked the first gold medal for all Team BC teams since 2008 and the second time in two years BC met Ontario in the gold game. This year it was BC's turn to hoist the Alumni Cup.

The U16 All-Star Team included: Goalie: Stuart Smith (Team BC). Defense: Ryan Mylles (Ontario), Aaron Madaisky (Team BC) and Brad Hoffman (Team BC). Midfield: Michael Panowyk (Ontario), Reece Callies (Team BC) and Logan Fischer (Saskatchewan). Attack: Brett Kujala (Team BC), Ryan Johnston (Ontario) and Jackson Hulbert (Ontario).

The two Team BC teams were very well prepared for this year's nationals and were one of the most talented programs player for player in recent history. The earlier start this year, and exhibition matches helped in the preparations. Both head coaches Brian Spaven (U19) and Scott Browning (U16) and their staffs should be commended for their commitment and the great show they put on at the 2011 Nationals.



Team BC U19 Field Lacrosse Team wins silver medal at First Nations Trophy.



Team BC U16 Field Lacrosse Team is 2011 Alumni Cup National Champions

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## Coaches Corner ~ Bill McBain and Coaching

By: Duane Bratt, CLA National Resource Person

In the many tributes to Bill McBain, much has been made, deservedly so, about his contribution to coaching. However, they do not go much into the details and, I believe, it is in the details that we learn much about Bill's commitment to improving lacrosse coaching in Canada. As someone who worked very closely with Bill in the CLA coaching sector for almost a decade, I feel qualified to provide a full description of many of the coaching initiatives that Bill spearheaded. Here are just a couple of key initiatives.

Several years ago the CLA introduced an in-person/video analysis of "Support to Athletes in Training" as part of the certification process for Competitive-Introduction. This involved a trained evaluator witnessing a coach running a practice. The coach would be assessed on safety, a high level of activity for the players, and the types of interventions. I was tasked with developing the evaluation criteria, designing tools, and training the evaluators. Bill took it one step further. He decided that since this type of evaluation had never been done before in lacrosse, that what was needed was a training video. So Bill decided to write the script and produce a video that would be a step-by-step guide for coaches and evaluators to the process. It ran the gamut from applying for an evaluation, to conducting the evaluation, to the final coach-evaluator post-practice debrief. Filming involved scenes from all three disciplines: box, men's field, and women's field. Bill got Paul Winterton to film it and it starred many prominent BC lacrosse people (Terry Mosdell, Mike Marshall, Brian Spaven, Karen Blake). The DVD was included with every competitive-introduction manual and uploaded to the CLA online coaching program. It was a hit! In fact, the Coaching Association of Canada - and many other sports too - absolutely glowed over the presentation, content, and effectiveness. This proved, and not for the first time, that for an old school guy, Bill was pretty progressive in his thinking. He always made sure that the coaching program contained the latest in sport science information and was delivered using modern

technology. Bill was a big believer in video as he believed that most lacrosse coaches were "visual learners." Therefore, he also produced videos for the motion offence, trainers, and the "detect/correct mistakes" for box and field. In addition, he also provided technical support for the new Fun with Lacrosse Fundamentals DVD.

As most people know, Bill spent decades in the Canadian Navy. He used that background to support the coaching program in many ways. One key way was through the creation of the Coach Apprentice program. He believed strongly in grassroots lacrosse and felt that the Coach Apprentice program was ideal for house league systems. Instead of requiring coaches to go to a 2-day long coaching clinic, they would be mentored by a certified coach throughout the season. This type of hands-on training was standard in the military, and Bill hoped that it would lead to more practical learning by new lacrosse coaches.

Finally, I would like to make a couple of comments about Bill's style. His greatest strength was in identifying and recruiting good people. It was tough for people to say no to Bill. This is how Joanne Stanga and Roxanne Curtis began leading the women's field discipline. This is how Frank Nielsen, after winning a World Field Lacrosse Championship in 2006, became a member of the Long-Term Athlete Development program working on mini-tyke lacrosse. This is how I became National Resource Person for Coaching. Although based in BC, Bill made sure that the CLA coaching sector was strong across the country. Bill was also very good at the political game. He always said that he had no use for politics, but if you could watch him handle the CLA Board, or the head office, the provinces, or the Coaching Association of Canada, you would not believe him.

Bill was a mentor and a great friend. The times that we spent working together on lacrosse were some of my best moments. Whether it was on the floor, on the field, in the classroom, on the phone, or in a bar, we loved talking about lacrosse.....I miss him.



# Nine Clan Players earn Individual Honors in 2011

By William Howard, SFU Lacrosse Media Relations

Fresh off a 9-9 season that saw a young Clan squad finish as runners-up in the Pacific Northwest Collegiate Lacrosse League (PNCLL) Finals, several members of the Simon Fraser University men’s lacrosse team earned individual honours in 2011. Four Clan players were named to the Men’s Collegiate Lacrosse Association (MCLA) Division I All-America Team, while nine SFU players received PNCLL Division I All-Conference recognition. Among the nine all-conference selections were four PNCLL first team honorees, with attackman Calvin Craig also being named PNCLL Freshmen of the Year and Offensive Player of the Year.

Craig led the way for the Clan amassing 100 goals and 32 assists for 132 points in 17 games, topping the MCLA in goals-per-game (5.882) and finishing second in points-per-game (7.765). In only his freshman season, Craig became the first SFU player to score 100 goals in a season, also setting the single game records for both goals (15) and points (19). Craig was the only freshman on the MCLA All-America first or second team, in addition to being named PNCLL Freshman of the Year, PNCLL Offensive Player of the Year and to the PNCLL All-Conference First Team.

Joining Craig on the MCLA All-America Team and rounding out Fraser’s list of PNCLL First Team All-Conference selections, were senior Luke Genereux and sophomores Colton Dow and Eric Ransom as MCLA All-America Honorable Mentions.

Genereux was named an MCLA All-American for the second straight year after receiving honorable mention status last season. Genereux was also named a PNCLL First Team All-Conference selection for the third and final time in his collegiate career, after earning the same honor in both his freshman and junior year.

Dow finished the 2011 campaign with 56 goals and 55 assists for 111 points in 18 games. His 3.055 assists-per-game ranked second in the MCLA, while his 6.167 points-per-game ranked third. His 55 assists set a school record for assists in a season, while he also registered the program high for assists in a game at 12. Additionally, Dow became the second player in school history to total 100 or more points in a season and only the seventh player at SFU to post over 50 goals in a year.

Ransom also had an impressive sophomore year, finishing fourth in team scoring with 53 point on 34 goals and 19 assists in 17 games, making him the highest scoring midfielder in the PNCLL and earning both All-American and All-Conference recognition for the first time.

Garnering PNCLL All-Conference Second Team honors were freshmen Cory Koesdibyo and Riley Wanzer and junior Rick Bezuidenhout, while PNCLL Honorable Mentions Nathan Clare and Max Weselowski rounded out the list of PNCLL All-Conference recipients.

Koesdibyo had an outstanding freshmen year, starting 16 games at attack and finishing third in team scoring with 41 goals, and 34 assists. His 75 points are the third most all-time by a freshman at SFU. His 34 assists ranked second on the team, while his 41 goals ranked third.

Wanzer also had an impressive freshman year. The Washington State native started 17 games at LSM and finished fourth on the team in ground balls with 73. He also led all Clan long-stick defenders in goals on the season with 4.

Bezuidenhout earned a reputation as one of the PNCLL’s top short stick defensive midfielders in 2011, finishing fifth in team scoring with 25 goals and 10 assists for 35 points, while also playing a pivotal role for the Clan on both defense and transition.

Clare wrapped-up an accomplished collegiate career by being named a PNCLL All-Conference selection for the third time, after being named to the PNCLL All-Conference Second Team in 2010 and First Team in 2009. Clare was also named an MCLA All-American Honorable Mention as a junior last season. Clare finished second on the team in ground balls with 96.

Lastly, Weselowski enjoyed one of the finest statistical seasons for a face-off specialist at Simon Fraser in 2011. Stepping in as the Clan’s starting face-off specialist three games into the season; the first-year drawman led the team in face-offs won (261), face-off winning percentage (60%) and ground balls (125). His 261 wins in 434 attempts are both program highs, while Weselowski also set the school record for face-off

wins in a game (32) and single-game face-off winning percentage (90%).

In addition to on-field awards, Simon Fraser placed two players – freshman standout Calvin Craig and senior captain Luke Genereux - on the 2011 list of MCLA Scholar Athletes. Craig and Genereux are two of 45 players from MCLA Division I to receive this prestigious award given to players who were selected to their conference’s First or Second All-Conference team, while maintaining a minimum overall cumulative GPA for the last completed semester/quarter of 3.20 or better. Twenty-seven institutions from the ninety-seven teams that compete in the MCLA Division I boasted Scholar Athletes in 2011, while Simon Fraser was one of only 10 schools with multiple recipients.

For further information on Simon Fraser men’s lacrosse please visit [sfulacrosse.com](http://sfulacrosse.com) or follow the Clan on Twitter at [twitter.com/fraserlacrosse](https://twitter.com/fraserlacrosse).



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# Way To Go!

**Jamie Stewart** (New Westminster Minor President)

Jamie Stewart has been a valuable asset to the New Westminster Minor Lacrosse Association since playing youth lacrosse in New West. Growing up as a ‘Bellie, you played but were expected to give back.....and he has!

Jamie has been part of the New West executive since 2001 as a Member at Large and Head Coaching Co-ordinator. He has served as Association President since 2004 – all the while coaching teams along the way.

Jamie has spent time with both field and box teams. This certified Level 2 Box and Level 1 Men’s & Women’s Field coach is a fixture in the development of New West athletes.

As a coach, his teams are always successful finishing in the medals. Recently, he coached in the 2010 BC Summer Games and in 2011 coached a U16 field team, Midget A1 box team and the Female Midget team. Jamie also headed up a group that hosted the Female Box Lacrosse Nationals in New Westminster this past July.

Stewart was been involved in other association initiatives like replacing the old wooden floor, getting minor players to become coaches in their association and starting the Elementary Schools program to name a few. Jamie’s efforts have not gone unnoticed as his association was the recipient of BCLA’s Leon Hall Merit Award Association of the Year (2008) and he was the recipient of the John Cavallin Minor Coach of the Year award (2009). Congratulations Jamie!

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**Volunteer Award**

**Jamie Stewart**

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# Lupul, Schonewille, Fell Win BCLA Scholarships

By: LacrosseTalk Staff

The BC Lacrosse Association is proud to announce Peyton Lupul (New Westminster), Elizabeth Schonewille (Aldergrove) and Eric Fell (Port Coquitlam) as the 2011 BCLA scholarship recipients. Lupul was the Wayne Goss Scholarship recipient, while Schonewille received the Dorothy Robertson Scholarship and Fell the Ted Fridge Scholarship.

Peyton Lupul has been heavily involved in the New Westminster lacrosse community for a number of years. He has played his entire Minor lacrosse career with New Westminster was been a remarkable representative of the organization.

Lupul is not only an avid competitor on the floor, but also gives his time off the floor volunteering with the ‘Bellies association. A longtime official of minor lacrosse, he is always willing to assist at various clinics and events. In addition to officiating lacrosse, Peyton is one of three referee mentors whose responsibilities include the training and development of younger New Westminster referees.

Outside of the arena, Peyton, was a proven exceptional student with a challenging work load achieving honour roll status. Lupul plans to study Engineering Science at Simon Fraser University to obtain a degree in Engineering Physics.

Elizabeth Schonewille is a prime example of a busy lacrosse bee! This box and field lacrosse athlete not only competes hard, but also gives back to the sport she loves. She started playing for the Langley Pee Wee C box team in 2004, then moved on to play female box lacrosse in New Westminster and Semiahmoo and women’s field lacrosse for the Langley Lightning up to 2010. Her involvement playing the game is overshadowed by the time she volunteers as a referee,

coach and club executive member. This past season, Elizabeth coached the Langley Lightning U12 girl’s team, ran instructional clinics for girls to try box lacrosse and was an assistant coach of the Langley Thunder Pee Wee girls team. She also officiated minor girl’s field lacrosse for the past three seasons.

Oh yes, she even found time for school maintaining a high grade standard and a place on the honour roll while being involved in soccer, basketball and volleyball. Schonewille was also a member of Student Council and an active member of two school clubs. Elizabeth plans to study Business at SFU to one day become a financial planner.

Eric Fell is a product of the Port Coquitlam Minor Lacrosse Association, albeit a late bloomer starting lacrosse at age 15. Eric, a born leader, has competed in box and field lacrosse in the Saints organization, played high school field lacrosse for the Terry Fox Ravens while captaining his teams over the years. He fell in love with the game, not only as an athlete, but an official and coach in the Port Coquitlam system.

Outside of school, Eric volunteers in the community as a summer camp leader, worked with the Wet Mat Program feeding and sheltering the homeless and has been involved with the city of Port Coquitlam’s Emergency Preparedness Program. All this, and working part time, while maintaining a 4.0 GPA.

Eric has taken the step with his career and will attend Simon Fraser University to study sciences and to one day become a pilot in the airline industry.

Congratulations to all three scholarship recipients and good luck in your future scholastic endeavors.



## NOTICE OF THE BC Lacrosse Association 2011 ANNUAL GENERAL MEETING and Minor and Senior Directorate Special Sessions Weekend of October 14-16, 2011 The Whistler Conference Centre, Whistler, B.C.

All Forms and information available on the BCLA website:  
[www.bclacrosse.com](http://www.bclacrosse.com)  
Quick Link under the “What’s Happening” Scroll Bar

### DEADLINES:

- Form#1 - Proposed Amendments Constitution/By-Laws DEADLINE: Aug 31/11
  - Form#2 - Proposed Amendments General, Minor & Senior DEADLINE: Aug 31/11
  - Forms#3 - Award Nominations DEADLINE: Aug 31/11
  - Form#4 - Volunteer Update DEADLINE: Aug 31/11
  - Form#5 - Registration Form & Payment DEADLINE: Sept 27/11
  - Form#6 - Hotel Information DEADLINE: Sept 20/11
  - Form#7 - Notice of Vacancies on BCLA Executive For Information/Submission
- Note: All Executive & Directorate Reports DEADLINE: Sept 9/11**

## NOTICE OF PROPOSED AMENDMENTS for the BC LACROSSE ASSOCIATION Constitution and By-Laws and Operating Policies

Please be advised that all changes must be in to the BCLA Office  
**NO LATER THAN 4:00 PM on Wednesday, August 31, 2011.**  
Please make all of your amendments on the Forms provided on the BCLA website [www.bclacrosse.com](http://www.bclacrosse.com) or contact the BCLA at (604) 421-9755 if you do not have access to the Internet.

# 2011 SUBWAY BCLA Box Lacrosse Provincial All-Star Teams



### Female-Junior

Mackenzie Balance (New West 1)  
Alex Lund-Murray (New West 2)  
Jessica Yi (Burnaby)  
Kirsten Walter (Coquitlam 2)  
Megan Cawthorne (Nanaimo)  
Nicola Burton (Port Coquitlam)

### Female-Midget

Jenna Chernoff (New West 1)  
Morgan Sherley (New West 2)  
Julie Spooner (Port Coquitlam)  
Kim Rodgers (Nanaimo)

### Female-Bantam

Emily McLaughlin (New West 2)  
Bianca Santucci (Coquitlam)  
Kathryn Harvey (Port Moody)  
Jolene Robinson (Burnaby)  
Danielle Hardy (Nanaimo)  
Nikita Bagg (Port Coquitlam)

### Female-Pee Wee

Keara Campbell (Coquitlam 1)  
Emily Nelson (Coquitlam 2)  
Candace McDole (Ridge Meadows)  
Mackenzie Smith (Burnaby)  
Cassandra Gill (Port Coquitlam)  
Taylor Olson (Nanaimo)



### Midget A1

Jordon Magnuson (Coquitlam)  
Connor David (Ridge Meadows)  
Matthew Shannik (Burnaby)  
Jonathan Phillips (Delta)  
Dalton Taylor (Port Coquitlam)  
Kyle Julien (Saanchi)

### Midget A2

Haden Hoover (Kamloops)  
Brad Hofmann (Richmond)  
Greg Batt (Mission)  
Andrew Gallant (Coquitlam 1)  
Jake Sundar (Coquitlam 2)  
Ryan Taylor (Cowichan Valley)  
Dane Chapman (Prince George)  
Jake Gnech (JdF Westshore))

### Midget B

Thomas Bella (West Kootenay)  
Justin Backus (Shuswap)  
Isaiah Stewart (Coquitlam 2)  
Justin Poulin (Delta)  
Sander Pinkerton (Port Coquitlam)  
Danny Hagerty (Coquitlam 1)  
Graeme Bates (Victoria-Esquimalt)  
Dillon Conrad (Campbell River)

### Midget C

Carson Webster (West Kootenay)  
Ethan Quennell (Kelowna)  
Jacob Planek (Mission)  
Jack Cowie (Port Coquitlam)  
Trevor Craig (Langley)  
Thomas Pederson (Comox Valley)  
Joshua Hayton (Cowichan Valley)  
Riley Lawryk (Williams Lake)



### Bantam A1

Jordan Gabriele (Burnaby)  
Christian Del Bianco (Coquitlam)  
Braylon Lumb (Cowichan Valley)  
Brad McCulley (JdF Westshore)  
Max Gerhardt (New Westminster)  
Brodie Gillespie (Port Coquitlam)

### Bantam A2

Max Leyen (Chilliwack)  
Maxwell James (Kamloops)  
Dallan Mazar (Mission)  
Jake Mickelson (Nanaimo)  
Carter Olsen-Stiles (N. Okanagan)  
Camilo Trujillo Sanchez (N. Shore)  
Colten Merilainen (Peninsula)  
Tyler Mace (Saanchi)

### Bantam B

Tristan Pagura (Cranbrook)  
Jesse Gough (JdF Westshore 1)  
Tyler Wormell (JdF Westshore 2)  
Lee Wiseman (New Westminster)  
Brendan Ancrum (North Delta)  
Parker Ormiston (Port Coquitlam)  
Keith Crowle (Semiahmoo)  
Austin Pugh (Shuswap)

### Bantam C

Theron Keel (Cowichan Valley 1)  
Dallas McLaughlin (Cowichan Valley 2)  
Mandy Pollock (Langley)  
Adam Melville (Mackenzie)  
Quinton Lachapelle (Mission)  
Kaelyn Dexter (Peninsula)  
Riley Friend (Port Coquitlam)  
Matt Anderson (West Kootenay)



### Pee Wee A1

Thomas Semple (Coquitlam)  
Nathan Faccin (Ridge Meadows)  
Nicholas Hannay (New West)  
Tyler Preziuso (JdF Westshore)

### Pee Wee A2

Brady Marzocco (North Okanagan)  
Dylan Nishiyama (Abbotsford)  
Tyler Ewen (Surrey)  
Riley Richardson (Langley)  
Josh Bourne (Richmond)  
Issac Bevis (Nanaimo)  
Jake McIntosh (Prince George)  
Matt Alcorn (Kelowna)

### Pee Wee B

Donovan Chan (Coquitlam)  
Noah Bumstead (Shuswap)  
Ethan Anderson (North Delta)  
Brodie Jacobs (North Shore)  
Cole Johnson (Semiahmoo)  
Mitchelle Whittla (JdF Westshore 2)  
Nolan Fair (Campbell River)  
Dakota Campen (North Okanagan)

### Pee Wee C

Tyler Pisiak (Penticton)  
Chase Regier (Abbotsford)  
Michael Calvert (Delta)  
Garret Winter (Mission)  
Kayle Buzzi (JdF Westshore 2)  
Cole Pridham (Nanaimo)  
Tiege Doughty (North Okanagan)  
Eric Reid (West Kootenay)





# Shillington Called to CSHOF



Stan Shillington was inducted in the 2011 Coquitlam Sports Hall of Fame class as a builder.

By: LacrosseTalk Staff

*Calamvs Gladio Fortior* – Latin for, “The pen is mightier than the sword” is a metonymic adage coined by Edward Bulwer-Lytton in 1839. An adage which best describes the latest inductee into the Coquitlam Sports Hall of Fame (CSHOF).

When anyone thinks about a lacrosse historian in BC there is only one person that comes to mind. He is someone that has a deep passion in documenting lacrosse’s colorful past and an unparalleled love in preserving its history. This person is lacrosse statistician and archivist, Stan Shillington.

Stan got his start in lacrosse in 1953 as one of the founders of the Renfrew Athletic Club.

His devotion to the sport ran deeper than just volunteering or coaching. As a founding member of the Fraser Lacrosse Commission he worked closely with youth athletes coordinating Provincial Championships in the late 60’s.

Shillington also had a keen eye recording statistical information and scorekeeping. Stan kept statistics for three associations; starting with the Vancouver Minor Association in 1955–1960, in the meantime adding to his portfolio the BC Junior “A” Lacrosse Association in 1956 (12 years) and the BC Senior “A” lacrosse leagues (Inter-City and Western Lacrosse Association) in 1958. He spent 31 seasons as league statistician with the Inter-City Lacrosse League (ICLL) and Western Lacrosse Association (WLA).

Part of keeping stats meant getting closer to the game and putting his mark on it. Shillington spent 42 seasons from 1958-2004 scorekeeping Senior “A” lacrosse games and was named the Official Canadian Lacrosse Association Mann Cup Statistician. The 971 league, playoff and Mann Cup lacrosse games he kept score of is a record that may never be matched.

Shillington’s lacrosse knowledge runs deep of present stars and past greats. Stan offered this knowledge and expertise to the Canadian Lacrosse Hall of Fame as the secretary of the Player Selection Committee. In his 18-year tenure at the Hall he paved the paths of numerous lacrosse greats to be enshrined into the hallowed hall.

It’s difficult to pinpoint the many accomplishments of a man so entrenched in a sport as Stan. In 1977, he decided to put all his work together and publish the lacrosse renowned “Shillington’s Who’s Who in Lacrosse” – a lacrosse book of records and statistics of anyone who played a Senior “A” lacrosse game in BC. Since then he has

updated his work seven times and continues this work in progress.

From 2002-2006, Shillington added archivist and researcher to his forte by assisting two fellow historians in Ontario researching lost statistical information from Ontario Senior “A” lacrosse games that were never recorded or compiled. Stan was a willing helping hand for 4 years.

At a spry 76 years of age, this humble old fella could tell a story of yesteryear as if it were yesterday. Stan sticks close to lacrosse documenting more lacrosse memories producing a collection of historical stories on individuals, teams and championships for BCLA publications and their website titled “Down Memory Lane” – a compilation of over 125 articles of lacrosse history.

Stan’s accolades are not of championships and awards, wins or losses -- rather the ones that offer him thanks and a well-deserved pat on the back for rekindling old memories for so many past players. His efforts have never gone unnoticed as Stan has been honoured numerous times over the years including: 1977 inducted into the “Builders” category in the Canadian Lacrosse Hall of Fame, 1988 received the Government of Canada Certificate of Merit, 1999 inducted into the “Team” category (1961 - 1967 Vancouver Burrards (Carlings) team) in the Canadian Lacrosse Hall of Fame, 2003 Honoured with a Special Service Award by the BCLA for over 50 years of service and in 2005 inducted into the “Team” category (1964 Vancouver Carlings) in the British Columbia Sports Hall of Fame.

For Stan Shillington, the pen is mightier than the sword! One will always find him behind a stack of files and newsprint updating his work by hand and completely typewritten by a typewriter and he wouldn’t have it any other way!

Shillington was inducted in the second induction class of the CSHOF in the spring of 2011.

# Foundation Recognizes Pursuit of Field Lacrosse Excellence



By: Jane Boutilier

The 2008 U19 World Lacrosse Foundation recognized four athletes who are striving to reach their field lacrosse goals. The Foundation is committed to helping dedicated athletes reach for the highest levels of excellence and performance in the game they love.

Year two of the grant funding has once again provided the Foundation board with some difficult decisions. The following athletes were awarded funding in June 2011: Tanner Ren-nich, Ryan Landels, Liam Drabiuk and Dakota Hollister.

The board would like to congratulate the recipients and extend a thank you to all applicants.

The application deadline for next year’s awards is May 31, 2012. Potential candidates for the award can find detailed information on the 2008 U19 World Lacrosse Foundation’s website [www.2008worldlaxfoundation.com](http://www.2008worldlaxfoundation.com)

## In Memoriam Roy Cavallin

Bus Byford. A former Vancouver Burrards’ stalwart Bus Byford passed away July 12, 2011. Harry James ‘Bus’ Byford, born August 16, 1926, in Vancouver excelled in many sports, particularly lacrosse and soccer, while growing up in the city’s Mount Pleasant district. In 1947, Bus began his eight—year boxla career with Burrards and, two years later, was joined on the team by his younger brother Jack. Both were key members of the Vancouver club that captured the 1949 Mann Cup championship. Bus also participated for Vancouver in the 1951 and 1952 Mann Cup series that were captured by Peterborough. In his 176—game senior career, Bus scored 100 goals and 73 assists for 173 points.

James Denton, a former youth lacrosse player from Comox, passed away July 24, 2011. James will be sadly missed by his family and many friends. A bursary in James’ name will be established at a later date.

Matthew Taylor. It is a somber time for Nanaimo lacrosse...to announce the passing of one of our former Nanaimo lacrosse players (both box & field) and fellow official of the game (both box & field), Matt Taylor. He was only 20 years old. He passed away on Tuesday July 12, 2011. His parents (David & Barbara Taylor) were very involved with lacrosse in Nanaimo for several years in the past. A partner of Matt’s in officiating here in Nanaimo, Alyssa Zado has created a patch that the refs in Nanaimo will wear on their right arm to honour Matthew.

Bob Warnock, an all-around athlete in his youth, passed away on June 5, 2011. Born in Vancouver on September 8, 1928, Bob participated in football, hockey, rugby, track & fird, soccer and lacrosse. He was a member member of the 1948 Vancouver Junior Burrards that beat St. Catharines three games to two to capture the Minto Cup.

By: Stan Shillington

The spotlight that highlighted the varied athletic career of Roy “Fritzie” Cavallin has been darkened.

Sadly, Roy passed away on June 22, 2011, just three months short of his 92nd birthday.

Roy was an original member of the Vancouver Burrards when the club was formed in 1937, despite the fact that he was a 17-year-old and weighed a mere 125-pounds. But, while others his size played a dippy-doodle style of lacrosse, the devil-may-care Fritzie smashed and bashed his way about the playing floor, which usually resulted in a scoring opportunity or another bump on his head.

During his 15-year, 326-game senior career, he accumulated a hefty 513 goals and 261 assists for 774 pointed -- his goal total included 64 hat-tricks.

The competitive fire burning inside Fritzie made him oblivious to the size or reputation of

any opponent. Undoubtedly, his most memorable battle occurred during a playoff game on September 20, 1948, when he took on 220-pound Norm Baker.

The pair battled for about five minutes before referees Bill Wilkes and Jim Gunn could separate them. But, enroute to the penalty box, Roy’s stick just happened to find its way between

Baker’s legs, sending him spilling onto his backside -- the all-out battle then resumed for another five minutes.

Oh, yes, the two combatants later shared a beer or two and a good-hearted laugh.

Such was the life of the spirited but likeable Fritzie.

Undoubtedly, as famous as his playing grit, was his proficiency in taping the knees and ankles of athletes.

It began back in 1938 when Indians’ Ray Baker ran into Roy, badly twisting his knee. Former

newspaper photographer Chuck Jones taught Roy how to apply tape to strengthen injured or weak joints. Soon, he was not only doing his own knees but, also, those of his teammates.

In 1954, Cavallin became the first trainer for the BC Lions’ football club, a position he held off and on until 1961 when he began an 18-year stint as the full-time trainer.

That’s when Fritzie picked up a second nickname. Quarterback Joe Kapp took one look at Roy’s craggy face and immediately dubbed him “Rocky.”

Later in life, Roy became a staunch supporter and worker for the Special Olympics, a program his wife Isabell helped to start.

Roy was inducted into the Canadian Lacrosse Hall of Fame in 1970 and was added to the BC Lions Wall of Fame, alongside with such players Kapp, By Bailey, Willie Fleming, Al Wilson and Norm Fieldgate, in 1988.

## Ryan Sanderson

By: Stan Shillington

Ryan Sanderson, a popular member of Ontario’s well-known lacrosse clan, passed away in his sleep on July 8, 2011.

Proficient on both offence and defence, Ryan spent seven summers in Ontario and British Columbia senior lacrosse and a similar seven winters in the National Lacrosse League.

The Sanderson family is synonymous with the game of lacrosse in the Orangeville-Brampton communities of Ontario. Brothers Terry, Shane,

Lindsay and Phillip all played and coached the game while offsprings Ryan, Josh, Brandon and Nathan also enjoyed senior boxla. A fifth offspring - Chris —excelled as a goalie with the Canadian field lacrosse team.

Ryan, born February 18, 1975, the son of Phillip, took up the game at the age of four, eventually moving through the age brackets to the Orangeville Norsemen junior club that captured two of three Minto Cups during his tenure.

In 1997, Ryan -- along with his cousin Brandon and junior teammate Rusty Kruger -- travelled West to join the Coquitlam Adanacs; but, a year later, tight family ties drew the Sanderson boys back to the East, Ryan joining the Brampton senior squad and Brandon lining up with Peterborough.

Ryan played in 199 senior league and playoff games with Coquitlam and Brampton, accumulating 196 points before retiring after 2004. He also enjoyed NLL winter lacrosse with Buffalo, Baltimore and Albany over the same seven-year span.



*By: Stan Shillington*

After all, the Ontario powerhouse had been to the Canadian Junior championship series in four consecutive years, winning the last three. Few even considered the Whitby Red Wings to be a possible contender.

And, so, Whitby jumped on a cross-country train to do battle with the New Westminster Junior Salmonbellies for national bragging rights.

The 'Bellies also added a foursome -- Sid Warick and Ed Nelson of Vancouver Lobbas, and Wayne Whittleworth and Buz Branstrom of New Westminster Pastimes.

Game One on September 8 was all New Westminster. ‘Bellies ran off an 8-2 lead by halftime and, then, split 16 goals in the last 30 minutes to win 16-10.

"We couldn't have possibly played any worse than we did tonight," a dejected Groves moaned. "We had two tough series against St. Catharines and Brampton and then got on the train.

“It’ll take us awhile to find our legs and get use to the wooden floor.”

Two days later, the Whitby lads indeed found their legs, particularly Gibson, who registered his second consecutive, three-goal hat-trick.

Gibson, who was attending the University of Michigan on a track scholarship, had par-

But the tough Royal City defence soon adjusted, cutting Gibson's goal output to just one in the remaining contests.

The Easterners took an early 4-2 lead in Game Three only to see the 'Bellies catch their second wind and run off seven straight goals on their way to a 12-5 victory.

Whitby manager Ivan Davis blamed the loss on “just too much Western hospitality,” citing his team’s Sunday fishing trip and a BC Lions football game on Monday.

"From now on, we'll stick strictly to lacrosse," he said.

New Westminster, however, hobbled Whiteby's attackers -- with the exception of Terry Davis -- in Game Four. Davis collected three goals but his teammates could only manage a paltry single marker, allowing the host to eke out an 8-4 win and take a 3-1 series advantage.

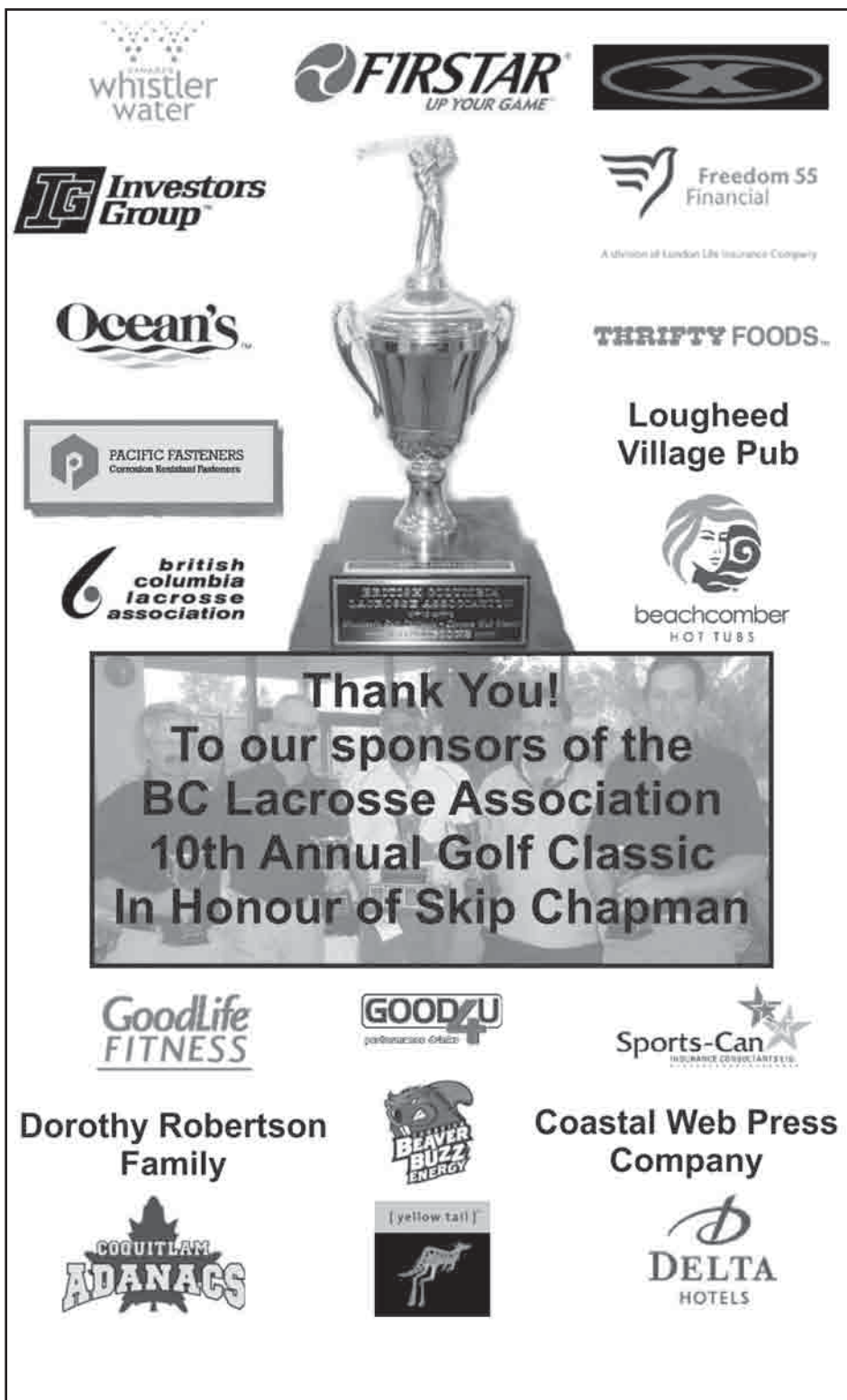
Both clubs battled back and forth in Game Five, sharing a 3-3 first period score and 7-7 at the half; but Whitby's offence dried up in the second half while 'Bellies registered four goals on the way to an 11-7 victory and the coveted Minto Cup.

While the victors happily (and loudly) celebrated their success, coach Harry Preston and manager Jake Trotzruk sat quietly, savoring the fruits of six years of teaching and training young athletes.

The pair had taken an East Burnaby bantam team (under 14 years of age) and stayed with the club through the age levels into junior.

Players come and go over a six-year period, but five originals remained from that bantam club -- Keith Jackson, Kelvin Kyle, Dave Tory, Barry Brownlee and Bob Bateman.

For Preston and Trotzuk, it made the triumph all the sweeter.





# Lacrosse the Country



Photo: McGill Athletics

New Westminster's Kyle Robinson competes for the McGill Redmen on the CUFLA.

By: Claudia Larouche

The fall is always an exciting time of year for players in the Canadian University Field Lacrosse Association.

That's when they wear their school's jerseys, grab their sticks and try to win the league's Baggataway Cup over the course of an always-competitive season.

## CUFLA 2012 Season Preview

McMaster University is the perfect example of the increasing parity in the league. Mac won the 2010 CUFLU championship, despite being the fourth-seeded team in the western division in the regular season.

It's the same story in the eastern division, as Carleton University made its first appearance in the playoffs in four seasons in 2010.

"McMaster was a Cinderella story last season, they were fourth seed that had an incredible playoff run," said Tim Murdoch, McGill University's head coach. "The watch word for CUFLA in 2011 is 'parity'; we expect eight teams battling for the national title."

Murdoch expects five squads in Ontario to be favoured for the 2011 CUFLA championship: the University of Western Ontario, Brock University, University of Guelph, Western and McMaster, while in the East, Bishop's University and Carleton will compete with McGill.

"Look for Western to have a big push given they are hosting the Baggataway Cup [on Nov. 5-6]," said Ryan McGrath, CUFLA's commissioner. "With each team recruiting from coast to coast, the quality of play continues to improve with each season."

Part of the increasing level of competition and quality of play is thanks to players from British Columbia, who chose to study in the

East and play in CUFLA instead of NCAA in the United States.

"More and more BC student athletes are choosing CUFLA, which in many cases is more affordable than the typical US scholarships," said McGrath.

This is one of the reasons why New Westminster's Kyle Robinson chose to pursue his academic and sports careers at McGill.

"I wanted to play in the NCAA, and study and play lacrosse in a school that offered a reputable degree, said Robinson, a defenceman. "McGill ended up being the best choice, because it is strong academically and I am able to continue playing lacrosse at a collegiate level, and it is a lot less expensive than most high-end American universities."

With five players from BC, including Robinson, on the Redmen's roster for 2011-12, McGill has the largest number of British Columbians in the league.

According to Murdoch, they combine mental and physical toughness, a winning attitude as well as a high level of skills.

"They are typically gifted box lacrosse players," he said. "The majority of them play box lacrosse that is popular in BC, but they convert easily to field lacrosse."

Simon Fraser is the only university in British Columbia that has a lacrosse team, and it plays all of its games in the US and recently announced plans to join the NCCA.

In addition to lower tuition fees, CUFLA offers other advantages for Canadian lacrosse players, who wish to study and stay on the north side of the border.

"It offers a league that maintains strong competition while allowing the players to focus on their studies and not having the enormous time commitment [CUFLA's season runs from September to November] associated with NCAA sports," said Robinson.

McGill is committed to recruit a larger number of student athletes from BC, and Murdoch is planning the university's first-ever recruiting trip to the west coast in 2012.

"I hope to see even more great BC players consider CUFLA as an affordable high quality option for both their academic and lacrosse aspirations," said McGrath.

CUFLA's 2011 season officially opens on Sept 18th with the Great Canadian Lax Bash at Wilfrid Laurier University. The lacrosse festival will have three CUFLA games, as well as Laurier's women's team, the reigning Canadian champions, playing Monroe Community College, NJCAA champions.

## Lax Remains America's Fastest Growing Sport

By: NLL.com

According to the 2011 Sporting Goods Manufacturer Association Participation Report, Lacrosse is America's fastest growing sport with a 33% growth among frequent participants and 37.7% growth among all participants. Should the sport maintain the same growth rate, lacrosse will pass ice hockey at the participation level over the course of the next year. Last year, the SGMA named lacrosse as the "hottest growth sport", with national sales of lacrosse equipment increasing in 2009, during a year in which sales of sporting goods for all sports was down more than four percent (4%) nationwide. In a survey of SGMA members, a whopping 50 percent of them chose lacrosse as the sport most likely to have growth in retail sales of equipment. Football came in a distant second at 25 percent.

"Lacrosse continues to outpace all other sports in growth rate," said National Lacrosse League Commissioner George Daniel. "We are proud to have been a part of the surge by creating thousands of fans to the sport over the course of league's history."

Earlier this month, the St. Paul Pioneer Press attributed the dramatic increase in Minnesota's lacrosse participants to the arrival of the Minnesota Swarm in 2005.

"We look forward to continuing to create new fans and players by bringing are thrilling brand of lacrosse in the coming years," said Daniel.

## The NLL is back but can it live in Vancouver?



Photo: Toronto Rock

Toronto Rock and Washington Stealth meet in a December 10 exhibition rematch of the 2011 Champions Cup final.

By: Teddy Jenner

Could the National Lacrosse League be making a return to the vibrant Vancouver sports scene? More than seven years have passed since the Lower Mainland was host to North America's elite lacrosse athletes and though it won't be permanent, the fast paced, action filled game will make a one night comeback late this year!

Sunday April 4, 2004 - that was the last time an NLL game was played in BC. It was a 13-10 victory for the Vancouver Ravens over the Arizona Sting, ironically two teams no longer in the league, that saw the Ravens finish the season at 5-11 and in 5th place in the West. After that season, the worst in their brief history, the Ravens flew the nest taking the thrill and excitement of the NLL with them. The sport in its highest professional form has yet to return to the coastal shores of Western Canada leaving a

void in a province that supplies much of league's stars. Fans may not be as bitter as when the NBA's Vancouver Grizzlies left town but with lacrosse a huge sport in BC many felt the Ravens had a place here in the Vancouver sports market.

On December 10, 2011, the NLL will be back in Vancouver, this time at the Langley Events Center for an exhibition game between the Toronto Rock - this year's Champion's Cup winners and the Washington Stealth, who took the trophy in 2010, it's first year in the league.

Paul Dal Monte, who was involved with the Ravens since they hatched in Vancouver in 2002, feels that while this game isn't a make or break opportunity for the NLL to return.

"There is an opportunity to see lacrosse come back (to Vancouver)," said Dal Monte.

When the Ravens were in town, the growth of the game of lacrosse locally was evident as registration numbers in minor programs skyrocketed. Since the team left, Dal Monte noted registration numbers have somewhat plateaued.

The winter tilt gives lacrosse fans across the lower mainland a chance to see the two best teams in the National Lacrosse League who's last face off was in the Championship game! Some of the most talked about players in the game today will be scrapping in our own backyard and the local lacrosse community gets to witness it and sleep in their own beds.

Dal Monte reported that both teams, "will be bringing their A-game rosters" so fans can expect to see the likes of Colin Doyle, Garrett Billings, Rhys Duch, Jeff Zywicki, Blaine Manning and many, many more. The abundance of local players on these two squads should help draw fans excited to see their summer WLA favourites in their professional gear in a familiar if somewhat different setting. The slap of heavy fast feet on the floor will be replaced with rocking music as the teams battle it on a green field of AstroTurf. And while fans certainly abound in the WLA with tons of cheering girls, fans may be treated to the real thing and can expect a complete NLL experience.

"We hope to have both team's mascots, the Stealth Dance team (the Bombshells) will be there and much more," added Dal Monte.

While a sell-out crowd won't ensure a return of the pro-game to Canada's second largest hotbed for lacrosse, it will go a long way in showing the NLL brass that the game can once again survive here.

"There's the opportunity to do something big here but the first step is to get a preseason game to show the local lacrosse community and those across the country that Vancouver is a viable market and the Langley Events Centre is great facility to host a game," noted Dal Monte.

Ever since the announcement was made a few months back the buzz has been increasing around the city and tickets are moving quickly. So if you want to see two of the best teams and 40 of the best players in the game, be sure to get out to the LEC December 10th for the return of the NLL to Vancouver.



# Championship Shield Stays in Canadian Hands



Team Canada boxla team was well represented in Prague with BC’ers (L-R): Jeff Moleski, Rhys Duch, Karen Nichol, Tyler Richards, Dr. Rardi van Heest, Jordan Hall and Brett Mydske.

By: Neil Stevens

PRAGUE - Canada’s team carted it all the way to the capital of the Czech Republic, and they brought it all the way back home.

There was no way the players were going to give up the world indoor lacrosse championship shield.

“We earned it,” said captain Colin Doyle. “We were a great team. There’s no doubt about that. Our roster was stacked with talent. This was a team that came here for a purpose and was focused and driven. It was an unbelievable experience with these guys.”

Doyle of Kitchener, Ont., and the NLL’s Toronto Rock, is a repeat world champion. Many others on the team were first-timers.

“I’m just happy to be a part of this,” said elated defenceman Bill Greer. “It’s an absolute honour to be part of this team. It’s such a great group of guys. We played a team defence to shut opponents down and we knew our offence would pile up some goals. We let them do their job and we did our job.”

There were many facets of Canada’s domination of one and all, and the goaltending of Matt Vinc was repeatedly mentioned during post-game interviews.

“Vino was unbelievable,” said Greer of the NLL’s Edmonton Rush.

“Vino stood on his head,” said Iroquois Nationals forward Cody Jamieson, Vinc’s teammate with the NLL’s Rochester Knighthawks.

Vinc said he was a little nervous when the Iroquois Nationals opened the scoring in the game for gold.

“It was a tight game but when we exploded for six in the second quarter that made my job easier,” said Vinc. “The defence kept them away like they did most of the tournament. I had basically outside shots the rest of the game.”

It was a long-awaited championship for Vinc.

“Losing in the NLL definitely left a bitter taste in my mouth but I had an opportunity to come out here and get to play with arguably the best team in the world,” he said. “It’s definitely a great feeling. It’s going to make the summer a little bit easier.”

He’s been NLL goalie of the year the last two years.

“I’m becoming a little bit better mentally in preparing for the big games,” he said. “I’m not psyching myself out anymore.

“The Nationals hit some posts early on and I think earlier in my career that might have spooked me a little bit. Basically, I was able to make one save at a time. I focused on that all year so I think that’s been the biggest thing for me.”

Greer and many of his teammates became world champions for the first time.

“It couldn’t have been a better week and a half for us here,” he said. “It was the experience of a lifetime. I’m honoured I was part of it. It’s something I’m going to cherish the rest of my life. I’m just so thrilled I was able to be a part of it and for the rest of my life I’m going to be able to say I was a world champion playing for Canada. It doesn’t get any better than that.”

Many of the players now join summer league teams.

“You wish you could play with these guys a little bit longer,” said assistant captain Brodie Merrill. “It was really a great group. I’d played with some of them in the past and some of them for the first time and we were all in it for the right reasons. We played by the principles the coaches set out for us so it was very rewarding to win the gold again.”

Pat Merrill set up a key goal in the 13-6 title game win when he intercepted an Iroquois pass and fed his younger brother for a breakaway chance he buried.

“A little bit of fate intervened there,” said Pat Merrill. “I’ll never forget that goal for the rest of my life. It’ll always be special to me.”

He said that he and his teammates were full of confidence when they faced the Nationals on Saturday night.

“I think we were so well balanced that it was just a matter of time before we pulled away,” he said. “We were working very hard and were really focused coming in. Vino gave us the saves we needed early and then the offence got going and our defence locked it down. We took it from there.”

Pat Merrill, Doyle and Team Canada teammates Stephan Leblanc and Sandy Chapman had won the NLL title with Toronto on May 15. Two titles in 13 days \_ not bad.

Canada’s most difficult game turned out to be its semifinal clash with the United States, which it won 15-10. The US won bronze be defeating the Czech Republic, which had its highest-ever finish, fourth.

“One thing I noticed is that the gap is narrowing every four years we hold this competition,” said Brodie Merrill. “The Czech team had a great showing and the Iroquois are very talented. Our team had great balance and once we hit our stride we were awfully tough to stop.”

It was the third world indoor gold medal for John Grant Jr. of Peterborough and the NLL’s Colorado Mammoth.

“I like winning, period,” Grant said. “No matter what team you’re on, whether it’s a ball hockey team back home in the gym or the basement of a church or winning the world championship, it’s a thrill and I think that’s why each one of these guys was here. They want to win at whatever they’re doing. I’m just lucky and proud to be on this team. When you’re surrounded by such excellent lacrosse players, it’s just a thrill to be on the floor with them.”

Grant has now played in 42 internationals, and he says he’s going to try and stick around for the next world indoor tournament in 2015.

“I’m going to do my best to come back,” he said. “I think I’ve already been given my retirement speech by a couple of the upper echelon staff but I’ll play until somebody tells me I can’t.”

Speedy forward Shawn Evans of Peterborough and the Knight-hawks came on strong in the final.

“We have a great team here and we played a great team game,” he said. “It’s an unbelievable feeling. I’m going to cherish it. I’m just glad to have had the chance to play with these guys and win a championship.”

Dan Dawson was a tower of strength at the opponent’s crease, as usual. He was on the victorious 2007 team, too.

“The feeling never leaves you,” he said. “This is probably the best group I’ve ever played with from the organizing committee to the coaching staff and to the players. It was the best lacrosse I’ve ever been a part of.”

Josh Sanderson was another key contributor in the final.

“It was a great win,” he said. “It was a great team effort. It was probably our best game of the tournament. Vino held us in there while we were finding our legs and after that we played really well.”

Canada’s speed was a determining factor, too.

“We kept working hard and that wore on them,” said Sanderson. “We kept going at them and started shooting the ball well and everything started to fall for us. Everybody bought in from the get-go and came to play hard every game to develop good habits, even in the games against teams that weren’t up to our calibre. The good

habits started in our exhibition game against the Czech Republic and we just continued on from there.”

Jordan Hall saved his best game of the tournament for when it mattered most. He erased a 1-0 Iroquois lead with two goals of his own to put Canada ahead to stay.

“I’m definitely happy to win,” he said. “I’ve had a lot of second places between the Mann Cup and the NLL. It’s been a rough little while with second place so I’m hoping the winning continues now.”

Rhys Duch was another key contributor up front.

“We set out with a goal in mind and it was almost as if we wouldn’t settle for anything less,” said Duch. “I don’t think I’ve ever been around a tournament team that was so dedicated and so committed to a goal. It was a team full of 25 leaders and what emerged was gold. That’s reflective of management, veterans, captains down to the younger players being committed. Coming into the tournament we were the favourites and we just had to prove to everybody why we were.”

Blazers rookie Kyle Rubisch said winning the title and having a ribbon holding a gold medal placed around his neck was an amazing feeling.

“I was honoured to be on the team and then to actually win the championship with this group of guys, from the staff to the coaches and players, is awesome,” he said. “When you can come together and win something like this for your country, it’s something special for sure.”

Rory Smith took an early major penalty. He bowed his head in the penalty box, hoping his teammates would bail him out.

“I thought I cost the team,” said the tough defenceman. “But our man short unit played amazing. I actually did a little prayer in the penalty box - a five-minute penalty in a world championship game is brutal. It’s awful. Thank God, it didn’t matter at all. They got one but Jordan Hall came back and got two. It felt great to see that.”

Being a world champion is a new experience for Smith.

“I never actually won anything in my life so it’s great to win something with Team Canada,” he said.

Brett Mydske of New Westminster and is another outstanding young defenceman.

“It was an all-around team effort from the goaltending on out,” he said after the title game. “People have been saying all tournament that this is the best team Canada has ever put together and we showed it.”

Mike Carnegie said the defence clicked because everyone was on the same page.

“The communication level was so high and the skill and athleticism was so high that even if you make a mistake the recovery is there,” he said. “The fact a lot of the guys had played together before and had played big games helped, and know what’s on the line and having the willingness to sacrifice and play a role, doing whatever it takes to win, was another part of it. I think that’s why our defence was so good.”

Canada’s swift transition breaks had the Nationals reeling.

“A lot of guys like Brodie, Mydske, Greer and Chappy (Sandy Chapman) can run the ball up the floor really well,” said Carnegie. “We had a lot of horses back there. That’s the reason we were able to get the ball up the floor so quickly.”

And now he’s a world champion.

“It’s a humbling experience to know you’re part of such a quality group,” said Carnegie. “Right from management, the CLA representatives, our trainers, it was a first-class organization. I’m just proud and happy to be part of it.”

Big defenceman Jeff Moleski was another first-time world champ.

“It was an unbelievable experience,” said the Prince George resident. “It’s nice to be the best in the world.”

Jeff Zywicki of Nepean, Ont, who scored the overtime winner in the 2007 world indoor tournament, sat out Saturday but was a team player all the way.

“It was a good time,” he said of the unique experience of playing in the Czech Republic. “Prague is an awesome city. It was a good experience, and it’s great to win. It was a great group of guys and a great win.”

Head coach Eddie Comeau, assistants Derek Keenan, Paul Day, Jim Milligan and Glenn Clark did a marvellous job of pulling everything together for executive director Dean French and GM Johnny Mouradian, and Dr. Rardi van Heest and physios Karen Nichol and Stephen Lobsinger kept the players’ bodies together.

Ward Sanderson, answered a late call to handle equipment and was one of the most inspirational people around the team.

“This was the greatest team ever put on a lacrosse floor.”



# Watson Gets Call to Hall of Fame



Photo: Toronto Rock

Bob Watson

By: NLL.com

## Toronto goaltender goes in on first ballot

The National Lacrosse League has announced that Bob Watson has been voted into the league’s Hall of Fame and will be the sole member of the Hall’s Class of 2011. The Toronto Rock goaltender, who won six championships during his 15-year career, was

selected on 86 percent of the ballots cast in Hall of Fame voting. Watson retired following the 2011 season, ending his career by winning Championship Game MVP honors as Toronto defeated Washington 8-7 in the 2011 NLL Championship Game at Air Canada Centre. Watson was in net for all six Toronto Rock championship winning teams, and is the only goaltender in league history to win six championships. He will be the third goaltender to be inducted into the Hall of Fame, joining Dallas Eliuk and Sal LoCascio. In addition to the championships, Watson is a two-time winner of the league’s Goaltender of the Year Award (2001 & 2008) and Championship Game MVP (2003 & 2011). He posted a 16-4 career record in playoff games, and is one of a select few goaltenders with more than 100 career wins. For his career, Watson dressed for 216 regular season games, playing more than 10,000 minutes in net. He made 6,471 saves and an 11.12 career Goals Against Average (GAA), including two seasons with a GAA of under 10 goals per game (8.89 GAA in 2001, 9.31 in 2010). To be inducted into the Hall of Fame, nominees needed to be selected on a minimum of

75 percent of the ballots cast. Of those being selected on at least 75 percent of the ballots, the two with the most votes would be inducted into the Hall of Fame. Of the six nominees on this year’s Hall of Fame ballot, Watson was the only nominee to be selected on the required minimum of 75 percent of the ballots cast. Ballots were cast by the ten NLL member clubs, current members of the Hall of Fame and members of the league’s covering media. Voters were allowed to select up to three of the six nominees on the ballot. The percentage of ballots on which each nominee was selected is as follows: Bob Watson - 86%, Pat Coyle - 54%, Troy Cordingley - 46%, Steve Dietrich - 41%, Ted Dowling - 32% and Curt Malawsky - 27%. The date and location for Watson’s Hall of Fame induction ceremony will be announced in the near future. The National Lacrosse League Hall of Fame was established in June 2005, and inducted its charter members in 2006. The Hall of Fame currently has 16 members, and has also recognized two members of the media. For more information on the Hall of Fame, please visit NLL.com/HallofFame.

# Lacrosse in Uganda? You Bet

By: Neil Stevens at loose47@live.com

There are some amazing stories about how lacrosse is spreading around the world. Tom Hayes of Clifford, Pennsylvania, is director of development for the Federation of International Lacrosse and he knows all the stories because he’s involved in them. He’s 70 now and he’s been promoting the sport for a good part of his life. Here’s one of them. Ricardo Acuna was watching TV in Argentina when a lacrosse game came on. He loved it. He contacted Hayes to ask if a clinic could be arranged. Meanwhile, they improvised. “They made their own sticks out of bamboo and strung them with string and took tennis balls and injected them with water,” Hayes recalls. “Plastic piping was used to form goal posts and that tape that police use at crime scenes was used to mark out lines on the field.” Real sticks and equipment eventually arrived, lacrosse thrived, and Argentina had a team in the world field lacrosse tournament in England last July 2010. And then there was this missionary who went to Africa. Kevin Dugan, now director of lacrosse at Notre Dame, was in a mission program during university and landed in Uganda with a lacrosse stick. It drew quite a bit of attention. He returned the following year with 50 sticks, field lacrosse equipment followed, an association was formed and earlier this year Uganda became a new member of the Federation of International Lacrosse. “In 2014 they’ll be in Denver with a field team (at the world championship),” says Hayes. “Kevin said to me, ‘Coach, I’ll tell you, they’re not going to be very skilled but we’ll have the best athletes there.’” Hayes talks about these things to a curious reporter during the 2011 world indoor men’s tournament. Canada defeated Slovakia 27-1. A lot of work remains to be done there, but Slovakia has only been a FIL member for seven years. Its programs are in their infancy. Hayes and a handful of others set up a governing body 40 years ago comprised of five countries. World field tournaments were held every four years. Now, with the recent amalgamation of men’s and women’s governing bodies, all lacrosse is under one umbrella. There are 42 members today.

The indoor game has taken off since the first world men’s tournament in 2003. There are eight teams competing this year. Hayes predicts more European countries will take up boxla. “I see indoor developing in the same way field developed,” says Hayes. “In 1992 we only had nine teams playing field. Here we are in 2011 so in 20 years we went from nine to 42. We hope that all these countries will evolve into the indoor game. Twenty years from now we should have the same number playing indoor.” Hayes reels off Poland, Latvia, Finland, Norway, Sweden, Denmark, Netherlands, New Zealand, possibly Japan, Korea and Thailand when asked where the next indoor teams might come from. “The difficulty is we’re not a rich sport,” says Hayes. “We have to depend on the nation itself to grow the sport.” “We provide them with clinics, grants, events. Once they start a sport it’s up to the passion of that program to keep the sport going. Some do a better job than others. We have so many new member countries that it can be a juggling act to keep them going. “But what I’ve seen in the past is that it is the sport that sells itself. Give a kid a stick and that’s it. It’s getting the sticks to all these kids. We try to do the best we can. We have a lot of outreach programs. We have 42 countries and I have another 42 I’ve had contacts from. Our key right now is driving towards the Olympics. We become an Olympic sport and there’s no limit then.” Olympic sports get most of the funding from governments while others, such as lacrosse, are out in the cold. Lacrosse was an Olympic sport in 1928 and in 1932 and Hayes hopes for its return. A big step will be taken in August when the FIL applies to become the 105th sports federation in Sportaccord, which used to be known as the General Association of International Sports Federations. The International Olympic Committee doesn’t pay attention to sports that aren’t in Sportaccord, and it requires an applicant to have at least 40 members. Uganda and Israel put FIL over 40 this year. The FIL hopes for a decision on its application to Sportaccord at that group’s convention in Quebec City next year. “If you’re not part of this group, you’re not getting into the Olympics,” says Hayes. “We’re trying to take the steps to that now.” Membership in Sportaccord would mean preparation of an application to the IOC in 2013 or 2014. Thus, re-entry into the Olympics couldn’t

happen for lacrosse before 2020 -- probably no sooner than 2024. It might be viewed by some as a farfetched notion but the groundwork is being done behind the scenes by Hayes and other FIL executives, including current president Stan Cockerton of Oshawa. Get the hose out, men, and we’ll fill up a few more tennis balls.



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1 Peterborough Lakers  
2 New West Salmonbellies  
3 Victoria Shamrocks  
4 Brooklin Redmen  
5 Brampton Excelsiors  
6 Six Nations Chiefs  
7 Langley Thunder

**Junior A Lacrosse Top 10**  
1 Coquitlam Adanacs  
2 Orangeville Northmen  
3 Six Nations Arrows  
4 New West Salmonbellies  
5 Whitby Warriors  
6 Okotoks Raiders  
7 Brampton Excelsiors  
8 Peterborough Lakers  
9 Delta Islanders  
10 St. Catharines Athletics



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